



**CENTRAL COAST SECTION**  
**TRACK & FIELD CHAMPIONSHIPS**  
*Meet Program - Trials*  
**May 22, 2010**



*Presented by*



**FARMERS**

Event 17 Girls 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 46.55 2006 Mt. Pleasant, Mt. Pleasant  
 V Thomas, J Tarmoh, M Brown, D Pettigru

School	Seed
=====	
Heat 1 Prelims	
1 Silver Creek	51.97
2 Santa Teresa	50.80
3 Presentation	49.93
4 Mt. Pleasant	48.01
5 North Salinas	49.83
6 Mountain View	50.76
7 King's Academy	51.87
8 Santa Catalina	52.93
9 Westmoor	53.01
Heat 2 Prelims	
1 Burlingame	51.98
2 Woodside	50.95
3 Salinas	49.94
4 Mitty	48.23
5 Palo Alto	49.67
6 Gunderson	50.64
7 Carmel	51.48
8 Pioneer	52.72
9 North Monterey Co.	53.91
Heat 3 Prelims	
1 Evergreen Valley	51.98
2 Soquel	50.95
3 Leigh	50.02
4 St. Francis (Mountain View)	48.43
5 Wilcox	49.46
6 Homestead	50.38
7 Hillsdale	51.44
8 Seaside	52.55
Heat 4 Prelims	
1 Westmont	52.18
2 Santa Cruz	51.11
3 Menlo-Atherton	50.21
4 Los Altos	48.79
5 Valley Christian (San Jose)	48.89
6 Saratoga	50.37
7 Notre Dame (Salinas)	51.24
8 Crystal Springs Uplands	52.32

Event 1 Boys 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 41.54 1988 Independence

School	Seed
=====	
Heat 1 Prelims	

1	Los Altos	44.90
2	North Monterey Co.	44.38
3	Evergreen Valley	43.69
4	St. Ignatius College Prep	42.31
5	Palo Alto	43.53
6	Santa Cruz	44.31
7	Seaside	44.83
8	Menlo School	46.18
9	Soledad	46.20
Heat 2 Prelims		
1	Pioneer	44.94
2	Prospect	44.53
3	Westmont	43.71
4	Junipero Serra	42.51
5	Sacred Heart Cathedral Prep	43.42
6	Wilcox	44.20
7	San Lorenzo Valley	44.78
8	Menlo-Atherton	45.62
9	Carmel	46.51
Heat 3 Prelims		
1	Jefferson	44.96
2	Saratoga	44.64
3	Alisal	43.76
4	Bellarmino College Prep	42.52
5	Oak Grove	43.35
6	Sacred Heart Prep	44.03
7	Silver Creek	44.78
8	Burlingame	45.51
Heat 4 Prelims		
1	Mills	45.24
2	Los Gatos	44.69
3	Piedmont Hills	44.01
4	Gilroy	42.54
5	St. Francis (Mountain View)	42.75
6	Salinas	44.02
7	Carlmont	44.75
8	Lincoln	45.40

Event 18 Girls 1600 Meter Run

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 12 Advance: Top 2 Each Heat plus Next 8 Best Times

Meet Record: 4:47.56 2000 Alejandra Barrientos, San Lorenzo Val

Name Year School Seed

=====  
 Heat 1 Prelims

1	Marissa Ferrante	12 Aptos	5:00.79
2	Nikki Hiltz	9 Aptos	5:08.38
3	Erin Hicks	12 Los Altos	5:10.58
4	Madeline Roemer	10 St. Francis	5:14.53
5	Lauren Germany	12 Scotts Valley	5:15.39
6	Morgan Healy	10 St. Francis	5:17.14
7	Dariani Salvador	12 Alisal	5:18.05
8	Shaelyn Silverman	9 Lynbrook	5:20.86
9	Melissa Hastings	12 Hillsdale	5:20.93
10	Susan Heinselman	11 Palo Alto	5:24.89
11	Yaritza Barajas	9 Oak Grove	5:28.32
12	Sarah Gilbert	10 Sobrato	5:33.06
13	Izzie Baney	11 Mountain View	5:34.22
14	Maggie Colgan	10 Hillsdale	5:42.53
15	Annalise Mariottini	9 Monterey	5:43.19
16	Lindsey Ploshay	10 Westmont	5:49.42
17	Claire Pfeiffer	11 Leland	5:49.63

Heat 2 Prelims

1	Nina Anderson	10	Notre Dame Sal	5:03.60
2	Allison Sturges	10	Mountain View	5:03.78
3	Tori Tsohis	11	Presentation	5:10.78
4	Kat Gregory	10	Woodside Pr.	5:12.84
5	Kim McMullen	12	Aptos	5:16.46
6	Rachel Skokowski	11	Castilleja	5:16.88
7	Samantha Hamilton	12	Half Moon Bay	5:19.57
8	Kristina Rivera	12	Willow Glen	5:19.87
9	Sharon Ng	10	Homestead	5:24.13
10	Maura Forbush	9	San Benito	5:24.53
11	Paige Silkey	9	Pacific Grove	5:30.90
12	Claudia Barnett	12	Leland	5:31.81
13	McKenzie Dooner	10	Monterey	5:37.80
14	Dominique Guinnane	11	Prospect	5:38.65
15	Emma Barraza	9	Prospect	5:43.36
16	Dionne Dettmer	12	Terra Nova	5:48.59
17	Jackie Gollette	11	Santa Catalina	5:57.15
18	Alejandra Marin	11	Half Moon Bay	5:57.42

Event 2 Boys 1600 Meter Run

12 Advance: Top 2 Each Heat plus Next 8 Best Times

Meet Record: 4:08.7h 1977 Mark Stillman, Willow Glen

Name	Year	School	Seed	
Heat 1 Prelims				
1	Nathan Strum	12	Pioneer	4:13.46
2	Philip MacQuitty	12	Palo Alto	4:22.30
3	Max Bell	11	Salinas	4:22.73
4	Chris Gobell	12	Salinas	4:25.69
5	Eric Safai	12	Los Altos	4:26.32
6	Will Meyer	12	Carmel	4:29.36
7	Donald Plazola	11	Willow Glen	4:29.87
8	Ben Schneider	11	Los Altos	4:30.73
9	Chris Waschura		Woodside	4:31.11
10	Joseph Rivera	11	Willow Glen	4:32.49
11	Andrew Kuo	10	Lynbrook	4:33.26
12	Mitch Martin	10	Half Moon Bay	4:34.57
13	Sam Parker	11	Menlo School	4:34.96
14	Jason McGhee	11	Menlo-Atherton	4:36.30
15	Miguel Gallegos	12	N.M.C.	4:37.19
16	Landis MacMillan	10	S.L.V.	4:42.99

Heat 2 Prelims

1	Weston Strum	12	Pioneer	4:13.98
2	Michael Reher	12	St. Ignatius Col	4:20.00
3	Cristian Soratos	12	Salinas	4:23.26
4	Kyle Rae	11	Bellarmino	4:24.75
5	Ian Myjer	12	Mountain View	4:26.85
6	Lucas Talavan	12	St. Ignatius Col	4:27.73
7	Sam Hales	10	King City	4:30.60
8	Assefa Bruk	12	Prospect	4:30.60
9	Efrem Gameda	11	Independence	4:31.83
10	Alex Shore	12	Monterey	4:32.36
11	Kyle Feuerheim		Woodside	4:33.67
12	Grant Foster	10	Prospect	4:33.82
13	Pablo Borceguin	12	Evergreen Va	4:35.49
14	Michael C. Young	12	St Francis CC	4:35.51
15	Zach Kaplan	10	Sacred Ht. Prep	4:37.88
16	Jack Beckwith	10	Menlo-Atherton	4:38.04

Event 19 Girls 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 13.52 2008

Vashti Thomas, Mt. Pleasant

Name	Year	School	Seed
=====			
Heat 1 Prelims			
1	Jacqueline Lamb	10 Milpitas	16.96
2	Taylor Duffner	Woodside	16.47
3	Kira Rieneker	12 Pioneer	15.35
4	Hannah Goranson	12 Valley Christian	13.93
5	Cydney Leath	10 Mt. Pleasant	15.18
6	Jessica Davis	9 King City	16.40
7	Beverly Phan	12 Seaside	16.91
8	Eleanor Spielman-Sun	12 Menlo-Atherton	21.80

