



**CENTRAL COAST SECTION
TRACK & FIELD CHAMPIONSHIPS**

Meet Program - Finals
May 28, 2010 @ Gilroy High School



Presented by



FARMERS

Event 17 Girls 4x100 Meter Relay

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Meet Record: 46.55 2006 Mt. Pleasant, Mt. Pleasant
V Thomas, J Tarmoh, M Brown, D Pettigru
School Prelims

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Section 1 Finals

1	Menlo-Atherton	50.35
2	Leigh	49.36
3	Los Altos	49.07
4	Mt. Pleasant	48.51
5	Mitty	49.02
6	St. Francis (Mountain View)	49.30
7	Presentation	50.28
8	Palo Alto	50.47

Event 1 Boys 4x100 Meter Relay

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Meet Record: 41.54 1988 Independence
School Prelims

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Section 1 Finals

1	Junipero Serra	43.57
2	Oak Grove	43.21
3	Gilroy	43.17
4	St. Ignatius College Prep	42.80
5	Bellarmino College Prep	43.06
6	St. Francis (Mountain View)	43.19
7	Santa Cruz	43.45
8	Palo Alto	43.86

Event 18 Girls 1600 Meter Run

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Meet Record: 4:47.56 2000 Alejandra Barrientos, San Lorenzo Val
Name Year School Prelims

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Section 1 Finals

1	Allison Sturges	10 Mountain View	5:04.89
2	Nina Anderson	10 Notre Dame Sal	5:07.08
3	Rachel Skokowski	11 Castilleja	5:07.67
4	Marissa Ferrante	12 Aptos	5:08.58
5	Nikki Hiltz	9 Aptos	5:13.22
6	Kat Gregory	10 Woodside Pr.	5:13.47
7	Samantha Hamilton	12 Half Moon Bay	5:14.22
8	Shaelyn Silverman	9 Lynbrook	5:17.98
9	Lauren Germany	12 Scotts Valley	5:19.07
10	Kristina Rivera	12 Willow Glen	5:19.45
11	Kim McMullen	12 Aptos	5:19.91
12	Madeline Roemer	10 St. Francis	5:20.04

Event 2 Boys 1600 Meter Run

Meet Record: 4:08.7h 1977 Mark Stillman, Willow Glen			
Name	Year	School	Prelims
Section 1 Finals			
1	Weston	Strum	12 Pioneer 4:16.51
2	Michael	Reher	12 St. Ignatius Col 4:16.96
3	Ian	Myjer	12 Mountain View 4:18.28
4	Kyle	Rae	11 Bellarmine 4:18.64
5	Philip	MacQuitty	12 Palo Alto 4:19.23
6	Nathan	Strum	12 Pioneer 4:19.30
7	Chris	Waschura	Woodside 4:19.84
8	Lucas	Talavan	12 St. Ignatius Col 4:22.85
9	Assefa	Bruk	12 Prospect 4:23.69
10	Sam	Hales	10 King City 4:25.66
11	Cristian	Soratos	12 Salinas 4:26.08
12	Kyle	Feuerheim	Woodside 4:27.70

Event 19 Girls 100 Meter Hurdles

Meet Record: 13.52 2008 Vashti Thomas, Mt. Pleasant			
Name	Year	School	Prelims
Section 1 Finals			
1	Lia	Randazzo	12 Evergreen Va 15.34
2	Kira	Rieneker	12 Pioneer 14.98
3	Shanique	Walker	11 Mt. Pleasant 14.50
4	Hannah	Goranson	12 Valley Christian 13.69
5	Katie	Nelms	12 Leland 14.00
6	Mina	Alexis	11 St. Ignatius Col 14.75
7	Symone	Evans	12 Leigh 15.06
8	Tamara	Nance	10 Evergreen Va 15.41

Event 3 Boys 110 Meter Hurdles

Meet Record: 13.84 1997 Arend Watkins, Silver Creek			
Name	Year	School	Prelims
Section 1 Finals			
1	Juan	Rodriguez	11 Serra 15.31
2	Donald	Wang	12 Independence 15.20
3	Marvin	Jackson	12 Milpitas 15.14
4	John Paul	Williams	12 Westmoor 14.78
5	Kamara	Biawogi	9 Prospect 15.13
6	Ryo	Kubozono	12 Cupertino 15.19
7	Todd	Grimm	10 Los Altos 15.27
8	Sean	Goetzl	11 Aptos 15.35

