

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 1 Girls 200 Yard Medley Relay

CCS Record: 1:44.31 ! 5/16/2009

Palo Alto High School

Palo Alto

P Devine, S Liang, M Wenzlau, J Tosky

1:49.01 AAA

1:50.85 AAC

2:01.49 CCS

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Archbishop Mitty High School		1:48.04	1:46.76 qAAA
1) Hunt, Hilary 12	2) Chen, Eva 11	3) Ruby, Charlotte 10	4) Chock, Mackenzie 9
5) Harryman, Julia 9	6) Zhai, Ritty 10	7) Smith, Haley 11	8) Ren, Dorothy 10
26.91 30.26 25.27	24.32		
2 Palo Alto High School		1:52.61	1:47.47 qAAA
1) Devine, Paige 11	2) Cui, Laura 10	3) Zebker, Molly 9	4) Liang, Sarah 11
5) Wenzlau, Margaret 10	6) Tosky, Jasmine 10	7) Lee, Sabrina 11	8) Chang, Jennifer 9
28.39 30.84 25.87	22.37		
3 Saratoga High School		1:51.38	1:48.86 qAAA
1) Opatrny, Lauren 12	2) Cheung, Natalie 10	3) Murray, Elizabeth 12	4) Nolet, Megan 12
5) Chen, Rebecca 10	6) Chen, Stephanie 9	7) Lin, Debra 11	8) La, Christine 12
26.34 32.20 26.26	24.06		
4 Pioneer High School		1:50.04	1:49.77 qAAC
1) Wong, Lauren 10	2) Leonis, Sami 11	3) Selfridge, Mollie 12	4) Mack, Linnea 9
5) Berry, Michelle 10	6) Short, Katie 10	7) Hill, Kingsley 9	8) Kalbfleisch, Lauren 9
28.04 31.87 26.89	22.97		
5 Saint Francis High School		1:50.48	1:50.30 qAAC
1) Scherp, Stefanie 9	2) Levere, Jacqui 11	3) Gilley, Paige 12	4) Talbott, Jenn 12
5) Fong, Stephanie 11	6) Moore, Hathaway 12	7) Ho, Jessie 9	8) Whaley, Carina 11
27.65 31.31 26.34	25.00		
6 Leland High School		1:54.53	1:51.19 qCCS
1) Phi, Thuy 9	2) Flynn, Shanna 11	3) Murphy, Samantha 10	4) Nolan, Kelsey 12
5) Nolas, Jamie 9	6) Peck, Katie 9	7) Ettinger, Samantha 10	8) Sherrin, Brianna 11
28.29 32.43 26.15	24.32		
7 Saint Ignatius College Prep.		1:52.33	1:51.26 qCCS
1) Leung, Megan 12	2) Collins, Claire 12	3) Murphy, Meredith 10	4) Rosen, Liz 11
5) Lee, Leticia 12	6) Tocchini, Carla 9	7) Niemra, Becky 9	8) Arimoto, Deanne 10
28.46 30.88 27.94	23.98		
8 Harker School		1:50.15	1:51.33 qCCS
1) Siegel, Katie 10	2) Ma, Tina 12	3) Wong, Vivian 12	4) Khojasteh, Jessica 11
5) Chien, Amie 9	6) Cheng, Lucy 10	7) Wong, Tiffany 10	8) Chin, Jeanette 12
27.20 32.45 27.87	23.81		
9 Burlingame High School		1:52.96	1:51.97 qCCS
1) Pratt, Audrey M 12	2) Gebhard, Maddie 10	3) Thomas, Naomi G 10	4) Brennand, Kristen 10
5) Miles, Anne 12	6) Li, Irene 9	7) Hill, Sophie C 9	8) Dybbro, Danielle R 11
29.10 32.64 25.97	24.26		
10 Gunn High School		1:50.20	1:52.02 qCCS
1) Prior, Christine 10	2) Watkins, Emily 11	3) Lincoln, Casey 10	4) Hamilton, Grace 12
5) Hessen-Schmidt, Sarah 9	6) McKenna, Maggie 10	7) Acker, Rachael 10	8) Lincoln, Alex 12
30.04 30.48 27.48	24.02		
11 Lynbrook High School		1:54.30	1:52.06 qCCS
1) Nguyen, Stephanie 12	2) Tsai, Ashley 11	3) Hu, Julia 12	4) Hegde, Roshini 12
5) Lee, Robyn 12	6) Shie, Sabrina 9	7) Rojasova, Sofia 11	8) Yu, Kate 10
26.98 33.64 26.48	24.96		
12 Valley Christian High School		1:53.87	1:53.93 qCCS
1) Walitsch, Jamie 12	2) Tomsula, Britney 11	3) Simmons, Kelly 10	4) Power, Kellen 12
5) Kramer, Nicole 10	6) Scannell, Stephanie 9	7) Thompson, Julia 10	8) Feldman, Nicole 9
27.61 32.77 28.21	25.34		

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
13 Wilcox High School		1:57.06	1:53.96 qCCS
1) Seaman, Savannah 11	2) Akin, Annalee 10	3) Aisawa, Michelle 9	4) Van De Hey, Lauren 10
5) Malek, Ariana 9	6) Brown, Megan 11	7) Spinks, Brittany 11	8) Buchterkirchen, Kristen 9
30.53 30.97 26.19 26.27			
14 Evergreen Valley High School		1:56.79	1:55.43 qCCS
1) Rasmussen, Chloe 10	2) Reyes, Nicole 11	3) Martinez, Jessica 11	4) Huang, Lucia 12
5) Ngo, Catherine 10	6) Truong, Anne 9	7) Wong, Amanda 10	
28.41 33.56 27.55 25.91			
15 Sacred Heart Prep		1:55.73	1:55.63 qCCS
1) Myers, Erica 9	2) Henderson, Eliza 11	3) Howard, Katie 12	4) Howard, Kristie 12
5) Flessel, Ally 11	6) Rennels, Lisa 12	7) Sheridan, Erin 10	8) Smith, Heather 12
28.97 33.29 27.62 25.75			
16 Santa Teresa		1:55.53	1:55.65 qCCS
1) Allen, Kaitlyn 12	2) Lange, Kelsey 10	3) Nicholson, Jessica 12	4) Hampel, Shayla 11
5) Walker, Kristin 12	6) Riddle, Emily 12	7) Nachtigal, Jennifer 10	8) Bumb, Dominique 9
29.68 36.91 23.58 25.48			
17 Monta Vista Swimming		1:54.58	1:56.27 CCS
1) Do, Tiffany	2) Chan, Michelle 09	3) Fong, Chelsea 12	4) Danese, Nikki
5) Yau, Tammy 10			
31.31 32.08 26.32 26.56			
18 The King's Academy		1:56.81	1:57.17 CCS
1) Doe, Delia 12	2) Owens, Victoria 12	3) Tang, Helen 10	4) Yramategui, Michelle 10
30.06 33.38 27.13 26.60			
19 Sequoia High School		1:55.52	1:57.22 CCS
1) Beach, Sarah 11	2) Nelson, Lilly 9	3) Beach, Megan 11	4) Bauhaus, Kayla 11
5) Manca, Kaila 11	6) Wade, Olivia 10	7) Petrova, Katerina 11	8) Bertero, Lucia 10
32.14 30.86 27.21 27.01			
20 Fremont High School		1:59.19	1:59.47 CCS
1) Tai, Tammy 9	2) Nakagawa, Rachel 10	3) Umeda, Claire 12	4) Damestani, Helia 10
30.39 32.63 29.62 26.83			
21 Monte Vista Christian		2:00.13	1:59.70 CCS
1) Cheney, Nicole 11	2) Noonan, Morgan 9	3) Noonan, Taylor 11	4) Richardson, Estelle 12
33.32 32.01 27.35 27.02			
22 Menlo-Atherton High School		2:00.27	1:59.80 CCS
1) Haight, Ryanne 12	2) Dorst, Emily 11	3) Nighan, Gaby 9	4) Dorst, Becca 12
5) Kuehn, Victoria 12	6) Fornaciari, Carol 10	7) Gran, Emily 10	8) Hommes, Sophia 12
31.92 33.39 28.52 25.97			
23 Los Altos High School		2:00.13	1:59.96 CCS
1) Sandlin, Catlin 10	2) Santiago, Olivia 10	3) Lou, Shuya 12	4) Chron, Amanda 10
5) Santiago, Alex 12	6) Lee, Laura 9	7) Venuti, Nina 11	8) Filsuf, Tara 12
30.26 35.73 27.78 26.19			
24 Carlmont High School		1:59.00	2:00.02 CCS
1) Jung, Lauren 11	2) Staton, Vanessa 9	3) Schrick, Emily 11	4) Segal, Erika 11
5) Reed, Carly 11	6) Tang, Chynna 12		
29.39 33.89 29.70 27.04			
25 Aragon High School		1:58.26	2:00.08 CCS
1) Cheong, Sinclaire 11	2) Oto, Miya 11	3) Young, Priscilla 11	4) Kinder, Molly 12
5) Kwee, Nichole 11	6) Leong, Haley 10	7) Engelmann, Julie 9	8) Kell, Kate 11
31.97 32.11 29.29 26.71			
26 San Benito High School		1:57.75	2:00.11 CCS
1) Estep, Rachel 9	2) Gatrell, Demi 12	3) Isleta, Czsarina 9	4) Schafer, Caitlin 9
5) Drogemuller, Jesse 11	6) Casillas, Marisa 10	7) Bucaloy, Chelsea 12	
31.75 33.89 27.71 26.76			