Heat 2 Prelims			
1	Christina Nilles	11 Mountain View	16.96
2	Omolara Adenuga	10 Notre Dame Sal	16.50
3	Sarah Una Dia	12 Gilroy	15.48
4	Katie Nelms	12 Leland	14.08
5	Mina Alexis	11 St. Ignatius Col	15.11
6	Tammy Smith	12 Wilcox	16.32
7	Andria Donley	11 Westmoor	16.85
8	Eugenia Jernick	10 Woodside Pr.	18.00

Heat 3 Prelims			
1	Summer Vance	9 Los Gatos	16.98
2	Christina Dobbins	Woodside	16.53
3	Tiana Carter	12 Mt. Pleasant	15.64
4	Symone Evans	12 Leigh	14.65
5	Tamara Nance	10 Evergreen Va	15.08
6	India Grayson	12 North Salinas	16.29
7	Monica Miles	11 Seaside	16.79
8	Amanda Kielian	11 Mercy Burl	17.94

Heat 4 Prelims			
1	Carmen Tellez	12 S.L.V.	17.27
2	Brooke Tavernetti	11 King City	16.55
3	Kiana Choroski	11 Gunn	16.02
4	Shanique Walker	11 Mt. Pleasant	14.71
5	Lia Randazzo	12 Evergreen Va	14.94
6	Emily Hightower	10 Santa Cruz	16.27
7	Martina De Geus	12 Mountain View	16.64
8	Clara Timpe	12 Burlingame	17.43

Event 3 Boys 110 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 13.84 1997 Arend Watkins, Silver Creek

Name	Year	School	Seed
=====			
Heat 1 Prelims			
1	Daniel Hirsch	11 El Camino	16.40
2	Steve Dorsey	10 Monterey	15.92
3	Cory Kusich	11 St. Francis	15.51
4	Kamara Biawogi	9 Prospect	14.91
5	Marvin Jackson	12 Milpitas	15.48
6	Mathew Nelson	10 Mt. Pleasant	15.91
7	Michael Saccone	11 Gilroy	16.34
8	Ashu Desai	12 Menlo School	18.89

Heat 2 Prelims			
1	Perry Choi	11 York	16.69
2	Dylan Haysbert	10 Willow Glen	15.95
3	Caleb Rabadan	12 Santa Cruz	15.52
4	John Paul Williams	12 Westmoor	14.99
5	Ryo Kubozono	12 Cupertino	15.42
6	Julian Nagata	11 Everett Alvarez	15.87
7	Quinton Beck	12 Lynbrook	16.31

8	Alec Lawler	12 Menlo School	18.77
Heat 3 Prelims			
1	Xavier Tenorio	11 Westmoor	17.00
2	Buddy Bolin	12 Leigh	16.10
3	Adonis Singletary	12 Seaside	15.58
4	Dylan Alsagoff	12 San Jose	15.15
5	Juan Rodriguez	11 Serra	15.30
6	Todd Grimm	10 Los Altos	15.81
7	Lucas Haro	10 San Benito	16.28
8	Cameron O'Hagan	11 Pacific Grove	17.56
Heat 4 Prelims			
1	Kenny Kha	12 Aragon	17.09
2	Drake Curry	11 Evergreen Va	16.22
3	Markell Stine	10 Los Altos	15.64
4	Sean Goetzl	11 Aptos	15.24
5	Donald Wang	12 Independence	15.24
6	Cameron Vaca	10 Mitty	15.76
7	Colin Green	9 Independence	16.28
8	Nick Bellin	11 Carlmont	17.50

Event 20 Girls 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times  
 Meet Record: 53.92 1982 Leslie Maxie, Mills

Name	Year	School	Seed
Heat 1 Prelims			
1	Nicole Macapinlac	12 Half Moon Bay	1:01.49
2	Claire Fraisl	11 Castilleja	59.97
3	Lauren Madigan	11 St. Francis	59.05
4	Iesha Hardiman	10 Wilcox	55.42
5	Lauren Irish	12 Half Moon Bay	58.75
6	Kiera Paulo	9 Notre Dame Sal	59.87
7	Claire Bowie	9 Los Altos	1:01.34
8	Katie Baxter	9 Branham	1:03.24
Heat 2 Prelims			
1	Linda Delgado	9 N.M.C.	1:02.12
2	Carmela Roberts	10 Santa Cruz	1:00.00
3	Marisa Padilla	09 St. Francis	59.09
4	Asheley Bamberg	10 Andrew Hill	56.88
5	Sarah Wobber	9 Los Altos	58.75
6	Elissa Bryant	9 Piedmont Hil	59.84
7	Tyler Dixon	10 Notre Dame Sal	1:01.30
8	Lauren Kuechle	10 Leland	1:03.24
Heat 3 Prelims			
1	Madeleine Bairey	11 Stevenson	1:02.23
2	Erika Rodriguez	12 Live Oak	1:00.27
3	Elena Venable	11 Santa Cruz	59.18
4	Darynne Wickliffe	11 Wilcox	57.98
5	Pauline Olsen	12 Live Oak	58.71
6	Virginia Clay	12 Crystal Springs	59.78
7	Devan Spence	10 Hillsdale	1:01.28
8	Viviane Nguyen	10 Piedmont Hil	1:02.82
Heat 4 Prelims			
1	Ruth Talbot	11 G.B.K.	1:02.27
2	Rachel Davidson	10 Salinas	1:00.83
3	Emily Andrew	10 Mountain View	59.31
4	Catherine Carpenter	10 Menlo-Atherton	58.41
5	Sarah Cline	10 Leigh	58.49
6	Melodie Bellegarda	9 Saratoga	59.72
7	Candice de Sauvage	11 Aragon	1:01.22
8	Danielle Acuna	9 N.M.C.	1:02.74

Event 4 Boys 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 45.51 1979 Bill Green, Cubberley

Name	Year	School	Seed
Heat 1 Prelims			
1 Taylor Odell	11	Pacific Grove	52.17
2 Gerran Gordon	12	Monterey	51.32
3 Trevor Teerlink	12	Saratoga	50.46
4 Jason Roascio	11	San Benito	48.93
5 Daniel Donate	12	Alisal	50.17
6 Dylan Fukai	12	Santa Cruz	51.15
7 Drew Azevedo	11	Leland	51.97
8 Di'jonn Williiams	10	Menlo-Atherton	53.31
Heat 2 Prelims			
1 Alex Balaban	12	Monta Vista	52.29
2 Patrick Ramanand	12	Seaside	51.41
3 Jalen Davidson	11	St. Francis	50.49
4 Jesse Arenas	11	Evergreen Va	49.52
5 Benjamin Knight	12	Overfelt	50.07
6 Sam Lyons	12	Burlingame	51.04
7 Winton Nguyen	12	Milpitas	51.86
8 Francios Labat	12	Branham	52.90
Heat 3 Prelims			
1 Ruben Villarreal	11	Pioneer	52.36
2 Arnaud Kpachavi	11	Woodside Pr.	51.44
3 Jason Chandler		Woodside	50.60
4 J'Tier Favors	11	Gunderson	49.60
5 Markus Rutner	12	Mountain View	50.00
6 Myles Holmes	10	Jefferson	51.03
7 Akhil Raju	12	Monta Vista	51.81
8 James Beekley	10	Sequoia	52.90
Heat 4 Prelims			
1 Jacob Montoya	11	Live Oak	52.48
2 Chris Odell	11	Pacific Grove	51.66
3 Blake Ward	12	Scotts Valley	50.66
4 Andre Chapman	11	Bellarmino	49.67
5 Justin Montgomery	11	Bellarmino	49.96
6 Greg Hook	12	Sacred Ht. Prep	50.87
7 Ronald Short	11	Gilroy	51.73
8 Steven Nicols	12	Independence	52.55

Event 21 Girls 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 11.39 2006 Jeneba Tarmoh, Mt. Pleasant

Name	Year	School	Seed
Heat 1 Prelims			
1 LeVesha Jones	12	Everett Alvarez	13.12
2 Maggie Fong	10	Sacred Ht. Prep	12.94
3 Sarah Williams	9	Leigh	12.65
4 Katie Nelms	12	Leland	12.01
5 Denise Murphy	12	Mt. Pleasant	12.59
6 Ruth Stone	9	Piedmont Hil	12.87
7 Keiana Miley	11	Milpitas	13.12
8 Stacy Hanawa	11	Hillsdale	13.64
Heat 2 Prelims			
1 Erica Miller	10	Wilcox	13.13
2 Madeline Diaz	10	Soquel	12.96
3 Kendra Bonsall	9	Soquel	12.69
4 Tekeya Todd	10	Piedmont Hil	12.41

