



**CIF/Central Coast Section  
2012 GIRLS WRESTLING CHAMPIONSHIPS  
Participant Information Bulletin**



**Participant Information Bulletin**  
This Bulletin was e-mailed to all member-schools on or about January 10, 2012  
Contact: Duane Morgan - Email: [dmorgan@cifccs.org](mailto:dmorgan@cifccs.org)  
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**ATTENTION ATHLETIC DIRECTORS:**

Please route this bulletin to your HEAD VARSITY GIRLS WRESTLING COACH, and make sure that you and your coach have read the [GIRLS WRESTLING](#) Section of the CCS TOURNAMENT GUIDE.

cc: League Commissioners, Site Directors, Executive Committee

<a href="#">MEETINGS</a>	<a href="#">PASSES</a>	<a href="#">RESULTS</a>
<a href="#">TOURNAMENT DATE / SITE/TIME</a>	<a href="#">RULES</a>	<a href="#">SPORTSMANSHIP</a>
<a href="#">WEIGH-INS</a>	<a href="#">UNIFORMS</a>	<a href="#">RADIO/TV LICENSING</a>
<a href="#">IMPORTANT NOTICE!</a>	<a href="#">TEAM SCORING</a>	<a href="#">CHAMPIONSHIP T-SHIRTS</a>
<a href="#">ENTRIES</a>	<a href="#">MAT SIDE COACHING</a>	<a href="#">PARTICIPANT CERTIFICATES</a>
<a href="#">ADMISSION PRICES</a>	<a href="#">MEDICAL SUPPLIES</a>	<a href="#">STATE CIF CHAMPIONSHIP MEET</a>

For additional information see: [Girls Wrestling Bylaws](#)

**CCS STAFF LIAISON/TOURNAMENT DIRECTOR:** [Duane Morgan](#), Assistant Commissioner

**MEETINGS:**

- **SEPARATION: WEDNESDAY, FEBRUARY 1, 2012, 6:00 pm @ CCS Office**
- **COACHES: FRIDAY, FEBRUARY 3, 2012, @ 3:45pm,  
@ Oak Grove HS Faculty Lounge  
SATURDAY, FEBRUARY 4, 2012 @ 9:45AM  
@ Oak Grove HS Faculty Lounge**
- **EVALUATION: TUESDAY, MARCH 6, 2012, @ 4:00pm, @ the CCS Office**

**TOURNAMENT DATES SITES: FRIDAY & SATURDAY, FEBRUARY 3 & 4, 2012  
@ OAK GROVE HIGH SCHOOL  
285 Blossom Hill Road, San Jose, 95123**

<b>TOURNAMENT SCHEDULE</b>		
(Starting times for all sessions are approximate; each round will begin immediately following the preceding round)		
<b>Friday, February 3, 2012</b>		
<b>Weigh Ins</b>	<b>Only weight classes with 9 or more wrestlers-small gym</b>	<b>2:00 pm</b>
<b>Gym Opens</b>		<b>3:00 pm</b>
<b>Coaches Meeting</b>	<b>Faculty Lounge</b>	<b>3:45 pm</b>
<b>Session 1</b>	<b>3 mats</b>	<b>4:00 pm</b>
<b>Championship</b>	<b>Round 1 &amp; 2</b>	
<b>Consolation</b>	<b>Round 1</b>	

<b>TOURNAMENT SCHEDULE</b>			
(Starting times for all sessions are approximate; each round will begin immediately following the preceding round)			
<b>Saturday, February 4, 2012</b>			
<b>Weigh Ins</b>	<b>All weight classes</b> (weight classes that weighed in Friday will receive an additional pound) <b>-small gym</b>		<b>8:00 am</b>
<b>Gym Opens</b>			<b>9:00 am</b>
<b>Coaches Meeting</b>	<b>Faculty Lounge</b>		<b>9:45 am</b>
<b>Session 2</b>	<b>3 mats</b>		<b>10:00 am</b>
<b>Championship</b>	<b>Round 3-4</b>		
<b>Consolation</b>	<b>Round 2-3-4-5</b>		
<b>Session 3</b>	<b>Championship Finals</b>	<b>1 mat</b>	<b>6:00 pm</b>

### **WEIGH-INS:**

The following weight classes are the base weights to be used for the tournament:

**98 103 108 114 118 122 126 132 138 146 154 165 189 235**

*Reminder:* Two (2) lbs. will be added for each weight class on January 15.

Practice scales will be available one hour prior to the beginning of weigh ins.

- No male weigh-masters and/or male officials will conduct or be present at female weigh-ins.
- Each wrestler will be allowed 2 attempts on initial scale and 1 time on other available scale;
- Once a wrestler has entered the weigh-in facility, and until her weigh-in has been completed, all activity that promotes dehydration is prohibited;
- No wrestlers will be permitted to enter the weigh-in facility after the scheduled starting time for weigh-ins;
- Meet weigh in officials will conduct the weigh-ins and check conformance with Rule 4-2-1, 2 & 3;
- The NWCA Pre-Match Weigh in Form must be presented at registration desk prior to weigh-ins.