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
27 Homestead High School		2:01.28	2:00.24 CCS
1) Soriano, Nicole 10	2) Spyrou, Barbara 11	3) Kim, Jane 11	4) Cha, Catherine 11
5) Huang, Elizabeth 10	6) Avra, Tamsin 11		
30.68 34.82 28.85	25.89		
28 El Camino High School		1:59.55	2:00.51 CCS
1) Alfajora, Danica	2) Lam, Rachel	3) Campbell, Shelbi	4) Panopio, Katherine
5) Mineses, Rachel	6) Panopio, Hazel		
32.48 32.75 36.02	19.26		
29 Westmont High School		1:58.94	2:00.67 CCS
1) Plashay, Kelly 9	2) Garland, Natalie 11	3) Grogory, Patsy 12	4) Johnson, Oliva 9
5) Garabaldi, Alana 10	6) Walberg, Hedi 10		
31.24 32.23 29.82	27.38		
30 Mills High School		2:00.38	2:01.79
1) Chan, Meaghan 11	2) Pong, Katharine 10	3) Dilberto, Monica 11	4) Magee, Molly 11
33.31 33.88 28.37	26.23		
31 Woodside High School		2:00.10	2:02.09
1) Arshakuni, Lauren	2) Kafai, Natasha	3) Grima, Alicia	4) Adams, Emma
5) Houghton, Serena	6) Brochon, Leahna		
31.93 36.77 26.42	26.97		
32 Cupertino High School		2:01.00	2:02.63
1) Ngo, Kelly 9	2) Kumnoonsate, Alyssa 11	3) Cheng, Emily 11	4) Nguyen, Catherine 11
5) Erlich, Karen 9	6) Drake, Olivia 12		
30.42 36.76 28.36	27.09		
33 Willow Glen High School		1:59.41	2:14.09
1) Schefke, Savannah 9	2) Chapa, Alex 10	3) Sanfilippo, Kaitlyne 10	4) Sigman, Lacy 11
5) Shewchuk, Kasey 9	6) Vaughn Hulbert, Rachel 9		
32.31 40.55 32.63	28.60		

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 3 Girls 200 Yard Freestyle

CCS Record: 1:47.58 ! 1998

Loni Burton - Monta Vista

1:51.28 AAA

1:52.99 AAC

2:03.49 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Tosky, Jasmine	10	Palo Alto High School	1:47.86	1:44.47!	qAAA
24.42 26.27 26.81		26.97			
2 Fong, Chelsea	12	Monta Vista Swimming	1:52.16	1:50.08	qAAA
25.49 27.40 28.31		28.88			
3 Peanasky, Anne	12	Homestead High School	1:52.33	1:50.26	qAAA
26.09 28.01 28.08		28.08			
4 Clarno, Kristen	10	Homestead High School	1:54.19	1:51.69	qAAC
26.21 27.98 28.90		28.60			
5 Levere, Jacqui	11	Saint Francis High School	1:51.96	1:51.70	qAAC
25.98 28.21 28.71		28.80			
6 Lim, Stephanie	12	Pinewood School	1:54.00	1:51.87	qAAC
26.12 28.27 28.42		29.06			
7 Garcia, Monica	12	Archbishop Mitty High School	1:53.56	1:52.05	qAAC
26.38 28.59 28.51		28.57			
8 Winters, Sarah	12	Menlo-Atherton High School	1:54.14	1:53.05	qCCS
27.00 28.27 29.20		28.58			
9 Gali, Helena	11	Los Gatos High School	1:55.22	1:53.57	qCCS
25.88 27.93 29.13		30.63			
10 Lincoln, Casey	10	Gunn High School	1:56.09	1:53.88	qCCS
26.92 28.48 29.48		29.00			
11 Tang, Helen	10	The King's Academy	1:57.98	1:53.99	qCCS
27.06 28.94 29.16		28.83			
12 Garland, Natalie	11	Westmont High School	1:53.96	1:54.12	qCCS
26.45 28.03 29.43		30.21			
13 Lincoln, Alex	12	Gunn High School	1:55.14	1:54.30	qCCS
27.12 29.10 29.29		28.79			
14 Brennand, Kristen	10	Burlingame High School	1:55.72	1:55.10	qCCS
26.65 28.87 29.86		29.72			
15 Sprinsock, Maya	12	Georgianna Bruce Kirby	1:57.64	1:55.32	qCCS
26.68 28.77 29.81		30.06			
16 Acker, Rachael	10	Gunn High School	1:54.78	1:55.75	qCCS
26.09 28.86 30.16		30.64			
17 Smith, Haley	11	Archbishop Mitty High School	1:57.50	1:55.78	CCS
26.81 29.31 29.94		29.72			
18 Berry, Michelle	10	Pioneer High School	1:56.20	1:56.11	CCS
26.98 28.81 30.15		30.17			
19 Murray, Elizabeth	12	Saratoga High School	1:58.92	1:56.24	CCS
27.32 29.30 29.94		29.68			
*20 Oosterhouse, Haley	10	Archbishop Mitty High School	1:57.74	1:57.16	CCS
26.97 29.99 30.31		29.89			
*20 Webb, Maggie	10	Los Gatos High School	1:59.35	1:57.16	CCS
27.82 29.82 30.16		29.36			
22 Aisawa, Michelle	9	Wilcox High School	1:58.38	1:57.71	CCS
28.12 29.55 29.74		30.30			
23 Yu, Kate	10	Lynbrook High School	1:58.60	1:58.04	CCS
27.07 29.73 30.38		30.86			

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 3 Girls 200 Yard Freestyle)**

	Name			Yr	School	Seed Time	Prelim Time	
24	Selfridge, Mollie			12	Pioneer High School	1:59.44	1:58.27	CCS
	27.62	29.94	30.60	30.11				
25	Dean, Courtney			10	Del Mar High School	2:02.60	1:58.63	CCS
	27.12	29.36	30.72	31.43				
26	Power, Kellen			12	Valley Christian High School	1:59.27	1:58.67	CCS
	27.20	29.33	30.80	31.34				
27	Allen, Kaitlyn			12	Santa Teresa	1:58.23	1:58.72	CCS
	27.69	29.81	30.62	30.60				
28	Bautista, Anna			11	Seaside High School	1:58.18	1:58.74	CCS
	27.19	29.75	30.82	30.98				
29	Myers, Erica			9	Sacred Heart Prep	1:59.97	1:59.14	CCS
	27.69	29.87	30.83	30.75				
30	Lane, Vanessa			12	Menlo-Atherton High School	2:00.30	1:59.30	CCS
	28.11	29.50	30.66	31.03				
31	Strutner, Alexa			11	Saint Francis High School	2:00.40	1:59.32	CCS
	27.66	30.45	30.94	30.27				
32	Holmgren, Rachelle			10	Palo Alto High School	2:01.08	1:59.61	CCS
	27.51	29.59	31.24	31.27				
33	Smith, Heather			12	Sacred Heart Prep	2:02.46	1:59.88	CCS
	28.13	30.53	30.58	30.64				
34	Powers, Danielle			10	Stevenson School	2:00.11	2:00.22	CCS
	27.61	30.22	31.06	31.33				
35	Armstrong, Christy			10	Santa Teresa	2:01.46	2:00.23	CCS
	27.98	30.24	31.02	30.99				
36	Carlson, Danielle			12	Palo Alto High School	2:02.89	2:00.63	CCS
	28.38	30.42	31.07	30.76				
37	Collins, Claire			12	Saint Ignatius College Prep.	2:03.04	2:01.08	CCS
	27.92	30.60	31.66	30.90				
38	Hallsted, Kimberley			11	Palo Alto High School	2:00.58	2:01.72	CCS
	27.86	30.39	31.38	32.09				
39	Chen, Stephanie			9	Saratoga High School	2:02.97	2:01.95	CCS
	28.15	30.03	31.64	32.13				
40	Martinson, Marisa			12	Priory School	2:02.03	2:02.00	CCS
	28.02	30.67	31.60	31.71				
41	Miles, Anne			12	Burlingame High School	2:02.32	2:02.07	CCS
	29.82	30.85	31.24	30.16				
42	Waln, Alyssa			10	Los Altos High School	2:01.20	2:02.31	CCS
	28.54	30.78	31.72	31.27				
43	Young, Madison			11	Los Gatos High School	2:03.20	2:02.38	CCS
	27.85	30.50	31.95	32.08				
44	Simmons, Kelly			10	Valley Christian High School	2:00.44	2:02.52	CCS
	28.72	30.63	31.80	31.37				
45	Kramer, Nicole			10	Valley Christian High School	2:01.97	2:03.15	CCS
	28.49	30.52	31.40	32.74				
46	Joseph, Sara			9	Prospect High School	2:03.49	2:03.82	
	28.26	30.95	32.36	32.25				
47	Bridges, Christiana			9	Sobrato High School	2:02.50	2:07.03	
	29.16	31.93	33.05	32.89				

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 5 Girls 200 Yard IM

CCS Record: 1:57.94 ! 5/16/2009 Jasmine Tosky

Palo Alto

2:05.37 AAA

2:07.60 AAC

2:21.49 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Opatrny, Lauren	12	Saratoga High School	2:07.17	2:02.50	qAAA
27.08 30.33 35.95 29.14					
2 Khojasteh, Jessica	11	Harker School	2:06.04	2:03.20	qAAA
27.25 30.94 36.52 28.49					
3 Liang, Sarah	11	Palo Alto High School	2:05.18	2:03.73	qAAA
26.63 31.15 36.27 29.68					
4 Nguyen, Stephanie	12	Lynbrook High School	2:08.90	2:05.00	qAAA
27.48 30.22 37.15 30.15					
5 Chen, Eva	11	Archbishop Mitty High School	2:07.00	2:05.16	qAAA
26.93 32.31 36.24 29.68					
6 Zebker, Molly	9	Palo Alto High School	2:10.02	2:09.23	qCCS
27.33 33.43 38.53 29.94					
7 Lou, Shuya	12	Los Altos High School	2:15.43	2:09.46	qCCS
28.20 32.88 38.25 30.13					
8 Ren, Dorothy	10	Archbishop Mitty High School	2:11.60	2:09.93	qCCS
27.43 32.81 38.41 31.28					
9 Thomas, Naomi G	10	Burlingame High School	2:11.06	2:10.02	qCCS
26.95 33.29 38.52 31.26					
10 Tai, Tammy	9	Fremont High School	2:11.60	2:10.82	qCCS
29.43 32.85 37.76 30.78					
11 Hu, Julia	12	Lynbrook High School	2:13.50	2:11.73	qCCS
29.72 32.75 38.82 30.44					
12 Zhou, Joyce	9	Saint Francis High School	2:13.70	2:11.82	qCCS
30.26 31.59 40.52 29.45					
13 Akin, Annalee	10	Wilcox High School	2:17.52	2:11.86	qCCS
29.33 33.15 37.79 31.59					
14 Mikaelsson, Michelle	10	Live Oak High School	2:16.58	2:12.07	qCCS
29.17 34.39 37.05 31.46					
15 Harryman, Julia	9	Archbishop Mitty High School	2:12.77	2:12.56	qCCS
28.62 34.31 38.60 31.03					
16 Locke, Elise	9	Presentation High School	2:12.29	2:12.72	qCCS
28.77 33.95 39.18 30.82					
17 Cui, Laura	10	Palo Alto High School	2:14.54	2:13.28	CCS
29.39 34.53 38.30 31.06					
18 Oosterhouse, Lindsay	12	Archbishop Mitty High School	2:19.00	2:13.82	CCS
28.67 33.13 41.77 30.25					
19 Nicholson, Jessica	12	Santa Teresa	2:14.51	2:15.25	CCS
29.71 33.85 40.40 31.29					
20 Wong, Vivian	12	Harker School	2:14.36	2:15.35	CCS
28.95 34.98 38.73 32.69					
21 Cheung, Natalie	10	Saratoga High School	2:16.83	2:15.39	CCS
29.89 36.06 38.43 31.01					
22 Gebhard, Maddie	10	Burlingame High School	2:18.32	2:15.51	CCS
32.56 34.74 37.03 31.18					
23 Yau, Tammy	10	Monta Vista Swimming	2:15.08	2:15.62	CCS
29.22 33.73 39.80 32.87					