Event 20 Girls 400 Meter Dash

Meet Record: 53.92 1982 Leslie Maxie, Mills			
Name	Year	School	Prelims
Section 1 Finals			
1	Sarah	Wobber	9 Los Altos 58.22
2	Melodie	Bellegarda	9 Saratoga 57.58
3	Sarah	Cline	10 Leigh 57.25
4	Asheley	Bamberg	10 Andrew Hill 56.46
5	Iesha	Hardiman	10 Wilcox 56.63
6	Emily	Andrew	10 Mountain View 57.32
7	Ellisa	Bryant	9 Piedmont Hil 57.75
8	Darynne	Wickliffe	11 Wilcox 58.56

Event 4 Boys 400 Meter Dash

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Meet Record: 45.51 1979		Bill Green, Cubberley	
Name	Year	School	Prelims
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Section 1 Finals			
1	Benjamin Knight	12	Overfelt 50.10
2	Jason Roascio	11	San Benito 49.95
3	J'Tier Favors	11	Gunderson 49.53
4	Markus Rutner	12	Mountain View 49.02
5	Justin Montgomery	11	Bellarmine 49.39
6	Andre Chapman	11	Bellarmine 49.83
7	Jason Chandler		Woodside 50.02
8	Daniel Donate	12	Alisal 50.28

Event 21 Girls 100 Meter Dash

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Meet Record: 11.39 2006		Jeneba Tarmoh, Mt. Pleasant	
Name	Year	School	Prelims
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Section 1 Finals			
1	Micha Auzenne	09	St. Francis 12.66
2	Katherine Wells	12	North Salinas 12.60
3	Elizabeth Duxbury	12	Mitty 12.44
4	Angela Gradiska	12	Pinewood 12.10
5	Katie Nelms	12	Leland 12.11
6	Denise Murphy	12	Mt. Pleasant 12.45
7	Shayla McPherson	10	Mt. Pleasant 12.64
8	Tekeya Todd	10	Piedmont Hil 12.75

Event 5 Boys 100 Meter Dash

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Meet Record: 10.37 2002		Rubin Williams, Valley Christian	
Name	Year	School	Prelims
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Section 1 Finals			
1	Daniel Jones	12	Palo Alto 11.09
2	Nate Harvey	12	Serra 11.04
3	Byron Marshall	10	Valley Christian 10.94
4	Julius Travis	11	Gilroy 10.93
5	Martin Tataw	12	Westmont 10.93
6	Glyn Borel	12	St. Francis 11.01
7	Gary Moore	11	Sacred Ht. Cath. 11.05
8	Matt Walter	12	Sacred Ht. Prep 11.13

Event 22 Girls 800 Meter Run

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Meet Record: 2:07.79 2005		Alicia Follmar, Saratoga	
Name	Year	School	Prelims
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Section 1 Finals			
1	Tori Tsolis	11	Presentation 2:17.90
2	Elle Sanders	12	Santa Cruz 2:17.41
3	Melissa Hopper	12	Leigh 2:16.46
4	Kieran Gallagher	10	Gunn 2:11.36
5	Jenna Davis	12	Valley Christian 2:15.20
6	Cindy Huang	11	Lynbrook 2:17.03
7	Nikki Hiltz	9	Aptos 2:17.42
8	Kayla Knapp	10	Los Gatos 2:19.71

Event 6 Boys 800 Meter Run

Meet Record:	1:50.7h	1970	Rick Brown, Los Altos
Name	Year	School	Prelims

Section 1 Finals

1	Sean Davis	10	Valley Christian	1:57.96
2	David Perez	12	Salinas	1:56.68
3	Jason McGhee	11	Menlo-Atherton	1:56.30
4	Nathan Strum	12	Pioneer	1:54.23
5	Michael Reher	12	St. Ignatius Col	1:55.50
6	Michael Karp	12	Milpitas	1:56.67
7	Alan Rios	12	Sobrato	1:57.76
8	Kyle McNulty	12	Scotts Valley	1:58.04

Event 23 Girls 300 Meter Hurdles

Meet Record:	41.71	1996	Tisha Ponder, Del Mar
Name	Year	School	Prelims

Section 1 Finals

1	Lauren Hendrick	12	Carmel	46.52
2	Mina Alexis	11	St. Ignatius Col	45.23
3	Allison Daley	11	Burlingame	44.81
4	Katie Nelms	12	Leland	43.53
5	Shanique Walker	11	Mt. Pleasant	43.86
6	Emily Gordon	12	Santa Clara	44.90
7	Lia Randazzo	12	Evergreen Va	45.57
8	Eleni Fkias	10	Leland	46.87