### **IMPORTANT NOTICE TO ALL PARTICIPANTS AND COACHES:**

The CIF-Central Coast Section is well aware that many other school and non-school activities (AP tests, SAT/ACT tests, proms, plays, holidays, senior trips, religious days, etc.) may occur during CCS Play-offs. The CCS tries to avoid as many conflicts as possible; however, with so many activities available for today's student-athlete, it is not reasonable to assume that all such activities can be taken into account, and thus, CCS Play-off events will go on as originally scheduled. Participants and coaches are therefore expected to plan in advance for such possible scheduling conflicts and make those difficult choices as to which events will take precedence for that individual. Generally, although it is ultimately the personal choice of the student-athlete and/or his/her parent(s), an academic activity should take precedence over an extra-curricular event.

### **ENTRIES:**

All entries must be submitted on the [Central Coast Section Girl's Wrestling Tournament Entry Form](#) along with the \$25 entry fee per wrestler prior to the meeting. Only one girl per school per weight class may be entered. Additionally, coaches MUST provide at the weigh-in the following documentation: The Official NWCA Pre-Match Weigh In form to verify that the participating wrestler has taken part in the mandatory CIF Weight Management program, as prescribed in State CIF Bylaw 3103.

### ADMISSION PRICES:

SESSION	ADULTS	SENIOR CITIZENS	STUDENTS	CHILDREN
Per Session <b>1 session</b>	\$8	\$4	\$3	\$2
Tournament Pass <b>2 sessions</b>	\$12	\$7	\$5	\$3
Tournament Pass <b>3 sessions</b>	\$17	\$10	\$8	\$4

### PASSES:

#### **WRESTLERS' PASSES:**

- Wrestlers' passes will be available only at their respective weigh-ins on Friday & Saturday, February 3<sup>rd</sup> & 4<sup>th</sup>. They are neither replaceable, nor transferable.
- Passes MUST be attached tightly to the ankle for entry privileges.

#### **COACHES' PASSES:**

- All Head Coaches may pick up their coaches' passes at Oak Grove HS on Friday, February 3<sup>rd</sup>, 2pm or Saturday February 4<sup>th</sup>, 8am, when they provide the NWCA Pre Match Weigh In Form with their competing wrestlers names on the form.
- The Head Coach and one (1) Ass't. Coach will each receive one (1) non-transferable event pass for the Tournament.
- Head Coaches of schools with MORE THAN EIGHT (8) wrestlers participating in the Tournament may request a third coach's pass to be included in the packet.
- Passes MUST be attached tightly to the coach's wrist for entry to mat side.

### RULES:

The 2011-12 [National Federation](#) Wrestling Rules will be followed, except as modified by State CIF and CCS.

### UNIFORMS:

Please be aware that Rule 4, Section 1, Articles 1-5 Page 17 of the 2011-12 [National Federation](#) Wrestling Rule Book will be strictly enforced!

### TEAM SCORING:

As outlined in the [National Federation](#) Rule Book for a Tournament scoring six (6) places.

### MAT-SIDE COACHING:

A maximum of two (2) people (limited to coaches certified by the participating school and/or participating wrestlers) are allowed mat-side in the "coaching chairs." Those individuals in the "coaching chairs" MUST wear their respective COACH'S or PARTICIPANT'S PASS. All other personnel are expected to remain outside the roped-off wrestling area.

### MEDICAL SUPPLIES:

Coaches are expected to provide medical supplies for their wrestlers. Trainers will be available to assist with taping, but should not be expected to supply medical materials (ice, tape, bandages, etc.) for any wrestlers.

### **RESULTS:**

Once the tournament begins, all results will be available immediately [trackwrestling.com](http://trackwrestling.com)

### **SPORTSMANSHIP: See Girls Wrestling Bylaws – Section 11.**

**Any player or coach who is disqualified from a Play-off contest for flagrant misconduct or un-sportsmanlike behavior shall be disqualified from all remaining contests in that sport that season, including State Championships.**

### **RADIO / TV LICENSING:**

CCS owns the broadcasting rights for all Tournament contests. Licensing is required. To ensure the coordination of appropriate paperwork and fees, interested media must contact the CCS Commissioner well before the Tournament to inform of their intent to cover. No live radio and/or TV broadcasts are allowed

### **CHAMPIONSHIP T-SHIRTS:**

While supplies last, CCS Championship T-shirts may be ordered online using the [T-Shirt Order Form](#) which can be found on the CCS Wrestling webpage. While supplies last, T-shirts will be available at the Meet site for \$15 each. No other merchandise may be sold without CCS approval.

### **PARTICIPANT CERTIFICATES**

Participant Certificates are available on the CCS secure website which is accessible to all CCS member school Athletic Directors and Principals.

### **STATE CIF CHAMPIONSHIP MEET INFORMATION:**

**FRIDAY / SATURDAY, FEBRUARY 24-25, 2012 @ Lemoore High School, Lemoore**

- **QUALIFYING TO THE STATE MEET:**

The top **four (4)** placers in each weight-class will be the CCS/SFS representatives advancing to the STATE CIF WRESTLING CHAMPIONSHIPS. The fifth-place wrestler will NOT be an alternate -- there are no alternates to the State Meet

- **ADDITIONAL INFO:** Check State CIF web-site: [www.cifstate.org](http://www.cifstate.org)