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 5 Girls 200 Yard IM)**

	Name			Yr	School	Seed Time	Prelim Time	
24	Murphy, Meredith			10	Saint Ignatius College Prep.	2:18.23	2:16.54	CCS
	28.94	34.17	40.56		32.87			
25	Scannell, Stephanie			9	Valley Christian High School	2:18.45	2:16.96	CCS
	29.79	34.10	40.03		33.04			
26	Rick, Kate			12	Live Oak High School	2:11.83	2:17.13	CCS
	29.28	34.86	40.64		32.35			
27	Prior, Christine			10	Gunn High School	2:14.33	2:17.37	CCS
	30.06	33.76	41.09		32.46			
28	Berger, Madeline			10	Palo Alto High School	2:20.36	2:17.55	CCS
	30.79	35.51	38.84		32.41			
29	Savoie, Marissa			11	San Mateo High School	2:19.92	2:17.68	CCS
	30.42	33.74	40.75		32.77			
30	Isleta, Czsarina			9	San Benito High School	2:11.54	2:17.88	CCS
	28.73	34.85	40.95		33.35			
31	Chung, Deanna			10	Mountain View High School	2:20.23	2:18.20	CCS
	30.29	36.60	39.57		31.74			
32	Davis, Paige			11	Saint Francis High School	2:18.52	2:18.29	CCS
	31.63	34.68	40.64		31.34			
33	Ngo, Kelly			9	Cupertino High School	2:20.16	2:19.06	CCS
	30.27	36.63	40.47		31.69			
34	Jones, Jacque			11	Stevenson School	2:20.10	2:19.21	CCS
	30.38	34.25	42.45		32.13			
35	Wong, Michelle			09	Homestead High School	2:18.02	2:19.79	CCS
	29.93	35.88	41.59		32.39			
36	Gatrell, Demi			12	San Benito High School	2:16.50	2:20.12	CCS
	29.76	36.01	41.15		33.20			
37	Henderson, Eliza			11	Sacred Heart Prep	2:20.95	2:20.24	CCS
	31.26	37.80	40.33		30.85			
38	Zhang, Cathie			10	Los Altos High School	2:20.12	2:20.32	CCS
	29.37	36.11	42.51		32.33			
39	Chen, Rebecca			10	Saratoga High School	2:20.76	2:20.58	CCS
	30.13	37.02	42.46		30.97			
40	Cheng, Lucy			10	Harker School	2:19.55	2:20.98	CCS
	30.68	35.41	41.30		33.59			
41	Li, Irene			9	Burlingame High School	2:21.13	2:21.19	CCS
	30.24	36.15	42.08		32.72			
42	Doe, Delia			12	The King's Academy	2:18.38	2:21.33	CCS
	30.98	34.69	42.92		32.74			
43	Huang, Elizabeth			10	Homestead High School	2:21.49	2:23.04	
	31.88	36.12	42.73		32.31			
44	Tocchini, Carla			9	Saint Ignatius College Prep.	2:20.43	2:23.07	
	30.80	36.58	43.34		32.35			
45	Campbell, Shelbi				El Camino High School	2:20.37	2:25.21	
	30.00	36.45	44.16		34.60			
46	Corbishley, Rebekah			10	Monterey High School	2:20.10	2:25.95	
	31.08	36.64	44.37		33.86			

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 7 Girls 50 Yard Freestyle

CCS Record: 22.39 ! 5/17/2008 Liv Jensen
 23.81 AAA
 24.12 AAC
 25.89 CCS

Palo Alto

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Schaefer, Maddy	11 Saint Francis High School	22.96	22.26!	qAAA
2	Mack, Linnea	9 Pioneer High School	23.49	23.38	qAAA
3	Bergman, Jesse	12 Homestead High School	24.18	23.41	qAAA
4	Ama, Julia	10 Gunn High School	24.09	23.43	qAAA
5	Acker, Rachael	10 Gunn High School	24.01	23.69	qAAA
6	Nolet, Megan	12 Saratoga High School	24.85	24.14	qCCS
7	Ho, Jessie	9 Saint Francis High School	24.25	24.25	qCCS
8	Hamilton, Grace	12 Gunn High School	24.90	24.53	qCCS
9	Rosen, Liz	11 Saint Ignatius College Prep.	24.81	24.55	qCCS
10	Wenzlau, Margaret	10 Palo Alto High School	24.85	24.58	qCCS
11	Lange, Kelsey	10 Santa Teresa	24.61	24.60	qCCS
12	Hunt, Hilary	12 Archbishop Mitty High School	24.78	24.66	qCCS
*13	Talbott, Jenn	12 Saint Francis High School	24.84	24.74	qCCS
*13	Shewchuk, Kasey	9 Willow Glen High School	24.87	24.74	qCCS
15	Nolan, Kelsey	12 Leland High School	25.26	24.76	qCCS
16	Murphy, Samantha	10 Leland High School	25.03	J24.85	qCCS
17	Sheridan, Erin	10 Sacred Heart Prep	24.71	J24.85	CCS
18	Chan, Emily	11 Santa Clara High School	24.85	24.95	CCS
19	Noonan, Taylor	11 Monte Vista Christian	24.91	25.09	CCS
20	Chock, Mackenzie	9 Archbishop Mitty High School	25.14	25.13	CCS
21	Oto, Miya	11 Aragon High School	25.00	25.22	CCS
22	Vaughn Hulbert, Rachel	9 Willow Glen High School	25.45	25.32	CCS
23	Chang, Jennifer	9 Palo Alto High School	25.27	25.44	CCS
24	Moore, Hathaway	12 Saint Francis High School	25.14	25.46	CCS
25	Hegde, Roshini	12 Lynbrook High School	25.40	25.48	CCS
26	Ettinger, Samantha	10 Leland High School	25.62	25.54	CCS
27	Hampel, Shayla	11 Santa Teresa	25.58	25.58	CCS
28	Kosmalska, Anna	11 Los Gatos High School	25.65	25.63	CCS
29	Wong, Michelle	09 Homestead High School	25.20	25.77	CCS
30	Howard, Kristie	12 Sacred Heart Prep	25.74	25.80	CCS
31	Chan, Michelle	09 Monta Vista Swimming	25.26	25.88	CCS
32	Shields, Michelle	10 Gilroy High School	25.61	26.02	
33	La, Christine	12 Saratoga High School	25.73	26.14	
34	Higgenbotham, Anna	10 Christopher High School	25.66	26.26	
35	Flessel, Ally	11 Sacred Heart Prep	25.80	26.33	
36	Furbershaw, Josie	9 Castilleja School	25.84	26.34	
37	Cheng, Emily	11 Cupertino High School	25.59	26.46	
38	Huang, Lucia	12 Evergreen Valley High School	25.49	26.50	
39	Bucter, Meghan	12 Leland High School	25.88	26.62	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 11 Girls 100 Yard Butterfly

CCS Record: 54.13 ! 5/17/2008 Colleen Fotsch

Palo Alto

56.57 AAA

57.50 AAC

1:03.19 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Tosky, Jasmine	10	Palo Alto High School	57.69	52.84!	qAAA
24.72 28.12					
2 Thomas, Naomi G	10	Burlingame High School	55.97	55.31	qAAA
26.02 29.29					
3 Ruby, Charlotte	10	Archbishop Mitty High School	55.51	55.87	qAAA
26.42 29.45					
4 Wenzlau, Margaret	10	Palo Alto High School	57.16	56.78	qAAC
26.69 30.09					
5 Lim, Stephanie	12	Pinewood School	57.34	56.92	qAAC
26.66 30.26					
6 Zhai, Ritty	10	Archbishop Mitty High School	56.79	57.04	qAAC
26.50 30.54					
7 Leung, Megan	12	Saint Ignatius College Prep.	55.97	57.19	qAAC
26.66 30.53					
8 Walitsch, Jamie	12	Valley Christian High School	58.81	57.69	qCCS
27.39 30.30					
9 Aisawa, Michelle	9	Wilcox High School	58.41	58.06	qCCS
27.33 30.73					
10 Ren, Dorothy	10	Archbishop Mitty High School	58.08	58.37	qCCS
27.45 30.92					
11 Gilley, Paige	12	Saint Francis High School	59.12	58.79	qCCS
27.31 31.48					
12 Noonan, Taylor	11	Monte Vista Christian	59.03	58.91	qCCS
27.47 31.44					
13 Ho, Jessie	9	Saint Francis High School	58.68	59.12	qCCS
27.23 31.89					
14 Hu, Julia	12	Lynbrook High School	59.00	59.41	qCCS
27.97 31.44					
15 Siegel, Katie	10	Harker School	58.73	59.61	qCCS
27.34 32.27					
16 Devine, Paige	11	Palo Alto High School	1:02.43	59.87	qCCS
27.74 32.13					
17 Lou, Shuya	12	Los Altos High School	1:00.66	59.93	CCS
28.20 31.73					
18 Locke, Elise	9	Presentation High School	59.09	59.94	CCS
28.13 31.81					
19 Newman, Shelby	11	Gunn High School	1:01.99	59.98	CCS
28.38 31.60					
20 Ziolkowski, Samantha	10	Seaside High School	1:01.54	1:00.36	CCS
28.22 32.14					
21 Tracy, Kaitlyn	12	Palo Alto High School	1:02.75	1:00.52	CCS
28.42 32.10					
22 Selfridge, Mollie	12	Pioneer High School	1:00.43	1:00.57	CCS
28.22 32.35					
23 Pratt, Audrey M	12	Burlingame High School	1:00.28	1:00.78	CCS
28.00 32.78					