Event 7 Boys 300 Meter Hurdles

Meet Record:	36.60	1988	John Montgomery, Independence
Name	Year	School	Prelims

Section 1 Finals

1	Nick Pfeiffer	12	Pacific Grove	40.44
2	Donald Wang	12	Independence	40.42
3	Ralph Jackson	12	Sobrato	40.37
4	Ryo Kubozono	12	Cupertino	39.50
5	John Paul Williams	12	Westmoor	39.67
6	Kory Johnson	12	Wilcox	40.38
7	Julian Nagata	11	Everett Alvarez	40.44
8	Dylan Alsagoff	12	San Jose	40.48

Event 24 Girls 200 Meter Dash

Meet Record:	23.47	2006	Jeneba Tarmoh, Mt. Pleasant
Name	Year	School	Prelims

Section 1 Finals

1	Elizabeth Duxbury	12	Mitty	25.94
2	Hannah Goranson	12	Valley Christian	25.62
3	Asheley Bamberg	10	Andrew Hill	25.41
4	Angela Gradiska	12	Pinewood	25.00
5	Iesha Hardiman	10	Wilcox	25.01
6	Denise Murphy	12	Mt. Pleasant	25.57
7	Sarah Cline	10	Leigh	25.65
8	Kira Rieneker	12	Pioneer	26.01

Event 8 Boys 200 Meter Dash

Meet Record:	20.84	2002	Rubin Williams,	Valley Christian	
Name			Year School		Prelims

Section 1 Finals

1	Gary Moore	11	Sacred Ht. Cath.	22.59
2	J'Tier Favors	11	Gunderson	22.40
3	Justin Montgomery	11	Bellarmino	22.34
4	Byron Marshall	10	Valley Christian	22.31
5	Jason Roascio	11	San Benito	22.34
6	Julius Travis	11	Gilroy	22.35
7	Andre Chapman	11	Bellarmino	22.53
8	Daoud Anthony	12	Santa Cruz	22.64

Event 25 Girls 3200 Meter Run

Meet Record:	10:09.5h	1983	Cory Shubert,	Del Mar	
Name			Year School		Prelims

Section 1 Finals

1	Nina Anderson	10	Notre Dame Sal	10:49.15
2	Erin Robinson	11	Gunn	10:54.28
3	Marissa Ferrante	12	Aptos	10:55.70
4	Danielle Katz	9	Los Gatos	11:06.06
5	Erin Hicks	12	Los Altos	11:11.56
6	Kat Gregory	10	Woodside Pr.	11:14.48
7	Anna Welsh	10	Monterey	11:17.28
8	Katherine Castro	11	Los Gatos	11:20.97
9	Samantha Hamilton	12	Half Moon Bay	11:21.46
10	Sophia Cannata-Bowman	09	Sacred Ht. Cath.	11:27.01
11	Elsa Valenzuela	10	Crystal Springs	11:30.49
12	Mary Kriege	11	Mitty	11:31.45

Event 9 Boys 3200 Meter Run

Meet Record:	8:58.44	1973	Gordon MacMitchell,	Gunn	
Name			Year School		Prelims

Section 1 Finals

1	Paul Summers	12	Gunn	9:16.29
2	Will Geiken	11	Los Gatos	9:17.90
3	Weston Strum	12	Pioneer	9:20.41
4	Josh Newby	12	Palo Alto	9:30.31
5	Mitch Moriarty	12	Aptos	9:30.74
6	Allan Hetke	12	S.L.V.	9:31.02
7	Garrett Rowe	12	Mountain View	9:31.52
8	Dalton Guthrie	12	Bellarmino	9:32.07
9	Donald Plazola	11	Willow Glen	9:32.78
10	Kevin Bishop	10	Monta Vista	9:33.28
11	Alex McGuirk	12	Mountain View	9:34.05
12	Bryan Crook	11	Mountain View	9:35.30

Event 26 Girls 4x400 Meter Relay

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Meet Record: 3:49.90 2005 Mt. Pleasant, Mt. Pleasant
M Brown, D Pettigrue, K McGowan, J Tarmoh
School Prelims
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Section 1 Finals

1	Los Gatos	4:03.16
2	Mountain View	4:00.69
3	Wilcox	3:59.58
4	Valley Christian (San Jose)	3:57.75
5	St. Francis (Mountain View)	3:58.06
6	Mitty	4:00.41
7	Leigh	4:02.87
8	Aragon	4:03.74

