



**CENTRAL COAST SECTION  
TRACK & FIELD CHAMPIONSHIPS**

**Final Results**

**May 28, 2010**

**Presented by**



**FARMERS**

**@ Gilroy High School**



Girls 100 Meter Dash

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 Angela Gradiska	12	Pinewood	11.92	2.4	10
2 Katie Nelms	12	Leland	12.09	2.4	8
3 Denise Murphy	12	Mt. Pleasant	12.19	2.4	6
4 Micha Auzenne	09	St. Francis	12.26	2.4	4
5 Tekeya Todd	10	Piedmont Hil	12.30	2.4	2
6 Katherine Wells	12	North Salinas	12.49	2.4	1
7 Elizabeth Duxbury	12	Mitty	12.52	2.4	
8 Shayla McPherson	10	Mt. Pleasant	12.56	2.4	

Girls 200 Meter Dash

Name	Year	School	Finals	Wind	Points
1 Angela Gradiska	12	Pinewood	24.60	2.8	10
2 Iesha Hardiman	10	Wilcox	24.78	2.8	8
3 Asheley Bamberg	10	Andrew Hill	24.95	2.8	6
4 Sarah Cline	10	Leigh	25.04	2.8	4
5 Denise Murphy	12	Mt. Pleasant	25.35	2.8	2
6 Kira Rieneker	12	Pioneer	25.68	2.8	1
7 Elizabeth Duxbury	12	Mitty	26.00	2.8	

Girls 400 Meter Dash

Name	Year	School	Finals	Points
1 Iesha Hardiman	10	Wilcox	55.31	10
2 Asheley Bamberg	10	Andrew Hill	56.28	8
3 Sarah Cline	10	Leigh	57.52	6
4 Daryenne Wickliffe	11	Wilcox	57.55	4
5 Ellisa Bryant	9	Piedmont Hil	57.91	2
6 Emily Andrew	10	Mountain View	57.95	1
7 Melodie Bellegarda	9	Saratoga	58.97	
8 Sarah Wobber	9	Los Altos	59.22	

Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Melissa Hopper	12	Leigh	2:12.10	10
2 Kieran Gallagher	10	Gunn	2:13.36	8
3 Jenna Davis	12	Valley Christian	2:14.06	6
4 Kayla Knapp	10	Los Gatos	2:15.19	4
5 Elle Sanders	12	Santa Cruz	2:16.24	2
6 Cindy Huang	11	Lynbrook	2:17.15	1
7 Tori Tsolis	11	Presentation	2:17.80	
8 Nikki Hiltz	9	Aptos	2:20.50	

## 2010 CCS TRACK &amp; FIELD FINAL RESULTS

2

## Girls 1600 Meter Run

Name	Year	School	Finals	Points
1 Allison Sturges	10	Mountain View	4:59.38	10
2 Nikki Hiltz	9	Aptos	5:00.29	8
3 Samantha Hamilton	12	Half Moon Bay	5:04.79	6
4 Marissa Ferrante	12	Aptos	5:08.10	4
5 Kat Gregory	10	Woodside Pr.	5:08.60	2
6 Lauren Germany	12	Scotts Valley	5:16.86	1
7 Shaelyn Silverman	9	Lynbrook	5:19.74	
8 Melissa Hastings	12	Hillsdale	5:20.87	
9 Rachel Skokowski	11	Castilleja	5:20.88	
10 Madeline Roemer	10	St. Francis	5:23.89	
11 Kim McMullen	12	Aptos	5:27.97	
12 Kristina Rivera	12	Willow Glen	5:29.93	