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
24	Murphy, Meredith 28.45 32.83	10	Saint Ignatius College Prep.	1:01.53	1:01.28	CCS
25	Sprenkel, Elizabeth 28.74 32.67	12	Soquel High School	1:03.02	1:01.41	CCS
26	Sherrin, Brianna 28.55 33.46	11	Leland High School	1:02.18	1:02.01	CCS
27	Phi, Thuy 28.85 33.19	9	Leland High School	1:01.90	1:02.04	CCS
28	Martinez, Jessica 29.14 33.01	11	Evergreen Valley High School	1:02.57	1:02.15	CCS
29	Wong, Lauren 29.41 33.12	10	Pioneer High School	1:01.65	1:02.53	CCS
30	Dinis, Chelsea 29.15 33.55	12	Saint Francis High School	1:01.21	1:02.70	CCS
31	Gatrell, Demi 29.29 33.42	12	San Benito High School	1:00.34	1:02.71	CCS
32	Chen, Rebecca 30.36 32.49	10	Saratoga High School	1:02.96	1:02.85	CCS
*33	Hessen-Schmidt, Sarah 29.13 33.86	9	Gunn High School	1:03.12	1:02.99	CCS
*33	Zhang, Cathie 28.76 34.23	10	Los Altos High School	1:02.62	1:02.99	CCS
35	Mori, Tiffany 29.58 33.53	11	Saint Francis High School	1:01.93	1:03.11	CCS
36	Feri, Krystal 29.65 33.64	9	Gunn High School	1:03.14	1:03.29	
37	Teoh, Rachel 29.12 34.39	11	Prospect High School	1:02.55	1:03.51	
38	Nguyen, Julie 29.83 33.71	10	Valley Christian High School	1:02.36	1:03.54	
39	Thompson, Julia 29.86 34.43	10	Valley Christian High School	1:03.18	1:04.29	
40	Campbell, Shelbi 31.20 36.31		El Camino High School	1:02.89	1:07.51	
---	Damestani, Helia 29.96 33.65	10	Fremont High School	1:02.87	DQ	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 13 Girls 100 Yard Freestyle

CCS Record: 48.98 ! 5/17/2009 Jasmine Tosky
 51.62 AAA
 52.39 AAC
 56.79 CCS

Palo Alto

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Schaefer, Maddy 23.42 25.21	11	Saint Francis High School	50.17	48.63!	qAAA
2 Fong, Chelsea 24.87 26.47	12	Monta Vista Swimming	51.44	51.34	qAAA
3 Clarno, Kristen 24.90 26.73	10	Homestead High School	52.22	51.63	qAAC
4 Ama, Julia 25.12 26.64	10	Gunn High School	52.04	51.76	qAAC
5 Levens, Teva 25.11 27.28	12	Gunn High School	52.69	52.39	qAAC
6 Gali, Helena 25.46 26.94	11	Los Gatos High School	52.97	52.40	qCCS
7 Nolet, Megan 25.58 26.98	12	Saratoga High School	54.20	52.56	qCCS
8 Rosen, Liz 25.94 26.79	11	Saint Ignatius College Prep.	54.79	52.73	qCCS
9 Lee, Sabrina 25.43 27.47	11	Palo Alto High School	53.72	52.90	qCCS
10 Khojasteh, Jessica 25.58 27.34	11	Harker School	52.33	52.92	qCCS
*11 Lange, Kelsey 25.82 27.24	10	Santa Teresa	53.09	53.06	qCCS
*11 Lincoln, Alex 25.60 27.46	12	Gunn High School	52.91	53.06	qCCS
13 Hamilton, Grace 25.94 27.41	12	Gunn High School	54.12	53.35	qCCS
14 Brennand, Kristen 25.89 27.60	10	Burlingame High School	53.70	53.49	qCCS
15 Howard, Katie 25.84 27.85	12	Sacred Heart Prep	54.10	53.69	qCCS
16 Nolan, Kelsey 25.69 28.11	12	Leland High School	54.70	53.80	qCCS
17 Sheridan, Erin 26.19 27.84	10	Sacred Heart Prep	53.78	54.03	CCS
18 Tang, Helen 26.47 27.58	10	The King's Academy	53.42	54.05	CCS
19 Chan, Emily 26.35 27.96	11	Santa Clara High School	54.52	54.31	CCS
20 Oto, Miya 26.24 28.25	11	Aragon High School	54.36	54.49	CCS
21 Shewchuk, Kasey 26.06 28.59	9	Willow Glen High School	54.58	54.65	CCS
22 Rasmussen, Chloe 26.14 28.56	10	Evergreen Valley High School	53.71	54.70	CCS
23 Carter, Miranda 26.26 28.51	9	Branham High School	55.98	54.77	CCS

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
24	Dean, Courtney 26.47 28.48	10	Del Mar High School	55.75	54.95	CCS
*25	Fong, Stephanie 26.63 28.50	11	Saint Francis High School	55.48	55.13	CCS
*25	Larko, Alison 26.90 28.23	9	Los Gatos High School	56.20	55.13	CCS
27	Talbott, Jenn 26.53 28.64	12	Saint Francis High School	54.29	55.17	CCS
28	Chang, Jennifer 26.61 28.59	9	Palo Alto High School	54.74	55.20	CCS
29	Vaughn Hulbert, Rachel 26.29 28.95	9	Willow Glen High School	56.42	55.24	CCS
30	Power, Kellen 27.01 28.50	12	Valley Christian High School	55.67	55.51	CCS
31	Hampel, Shayla 27.04 28.60	11	Santa Teresa	55.60	55.64	CCS
32	Glaves, Anna 26.77 28.94	11	Palo Alto High School	56.25	55.71	CCS
33	Ostermeier, Katie 26.57 29.37	10	Soquel High School	56.12	55.94	CCS
34	Hegde, Roshini 26.44 29.55	12	Lynbrook High School	NT	55.99	CCS
35	Shields, Michelle 27.29 28.78	10	Gilroy High School	54.96	56.07	CCS
36	Chen, Stephanie 27.43 28.71	9	Saratoga High School	55.67	56.14	CCS
37	Cheng, Karin 26.56 29.60	10	Archbishop Mitty High School	55.98	56.16	CCS
38	La, Christine 26.95 29.37	12	Saratoga High School	56.51	56.32	CCS
39	Powers, Danielle 27.14 29.24	10	Stevenson School	55.75	56.38	CCS
40	Higgenbotham, Anna 27.28 29.20	10	Christopher High School	56.54	56.48	CCS
41	Kramer, Nicole 27.58 29.30	10	Valley Christian High School	56.12	56.88	
42	Dorst, Becca 27.37 29.64	12	Menlo-Atherton High School	56.36	57.01	
43	Young, Priscilla 27.65 29.64	11	Aragon High School	56.43	57.29	
44	Flessel, Ally 27.34 30.08	11	Sacred Heart Prep	56.19	57.42	
45	Jung, Lauren 28.16 31.14	11	Carlmont High School	56.56	59.30	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 15 Girls 500 Yard Freestyle

CCS Record: 4:43.96 ! 5/15/2009 Jasmine Tosky

Palo Alto

4:57.24 AAA

5:02.19 AAC

5:34.19 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Grima, Alicia	Woodside High School	4:53.83	4:56.23	qAAA
	26.80 30.13 30.35	29.79 30.22 29.90 30.17	30.24		
	29.86 28.77				
2	Lincoln, Casey	10 Gunn High School	5:05.42	4:56.68	qAAA
	27.76 29.50 29.85	29.77 30.06 30.10 30.11	30.27		
	29.99 29.27				
3	Levere, Jacqui	11 Saint Francis High School	4:58.38	4:57.29	qAAC
	27.06 29.35 29.47	29.78 29.98 30.35 30.44	30.53		
	30.53 29.80				
4	Ruby, Charlotte	10 Archbishop Mitty High School	4:57.84	4:58.99	qAAC
	27.77 29.80 30.48	30.54 30.49 30.19 30.22	29.85		
	30.20 29.45				
5	Garcia, Monica	12 Archbishop Mitty High School	5:07.14	5:01.64	qAAC
	27.88 29.89 30.23	30.66 30.62 30.44 30.39	30.46		
	30.67 30.40				
6	Winters, Sarah	12 Menlo-Atherton High School	5:05.18	5:03.40	qCCS
	27.92 29.71 30.29	30.73 30.61 30.66 30.92	31.14		
	31.33 30.09				
7	Murray, Elizabeth	12 Saratoga High School	5:14.50	5:07.29	qCCS
	28.19 29.89 30.31	30.79 31.17 31.03 31.39	31.39		
	31.81 31.32				
8	Beach, Megan	11 Sequoia High School	5:03.50	5:07.31	qCCS
	27.66 29.94 30.69	30.87 31.30 31.55 31.81	31.58		
	31.50 30.41				
9	Zebker, Molly	9 Palo Alto High School	5:23.00	5:07.87	qCCS
	28.10 30.43 30.70	31.31 31.39 31.47 31.61	31.77		
	31.16 29.93				
10	Berry, Michelle	10 Pioneer High School	5:08.49	5:07.98	qCCS
	27.61 29.88 30.38	31.14 31.20 31.59 31.81	31.77		
	32.04 30.56				
11	Garland, Natalie	11 Westmont High School	5:03.11	5:08.60	qCCS
	27.85 30.38 30.86	31.19 31.19 31.59 31.66	31.55		
	31.93 30.40				
12	Oosterhouse, Haley	10 Archbishop Mitty High School	5:09.63	5:08.78	qCCS
	28.18 30.64 31.30	31.07 31.54 31.50 31.16	31.43		
	31.80 30.16				
13	Oosterhouse, Lindsay	12 Archbishop Mitty High School	5:19.64	5:11.00	qCCS
	29.26 31.46 31.73	31.75 31.21 31.24 31.28	31.36		
	31.46 30.25				
14	Yu, Kate	10 Lynbrook High School	5:15.40	5:13.09	qCCS
	28.23 30.89 31.79	31.47 31.95 32.36 32.08	32.07		
	31.65 30.60				
15	Allen, Kaitlyn	12 Santa Teresa	5:12.01	5:14.92	qCCS
	28.53 30.97 31.49	31.85 31.78 32.39 32.10	32.04		
	32.15 31.62				
16	Webb, Maggie	10 Los Gatos High School	5:18.69	5:16.05	qCCS
	28.69 30.78 30.97	31.60 31.77 32.04 32.36	32.72		
	32.88 32.24				