5	Kira Rieneker	12	Pioneer	12.57
6	Marissa Benjamin	11	Sobrato	12.86
7	Caprice Powell	12	Menlo-Atherton	13.12
8	Ashley Puchrik	10	Carmel	13.57
Heat 3 Prelims				
1	Tierney Hightower	9	Santa Catalina	13.20
2	Emily Yeates	12	Palo Alto	12.99
3	Ashley Jones	11	M.V.C.	12.69
4	Angela Gradiska	12	Pinewood	12.45
5	Elizabeth Duxbury	12	Mitty	12.53
6	Katherine Wells	12	North Salinas	12.78
7	Ebba Nord	9	Gunn	13.10
8	Megan Villanueva	12	San Mateo	13.42
Heat 4 Prelims				
1	Lexus Bernard		Woodside	13.22
2	Iesha Boyd	10	Salinas	12.99
3	Catherine Li	10	Los Altos	12.69
4	Micha Auzenne	09	St. Francis	12.48
5	Shayla McPherson	10	Mt. Pleasant	12.50
6	Catina Mclin	12	Monterey	12.70
7	Grace Lo	12	Los Altos	13.02
8	Lillian Krosse		Woodside	13.28

Event 5 Boys 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 10.37 2002 Rubin Williams, Valley Christian

Name	Year	School	Seed	
Heat 1 Prelims				
1	Kory Johnson	12	Wilcox	11.48
2	Alvin Garlejo	11	Overfelt	11.26
3	Julius Travis	11	Gilroy	11.04
4	Junior Smart	11	Oak Grove	10.83
5	Gary Moore	11	Sacred Ht. Cath.	11.03
6	Jourdan Soares	10	Gilroy	11.26
7	Tyler Ross	10	Seaside	11.42
8	Emil Margallo	12	San Mateo	11.87
9	Courage Nwopara	12	South S.F.	11.96
Heat 2 Prelims				
1	Ted Kang	11	Lynbrook	11.50
2	Lawrence Melton	12	Evergreen Va	11.27
3	Daniel Jones	12	Palo Alto	11.10
4	Martin Tataw	12	Westmont	10.90
5	Nick Sole	12	Santa Teresa	11.02
6	Matt Walter	12	Sacred Ht. Prep	11.24
7	Isaac Navarrete	11	San Benito	11.40
8	Jordan Pessah	12	Burlingame	11.84
9	Ezekial Nunu	11	Jefferson	12.07
Heat 3 Prelims				
1	Derek Delucchi	11	Santa Cruz	11.57
2	Drake Wilson	11	York	11.33
3	Maurice Williams	11	Palo Alto	11.12
4	Nate Harvey	12	Serra	10.94
5	Glyn Borel	12	St. Francis	10.99
6	Michael Uboh	12	Pioneer	11.20
7	Miles Anderson	11	Palo Alto	11.39
8	Jacob Shyvers	10	Carmel	11.75
Heat 4 Prelims				
1	Vincent Hernandez	11	Terra Nova	11.63
2	Anthony Wang	10	Westmont	11.33
3	Joe-Mar Belena	11	Silver Creek	11.18
4	Byron Marshall	10	Valley Christian	10.94

5	Mike Kennedy	12	St. Ignatius Col	10.99
6	Daoud Anthony	12	Santa Cruz	11.19
7	Rick Standish	11	N.M.C.	11.38
8	Lawrence VanHook	10	Eastside C.P.	11.70

Event 22 Girls 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 2:07.79 2005 Alicia Follmar, Saratoga

Name	Year	School	Seed	
Heat 1 Prelims				
1	Linda Delgado	9	N.M.C.	2:29.64
2	Dariani Salvador	12	Alisal	2:23.11
3	Cindy Huang	11	Lynbrook	2:19.76
4	Jenna Davis	12	Valley Christian	2:13.13
5	Kayla Knapp	10	Los Gatos	2:18.73
6	Michelle Durate	12	San Benito	2:22.72
7	Chandler Jennings	10	Monterey	2:29.25
8	Jerusha Inglis		Woodside	2:33.60
9	Angelica Villahermosa	11	Westmoor	2:42.25
Heat 2 Prelims				
1	Vanessa Heinrichs	10	Oak Grove	2:29.66
2	Nisha Parmeshwar	10	Leland	2:24.42
3	Kelsey Palassou	12	Salinas	2:20.15
4	Kieran Gallagher	10	Gunn	2:16.18
5	Krista McNulty	10	Scotts Valley	2:18.53
6	Michelle Yee	12	Lynbrook	2:22.41
7	Kaylie McGrady	9	Santa Teresa	2:29.21
8	Gabrielle Jardini	10	York	2:32.80
9	Alejandra Marin	11	Half Moon Bay	2:42.57
Heat 3 Prelims				
1	Mei-Lin Okino	10	Carlmont	2:30.65
2	Melissa Hopper	12	Leigh	2:25.13
3	Maya Weigel	9	Mountain View	2:20.95
4	Tori Tsolis	11	Presentation	2:16.23
5	Elle Sanders	12	Santa Cruz	2:17.34
6	Rachel Skokowski	11	Castilleja	2:22.20
7	Stephanie Schindler	10	Prospect	2:28.58
8	Michelle Hopper	11	Leigh	2:32.00
Heat 4 Prelims				
1	Lucy Scattini	9	Santa Catalina	2:31.08
2	Isabelle Connell	9	Harker	2:25.43
3	Lauren Croshaw	10	Aragon	2:21.65
4	Nikki Hiltz	9	Aptos	2:16.49
5	Isabel Garcia	10	Valley Christian	2:17.18
6	Allison Tani	10	Lynbrook	2:21.82
7	Jada Florence	11	Lincoln	2:27.09
8	Kylie Cleveland	9	Santa Teresa	2:31.93

Event 6 Boys 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 1:50.7h 1970 Rick Brown, Los Altos

Name	Year	School	Seed	
Heat 1 Prelims				
1	Rey Blume	12	Pioneer	2:03.61
2	Michael Karp	12	Milpitas	2:00.20
3	Alex Shore	12	Monterey	1:58.29
4	Michael Reher	12	St. Ignatius Col	1:56.02
5	Alejandro Torres	12	S.L.V.	1:58.28
6	Jakob Jorgensen	12	Los Gatos	2:00.18

7	Matthew Sarge	11	Pioneer	2:03.09
Heat 2 Prelims				
1	Marco Gutierrez	10	Oak Grove	2:03.75
2	Patrick Rabuzzi	12	Mountain View	2:00.56
3	Nathan Strum	12	Pioneer	1:58.64
4	Sean Davis	10	Valley Christian	1:56.03
5	David Perez	12	Salinas	1:58.02
6	Jason McGhee	11	Menlo-Atherton	1:59.77
7	Joseph Rivera	11	Willow Glen	2:02.14
8	Timmy Bell	11	Pacific Grove	2:07.11
Heat 3 Prelims				
1	Will Shearer	10	York	2:05.03
2	Jeff Grimes	11	Crystal Springs	2:00.89
3	Chris Wells	12	Mountain View	1:59.00
4	Kyle McNulty	12	Scotts Valley	1:56.41
5	Jarrett Moore	11	Sacred Ht. Cath.	1:57.94
6	Brian Knight	12	Watsonville	1:59.61
7	Jarrold Nixon	12	Menlo-Atherton	2:01.81
8	Arvin Ignacio	9	Silver Creek	2:06.03
Heat 4 Prelims				
1	Joshua Johnson	12	South S.F.	2:05.06
2	Michael Hester	10	Menlo-Atherton	2:01.21
3	Eddie Ruano	11	Everett Alvarez	1:59.09
4	David Kret	10	San Benito	1:57.26
5	Philip MacQuitty	12	Palo Alto	1:57.50
6	Alan Rios	12	Sobrato	1:59.19
7	Sam Parker	11	Menlo School	2:01.52
8	Derrick Tao	9	Westmont	2:05.64

Event 23 Girls 300 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 41.71 1996 Tisha Ponder, Del Mar