Event 10 Boys 4x400 Meter Relay

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Meet Record: 3:15.8h 1970 Los Altos
School Prelims
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Section 1 Finals

1	Sacred Heart Cathedral Prep	3:27.26
2	Independence	3:26.08
3	San Benito (Hollister)	3:25.84
4	Bellarmino College Prep	3:25.52
5	Mountain View	3:25.68
6	Woodside	3:25.89
7	Alisal	3:26.61
8	St. Francis (Mountain View)	3:27.61

Event 28 Girls Pole Vault

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Meet Record: 13-08 2007 Tori Anthony, Castilleja
Name Year School Prelims
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Flight 1 Finals

1	Monique Lam	11 Carlmont	9-06.00
2	Lucy Kurzava	11 Notre Dame Sal	9-06.00
3	Jorja Flynn	11 Carlmont	9-06.00
4	Marissa Engle	11 Homestead	9-06.00
5	Diamara Planell	11 Los Altos	9-06.00
6	Rachel Bolton	10 Homestead	9-06.00
7	Sophie Coelho	12 San Benito	9-06.00
8	Amanda Lackides	10 S.L.V.	9-06.00
9	Thresa Vinson	10 Aptos	9-06.00
10	Bronwyn Stone	12 Los Gatos	9-06.00
11	Alison Ang	11 Gunn	9-06.00

Event 15 Boys Discus Throw

Meet Record: 204-10 2003				Nik Kay, Los Gatos	
Name	Year	School		Prelims	
Flight 1 Finals					
1	Kyle	Todd	12	S.L.V.	141-04
2	John	Warren	12	Santa Cruz	141-11
3	Cody	Bickham	10	St. Francis	142-09
4	Mike	Guberlet	11	M.V.C.	146-11
5	Frankie	Martinez	12	San Benito	151-01
6	Richie	Casas	11	N.M.C.	153-10
7	Erik	Kramer	12	Mills	155-08
8	Cj	Nuwzi	12	Silver Creek	156-02

Event 30 Girls Triple Jump

Meet Record: 43-01.50 2008				Vashti Thomas, Mt. Pleasant	
Name	Year	School		Prelims	
Flight 1 Finals					
1	Ashley	Eggleston	11	Mitty	35-01.00
2	Catherine	Li	10	Los Altos	35-01.25
3	Maria	Suarez	12	Alisal	35-03.25
4	Tiana	Carter	12	Mt. Pleasant	36-10.75
5	Symone	Evans	12	Leigh	37-04.00
6	Gianna	Tinetti	12	Santa Cruz	37-07.00
7	Shanique	Walker	11	Mt. Pleasant	39-06.25
8	Cydney	Leath	10	Mt. Pleasant	39-07.50

Event 13 Boys Long Jump

Meet Record: 25-03.25 1964				Johnny Johnson, Pacific Grove	
Name	Year	School		Prelims	
Flight 1 Finals					
1	Benjamin	Knight	12	Overfelt	21-04.25
2	Tyler	Halsted	10	Mountain View	21-06.25
3	Madu	Cole	12	Bellarmino	21-06.25
4	Darren	Ngo	11	Silver Creek	22-00.00
5	Byron	Marshall	10	Valley Christian	22-00.50
6	Taylor	Kientzel	12	Santa Cruz	22-02.00
7	Mike	Kennedy	12	St. Ignatius Col	22-02.50
8	Jourdan	Soares	10	Gilroy	22-07.25

Event 11 Boys High Jump

Meet Record: 7-03 1985				Jeff Rogers, Overfelt	
Name	Year	School		Prelims	
Flight 1 Finals					
1	Jiwoong	Baik	12	Leigh	6-00.00
2	Bryan	Christofferson	12	St. Ignatius Col	6-00.00
3	Jacob	Daw	11	Live Oak	6-00.00
4	Taylor	Kientzel	12	Santa Cruz	6-00.00
5	Bennie	Williams	12	Palo Alto	6-02.00
6	Steve	Dorsey	10	Monterey	6-02.00
7	Stephen	Johnson	12	Mountain View	6-02.00
8	Scott	Greathouse	12	Los Altos	6-02.00
9	Jake	Davis	12	King City	6-02.00
10	Tyler	Nigro	12	Palo Alto	6-02.00

Event 32 Girls Shot Put

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Meet Record: 50-07.25 2005 Julie Dufresne, Harbor
Name Year School Prelims
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Flight 1 Finals