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

Name		Yr	School	Seed Time	Prelim Time	
17	Lin, Debra	11	Saratoga High School	5:28.32	5:16.96	CCS
	29.48 31.82 31.86		32.15 32.33 32.24 32.16	32.01		
	31.94 30.97					
18	Strutner, Alexa	11	Saint Francis High School	5:20.44	5:18.40	CCS
	29.01 31.70 31.99		32.04 32.23 32.27 32.29	32.21		
	32.55 32.11					
19	Holmgren, Rachele	10	Palo Alto High School	5:24.32	5:18.96	CCS
	28.97 31.40 31.49		31.92 31.90 32.40 33.04	32.65		
	33.36 31.83					
20	Nelson, Lilly	9	Sequoia High School	5:24.48	5:19.69	CCS
	28.13 31.44 32.44		32.16 32.43 32.45 32.68	32.97		
	33.15 31.84					
21	Waln, Alyssa	10	Los Altos High School	5:19.63	5:19.85	CCS
	29.33 32.01 32.31		32.44 32.68 32.68 32.55	32.46		
	32.24 31.15					
22	Nicholson, Jessica	12	Santa Teresa	5:13.15	5:20.17	CCS
	29.43 31.57 32.24		32.31 32.20 32.59 32.70	32.50		
	32.60 32.03					
23	Lane, Vanessa	12	Menlo-Atherton High School	5:21.32	5:21.06	CCS
	29.29 30.95 32.01		32.33 32.57 32.76 33.24	32.82		
	32.90 32.19					
24	Smith, Heather	12	Sacred Heart Prep	5:26.72	5:21.98	CCS
	28.93 31.48 32.10		32.11 32.30 32.61 32.88	33.17		
	34.06 32.34					
25	Simmons, Kelly	10	Valley Christian High School	5:23.86	5:22.90	CCS
	29.95 31.76 32.10		32.57 32.57 32.94 32.73	33.05		
	32.87 32.36					
26	Carlson, Danielle	12	Palo Alto High School	5:25.57	5:23.27	CCS
	29.47 32.35 32.67		32.66 32.90 32.81 33.15	32.83		
	32.67 31.76					
27	Martinson, Marisa	12	Priory School	5:24.04	5:23.65	CCS
	29.01 31.35 31.84		32.32 32.19 32.82 33.56	33.50		
	33.89 33.17					
28	Armstrong, Christy	10	Santa Teresa	5:31.22	5:23.92	CCS
	30.06 32.44 32.84		33.06 32.88 33.33 33.37	32.86		
	32.29 30.79					
29	Martinez, Jessica	11	Evergreen Valley High School	5:30.29	5:24.08	CCS
	29.33 32.29 33.05		32.76 32.60 33.00 33.32	33.46		
	32.98 31.29					
*30	McKenna, Maggie	10	Gunn High School	5:30.59	5:24.91	CCS
	30.10 32.61 33.55		32.66 33.26 32.98 32.43	32.59		
	32.87 31.86					
*30	Davis, Paige	11	Saint Francis High School	5:27.38	5:24.91	CCS
	29.65 31.69 32.12		32.57 32.99 32.90 33.10	33.83		
	33.29 32.77					
32	Richardson, Estelle	12	Monte Vista Christian	5:33.12	5:25.50	CCS
	29.91 32.45 32.32		32.67 33.07 33.03 33.29	32.97		
	33.30 32.49					
33	Fields, Jennifer	11	Presentation High School	5:28.78	5:25.75	CCS
	29.23 31.87 32.24		32.73 33.07 33.40 33.71	33.75		
	33.30 32.45					
34	Walberg, Hedi	10	Westmont High School	5:33.98	5:27.52	CCS
	30.40 31.86 32.52		32.59 33.09 33.55 33.78	33.55		
	33.64 32.54					

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 17 Girls 200 Yard Freestyle Relay

CCS Record: 1:34.58 ! 5/16/2009 Monta Vista High School
 E Drysdale, M Fischer-Colbrie, C Fong, A Kwong

1:38.14 AAA

1:39.64 AAC

1:48.19 CCS

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Saint Francis High School		1:36.05	1:35.07 qAAA
1) Schaefer, Maddy 11	2) Gilley, Paige 12	3) Ho, Jessie 9	4) Talbott, Jenn 12
5) Moore, Hathaway 12	6) Scherp, Stefanie 9	7) Hansen, Caroline 11	8) Strutner, Alexa 11
22.50 24.20 23.83	24.54		
2 Gunn High School		1:37.25	1:35.73 qAAA
1) Acker, Rachael 10	2) Levens, Teva 12	3) Lincoln, Alex 12	4) Ama, Julia 10
5) Hamilton, Grace 12	6) Lincoln, Casey 10	7) Hessen-Schmidt, Sarah 9	8) Newman, Shelby 11
24.06 23.64 24.47	23.56		
3 Homestead High School		1:37.60	1:36.13 qAAA
1) Bergman, Jesse 12	2) Peanasky, Anne 12	3) Wong, Michelle 09	4) Clarno, Kristen 10
5) Huang, Elizabeth 10	6) Cha, Catherine 11	7) Avra, Tamsin 11	8) Spyrou, Barbara 11
23.44 23.77 25.08	23.84		
4 Palo Alto High School		1:37.09	1:38.41 qAAC
1) Lee, Sabrina 11	2) Chang, Jennifer 9	3) Wenzlau, Margaret 10	4) Liang, Sarah 11
5) Devine, Paige 11	6) Tosky, Jasmine 10	7) Zebker, Molly 9	8) Cui, Laura 10
24.78 25.57 24.70	23.36		
5 Archbishop Mitty High School		1:40.53	1:38.51 qAAC
1) Hunt, Hilary 12	2) Chock, Mackenzie 9	3) Ren, Dorothy 10	4) Garcia, Monica 12
5) Paul, Hayley 11	6) Oosterhouse, Haley 10	7) Zhai, Ritty 10	8) Cheng, Karin 10
24.79 24.95 24.61	24.16		
6 Saint Ignatius College Prep.		1:40.51	1:40.09 qCCS
1) Leung, Megan 12	2) Collins, Claire 12	3) Lee, Leticia 12	4) Rosen, Liz 11
5) Murphy, Meredith 10	6) Tocchini, Carla 9	7) Arimoto, Deanne 10	8) Feiner, Genevieve 11
25.22 25.39 25.31	24.17		
7 Leland High School		1:44.18	1:40.11 qCCS
1) Nolan, Kelsey 12	2) Ettinger, Samantha 10	3) Sarantinos, Eleni 11	4) Murphy, Samantha 10
5) Nolas, Jamie 9	6) Bucter, Meghan 12	7) Flynn, Shanna 11	
24.98 25.04 25.56	24.53		
8 Los Gatos High School		1:41.73	1:40.24 qCCS
1) Gali, Helena 11	2) Kosmalska, Anna 11	3) Larko, Alison 9	4) Webb, Maggie 10
5) Young, Madison 11	6) Nestler, Carson 12		
24.55 25.05 25.79	24.85		
9 Sacred Heart Prep		1:41.32	1:40.86 qCCS
1) Howard, Katie 12	2) Sheridan, Erin 10	3) Howard, Kristie 12	4) Flessel, Ally 11
5) Myers, Erica 9	6) Rennels, Lisa 12	7) Henderson, Eliza 11	8) Smith, Heather 12
24.78 24.91 25.43	25.74		
10 Harker School		1:41.57	1:42.14 qCCS
1) Siegel, Katie 10	2) Wong, Vivian 12	3) Chien, Amie 9	4) Khojasteh, Jessica 11
5) Ma, Tina 12	6) Chin, Jeanette 12	7) Koch, Rachelle 10	8) Wong, Tiffany 10
25.18 26.24 26.58	24.14		
11 Live Oak High School		1:42.33	1:42.79 qCCS
1) Mikaelsson, Michelle 10	2) Cretcher, Rachel M 11	3) D'Angelo, Sarah 12	4) Rick, Kate 12
5) Kim, Eunice 10	6) Sendejas, Marissa 9		
25.86 25.76 25.60	25.57		
12 Evergreen Valley High School		1:42.89	1:43.64 qCCS
1) Rasmussen, Chloe 10	2) Huang, Lucia 12	3) Reyes, Nicole 11	4) Martinez, Jessica 11
5) Ngo, Catherine 10	6) Truong, Anne 9	7) Wong, Amanda 10	
25.44 25.94 26.93	25.33		