Name	Year	School	Seed	
Heat 1 Prelims				
1	Taylor Reed	10	Westmont	49.41
2	Amanda Drennan	11	Willow Glen	47.95
3	Courtney Wood		Mitty	46.74
4	Katie Nelms	12	Leland	44.20
5	Eleni Fkiaras	10	Leland	46.46
6	Martina De Geus	12	Mountain View	47.87
7	Rhaissel Perez	11	Everett Alvarez	49.26
8	Jessica Barney	12	Aragon	51.75
9	Beverly Phan	12	Seaside	51.82
Heat 2 Prelims				
1	Amanda Kielian	11	Mercy Burl	49.52
2	Christina Dobbins		Woodside	47.99
3	Andria Donley	11	Westmoor	47.15
4	Emily Gordon	12	Santa Clara	44.81
5	Allison Daley	11	Burlingame	46.29
6	Morgan Messick	11	Santa Teresa	47.85
7	Samantha Una Dia	9	Gilroy	49.11
8	Laura Gradiska	9	Menlo School	50.97
9	Jovita Trujillo	12	N.M.C.	52.33
Heat 3 Prelims				
1	Alicia Terry	10	Santa Clara	49.81
2	Maggie Valenzuela	12	Alisal	48.04
3	Lia Randazzo	12	Evergreen Va	47.39
4	Shanique Walker	11	Mt. Pleasant	45.13
5	Page Haar		Mitty	46.12
6	Kiana Choroski	11	Gunn	47.80
7	Kristin Wong	12	Cupertino	48.78

8	Tabetha Willems	11	Menlo-Atherton	50.42
Heat 4 Prelims				
1	Margaret Ho	11	Silver Creek	50.02
2	Brooke Tavernetti	11	King City	48.04
3	Lauren Hendrick	12	Carmel	47.52
4	Brittney Wright	12	Presentation	45.40
5	Mina Alexis	11	St. Ignatius Col	45.56
6	Emily Hightower	10	Santa Cruz	47.61
7	Tammy Smith	12	Wilcox	48.23
8	Helen Lorenzen	10	Soquel	50.31

Event 7 Boys 300 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 36.60 1988 John Montgomery, Independence

Name	Year	School	Seed	
Heat 1 Prelims				
1	Benson Mach	10	Andrew Hill	42.30
2	Markell Stine	10	Los Altos	41.25
3	Zack Wilhelm	12	N.M.C.	40.66
4	Ryo Kubozono	12	Cupertino	39.29
5	Marvin Jackson	12	Milpitas	40.64
6	Cory Kusich	11	St. Francis	41.08
7	Jacob Singley	11	Salinas	42.13
8	Nico Robinson	9	Sacred Ht. Prep	45.67

Heat 2 Prelims				
1	David Mandujando	11	Soledad	42.54
2	Charles Williams	12	Milpitas	41.57
3	Sean Goetzl	11	Aptos	40.69
4	Dylan Alsagoff	12	San Jose	39.48
5	Julian Nagata	11	Everett Alvarez	40.39
6	Cameron Vaca	10	Mitty	41.05
7	Buddy Bolin	12	Leigh	42.01
8	Tommy Shields	12	Woodside Pr.	45.30

Heat 3 Prelims				
1	Daniel Hirsch	11	El Camino	42.87
2	Jesse Hoang	10	Santa Teresa	41.66
3	Kory Johnson	12	Wilcox	40.70
4	Ralph Jackson	12	Sobrato	39.51
5	Caleb Rabadan	12	Santa Cruz	40.31
6	Dylan Haysbert	10	Willow Glen	40.96
7	Thomas Gore-Schreck	11	St. Francis	41.99
8	Xavier Tenorio	11	Westmoor	43.84

Heat 4 Prelims				
1	Jesse Wong	11	San Mateo	43.43
2	Jacob Funk	12	San Benito	41.82
3	Kamara Biawogi	9	Prospect	40.80
4	John Paul Williams	12	Westmoor	39.98
5	Donald Wang	12	Independence	40.27
6	Patrick Ramanand	12	Seaside	40.84
7	Nick Pfeiffer	12	Pacific Grove	41.94
8	Bryson Abilay	12	San Mateo	43.76

Event 24 Girls 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 23.47 2006 Jeneba Tarmoh, Mt. Pleasant

Name	Year	School	Seed	
Heat 1 Prelims				
1	Madeleine Bairey	11	Stevenson	26.99
2	Erika Rodriguez	12	Live Oak	26.29

3	Elizabeth Duxbury	12	Mitty	25.78
4	Sarah Cline	10	Leigh	24.66
5	Darynne Wickliffe	11	Wilcox	25.67
6	Melodie Bellegarda	9	Saratoga	26.29
7	Ashley Jones	11	M.V.C.	26.84
8	Lexus Bernard		Woodside	28.28
Heat 2 Prelims				
1	Catherine Carpenter	10	Menlo-Atherton	27.03
2	Carmela Roberts	10	Santa Cruz	26.38
3	Kira Rieneker	12	Pioneer	25.78
4	Iesha Hardiman	10	Wilcox	24.93
5	Denise Murphy	12	Mt. Pleasant	25.66
6	Carolyn Newswanger	12	Homestead	26.27
7	Ebba Nord	9	Gunn	26.79
8	Christy St. Charles	10	Half Moon Bay	27.96
Heat 3 Prelims				
1	Maggie Fong	10	Sacred Ht. Prep	27.20
2	Marissa Benjamin	11	Sobrato	26.53
3	Angela Gradiska	12	Pinewood	26.11
4	Asheley Bamberg	10	Andrew Hill	25.14
5	Shayla McPherson	10	Mt. Pleasant	25.65
6	Katherine Wells	12	North Salinas	26.27
7	Ruth Talbot	11	G.B.K.	26.74
8	Devan Spence	10	Hillsdale	27.73
Heat 4 Prelims				
1	Melisah Cortez	12	San Benito	27.27
2	Catina Mclin	12	Monterey	26.68
3	Bonny Rivers	12	Harbor	26.16
4	Hannah Goranson	12	Valley Christian	25.49
5	Tekeya Todd	10	Piedmont Hil	25.62
6	Iesha Boyd	10	Salinas	26.25
7	Torie Nielsen	10	Palo Alto	26.68
8	Lillian Krosse		Woodside	27.49

Event 8 Boys 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times  
 Meet Record: 20.84 2002 Rubin Williams, Valley Christian

Name	Year	School	Seed	
Heat 1 Prelims				
1	Taimu Yamauchi	12	Gunn	23.42
2	Matt Walter	12	Sacred Ht. Prep	23.13
3	Justin Montgomery	11	Bellarmine	22.32
4	Jason Roascio	11	San Benito	22.03
5	Byron Marshall	10	Valley Christian	22.27
6	Derek Delucchi	11	Santa Cruz	22.91
7	Drake Wilson	11	York	23.39
8	Kyle Merin	12	Carlmont	24.23
9	Tenshow Street	12	Carlmont	24.27
Heat 2 Prelims				
1	Rick Standish	11	N.M.C.	23.51
2	Jerrald Belong	9	Piedmont Hil	23.15
3	Jesse Arenas	11	Evergreen Va	22.32
4	Andre Chapman	11	Bellarmine	22.08
5	Gary Moore	11	Sacred Ht. Cath.	22.24
6	Daniel Jones	12	Palo Alto	22.84
7	Jose Avalos	11	Evergreen Va	23.37
8	Isaiah Skelton	9	Carmel	24.05
Heat 3 Prelims				
1	Vincent Hernandez	11	Terra Nova	23.56
2	Trevor Teerlink	12	Saratoga	23.17
3	Tyler Halsted	10	Mountain View	22.38

4	Julius Travis	11	Gilroy	22.15
5	Nick Sole	12	Santa Teresa	22.23
6	Martin Tataw	12	Westmont	22.75
7	Amit Sumal	12	Monta Vista	23.31
8	Emil Margallo	12	San Mateo	23.97
Heat 4 Prelims				
1	Tyrone Moore	12	Seaside	23.58
2	Myles Holmes	10	Jefferson	23.21
3	Isaac Navarrete	11	San Benito	22.50
4	Daoud Anthony	12	Santa Cruz	22.19
5	J'Tier Favors	11	Gunderson	22.19
6	Benjamin Knight	12	Overfelt	22.54
7	Michael Uboh	12	Pioneer	23.22
8	Lawrence VanHook	10	Eastside C.P.	23.92

Event 25 Girls 3200 Meter Run

=====  
 12 Advance: Top 2 Each Heat plus Next 8 Best Times  
 Meet Record: 10:09.5h 1983 Cory Shubert, Del Mar