1	Sarina Sandoval	10	Gilroy	36-03.00
2	Briona Sullen	12	North Salinas	37-05.75
3	Kathleen Guzman	12	Los Gatos	38-07.50
4	Paige Logan	12	Los Altos	38-09.00
5	Myeesha Hardiman	12	Wilcox	38-11.00
6	Elizabeth Gordon	12	Mitty	40-08.00
7	Meagan McKee	12	Santa Teresa	42-10.50
8	Jillian Weir	12	Homestead	42-11.00

Event 12 Boys Pole Vault

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Meet Record: 17-06.25 2007 Nico Weiler, Los Gatos
Name Year School Prelims
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Flight 1 Finals

1	Garrett Camarota	12	Mitty	13-00.00
2	Justin Pascaul	12	Riordan	13-06.00
3	Jason Thompson	11	N.M.C.	13-06.00
4	John Paul Williams	12	Westmoor	13-06.00
5	Jake Lindstrom	12	St. Ignatius Col	13-06.00
6	Austin Meldrum	11	Sobrato	13-06.00
7	Patrick Hughes	10	Gilroy	13-06.00
8	Benjamin Berthet	12	Los Gatos	13-06.00

Event 16 Boys Shot Put

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Meet Record: 63-09 1964 Bob Brannen, Los Gatos
Name Year School Prelims
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Flight 1 Finals

1	Clayton Desilva	12	Milpitas	49-00.00
2	Tevita Lataimua	12	Mills	49-08.00
3	Scott Brazil	11	Mt. Pleasant	50-01.00
4	Conner Clarke	12	Saratoga	50-02.50
5	Ben Parodi	11	Serra	50-06.00
6	Jesse Tran	10	Homestead	50-09.50
7	Alex Koukoutsakis	12	Mountain View	52-02.00
8	Richie Casas	11	N.M.C.	53-10.00

Event 27 Girls High Jump

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Meet Record: 6-00 2001 Jenna Grimaldi, Saint Ignatius
Name Year School Prelims
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Flight 1 Finals

1	Kristina Bassi	09	St. Francis	5-01.00
2	Julia Maggioncalda	10	Gunn	5-01.00
3	Nikki Myashita	10	Aptos	5-01.00
4	Sarah Una Dia	12	Gilroy	5-01.00
5	Madison Mason	11	Burlingame	5-03.00
6	Camylle Boxton	12	Mt. Pleasant	5-03.00
7	Michellie McDonald-O'Brien	10	St. Ignatius Col	5-03.00
8	Stephanie Armstrong	12	Live Oak	5-03.00

Event 31 Girls Discus Throw

Meet Record:	165-10	1996	Darlene Tulua, Carmel	
Name		Year School		Prelims

Flight 1 Finals

1	Chelsea Currier	12	M.V.C.	117-05
2	Brielle Rowe	10	Mountain View	119-04
3	Mele Langi	12	Sequoia	119-09
4	Michelle Chung	12	Cupertino	125-02
5	Kathleen Guzman	12	Los Gatos	130-05
6	Meagan McKee	12	Santa Teresa	132-01
7	Quinta Ekong	12	Hillsdale	140-00
8	Jillian Weir	12	Homestead	142-05

Event 29 Girls Long Jump

Meet Record:	20-06	1996	Tish Ponder, Del Mar	
Name		Year School		Prelims

Flight 1 Finals

1	Kristen Sato	10	Valley Christian	16-10.50
2	Ailene Nguyen	10	Saratoga	16-11.00
3	Gianna Tinetti	12	Santa Cruz	16-11.00
4	Mariah Rogers	12	Prospect	17-00.50
5	Kira Rieneker	12	Pioneer	17-02.50
6	Cydney Leath	10	Mt. Pleasant	17-06.00
7	Bonny Rivers	12	Harbor	17-07.00
8	Tiana Carter	12	Mt. Pleasant	17-09.00

Event 14 Boys Triple Jump

Meet Record:	50-11.50	1986	Harold Rucker, Silver Creek	
Name		Year School		Prelims

Flight 1 Finals

1	Jeremy Thompson	11	Valley Christian	41-10.00
2	Jiwoong Baik	12	Leigh	43-04.50
3	Dan Winter	12	Willow Glen	43-07.75
4	Cj Nuwzi	12	Silver Creek	43-10.50
5	Maurice Williams	11	Palo Alto	44-02.25
6	Ricky Strehlow	10	Wilcox	44-03.25
7	Madu Cole	12	Bellarmine	45-08.25
8	Taylor Kientzel	12	Santa Cruz	45-08.50