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
13 Monta Vista Swimming		1:37.37	1:43.71 qCCS
1) Chan, Michelle 09	2) Fong, Chelsea 12	3) Yau, Tammy 10	4) Danese, Nikki
5) Do, Tiffany			
25.68 23.85 27.66 26.52			
14 Menlo-Atherton High School		1:45.37	1:43.93 qCCS
1) Chen, Holly 11	2) Winters, Sarah 12	3) Dorst, Becca 12	4) Hommes, Sophia 12
5) Flanagan, Danielle 10	6) Haught, Ryanne 12	7) Lane, Vanessa 12	8) Newman, Kari 10
26.38 25.14 25.78 26.63			
15 Willow Glen High School		1:46.67	1:44.09 qCCS
1) Vaughn Hulbert, Rachel 9	2) Shewchuk, Kasey 9	3) Sanfilippo, Kaitlynn 10	4) Schefke, Savannah 9
5) Sigman, Lacy 11	6) Chapa, Alex 10		
25.33 24.55 27.35 26.86			
16 Pioneer High School		1:42.88	1:44.19 qCCS
1) Berry, Michelle 10	2) Hill, Kingsley 9	3) Short, Katie 10	4) Leonis, Sami 11
5) Mack, Linnea 9	6) Selfridge, Mollie 12	7) Kalbfleisch, Lauren 9	8) Dunn, Michelle 10
25.71 26.18 26.13 26.17			
17 Santa Teresa		1:42.50	1:44.48 CCS
1) Armstrong, Christy 10	2) Bumb, Dominique 9	3) Nachtigal, Jennifer 10	4) Hampel, Shayla 11
5) Riddle, Emily 12	6) Walker, Kristin 12		
25.92 26.41 27.01 25.14			
18 Saratoga High School		1:43.54	1:44.64 CCS
1) La, Christine 12	2) Chen, Rebecca 10	3) White, Caroline 11	4) Chen, Stephanie 9
5) Heyman, Sophie 11	6) Murray, Elizabeth 12	7) Nolet, Megan 12	8) Opatrny, Lauren 12
25.82 26.87 25.83 26.12			
19 Presentation High School		1:48.00	1:45.79 CCS
1) Chiswell, Katy 9	2) Fields, Jennifer 11	3) Roth, Emma 9	4) Locke, Elise 9
5) Douglas, Samantha 10			
26.75 26.92 26.52 25.60			
20 Woodside High School		1:45.22	1:45.88 CCS
1) Arshakuni, Lauren	2) Kafai, Natasha	3) Adams, Emma	4) Grima, Alicia
5) Houghton, Serena	6) Brochon, Leahna		
27.58 28.26 26.43 23.61			
21 Prospect High School		1:47.60	1:46.08 CCS
1) Teoh, Rachel 11	2) Reed, Ayla 9	3) Shen, Kylie 10	4) Joseph, Sara 9
5) Hessinger, Gracey 12	6) Flowers, Natasha 10		
27.02 26.96 26.52 25.58			
22 Valley Christian High School		1:46.74	1:46.20 CCS
1) Scannell, Stephanie 9	2) Thompson, Julia 10	3) Seabaugh, Shelby 10	4) Kramer, Nicole 10
5) Feldman, Nicole 9	6) Tomsula, Britney 11		
25.94 27.35 26.64 26.27			
23 Gilroy High School		1:47.88	1:46.67 CCS
1) Collett, Christina 9	2) Raby, Christina 11	3) Comin, Isabella 12	4) Shields, Michelle 10
5) Malick, Brittney 9			
27.41 26.77 26.96 25.53			
24 Notre Dame San Jose		1:48.11	1:46.76 CCS
1) Chou, Emmily 12	2) Junge, Tia 9	3) Mendible, Ariana 10	4) Trioni, Allison 11
5) Junge, Charmille 11	6) Evans, Maddie 10	7) Cullen, Aofie 10	8) Glenn, Jessica 12
26.52 26.76 26.85 26.63			
25 Los Altos High School		1:47.02	1:47.06 CCS
1) Chron, Amanda 10	2) Venuti, Nina 11	3) Beyer, Carrie 10	4) Lou, Shuya 12
5) Zhang, Cathie 10	6) Waln, Alyssa 10	7) Emrick, Kelsey 12	8) Bridges, Haley 12
27.67 26.97 26.94 25.48			
26 Fremont High School		1:47.24	1:48.07 CCS
1) Nakagawa, Rachel 10	2) Tai, Tammy 9	3) Umeda, Claire 12	4) Damestani, Helia 10
27.19 28.12 26.03 26.73			

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
27 Seaside High School		1:48.00	1:48.47
1) Bautista, Anna 11	2) Ziolkowski, Samantha 10	3) Harris, Samantha 11	4) Staples, Sharissa 10
5) Bowmer, Britney 11			
26.66 27.22 28.14	26.45		
28 Aragon High School		1:47.61	1:48.54
1) Kinder, Molly 12	2) Cheong, Sinclair 11	3) Kwee, Nichole 11	4) Engelmann, Julie 9
5) Kell, Kate 11	6) Leong, Haley 10	7) Oto, Miya 11	8) Young, Priscilla 11
27.22 27.32 27.53	26.47		
29 El Camino High School		1:47.29	1:48.61
1) Campbell, Shelbi	2) Panopio, Hazel	3) Panopio, Katherine	4) Lam, Rachel
5) Mineses, Rachel	6) Alfajora, Danica		
27.75 27.88 26.98	26.00		
*30 Mills High School		1:48.11	1:50.06
1) Magee, Molly 11	2) Pong, Katharine 10	3) Chan, Meaghan 11	4) Dilberto, Monica 11
27.78 27.11 28.23	26.94		
*30 Carlmont High School		1:48.18	1:50.06
1) Reed, Carly 11	2) Schrick, Emily 11	3) Segal, Erika 11	4) Staton, Vanessa 9
5) Tang, Chynna 12			
27.94 27.50 27.49	27.13		
32 Westmont High School		1:48.10	1:51.04
1) Plashay, Kelly 9	2) Garabaldi, Alana 10	3) Walberg, Hedi 10	4) Johnson, Oliva 9
5) Grogory, Patsy 12			
27.39 28.28 28.00	27.37		
33 San Benito High School		1:46.83	1:51.84
1) Schafer, Caitlin 9	2) Drogemuller, Jesse 11	3) Bucaloy, Chelsea 12	4) Casillas, Marisa 10
5) Gatrell, Demi 12	6) Isleta, Czsarina 9	7) Estep, Rachel 9	
27.56 28.83 28.64	26.81		
34 Wilcox High School		1:47.89	1:53.94
1) Buchterkirchen, Kristen 9	2) Malek, Ariana 9	3) Spinks, Brittany 11	4) Brown, Megan 11
5) Seaman, Savannah 11	6) Van De Hey, Lauren 10		
27.34 29.31 29.14	28.15		
35 Sequoia High School		1:46.22	1:55.49
1) Bauhaus, Kayla 11	2) Carrol, Briana 10		4) Manca, Kaila 11
5) Bertero, Lucia 10	6) Beach, Sarah 11	7) Beach, Megan 11	8) Sanders, Sherry 9
27.22 28.86 29.56	29.85		
--- Lynbrook High School		1:46.55	DQ
1) Lee, Robyn 12	2) Tsai, Ashley 11	3) Shie, Sabrina 9	4) Yu, Kate 10
5) Rojasova, Sofia 11	6) Hegde, Roshini 12	7) Hu, Julia 12	8) Nguyen, Stephanie 12
27.07 29.48 29.92	26.86		
--- Santa Cruz High School		1:46.66	DQ
1) Grijalva-Bynes, Chloe 9	2) Pearson, Kaila 11	3) Calhoun, Sophie 12	4) Baade, Adriane 12
5) Grossi, Bianca 12	6) MULLOWNEY, Heather 12		
26.59 27.00 27.70	28.14		
--- The King's Academy		1:44.73	DQ
1) Yramategui, Michelle 10	2) Owens, Victoria 12	3) Kim, Alyssia 12	4) Tang, Helen 10
27.04 25.80 26.53	24.40		

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 19 Girls 100 Yard Backstroke

CCS Record: 53.96 ! 5/17/2008 Colleen Fotsch
 57.29 AAA
 58.43 AAC
 1:04.79 CCS

Palo Alto

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Mack, Linnea 26.57 28.93	9	Pioneer High School	59.45	55.50	qAAA
2 Grima, Alicia 27.52 28.95		Woodside High School	56.92	56.47	qAAA
3 Opatrny, Lauren 27.52 29.33	12	Saratoga High School	59.33	56.85	qAAA
4 Bergman, Jesse 27.75 29.12	12	Homestead High School	57.20	56.87	qAAA
5 Nguyen, Stephanie 27.79 29.31	12	Lynbrook High School	58.40	57.10	qAAA
6 Hunt, Hilary 28.12 29.21	12	Archbishop Mitty High School	59.98	57.33	qAAC
7 Smith, Haley 28.17 29.91	11	Archbishop Mitty High School	59.50	58.08	qAAC
8 Walitsch, Jamie 28.56 29.69	12	Valley Christian High School	59.69	58.25	qAAC
9 Lee, Sabrina 28.39 30.00	11	Palo Alto High School	59.83	58.39	qAAC
10 Scherp, Stefanie 28.59 30.25	9	Saint Francis High School	1:01.16	58.84	qCCS
11 Siegel, Katie 28.23 31.00	10	Harker School	58.34	59.23	qCCS
12 Wong, Lauren 29.12 30.61	10	Pioneer High School	1:00.58	59.73	qCCS
13 Leung, Megan 28.88 30.92	12	Saint Ignatius College Prep.	1:00.88	59.80	qCCS
14 Myers, Erica 29.45 31.43	9	Sacred Heart Prep	1:02.07	1:00.88	qCCS
15 Chock, Mackenzie 29.25 31.66	9	Archbishop Mitty High School	1:01.95	1:00.91	qCCS
16 Carter, Miranda 29.61 31.32	9	Branham High School	1:02.32	1:00.93	qCCS
17 Phi, Thuy 29.34 31.65	9	Leland High School	1:01.63	1:00.99	CCS
18 Savoie, Marissa 30.18 30.81	11	San Mateo High School	1:03.32	J1:00.99	CCS
19 Larko, Alison 29.71 31.28	9	Los Gatos High School	1:03.52	J1:00.99	CCS
20 Kosmalska, Anna 28.98 32.01	11	Los Gatos High School	1:02.28	J1:00.99	CCS
21 Fong, Stephanie 29.84 31.39	11	Saint Francis High School	1:01.68	1:01.23	CCS
22 Newman, Shelby 30.01 31.37	11	Gunn High School	1:03.55	1:01.38	CCS
23 Rasmussen, Chloe 29.74 31.77	10	Evergreen Valley High School	59.43	1:01.51	CCS