Name	Year	School	Seed	
=====				
Heat 1 Prelims				
1	Nina Anderson	10	Notre Dame Sal	11:06.64
2	Lauren Croshaw	10	Aragon	11:17.16
3	Erin Hicks	12	Los Altos	11:21.08
4	Samantha Hamilton	12	Half Moon Bay	11:31.12
5	Morgan Lira	10	Valley Christian	11:32.56
6	Mary Kriege		Mitty	11:35.92
7	Lalida Maokhamphiou	10	Wilcox	11:36.84
8	Cass Carpenter	11	Mountain View	11:39.31
9	Sumeet Mudahar	12	Notre Dame Sal	11:40.55
10	Kayla Germany	12	Scotts Valley	11:47.75
11	Yaritza Barajas	9	Oak Grove	11:53.64
12	Mei-Lin Okino	10	Carlmont	11:58.53
13	Elsa Valenzuela	10	Crystal Springs	11:59.47
14	Maggie Colgan	10	Hillsdale	12:10.42
15	Paige Silkey	9	Pacific Grove	12:21.41
16	Alejandera Pereda	10	Mt. Pleasant	12:32.60
17	McKenzie Dooner	10	Monterey	12:35.80
Heat 2 Prelims				
1	Erin Robinson	11	Gunn	11:07.28
2	Danielle Katz	9	Los Gatos	11:07.43
3	Katherine Castro	11	Los Gatos	11:26.85
4	Sophia Cannata-Bowman	09	Sacred Ht. Cath.	11:27.52
5	Angie Korpusik		Presentation	11:34.61
6	Athena Alarcon	10	Gilroy	11:34.93
7	Marissa Ferrante	12	Aptos	11:36.86
8	Samantha Garcia	11	Evergreen Va	11:37.36
9	Kat Gregory	10	Woodside Pr.	11:44.49
10	Melissa Hastings	12	Hillsdale	11:45.48
11	Sarah Gilbert	10	Sobrato	11:55.65
12	My-Linh Pham	11	Silver Creek	11:57.63
13	Alyssa Johnson	9	Leland	12:03.22
14	Michelle Poquette	9	Leigh	12:03.40
15	Lindsey Ploshay	10	Westmont	12:23.85
16	Anna Welsh	10	Monterey	12:30.43
17	Carly Armstrong	11	York	13:13.83

Event 9 Boys 3200 Meter Run

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 12 Advance: Top 2 Each Heat plus Next 8 Best Times  
 Meet Record: 8:58.44 1973 Gordon MacMitchell, Gunn

Name	Year	School	Seed
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Heat 1 Prelims

1	Will Geiken	11	Los Gatos	9:20.53
2	Paul Summers	12	Gunn	9:30.53
3	Alex McGuirk	12	Mountain View	9:31.20
4	Kevin Bishop	10	Monta Vista	9:34.82
5	Bryan Crook	11	Mountain View	9:36.28
6	Assefa Bruk	12	Prospect	9:43.35
7	Michael McCabe	10	Willow Glen	9:43.98
8	Donald Plazola	11	Willow Glen	9:45.38
9	Mitch Moriarty	12	Aptos	9:45.59
10	Miguel Vasquez	9	Andrew Hill	9:53.83
11	Jack Beckwith	10	Menlo-Atherton	9:56.80
12	Eddie Guzman	11	San Benito	9:57.59
13	Grant Foster	10	Prospect	9:58.53
14	Peter Gunn		Woodside	9:59.57
15	Drew Davis	12	Terra Nova	10:02.33
16	Brian Haas	10	King's Academy	10:24.29
17	Rene Siqueiros	11	Watsonville	10:26.16

Heat 2 Prelims

1	Garrett Rowe	12	Mountain View	9:24.55
2	Josh Newby	12	Palo Alto	9:30.28
3	Luca Signore	12	Lynbrook	9:32.15
4	Weston Strum	12	Pioneer	9:32.77
5	Dalton Guthrie	12	Bellarmine	9:41.52
6	Adrian Hinojosa	10	Bellarmine	9:43.21
7	Esteban Valencia	10	Bellarmine	9:44.08
8	Richard Ho	9	Leland	9:45.32
9	Jose Castillo	11	San Benito	9:46.02
10	Mitch Martin	10	Half Moon Bay	9:50.40
11	Abel Mogesse	11	Willow Glen	9:57.32
12	Francisco Salvador	10	Alisal	9:57.37
13	Allan Hetke	12	S.L.V.	9:59.35
14	Kevin Roa	12	N.M.C.	9:59.48
15	Sam Hales	10	King City	10:06.31
16	James Palaniuk	11	York	10:18.15
17	Spencer Berry	11	Menlo-Atherton	10:31.17
18	Cody Heiner		Crystal Springs	10:37.87

Event 26 Girls 4x400 Meter Relay

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 3:49.90 2005 Mt. Pleasant, Mt. Pleasant

M Brown, D Pettigrue, K McGowan, J Tarmoh

School

Seed

Heat 1 Prelims

1	Monterey	4:17.29
2	Santa Cruz	4:11.88
3	Mitty	4:04.42
4	Valley Christian (San Jose)	3:58.70
5	Leigh	4:03.98
6	Santa Teresa	4:11.33
7	Burlingame	4:16.92
8	Westmoor	4:24.94
9	Santa Catalina	4:26.12

Heat 2 Prelims

1	Evergreen Valley	4:17.36
2	Alisal	4:11.98
3	Santa Clara	4:04.82
4	Wilcox	4:00.33
5	Los Gatos	4:03.68
6	Piedmont Hills	4:10.43

7	Aptos	4:16.16
8	Seaside	4:24.03
Heat 3 Prelims		
1	Half Moon Bay	4:17.68
2	Live Oak	4:13.47
3	Notre Dame (Salinas)	4:05.72
4	St. Francis (Mountain View)	4:01.19
5	Mt. Pleasant	4:02.90
6	Los Altos	4:08.74
7	Crystal Springs Uplands	4:15.82
8	Carmel	4:23.66
Heat 4 Prelims		
1	Lincoln	4:18.96
2	Castilleja	4:14.90
3	Salinas	4:06.43
4	Mountain View	4:02.56
5	Leland	4:02.62
6	Saratoga	4:08.33
7	Aragon	4:15.75
8	Menlo-Atherton	4:19.99

Event 10 Boys 4x400 Meter Relay

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: 3:15.8h 1970 Los Altos

	School	Seed
Heat 1 Prelims		
1	Westmoor	3:34.43
2	Silver Creek	3:31.21
3	Sobrato	3:27.82
4	Bellarmino College Prep	3:23.77
5	Independence	3:27.47
6	Leland	3:31.14
7	Pacific Grove	3:34.09
8	Burlingame	3:40.70
Heat 2 Prelims		
1	Menlo School	3:35.14
2	Monterey	3:32.38
3	Los Gatos	3:28.49
4	Alisal	3:24.63
5	Sacred Heart Cathedral Prep	3:27.31
6	Jefferson	3:31.07
7	Crystal Springs Uplands	3:33.85
8	Carmel	3:38.25
Heat 3 Prelims		
1	Santa Teresa	3:35.15
2	Overfelt	3:32.57
3	Piedmont Hills	3:29.28
4	San Benito (Hollister)	3:25.04
5	Mountain View	3:26.53
6	Woodside	3:30.42
7	Santa Clara	3:33.49
8	Sequoia	3:38.03
Heat 4 Prelims		
1	Harbor	3:35.66
2	Los Altos	3:32.79
3	Seaside	3:29.94
4	Salinas	3:25.90
5	St. Francis (Mountain View)	3:26.09
6	Monta Vista	3:30.27
7	Gunderson	3:32.98
8	San Lorenzo Valley	3:37.79