## Girls 3200 Meter Run

Name	Year	School	Finals	Points
1 Erin Robinson	11	Gunn	10:48.79	10
2 Nina Anderson	10	Notre Dame Sal	10:49.78	8
3 Marissa Ferrante	12	Aptos	11:10.09	6
4 Danielle Katz	9	Los Gatos	11:13.71	4
5 Anna Welsh	10	Monterey	11:13.76	2
6 Erin Hicks	12	Los Altos	11:15.49	1
7 Samantha Hamilton	12	Half Moon Bay	11:18.52	
8 Katherine Castro	11	Los Gatos	11:23.05	
9 Sophia Cannata-Bowman	09	Sacred Ht. Cath.	11:26.08	
10 Mary Kriege	11	Mitty	11:31.27	
11 Elsa Valenzuela	10	Crystal Springs	11:56.34	

## Girls 100 Meter Hurdles

Name	Year	School	Finals	Wind	Points
1 Hannah Goranson	12	Valley Christian	13.83	1.1	10
2 Katie Nelms	12	Leland	13.84	1.1	8
3 Shanique Walker	11	Mt. Pleasant	14.31	1.1	6
4 Tamara Nance	10	Evergreen Va	14.68	1.1	4
5 Symone Evans	12	Leigh	14.71	1.1	2
6 Lia Randazzo	12	Evergreen Va	14.87	1.1	1
7 Kira Rieneker	12	Pioneer	14.99	1.1	
8 Mina Alexis	11	St. Ignatius Col	15.01	1.1	

## Girls 300 Meter Hurdles

Name	Year	School	Finals	Points
1 Katie Nelms	12	Leland	43.03	10
2 Shanique Walker	11	Mt. Pleasant	44.55	8
3 Emily Gordon	12	Santa Clara	44.58	6
4 Allison Daley	11	Burlingame	45.11	4
5 Lia Randazzo	12	Evergreen Va	45.17	2
6 Lauren Hendrick	12	Carmel	45.53	1
7 Mina Alexis	11	St. Ignatius Col	46.28	
8 Eleni Fkiaras	10	Leland	47.78	

## Girls 4x100 Meter Relay

School	Finals	Points
1 Mt. Pleasant	47.84	10
2 Mitty	48.14	8
3 Los Altos	48.50	6
4 Leigh	48.67	4
5 St. Francis (Mountain View)	49.31	2
6 Presentation	49.83	1
7 Menlo-Atherton	49.93	
8 Palo Alto	50.09	

## Girls 4x400 Meter Relay

School	Finals	Points
1 Valley Christian (San Jose)	3:58.81	10
2 St. Francis (Mountain View)	3:59.76	8
3 Mountain View	4:00.34	6
4 Mitty	4:04.70	4
5 Los Gatos	4:04.72	2
6 Leigh	4:06.32	1
7 Aragon	4:07.36	
8 Wilcox	4:14.41	

## Boys 100 Meter Dash

Name	Year School	Finals	Wind	Points
1 Byron Marshall	10 Valley Christian	10.67	2.6	10
2 Julius Travis	11 Gilroy	10.67	2.6	8
3 Glyn Borel	12 St. Francis	10.73	2.6	6
4 Nate Harvey	12 Serra	10.77	2.6	4
5 Mike Kennedy	12 St. Ignatius Col	10.83	2.6	2
6 Gary Moore	11 Sacred Ht. Cath.	10.87	2.6	1
7 Martin Tataw	12 Westmont	10.95	2.6	
8 Daniel Jones	12 Palo Alto	12.32	2.6	

## Boys 200 Meter Dash

Name	Year School	Finals	Wind	Points
1 Julius Travis	11 Gilroy	21.83	1.5	10
2 Justin Montgomery	11 Bellarmine	22.10	1.5	8
3 Jason Roascio	11 San Benito	22.14	1.5	6
4 Byron Marshall	10 Valley Christian	22.21	1.5	4
5 J'Tier Favors	11 Gunderson	22.28	1.5	2
6 Gary Moore	11 Sacred Ht. Cath.	22.40	1.5	1
7 Daoud Anthony	12 Santa Cruz	22.50	1.5	
8 Andre Chapman	11 Bellarmine	23.68	1.5	