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
24	Lin, Debra 30.10 31.47	11	Saratoga High School	1:02.78	1:01.57	CCS
25	Hansen, Caroline 29.60 32.07	11	Saint Francis High School	1:03.74	1:01.67	CCS
26	Devine, Paige 30.06 31.64	11	Palo Alto High School	1:04.79	1:01.70	CCS
27	Sherrin, Brianna 29.93 31.79	11	Leland High School	1:02.85	1:01.72	CCS
28	Zhou, Joyce 30.33 31.74	9	Saint Francis High School	1:01.71	1:02.07	CCS
29	Prior, Christine 30.47 31.99	10	Gunn High School	1:02.46	1:02.46	CCS
30	Jung, Lauren 30.14 32.53	11	Carlmont High School	1:02.42	1:02.67	CCS
31	Pratt, Audrey M 29.54 33.16	12	Burlingame High School	1:01.40	1:02.70	CCS
32	Ngo, Kelly 30.95 31.94	9	Cupertino High School	1:02.16	1:02.89	CCS
33	Tracy, Kaitlyn 30.73 32.31	12	Palo Alto High School	1:04.60	1:03.04	CCS
34	Jones, Jacque 30.70 32.82	11	Stevenson School	1:04.38	1:03.52	CCS
35	Dorosin, Skylar 30.89 32.96	10	Palo Alto High School	1:04.18	1:03.85	CCS
36	Kalbfleisch, Lauren 30.52 33.35	9	Pioneer High School	1:04.71	1:03.87	CCS
37	Yramategui, Michelle 31.35 32.55	10	The King's Academy	1:03.93	1:03.90	CCS
38	Doe, Delia 31.23 33.58	12	The King's Academy	1:03.82	1:04.81	
39	Nguyen, Julie 31.61 33.23	10	Valley Christian High School	1:03.47	1:04.84	
40	Hessen-Schmidt, Sarah 31.38 33.68	9	Gunn High School	1:03.89	1:05.06	
41	Soriano, Nicole 30.92 34.20	10	Homestead High School	1:04.69	1:05.12	
42	Shie, Sabrina 31.57 33.60	9	Lynbrook High School	1:04.78	1:05.17	
43	Wong, Tiffany 31.32 33.96	10	Harker School	1:04.39	1:05.28	
44	Bautista, Anna 32.18 33.99	11	Seaside High School	1:03.49	1:06.17	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 21 Girls 100 Yard Breaststroke

CCS Record: 1:01.50 ! 5/16/2009 Sarah Liang

Palo Alto

1:05.03 AAA

1:06.28 AAC

1:12.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Liang, Sarah	11	Palo Alto High School	1:05.62	1:03.52	qAAA
29.85 33.67					
2 Chen, Eva	11	Archbishop Mitty High School	1:05.24	1:04.58	qAAA
30.51 34.07					
3 Peanasky, Anne	12	Homestead High School	1:07.96	1:04.66	qAAA
30.82 33.84					
4 Nelson, Lilly	9	Sequoia High School	1:06.91	1:06.03	qAAC
31.19 34.84					
5 Watkins, Emily	11	Gunn High School	1:06.86	1:06.34	qCCS
31.11 35.23					
*6 Levens, Teva	12	Gunn High School	1:07.59	1:06.48	qCCS
31.55 34.93					
*6 Sprinsock, Maya	12	Georgianna Bruce Kirby	1:06.39	1:06.48	qCCS
31.23 35.25					
8 Wong, Vivian	12	Harker School	1:06.41	1:06.57	qCCS
31.62 34.95					
9 Cui, Laura	10	Palo Alto High School	1:08.42	1:06.75	qCCS
31.51 35.24					
10 Mikaelsson, Michelle	10	Live Oak High School	1:09.03	1:07.48	qCCS
32.14 35.34					
11 Akin, Annalee	10	Wilcox High School	1:09.94	1:07.50	qCCS
31.81 35.69					
12 Beach, Megan	11	Sequoia High School	1:06.53	1:07.58	qCCS
32.18 35.40					
13 Collins, Claire	12	Saint Ignatius College Prep.	1:09.37	1:07.77	qCCS
32.14 35.63					
14 Noonan, Morgan	9	Monte Vista Christian	1:10.14	1:08.50	qCCS
32.59 35.91					
15 Gebhard, Maddie	10	Burlingame High School	1:07.56	1:08.53	qCCS
32.93 35.60					
16 Zhai, Ritty	10	Archbishop Mitty High School	1:08.76	1:08.80	qCCS
32.55 36.25					
17 Scannell, Stephanie	9	Valley Christian High School	1:10.97	1:08.88	CCS
33.01 35.87					
18 McKenna, Maggie	10	Gunn High School	1:09.08	1:09.06	CCS
32.76 36.30					
19 Isleta, Czsarina	9	San Benito High School	1:08.11	1:09.48	CCS
32.44 37.04					
20 Berger, Madeline	10	Palo Alto High School	1:11.15	1:09.50	CCS
33.08 36.42					
21 Miles, Anne	12	Burlingame High School	1:09.47	1:09.61	CCS
33.11 36.50					
22 Ma, Tina	12	Harker School	1:10.02	1:09.67	CCS
33.17 36.50					
23 Tai, Tammy	9	Fremont High School	1:11.09	1:09.97	CCS
33.67 36.30					

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time	
*24	Chan, Michelle 33.25 36.95	09	Monta Vista Swimming	1:09.37	1:10.20	CCS
*24	Cheung, Natalie 33.03 37.17	10	Saratoga High School	1:09.46	1:10.20	CCS
26	Rick, Kate 33.69 36.63	12	Live Oak High School	1:08.71	1:10.32	CCS
27	Tomsula, Britney 32.94 37.65	11	Valley Christian High School	1:10.44	1:10.59	CCS
28	Chock, Margaux 33.34 37.30	11	Archbishop Mitty High School	1:12.15	1:10.64	CCS
29	Harryman, Julia 33.62 37.25	9	Archbishop Mitty High School	1:09.72	1:10.87	CCS
30	Leonis, Sami 33.42 37.58	11	Pioneer High School	1:10.77	1:11.00	CCS
31	Flynn, Shanna 33.05 38.10	11	Leland High School	1:11.01	1:11.15	CCS
32	Lee, Letticia 34.04 37.89	12	Saint Ignatius College Prep.	1:12.60	1:11.93	CCS
33	Bredenberg, Megan 33.92 38.08	10	Palo Alto High School	1:10.74	1:12.00	CCS
34	Tsai, Ashley 34.38 37.88	11	Lynbrook High School	1:12.14	1:12.26	CCS
35	Feri, Krystal 34.11 38.37	9	Gunn High School	1:12.97	1:12.48	CCS
36	Moore, Hathaway 34.40 38.21	12	Saint Francis High School	1:11.95	1:12.61	CCS
37	Pong, Katharine 34.15 38.56	10	Mills High School	1:11.89	1:12.71	CCS
38	Lam, Rachel 34.63 38.19		El Camino High School	1:12.75	1:12.82	CCS
39	Walker, Kristin 34.54 38.44	12	Santa Teresa	1:12.74	1:12.98	CCS
40	Cheng, Lucy 34.54 38.53	10	Harker School	1:12.72	1:13.07	
41	Nakagawa, Rachel 34.17 39.86	10	Fremont High School	1:12.93	1:14.03	
42	Mullin, Nina 34.92 39.49	10	Saint Ignatius College Prep.	1:12.44	1:14.41	
43	Miller, Rebecca 33.72 41.86	12	Aptos High School	1:12.96	1:15.58	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Event 23 Girls 400 Yard Freestyle Relay

CCS Record: 3:23.53 ! 5/16/2009 Monta Vista High School
 E Drysdale, A Kwong, C Fong, M Fischer-Colbrie

3:33.40 AAA

3:36.76 AAC

3:59.99 CCS

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Saint Francis High School		3:32.35	3:28.65 qAAA
1) Schaefer, Maddy 11	2) Gilley, Paige 12	3) Ho, Jessie 9	4) Levere, Jacqui 11
5) Talbott, Jenn 12	6) Zhou, Joyce 9	7) Fong, Stephanie 11	8) Scherp, Stefanie 9
23.53 49.27 18.80	53.18 25.12 53.38	25.40 52.82	
2 Palo Alto High School		3:32.95	3:29.32 qAAA
1) Liang, Sarah 11	2) Wenzlau, Margaret 10	3) Lee, Sabrina 11	4) Tosky, Jasmine 10
5) Chang, Jennifer 9	6) Devine, Paige 11	7) Zebker, Molly 9	8) Cui, Laura 10
26.33 53.33 25.75	53.80 25.57 53.41	23.32 48.78	
3 Gunn High School		3:30.36	3:29.56 qAAA
1) Acker, Rachael 10	2) Levens, Teva 12	3) Ama, Julia 10	4) Lincoln, Casey 10
5) Lincoln, Alex 12	6) Hamilton, Grace 12	7) Hessen-Schmidt, Sarah 9	8) Newman, Shelby 11
25.23 51.87 25.40	52.64 24.45 51.35	25.85 53.70	
4 Homestead High School		3:35.05	3:33.10 qAAA
1) Peanasky, Anne 12	2) Bergman, Jesse 12	3) Wong, Michelle 09	4) Clarno, Kristen 10
5) Cha, Catherine 11	6) Huang, Elizabeth 10	7) Spyrou, Barbara 11	8) Avra, Tamsin 11
25.38 51.97 24.80	51.64 27.65 57.82	24.72 51.67	
5 Archbishop Mitty High School		3:35.21	3:33.40 qAAA
1) Garcia, Monica 12	2) Ruby, Charlotte 10	3) Smith, Haley 11	4) Chen, Eva 11
5) Oosterhouse, Haley 10	6) Zhai, Ritty 10	7) Oosterhouse, Lindsay 12	8) Cheng, Karin 10
25.67 52.82 25.36	52.39 25.88 54.36	25.73 53.83	
6 Saratoga High School		3:39.78	3:35.28 qAAC
1) Nolet, Megan 12	2) Chen, Stephanie 9	3) Murray, Elizabeth 12	4) Opatrny, Lauren 12
5) La, Christine 12	6) Heyman, Sophie 11	7) Chen, Rebecca 10	8) Cheung, Natalie 10
25.61 53.29 26.88	56.20 26.56 55.05	24.03 50.74	
7 Burlingame High School		3:38.96	3:37.15 qCCS
1) Thomas, Naomi G 10	2) Pratt, Audrey M 12	3) Miles, Anne 12	4) Brenndand, Kristen 10
5) Li, Irene 9	6) Gebhard, Maddie 10	7) Hill, Sophie C 9	8) Davino, Gianna M 12
25.86 54.28 26.31	55.61 25.86 54.93	25.30 52.33	
8 Lynbrook High School		3:40.20	3:37.96 qCCS
1) Hegde, Roshini 12	2) Yu, Kate 10	3) Hu, Julia 12	4) Nguyen, Stephanie 12
5) Rojasova, Sofia 11	6) Shie, Sabrina 9	7) Tsai, Ashley 11	8) Lee, Robyn 12
26.38 56.17 25.42	54.72 26.33 54.84	25.05 52.23	
9 Pioneer High School		3:40.67	3:39.93 qCCS
1) Berry, Michelle 10	2) Selfridge, Mollie 12	3) Wong, Lauren 10	4) Mack, Linnea 9
5) Leonis, Sami 11	6) Short, Katie 10	7) Hill, Kingsley 9	8) Kalbfleisch, Lauren 9
26.51 54.81 26.35	55.56 27.98 58.06	24.54 51.50	
10 Los Gatos High School		3:43.61	3:39.95 qCCS
1) Webb, Maggie 10	2) Kosmalska, Anna 11	3) Larko, Alison 9	4) Gali, Helena 11
5) Young, Madison 11	6) Nestler, Carson 12		
26.05 54.62 26.74	57.10 26.80 55.51	25.64 52.72	
11 Sacred Heart Prep		3:49.76	3:40.73 qCCS
1) Howard, Katie 12	2) Sheridan, Erin 10	3) Myers, Erica 9	4) Smith, Heather 12
5) Flessel, Ally 11	6) Rennels, Lisa 12	7) Henderson, Eliza 11	8) Howard, Kristie 12
25.91 53.79 26.44	54.83 26.89 56.22	26.28 55.89	
12 Santa Teresa		3:43.05	3:41.74 qCCS
1) Armstrong, Christy 10	2) Allen, Kaitlyn 12	3) Nicholson, Jessica 12	4) Lange, Kelsey 10
5) Bumb, Dominique 9	6) Riddle, Emily 12	7) Nachtigal, Jennifer 10	8) Walker, Kristin 12
27.17 56.10 27.12	56.15 1:49.49		