Event 11 Boys High Jump

Top 8 Advance by Mark

Meet Record: 7-03 1985

Jeff Rogers, Overfelt

Name	Year	School	Seed	Mark	
Flight 1 Prelims					
1	Nico	Robinson	9	Sacred Ht. Prep	5-06.00
2	Michael	Uboh	12	Pioneer	5-08.00
3	Richard	Azure	12	Lincoln	5-08.00
4	Tommy	Shields	12	Woodside Pr.	5-08.00
5	Daniel	Marquez	12	N.M.C.	5-08.00
6	Nick	Sosebee	12	Live Oak	5-08.00
7	Mathew	Nelson	10	Mt. Pleasant	5-08.00
8	Nick	Martin	11	Burlingame	5-08.00
9	Ezekial	Nunu	11	Jefferson	5-08.00
10	Taylor	Kientzel	12	Santa Cruz	5-08.50
11	Jacob	Daw	11	Live Oak	5-10.00
12	Bennie	Williams	12	Palo Alto	5-10.00
13	Dustin	Franco	12	San Benito	5-10.00
14	Denzel	Copeland	11	Santa Teresa	5-10.00
15	Evan	Petrovic	11	King City	5-10.00
16	Nathan	Hill	12	Santa Teresa	5-10.00
17	Jiwoong	Baik	12	Leigh	5-10.00
18	Cedrik	Robinson	12	Jefferson	5-10.00
19	Jacob	Singley	11	Salinas	6-00.00
20	Jourdan	Soares	10	Gilroy	6-00.00
21	Tyler	Nigro	12	Palo Alto	6-00.00
22	Dalyn	Pacheco	11	Serra	6-00.00
23	Jake	Davis	12	King City	6-00.00
24	Evijan	Watson	11	Burlingame	6-00.00
25	John	Tobin	10	Soquel	6-00.50
26	Steve	Dorsey	10	Monterey	6-02.00
27	Dan	Carlsen	10	St. Francis	6-02.00
28	Michael	Hueschen	12	Palo Alto	6-02.00
29	Stephen	Johnson	12	Mountain View	6-02.00
30	Scott	Greathouse	12	Los Altos	6-02.00
31	Josh	Dunne	12	Half Moon Bay	6-02.00
32	Bryan	Christofferson	12	St. Ignatius Col	6-03.00

Event 13 Boys Long Jump

Top 8 Advance by Mark

Meet Record: 25-03.25 1964

Johnny Johnson, Pacific Grove

Name	Year	School	Seed	Mark	
Flight 1 Prelims					
1	Jordan	Williams	11	Menlo School	19-02.50
2	Joshua	Johnson	12	South S.F.	19-03.25
3	Chris	Gaertner	12	Sacred Ht. Prep	19-04.50
4	James	Liaw	12	Lynbrook	19-07.00
5	Mark	Barrios		Westmoor	19-07.50
6	Errol	Fernandeez		Westmoor	19-07.50
7	Brian	Bhaskar	12	Stevenson	19-08.00
8	Steve	Dorsey	10	Monterey	19-11.25
9	Chris	Gordan	11	Jefferson	20-02.00
10	Diego	Gaona	11	Salinas	20-02.00
11	Stephen	Johnson	12	Mountain View	20-04.25
12	David	Guenther	11	Gilroy	20-06.00
13	Tyler	Halsted	10	Mountain View	20-06.00
14	Ricky	Strehlow	10	Wilcox	20-06.25
15	Jiwoong	Baik	12	Leigh	20-06.50
16	Nick	Sosebee	12	Live Oak	20-07.00

17	Thomas Yeh	11	Carlmont	20-07.25
18	Ricky Rivera	10	Yerba Buena	20-08.75
19	Nick Pfeiffer	12	Pacific Grove	20-09.00
20	Alvin Garlejo	11	Overfelt	20-09.50
21	Adonis Singletary	12	Seaside	20-09.75
22	Jourdan Soares	10	Gilroy	20-10.00
23	Darren Ngo	11	Silver Creek	21-01.50
24	Cj Nuwzi	12	Silver Creek	21-01.50
25	Benjamin Knight	12	Overfelt	21-04.75
26	Jonah Hodges	10	Santa Cruz	21-05.25
27	Maurice Williams	11	Palo Alto	21-05.50
28	Khalil Johnson		St. Francis	21-08.75
29	Byron Marshall	10	Valley Christian	21-10.25
30	Mike Kennedy	12	St. Ignatius Col	21-11.00
31	Madu Cole	12	Bellarmino	21-11.75
32	Taylor Kientzel	12	Santa Cruz	22-00.50
33	Marco Ancheta	12	Yerba Buena	22-05.50

Event 15 Boys Discus Throw

Top 8 Advance by Mark

Meet Record: 204-10 2003

Nik Kay, Los Gatos

Name	Year	School	Seed Mark
Flight 1 Prelims			
1	Scott Underwood	12 Harker	115-10.50
2	Miranda Patrick	12 Capuchino	120-06
3	Kevin Esguerra	11 Mills	120-08
4	Chima Ikeme	11 Gilroy	124-07
5	Zac Shyvers	12 Carmel	125-11
6	Weston Hawkins	11 Salinas	127-06
7	Christopher Cornejo	11 South S.F.	127-07
8	Thomas Enzminger	12 Harker	128-09
9	Nino Miguel	11 Carmel	128-11
10	Sekope Tagilala	Woodside	130-10
11	Dylan Craddock	11 Andrew Hill	132-05
12	Wade Tsang	12 Cupertino	133-02
13	Albert Nguyen	12 Silver Creek	133-04
14	Trevor Luescher	12 Silver Creek	133-08
15	Kyle Todd	12 S.L.V.	134-07
16	Haris Sultani	12 Palo Alto	135-00
17	Max Dapper	12 Bellarmine	135-05
18	Cody Bickham	10 St. Francis	136-09.50
19	Ryan Mendez	12 Westmont	137-02
20	Dan Winter	12 Willow Glen	138-10
21	Mike Guberlet	11 M.V.C.	139-00
22	Spencer Jones	12 Gunn	139-05
23	Patrick Sheehan	12 Los Altos	139-05
24	Junior Miranda	12 Silver Creek	141-06
25	Cj Nuwzi	12 Silver Creek	141-10
26	John Warren	12 Santa Cruz	143-00
27	Zachary Doyle	12 Pioneer	144-03
28	Frankie Martinez	12 San Benito	144-05
29	Richie Casas	11 N.M.C.	145-11
30	Kasi Likio	12 Wilcox	146-11
31	Greg Esteban	11 Bellarmine	148-05.50
32	Erik Kramer	12 Mills	149-06

Event 28 Girls Pole Vault

Top 10 Advance by Mark

Meet Record: 13-08 2007

Tori Anthony, Castilleja

Name	Year	School	Seed Mark
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Flight 1 Prelims

1	Essie Quevedo	10	Carmel	7-00.00
2	Candace Miller	11	N.M.C.	7-06.00
3	Clara Timpe	12	Burlingame	7-08.00
4	Kayleen Meldrum	11	Sobrato	8-00.00
5	Kim Baker	10	Santa Teresa	8-00.00
6	Jessica Dobbins	12	N.M.C.	8-00.00
7	Lin Lam	11	Mt. Pleasant	8-00.00
8	Jennifer Hinman	11	Sobrato	8-00.00
9	Reina McAlexander	11	Terra Nova	8-02.00
10	Michelle Hsieh	12	Leland	8-06.00
11	Erica Williams	12	King City	8-07.00
12	Monique Lassaga Bishop	12	San Benito	8-08.00
13	Crystal Decusin	10	Mt. Pleasant	9-00.00
14	Nikita Kadam	12	Mt. Pleasant	9-00.00
15	Casey Schade	11	Carlmont	9-02.00
16	Monique Lam	11	Carlmont	9-02.00
17	Lucy Kurzava	11	Notre Dame Sal	9-02.00
18	Jorja Flynn	11	Carlmont	9-02.00
19	Courtney Bristow	10	St. Ignatius Col	9-02.00
20	Megan Benham	10	St. Francis	9-02.00
21	Brianna Tucker	12	Lynbrook	9-02.00
22	Haley Trap	12	Scotts Valley	9-02.50
23	Hailey Fish	9	Soquel	9-02.50
24	Marissa Engle	11	Homestead	9-08.00
25	Diamara Planell	11	Los Altos	10-02.00
26	Rachel Bolton	10	Homestead	10-02.00
27	Sophie Coelton	12	San Benito	10-02.00
28	Amanda Lackides	10	S.L.V.	10-02.50
29	Emily Soley	11	Westmont	10-04.00
30	Thresa Vinson	10	Aptos	10-06.50
31	Bronwyn Stone	12	Los Gatos	10-08.00
32	Alison Ang	11	Gunn	11-00.00

Event 30 Girls Triple Jump

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Top 8 Advance by Mark

Meet Record: 43-01.50 2008 Vashti Thomas, Mt. Pleasant  
Name Year School Seed Mark