2010 CCS TRACK & FIELD FINAL RESULTS

Boys 400 Meter Dash

Name	Year	School	Finals	Points
1 Benjamin Knight	12	Overfelt	49.45	10
2 Justin Montgomery	11	Bellarmino	49.64	8
3 Markus Rutner	12	Mountain View	49.68	6
4 Andre Chapman	11	Bellarmino	49.75	4
5 Jason Roascio	11	San Benito	49.85	2
6 J'Tier Favors	11	Gunderson	50.10	1
7 Jason Chandler		Woodside	51.47	
-- Daniel Donate	12	Alisal	DNF	

Boys 800 Meter Run

Name	Year	School	Finals	Points
1 Nathan Strum	12	Pioneer	1:53.00	10
2 Alan Rios	12	Sobrato	1:54.34	8
3 Jason McGhee	11	Menlo-Atherton	1:55.93	6
4 Sean Davis	10	Valley Christian	1:57.14	4
5 David Perez	12	Salinas	1:57.99	2
6 Kyle McNulty	12	Scotts Valley	1:58.15	1
7 Michael Karp	12	Milpitas	2:02.56	
8 Michael Reher	12	St. Ignatius Col	2:07.64	

Boys 1600 Meter Run

Name	Year	School	Finals	Points
1 Weston Strum	12	Pioneer	4:12.16	10
2 Philip MacQuitty	12	Palo Alto	4:12.97	8
3 Nathan Strum	12	Pioneer	4:15.24	6
4 Chris Waschura		Woodside	4:16.62	4
5 Ian Myjer	12	Mountain View	4:16.66	2
6 Michael Reher	12	St. Ignatius Col	4:16.69	1
7 Kyle Rae	11	Bellarmino	4:25.04	
8 Assefa Bruk	12	Prospect	4:25.71	
9 Sam Hales	10	King City	4:34.80	
10 Cristian Soratos	12	Salinas	4:35.54	
11 Max Bell	11	Salinas	4:36.53	
12 Lucas Talavan	12	St. Ignatius Col	4:39.44	

Boys 3200 Meter Run

Name	Year	School	Finals	Points
1 Weston Strum	12	Pioneer	9:17.61	10
2 Paul Summers	12	Gunn	9:20.08	8
3 Garrett Rowe	12	Mountain View	9:25.69	6
4 Will Geiken	11	Los Gatos	9:28.97	4
5 Kevin Bishop	10	Monta Vista	9:35.44	2
6 Dalton Guthrie	12	Bellarmino	9:37.48	1
7 Josh Newby	12	Palo Alto	9:38.58	
8 Donald Plazola	11	Willow Glen	9:43.84	
9 Bryan Crook	11	Mountain View	9:45.52	
10 Alex McGuirk	12	Mountain View	9:51.20	
11 Allan Hetke	12	S.L.V.	9:52.52	
-- Mitch Moriarty	12	Aptos	DQ	

## Boys 110 Meter Hurdles

Name	Year	School	Finals	Wind	Points
1 John Paul Williams	12	Westmoor	14.81	1.1	10
2 Donald Wang	12	Independence	15.06	1.1	8
3 Todd Grimm	10	Los Altos	15.19	1.1	6
4 Sean Goetzl	11	Aptos	15.20	1.1	4
5 Ryo Kubozono	12	Cupertino	15.24	1.1	2
6 Juan Rodriguez	11	Serra	15.31	1.1	1
7 Kamara Biawogi	9	Prospect	15.31	1.1	
8 Marvin Jackson	12	Milpitas	15.41	1.1	

## Boys 300 Meter Hurdles

Name	Year	School	Finals	Points
1 Ryo Kubozono	12	Cupertino	38.84	10
2 John Paul Williams	12	Westmoor	39.09	8
3 Donald Wang	12	Independence	39.65	6
4 Dylan Alsagoff	12	San Jose	39.85	4
5 Nick Pfeiffer	12	Pacific Grove	40.12	2
6 Ralph Jackson	12	Sobrato	40.22	1
7 Julian Nagata	11	Everett Alvarez	40.39	
8 Kory Johnson	12	Wilcox	40.47	