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010

Results - Girls Trials

Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
13 Menlo-Atherton High School		3:44.09	3:43.49 qCCS
1) Winters, Sarah 12	2) Lane, Vanessa 12	3) Chen, Holly 11	4) Dorst, Becca 12
5) Flanagan, Danielle 10	6) Krappe, Brittany 10	7) Haught, Ryanne 12	8) Noble, Erin 10
26.51 53.82 26.93	55.77 26.74 57.01	27.07 56.89	
14 Leland High School		3:45.67	3:44.02 qCCS
1) Murphy, Samantha 10	2) Ettinger, Samantha 10	3) Sarantinos, Eleni 11	4) Sherrin, Brianna 11
5) Nolas, Jamie 9	6) Phi, Thuy 9	7) Flynn, Shanna 11	8) Bucter, Meghan 12
26.49 54.82 26.36	56.17 26.73 56.66	26.62 56.37	
15 Valley Christian High School		3:47.64	3:45.60 qCCS
1) Walitsch, Jamie 12	2) Kramer, Nicole 10	3) Simmons, Kelly 10	4) Power, Kellen 12
5) Seabaugh, Shelby 10	6) Nguyen, Julie 10		
26.93 55.31 27.67	57.64 28.25 57.93	26.12 54.72	
16 Wilcox High School		3:50.04	3:46.43 qCCS
1) Seaman, Savannah 11	2) Van De Hey, Lauren 10	3) Akin, Annalee 10	4) Aisawa, Michelle 9
5) Malek, Ariana 9	6) Buchterkirchen, Kristen 9	7) Spinks, Brittany 11	8) Brown, Megan 11
27.77 58.36 27.48	58.18 26.05 54.94	26.27 54.95	
17 Aragon High School		3:49.21	3:47.62 CCS
1) Oto, Miya 11	2) Young, Priscilla 11	3) Kell, Kate 11	4) Engelmann, Julie 9
5) Kwee, Nichole 11	6) Leong, Haley 10	7) Cheong, Sinclair 11	8) Kinder, Molly 12
26.88 55.40 27.53	57.18 27.53 57.03	27.54 58.01	
18 Live Oak High School		3:48.94	3:49.24 CCS
1) D'Angelo, Sarah 12	2) Mikaelsson, Michelle 10	3) Rick, Kate 12	4) Cretcher, Rachel M 11
5) Sendejas, Marissa 9	6) Kim, Eunice 10		
27.42 56.83 26.91	56.93 27.25 57.89	27.02 57.59	
19 Saint Ignatius College Prep.		3:53.17	3:49.47 CCS
1) Lee, Leticia 12	2) Murphy, Meredith 10	3) Arimoto, Deanne 10	4) Leitzell, Christina 11
5) Leung, Megan 12	6) Rosen, Liz 11	7) Tocchini, Carla 9	8) Collins, Claire 12
27.18 56.79 27.23	56.79 27.39 57.57	26.84 58.32	
20 Presentation High School		3:59.00	3:50.42 CCS
1) Fields, Jennifer 11	2) Chiswell, Katy 9	3) Douglas, Samantha 10	4) Locke, Elise 9
5) Roth, Emma 9			
28.35 58.12 27.91	58.07 28.40 58.79	26.55 55.44	
21 Sequoia High School		3:56.88	3:50.96 CCS
1) Nelson, Lilly 9	2) Bauhaus, Kayla 11	3) Carrol, Briana 10	4) Beach, Megan 11
	6) Bertero, Lucia 10	7) Gembala, Sammi 9	8) Manca, Kaila 11
27.11 56.70 28.69	59.34 29.75 1:01.18	25.90 53.74	
22 Willow Glen High School		3:53.38	3:52.23 CCS
1) Vaughn Hulbert, Rachel 9	2) Shewchuk, Kasey 9	3) Sanfilippo, Kaitlynne 10	4) Schefke, Savannah 9
5) Sigman, Lacy 11	6) Chapa, Alex 10		
26.78 56.22 26.22	55.14 28.94 1:02.29	27.34 58.58	
23 The King's Academy		3:56.29	3:52.49 CCS
1) Benight, Kathryn 11	2) Doe, Delia 12	3) Owens, Kendall 9	4) Kim, Alyssia 12
27.11 56.59 28.58	58.38 27.92 59.52	27.61 58.00	
24 Westmont High School		3:53.60	3:53.85 CCS
1) Johnson, Oliva 9	2) Plashay, Kelly 9	3) Walberg, Hedi 10	4) Garland, Natalie 11
5) Garabaldi, Alana 10	6) Grogory, Patsy 12		
28.81 1:00.98 28.81	1:00.32 28.81 59.73	25.29 52.82	
25 Gilroy High School		3:57.04	3:53.98 CCS
1) Collett, Christina 9	2) Malick, Brittney 9	3) Comin, Isabella 12	4) Shields, Michelle 10
5) Raby, Christina 11			
28.07 1:01.15 26.22	58.29 27.98 58.57	26.82 55.97	
26 El Camino High School		3:57.07	3:54.44 CCS
1) Alfajora, Danica	2) Panopio, Hazel	3) Panopio, Katherine	4) Lam, Rachel
5) Mineses, Rachel			
28.23 58.71 28.66	1:00.15 28.24 59.23	26.82 56.35	

2010 CCS Swimming & Diving Championships - 5/21/2010 to 5/22/2010**Results - Girls Trials****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
27 San Benito High School		3:54.97	3:54.91 CCS
1) Gatrell, Demi 12	2) Drogemuller, Jesse 11	3) Schafer, Caitlin 9	4) Isleta, Czsarina 9
5) Bucaloy, Chelsea 12	6) Estep, Rachel 9	7) Casillas, Marisa 10	
28.83 1:00.21 18.92	55.75 29.49 1:02.07	26.88 56.88	
28 Los Altos High School		3:55.79	3:55.83 CCS
1) Zhang, Cathie 10	2) Venuti, Nina 11	3) Chron, Amanda 10	4) Waln, Alyssa 10
5) Sandlin, Catlin 10	6) Beyer, Carrie 10	7) Schaefer, Katy 10	8) Bridges, Haley 12
28.24 58.50 28.15	59.11 29.02 1:01.44	27.24 56.78	
29 Prospect High School		3:57.01	3:56.32 CCS
1) Teoh, Rachel 11	2) Reed, Ayla 9	3) Shen, Kylie 10	4) Joseph, Sara 9
5) Hessinger, Gracey 12	6) Flowers, Natasha 10		
28.17 58.66 28.76	1:00.75 28.26 59.91	27.21 57.00	
30 Santa Cruz High School		3:59.72	3:56.74 CCS
1) Grijalva-Bynes, Chloe 9	2) Baade, Adriane 12	3) Calhoun, Sophie 12	4) Pearson, Kaila 11
5) Grossi, Bianca 12	6) MULLOWNEY, Heather 12		
28.62 57.87 28.92	1:01.52 27.94 58.97	27.62 58.38	
31 Carlmont High School		3:54.27	3:56.75 CCS
1) Jung, Lauren 11	2) Reed, Carly 11	3) Schrick, Emily 11	4) Segal, Erika 11
5) Staton, Vanessa 9	6) Tang, Chynna 12		
27.55 57.35 28.13	59.09 28.48 59.61	28.70 1:00.70	
32 Seaside High School		3:53.21	3:59.98 CCS
1) Bautista, Anna 11	2) Ziolkowski, Samantha 10	3) Harris, Samantha 11	4) Staples, Sharissa 10
5) Bowmer, Britney 11			
27.27 56.62 28.57	59.61 30.63 1:03.47	28.75 1:00.28	
33 Evergreen Valley High School		3:54.90	4:00.17
1) Reyes, Nicole 11	2) Huang, Lucia 12	3) Truong, Anne 9	4) Ngo, Catherine 10
5) Wong, Amanda 10			
28.76 59.47 27.71	57.17 28.36 1:00.44	29.06 1:03.09	
34 Harker School		3:49.65	4:00.78
1) Chin, Jeanette 12	2) Chien, Amie 9	3) Koch, Rachelle 10	4) Wong, Tiffany 10
5) Cheng, Lucy 10	6) Siegel, Katie 10	7) Wong, Vivian 12	8) Khojasteh, Jessica 11
29.42 1:00.91 28.19	1:00.30 28.25 58.64	28.00 1:00.93	
35 Cupertino High School		3:56.54	4:05.50
1) Drake, Olivia 12	2) Kumnoonsate, Alyssa 11	3) Nguyen, Catherine 11	4) Ngo, Kelly 9
5) Cheng, Emily 11	6) Erlich, Karen 9		
29.46 1:02.01 29.96	1:02.75 29.11 1:01.50	28.00 59.24	