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Flight 1 Prelims

1	Katie Wilcox	9	Carmel	30-09.00
2	Hope Rauber	10	Carmel	30-10.25
3	Jessica Zeta	12	ND San Jose	31-08.00
4	Nicole Cannuli	12	Aragon	32-01.50
5	Shelby Barthold	12	Aragon	32-03.50
6	Danielle Peranich	10	Half Moon Bay	32-05.00
7	Angela Rivelli	11	Notre Dame Sal	32-08.00
8	Roseanna Ruiz	12	North Salinas	32-09.00
9	Ariana Dennis	12	El Camino	32-11.00
10	Christina Nilles	11	Mountain View	33-02.00
11	Erika Hoglund	12	Palo Alto	33-04.50
12	Ailene Nguyen	10	Saratoga	33-05.50
13	Rebecca Reid	11	Mercy Burl	33-06.50
14	Martina De Geus	12	Mountain View	33-07.25
15	Marie Powell	9	Santa Cruz	33-07.50
16	Madison Mason	11	Burlingame	33-08.50
17	Marie Barlaan	12	Pioneer	33-10.50
18	Sarah Klem	9	Gunn	34-00.25
19	Monica Miles	11	Seaside	34-00.75
20	Linda Plascencia	11	Watsonville	34-03.75
21	Amanda Lovely	10	Mitty	34-08.25

22	Jamie Gaspar	12	Santa Teresa	34-08.50
23	Kristen Chin	10	Leland	34-08.50
24	Catherine Li	10	Los Altos	34-10.00
25	Alyana Nicholas	10	Mt. Pleasant	34-11.50
26	Ashley Eggleston	11	Mitty	35-09.25
27	Maria Suarez	12	Alisal	36-01.25
28	Gianna Tinetti	12	Santa Cruz	37-06.50
29	Tiana Carter	12	Mt. Pleasant	38-01.00
30	Symone Evans	12	Leigh	38-01.50
31	Cydney Leath	10	Mt. Pleasant	38-07.50
32	Shanique Walker	11	Mt. Pleasant	39-06.00

Event 32 Girls Shot Put

Top 8 Advance by Mark

Meet Record: 50-07.25 2005 Julie Dufresne, Harbor

Name	Year	School	Seed	Mark
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Flight 1 Prelims

1	Sonja Kasky	10	York	27-08.50
2	Christina Taschner	10	Pacific Grove	28-05.50
3	Daisy Chen	11	Mills	28-08.00
4	Rachelle Hidalgo	12	Mercy SF	29-10.00
5	Pricelie Fonua	11	Aragon	30-02.00
6	Silvia Wong	12	Silver Creek	31-00.00
7	Victoria Love	12	Seaside	31-01.25
8	Kristina Gong	12	Mills	31-02.00
9	Jennifer Phan	11	Independence	31-02.50
10	Brianna Cueva	9	Watsonville	31-04.00
11	Cameron Kellogg	9	S.L.V.	31-06.50
12	Nichole Velasquez	10	Lincoln	31-07.00
13	Chantel Talley	11	Westmont	31-09.00
14	Tara Steadmon	11	Leigh	33-00.00
15	Audreya Deshazier	12	Piedmont Hil	33-02.00
16	Veronica Smart	11	Mercy Burl	33-03.00
17	Lepa Holani	12	Notre Dame Bel	33-04.00
18	Krystal Alnas	10	San Benito	33-07.00
19	Sierra Clark	12	S.L.V.	34-02.50
20	Autumn Poti	12	Jefferson	34-03.50
21	Berika Egberuare	11	Del Mar	34-04.00
22	Jocelynn Topete	11	Wilcox	34-05.50
23	Brielle Rowe	10	Mountain View	35-01.00
24	Paige Logan	12	Los Altos	35-09.25
25	Mele Langi	12	Sequoia	36-03.00
26	Kathleen Guzman	12	Los Gatos	36-08.50
27	Sarina Sandoval	10	Gilroy	37-09.00
28	Briona Sullen	12	North Salinas	38-01.00
29	Elizabeth Gordon	12	Mitty	39-01.75
30	Myeesha Hardiman	12	Wilcox	41-01.50
31	Jillian Weir	12	Homestead	41-05.00
32	Meagan McKee	12	Santa Teresa	42-03.75

Event 14 Boys Triple Jump

Top 8 Advance by Mark

Meet Record: 50-11.50 1986 Harold Rucker, Silver Creek

Name	Year	School	Seed	Mark
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Flight 1 Prelims

1	Ed Suriaga		St. Lawrence Ac.	37-10.25
2	John Shanley	11	Menlo School	39-05.50
3	Ahiha Campbell	12	Harbor	40-02.75
4	Will Meyer	12	Carmel	40-03.50

5	Andres Arrieta	11	Overfelt	40-05.00
6	Ezequiel Morales	12	Greenfield	40-07.50
7	Gregory Carter	10	Del Mar	40-08.50
8	Jirel Hipol	10	Mt. Pleasant	41-00.00
9	Abraham Simon	11	Menlo-Atherton	41-00.00
10	Kevin Nguyen	11	Milpitas	41-00.75
11	Jesse Wong	11	San Mateo	41-01.25
12	Emil Margallo	12	San Mateo	41-01.75
13	Clark Encarnacion	10	Westmoor	41-03.25
14	David Guenther	11	Gilroy	41-03.50
15	Errol Fernandez		Westmoor	41-03.75
16	Jeremy Thompson	11	Valley Christian	41-06.00
17	Fernando Olivarez	12	Watsonville	41-08.75
18	Sorony Hiep	12	Silver Creek	41-10.00
19	Scott Greathouse	12	Los Altos	41-10.25
20	Monorom Chim	11	Silver Creek	41-11.50
21	Kevin Chen	12	Monterey	42-01.50
22	Kenneth Benedictos	11	North Salinas	42-04.25
23	Jameson Madzingira	11	Alisal	42-05.00
24	Jiwoong Baik	12	Leigh	42-05.25
25	Mikhail Yanogacio	11	Milpitas	42-07.25
26	Lamond McCoy	11	St. Francis	42-09.00
27	Cj Nuwzi	12	Silver Creek	43-01.00
28	Dan Winter	12	Willow Glen	43-09.50
29	Ricky Strehlow	10	Wilcox	43-11.25
30	Madu Cole	12	Bellarmine	45-03.00
31	Maurice Williams	11	Palo Alto	45-05.00
32	Taylor Kientzel	12	Santa Cruz	46-04.25

Event 16 Boys Shot Put

Top 8 Advance by Mark

Meet Record: 63-09 1964 Bob Brannen, Los Gatos

Name	Year	School	Seed	Mark
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Flight 1 Prelims

1	Michael Chen	9	Harker	37-08.50
2	Blaine Mapa	12	Mills	41-10.25
3	Jordan Chavis	11	Sequoia	42-01.50
4	Marcelis Short	12	Seaside	42-03.50
5	Dylan Craddock	11	Andrew Hill	42-04.50
6	Paul Tonga	11	Mills	42-05.75
7	Fred Paulet	11	Mt. Pleasant	42-06.00
8	Joel Rueda	12	Sobrato	42-09.00
9	Michael Osborne	12	Gunderson	43-06.50
10	John Warren	12	Santa Cruz	43-07.00
11	John Oppenheimer	12	Sacred Ht. Prep	43-08.00
12	David Andrew Reynoso	12	South S.F.	43-08.75
13	Trevor Wilcox	10	Santa Teresa	44-03.00
14	Matt Krehbiel	12	King City	44-05.00
15	Doug DeGeorge	11	Carmel	44-05.50
16	Rene Lovato	11	St. Francis	45-04.50
17	Kyle Todd	12	S.L.V.	45-04.50
18	Anthony McKay	11	Everett Alvarez	47-02.50
19	Weston Hawkins	11	Salinas	47-05.00
20	Tommy Vo	12	Independence	48-00.00
21	Luke Longinotti	10	Serra	48-02.00
22	Leo Navarro	11	Oak Grove	48-09.00
23	Kasi Likio	12	Wilcox	48-09.75
24	Richie Casas	11	N.M.C.	49-02.75
25	Ben Parodi	11	Serra	49-04.75
26	Tevita Lataimua	12	Mills	49-05.25
27	Scott Brazil	11	Mt. Pleasant	49-05.50

28	Alex Koukoutsakis	12 Mountain View	49-05.50
29	Conner Clarke	12 Saratoga	49-08.00
30	Enrique Ramos	11 San Benito	49-10.50
31	Clayton Desilva	12 Milpitas	49-11.75
32	Jesse Tran	10 Homestead	52-02.00