## Boys 4x100 Meter Relay

School	Finals	Points
1 Gilroy	42.42	10
2 Bellarmine College Prep	42.47	8
3 St. Ignatius College Prep	42.53	6
4 St. Francis (Mountain View)	42.79	4
5 Junipero Serra	42.96	2
6 Palo Alto	43.28	1
7 Santa Cruz	44.68	

## Boys 4x400 Meter Relay

School	Finals	Points
1 Mountain View	3:22.83	10
2 Bellarmine College Prep	3:24.79	8
3 San Benito (Hollister)	3:24.93	6
4 Independence	3:27.37	4
5 Sacred Heart Cathedral Prep	3:29.09	2
6 Woodside	3:30.38	1
7 St. Francis (Mountain View)	3:30.64	
8 Alisal	3:44.17	

## Girls High Jump

Name	Year	School	Finals	Points
Finals				
1 Stephanie Armstrong	12	Live Oak	5-07.00	10
2 Nikki Myashita	10	Aptos	5-05.00	8
3 Sarah Una Dia	12	Gilroy	5-03.00	6
4 Kristina Bassi	09	St. Francis	J5-03.00	4
5 Madison Mason	11	Burlingame	J5-03.00	2
6 Julia Maggioncalda	10	Gunn	J5-03.00	1
7 Camylle Boxtton	12	Mt. Pleasant	5-01.00	
8 Michellie McDonald-O'Bri	10	St. Ignatius Col	J5-01.00	

## Girls Pole Vault

Name	Year	School	Finals	Points
1 Diamara Planell	11	Los Altos	11-00.00	10
2 Alison Ang	11	Gunn	J11-00.00	8
3 Rachel Bolton	10	Homestead	10-06.00	6
4 Amanda Lackides	10	S.L.V.	J10-06.00	4
5 Bronwyn Stone	12	Los Gatos	10-00.00	1
5 Marissa Engle	11	Homestead	10-00.00	1
5 Thresa Vinson	10	Aptos	10-00.00	1
8 Sophie Coelho	12	San Benito	J10-00.00	
9 Lucy Kurzava	11	Notre Dame Sal	9-06.00	
10 Monique Lam	11	Carlmont	J9-06.00	
-- Jorja Flynn	11	Carlmont	NH	

## Girls Long Jump

Name	Year	School	Finals	Wind	Points
1 Bonny Rivers	12	Harbor	18-09.50	1.7	10
2 Tiana Carter	12	Mt. Pleasant	18-02.00	2.1	8
3 Mariah Rogers	12	Prospect	J18-02.00	0.4	6
4 Ailene Nguyen	10	Saratoga	17-09.00	3.4	4
5 Cydney Leath	10	Mt. Pleasant	17-07.50	3.4	2
6 Kristen Sato	10	Valley Christian	17-06.50	0.5	1
7 Gianna Tinetti	12	Santa Cruz	17-06.00	3.1	
8 Kira Rieneker	12	Pioneer	17-02.00	2.1	

## Girls Triple Jump

Name	Year	School	Finals	Wind	Points
1 Cydney Leath	10	Mt. Pleasant	39-08.00	1.9	10
2 Shanique Walker	11	Mt. Pleasant	39-01.75	-0.4	8
3 Tiana Carter	12	Mt. Pleasant	38-09.25	-0.3	6
4 Symone Evans	12	Leigh	38-07.75	+0.0	4
5 Gianna Tinetti	12	Santa Cruz	37-07.25	+0.0	2
6 Ashley Eggleston	11	Mitty	35-06.25	1.4	1
7 Catherine Li	10	Los Altos	34-08.00	1.2	
8 Maria Suarez	12	Alisal	34-06.50	-0.1	

## Girls Shot Put

Name	Year	School	Finals	Points
1 Meagan McKee	12	Santa Teresa	46-09.00	10
2 Jillian Weir	12	Homestead	43-08.00	8
3 Elizabeth Gordon	12	Mitty	41-03.00	6
4 Myeesha Hardiman	12	Wilcox	40-02.50	4
5 Briona Sullen	12	North Salinas	39-05.00	2
6 Kathleen Guzman	12	Los Gatos	38-03.00	1
7 Paige Logan	12	Los Altos	38-01.00	
8 Sarina Sandoval	10	Gilroy	35-06.00	

## Girls Discus Throw

Name	Year	School	Finals	Points
1 Jillian Weir	12	Homestead	151-11	10
2 Quinta Ekong	12	Hillsdale	138-03	8
3 Meagan McKee	12	Santa Teresa	137-08	6
4 Kathleen Guzman	12	Los Gatos	130-01	4
5 Chelsea Currier	12	M.V.C.	130-00	2
6 Mele Langi	12	Sequoia	126-04	1
7 Brielle Rowe	10	Mountain View	124-03	
8 Michelle Chung	12	Cupertino	120-06	

## Boys High Jump

Name	Year	School	Finals	Points
1 Stephen Johnson	12	Mountain View	6-04.00	10
2 Tyler Nigro	12	Palo Alto	J6-04.00	8
3 Scott Greathouse	12	Los Altos	J6-04.00	6
4 Jake Davis	12	King City	J6-04.00	4
5 Bryan Christofferson	12	St. Ignatius Col	6-02.00	1.50
5 Taylor Kientzel	12	Santa Cruz	6-02.00	1.50
7 Jiwoong Baik	12	Leigh	J6-02.00	
8 Jacob Daw	11	Live Oak	J6-02.00	
9 Steve Dorsey	10	Monterey	J6-02.00	
10 Bennie Williams	12	Palo Alto	J6-02.00	

## Boys Pole Vault

Name	Year	School	Finals	Points
1 Benjamin Berthet	12	Los Gatos	14-08.00	10
2 John Paul Williams	12	Westmoor	13-06.00	8
3 Jake Lindstrom	12	St. Ignatius Col	J13-06.00	6
4 Patrick Hughes	10	Gilroy	J13-06.00	4
5 Justin Pascaul	12	Riordan	J13-06.00	2
6 Austin Meldrum	11	Sobrato	13-00.00	0.50
6 Jason Thompson	11	N.M.C.	13-00.00	0.50
8 Garrett Camarota	12	Mitty	J13-00.00	

## Boys Long Jump

Name	Year	School	Finals	Wind	Points
1 Taylor Kientzel	12	Santa Cruz	22-10.50	1.4	10
2 Mike Kennedy	12	St. Ignatius Col	22-02.75	2.2	8
3 Byron Marshall	10	Valley Christian	22-01.50	0.7	6
4 Tyler Halsted	10	Mountain View	21-06.50	+0.0	4
5 Darren Ngo	11	Silver Creek	20-10.25	0.5	2
6 Madu Cole	12	Bellarmine	20-08.75	0.8	1
7 Benjamin Knight	12	Overfelt	20-03.50	0.4	

## Boys Triple Jump

Name	Year	School	Finals	Wind	Points
1 Taylor Kientzel	12	Santa Cruz	47-08.00	0.6	10
2 Maurice Williams	11	Palo Alto	46-01.50	1.4	8
3 Ricky Strehlow	10	Wilcox	45-02.50	1.4	6
4 Madu Cole	12	Bellarmine	44-11.00	3.6	4
5 Cj Nuwzi	12	Silver Creek	44-09.00	3.1	2
6 Dan Winter	12	Willow Glen	43-07.50	2.5	1
7 Jeremy Thompson	11	Valley Christian	42-11.25	2.2	
8 Jiwoong Baik	12	Leigh	42-05.50	3.5	

## Boys Shot Put

Name	Year	School	Finals	Points
1 Scott Brazil	11	Mt. Pleasant	53-05.00	10
2 Tevita Lataimua	12	Mills	52-05.00	8
3 Clayton Desilva	12	Milpitas	51-10.50	6
4 Richie Casas	11	N.M.C.	J51-10.50	4
5 Alex Koukoutsakis	12	Mountain View	51-05.50	2
6 Jesse Tran	10	Homestead	51-02.00	1
7 Ben Parodi	11	Serra	J51-02.00	
8 Conner Clarke	12	Saratoga	50-04.00	