Event 29 Girls Long Jump

Top 8 Advance by Mark

Meet Record: 20-06 1996 Tish Ponder, Del Mar

Name	Year School	Seed Mark
Flight 1 Prelims		
1 Erin Joo	Westmoor	14-07.00
2 Megan Villanueva	12 San Mateo	14-07.00
3 Crystal Prado	11 Anzar	15-01.50
4 Jessica Zeta	12 ND San Jose	15-02.00
5 Alexis Estioko	10 ND San Jose	15-02.00
6 Sayali Khare	10 Monta Vista	15-02.00
7 Becky Kemper	12 North Salinas	15-02.50
8 Emily Yoshimoto	10 Homestead	15-03.00
9 Tabetha Willems	11 Menlo-Atherton	15-03.00
10 Aisha Hildalgo	11 Soledad	15-03.50
11 Nicole Cannuli	12 Aragon	15-03.50
12 Madison Mason	11 Burlingame	15-04.00
13 Christina Nilles	11 Mountain View	15-05.25
14 Camille Moyer	12 Los Gatos	15-05.25
15 Alyana Nicholas	10 Mt. Pleasant	15-06.75
16 Linda Delgado	9 N.M.C.	15-09.25
17 Maria Suarez	12 Alisal	15-10.00
18 Desiree Torrecampo	9 Silver Creek	16-03.50
19 Jamie Gaspar	12 Santa Teresa	16-08.00
20 Angela Artadi	12 Mitty	16-08.00
21 Brittany Kuo	12 Scotts Valley	16-08.00
22 Kristen Sato	10 Valley Christian	16-08.00
23 Erika Hoglund	12 Palo Alto	16-08.25
24 Micha Auzenne	09 St. Francis	16-08.50
25 Kira Rieneker	12 Pioneer	16-08.75
26 Linda Plascencia	11 Watsonville	16-10.50
27 Cydney Leath	10 Mt. Pleasant	17-00.00
28 Symone Evans	12 Leigh	17-00.00
29 Ailene Nguyen	10 Saratoga	17-00.50
30 Lindsey Foster	12 Gilroy	17-08.25
31 Gianna Tinetti	12 Santa Cruz	17-08.50
32 Tiana Carter	12 Mt. Pleasant	17-10.75
33 Mariah Rogers	12 Prospect	18-00.00
34 Bonny Rivers	12 Harbor	18-05.00

Event 12 Boys Pole Vault

Top 8 Advance by Mark

Meet Record: 17-06.25 2007 Nico Weiler, Los Gatos

Name	Year School	Seed Mark
Flight 1 Prelims		
1 Elvis Tran	11 Independence	10-06.00
2 Jay Tan	10 Piedmont Hil	10-06.00
3 Christian Serrano	10 Mt. Pleasant	11-00.00
4 Tylor Dias	11 Santa Teresa	11-00.00
5 Alvin Phan	12 Westmoor	11-00.25
6 Brooks Cottong	09 Carlmont	11-00.25
7 Jacob Hearne	11 King City	11-06.00
8 Mark Barrios	Westmoor	11-06.25

9	Matt Clary	10	Palma	11-08.00
10	Brandon Mancini	11	Sobrato	12-00.00
11	Jason Thompson	11	N.M.C.	12-00.00
12	Alex Benko	10	Scotts Valley	12-00.00
13	Matt Potter	12	Willow Glen	12-00.00
14	Andrew Branscum	11	Carlmont	12-00.00
15	Troy Akers	11	King City	12-06.00
16	John Paul Williams	12	Westmoor	12-06.00
17	Eric Martinez	11	Gilroy	12-08.00
18	Jake Lindstrom	12	St. Ignatius Col	12-08.50
19	Eric Kim	11	Watsonville	13-00.00
20	Alex Weitzel	12	Scotts Valley	13-00.00
21	Guian Habon	11	Mt. Pleasant	13-00.00
22	Garrett Camarota	12	Mitty	13-02.50
23	Justin Pascaul	12	Riordan	13-02.50
24	Austin Meldrum	11	Sobrato	13-06.00
25	Patrick Hughes	10	Gilroy	13-08.00
26	Benjamin Berthet	12	Los Gatos	14-03.00

Event 27 Girls High Jump

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 Top 8 Advance by Mark

Meet Record: 6-00 2001 Jenna Grimaldi, Saint Ignatius  
 Name Year School Seed Mark

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 Flight 1 Prelims

1	Shelby Barthold	12	Aragon	4-02.00
2	Madeline Kuppe	10	Palo Alto	4-06.00
3	Kendra Hoffman	9	Santa Catalina	4-08.00
4	Christy Larson	12	Evergreen Va	4-08.00
5	Rebekah Inouye	9	Sobrato	4-08.00
6	Rochelle Sison	12	Mills	4-08.00
7	Monica Miles	11	Seaside	4-08.00
8	Linda Plascencia	11	Watsonville	4-08.00
9	Rebecca Reid	11	Mercy Burl	4-08.00
10	Tiana Carter	12	Mt. Pleasant	4-10.00
11	Caitlin Colvin	10	Castilleja	4-10.00
12	Tamara Nance	10	Evergreen Va	4-10.00
13	Cathy Nguyen	12	Andrew Hill	4-10.00
14	Camylle Boxtton	12	Mt. Pleasant	4-10.00
15	Morgan Messick	11	Santa Teresa	4-10.00
16	Maggie Galle	10	Half Moon Bay	4-10.00
17	Laila Joseph	9	Santa Catalina	4-10.00
18	Torie Savage	12	Mountain View	4-10.00
19	Kirsten Baird	9	Gunn	5-00.00
20	Alissa Hayes	12	Homestead	5-00.00
21	Madison Mason	11	Burlingame	5-00.00
22	Nikki Myashita	10	Aptos	5-00.50
23	Kendall Jung		Mitty	5-00.50
24	Averi Papazian	12	Salinas	5-00.50
25	Emily Reclusado	12	Everett Alvarez	5-00.50
26	Lohana Richmond	10	Aptos	5-00.50
27	Micha Auzenne	09	St. Francis	5-00.50
28	Kirsten Kozlovsky		St. Francis	5-00.50
29	Julia Maggioncalda	10	Gunn	5-02.00
30	Christina Dobbins		Woodside	5-02.00
31	Kristina Bassi	09	St. Francis	5-02.50
32	Michellie McDonald-O'Brien	10	St. Ignatius Col	5-02.50
33	Sarah Una Dia	12	Gilroy	5-02.50
34	Stephanie Armstrong	12	Live Oak	5-03.00
35	Kylie McKown	10	Mountain View	5-04.00

Event 31 Girls Discus Throw

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Top 8 Advance by Mark

Meet Record: 165-10 1996

Darlene Tulua, Carmel

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Name Year School Seed Mark  
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Flight 1 Prelims

1	Haley Gordon	12	Sacred Ht. Prep	83-03
2	Diana Flores	10	Oak Grove	87-09
3	Tina Sataraka	9	Prospect	89-03
4	Pricelie Fonua	11	Aragon	91-04
5	Arlene Banda	11	Oak Grove	91-09
6	Kristina Gong	12	Mills	93-02
7	Jamie Gonzalez	10	Santa Teresa	93-05
8	Chantel Talley	11	Westmont	94-01
9	Mele Hautau	10	Pacific Grove	94-05
10	Carina Brenner	11	Santa Teresa	95-00
11	Christina Taschner	10	Pacific Grove	95-01
12	Kalani Sanders	11	Westmoor	95-06
13	Madeline Ye	10	Harbor	97-11
14	Veronica Smart	11	Mercy Burl	99-11
15	Andrea DeMartini	12	St. Ignatius Col	100-02
16	Jennifer Temperino	12	San Benito	100-07
17	Elizabeth Gordon	12	Mitty	101-06
18	Angeline Kimbo	11	Gilroy	102-01
19	Isabel Romero	12	Oak Grove	102-05
20	Paige Logan	12	Los Altos	106-00
21	Cameron Kellogg	9	S.L.V.	107-03
22	Myeesha Hardiman	12	Wilcox	107-04
23	Brianna Cueva	9	Watsonville	110-01
24	Briona Sullen	12	North Salinas	111-06
25	Kathleen Guzman	12	Los Gatos	116-03
26	Meagan McKee	12	Santa Teresa	117-06
27	Michelle Chung	12	Cupertino	118-04
28	Chelsea Currier	12	M.V.C.	119-07
29	Mele Langi	12	Sequoia	121-06
30	Brielle Rowe	10	Mountain View	121-08
31	Quinta Ekong	12	Hillsdale	124-11
32	Jillian Weir	12	Homestead	143-06