## Boys Discus Throw

Name	Year	School	Finals	Points
1 Erik Kramer	12	Mills	165-04	10
2 Cj Nuwzi	12	Silver Creek	152-06	8
3 Frankie Martinez	12	San Benito	149-04	6
4 Richie Casas	11	N.M.C.	148-03	4
5 John Warren	12	Santa Cruz	146-00	2
6 Cody Bickham	10	St. Francis	143-04	1
7 Mike Guberlet	11	M.V.C.	142-05	

**Female Team Scores**

Place	School		Points
1	Mt. Pleasant	MTPL	66
2	Leigh	LEIG	31
3	Valley Christian (San Jose)	VCSJ	27
3	Aptos	APTO	27
3	Gunn	GUNN	27
6	Wilcox	WILC	26
6	Leland	LELA	26
8	Homestead	HOME	25
9	Pinewood	PIWO	20
10	Mitty	MITT	19
11	St. Francis (Mountain View)	SFMV	18
12	Los Altos	LOAL	17
12	Mountain View	MTVW	17
14	Santa Teresa	SATE	16
14	Los Gatos	LOGA	16
16	Andrew Hill	ANHI	14
17	Harbor	HARB	10
17	Live Oak	LIOA	10
19	Hillsdale	HILS	8
19	Notre Dame (Salinas)	NDCC	8
21	Evergreen Valley	EVGV	7
22	Prospect	PROS	6
22	Gilroy	GILR	6
22	Burlingame	BURL	6
22	Half Moon Bay	HMBA	6
22	Santa Clara	SCCC	6
27	Piedmont Hills	PIHI	4
27	Saratoga	SART	4
27	Santa Cruz	SCRZ	4
27	San Lorenzo Valley	SALV	4
31	North Salinas	NSAL	3
32	Woodside Priory	WDPR	2
32	Monterey	MONT	2
32	Monte Vista Chr.	MVIS	2
35	Sequoia	SEQU	1
35	Carmel	CARM	1
35	Lynbrook	LYNB	1
35	Pioneer	PION	1
35	Presentation	PRES	1
35	Scotts Valley	SCVA	1

## Boys Team Scores

Place	School		Points
=====			
1	Bellarmino College Prep	BELA	42
2	Mountain View	MTVW	40
3	Pioneer	PION	36
4	Gilroy	GILR	32
5	Westmoor	WSMR	26
6	Palo Alto	PALY	25
7	St. Ignatius College Prep	STIG	24.5
8	Valley Christian (San Jose)	VCSJ	24
9	Santa Cruz	SCRZ	23.5
10	San Benito (Hollister)	SABE	20
11	Mills	MILL	18
11	Independence	INDE	18
13	Los Gatos	LOGA	14
14	Silver Creek	SCRK	12
14	Cupertino	CUPE	12
14	Los Altos	LOAL	12
17	St. Francis (Mountain View)	SFMV	11
18	Mt. Pleasant	MTPL	10
18	Overfelt	OVER	10
20	Sobrato	SOBR	9.5
21	North Monterey Co.	NOMO	8.5
22	Gunn	GUNN	8
23	Junipero Serra	SERR	7
24	Menlo-Atherton	MEAT	6
24	Milpitas	MILP	6
24	Wilcox	WILC	6
27	Woodside	WOOD	5
28	Sacred Heart Cathedral Prep	SHCR	4
28	San Jose	SAJO	4
28	King City	KICI	4
28	Aptos	APTO	4
32	Gunderson	GUND	3
33	Monta Vista	MTVI	2
33	Salinas	SALI	2
33	Archbishop Riordan	ARIO	2
33	Pacific Grove	PAGR	2
37	Willow Glen	WIGL	1
37	Homestead	HOME	1
37	Scotts Valley	SCVA	1