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CIF/Central Coast Section

Gymnastics Bylaws

(As approved by the CCS Board of Managers
October, 2011)



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Section 1. SCHEDULED MEETINGS

Evaluation Meeting: **Will be set up with meet director**

Section 2. MEET DATE / SITES

A. Tournament Date: **THURSDAY, MAY 17, 2012, @ Twisters Sport Center**, Mountain View

B. SITES

The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.

Section 3. QUALIFYING CRITERIA FOR CCS MEET

Teams who qualify for CCS competition are as follows:

A. All League Champions;

B. Any team which scores 129 or better, counting the top four (4) scores in each event at the League Finals, with officially assigned judges verifying the score sheet;

C. Individual Qualifiers:

1. Any gymnast, not on a team that qualifies for the Section Tournament, who finishes in the top eight (8) in each event at the League Finals, will advance to the Section Meet;
2. Any other Gymnast in individual events who receives the following minimum score on any of the events during League Finals: VAULT - 8.6; BARS - 8.4; BEAM - 8.4; FLOOR - 8.6; ALL-AROUND - 34.0

Section 4. MEET FORMAT

A. All gymnasts from the same school will compete in the same group, **if possible**.

B. Several schools may be grouped together.

C. Four (4) events will be run simultaneously, utilizing the "Capitol Cup" Warm-up Format.

1. Once the format for warm-up and competition at the CCS Meet is published, there will be no deviation from the published format.

D. Olympic rotation will be followed: VAULT - BARS - BEAM - FLOOR.

1. Squads will rotate by "bumping" to the next event. That is, when a squad finishes an event, the squad immediately moves to the next event to wait their turn.

E. The order of competition will be determined by a random draw conducted by the Meet Director and an unbiased League Representative prior to the Meet, as follows:

1. Receive all meet entries;
2. Assign a number to each team;
3. Place the team name, number, and number of gymnasts for that team on a slip of paper;

4. Conduct a blind draw for team placement into four (4) relatively equal groups;
5. Conduct a blind draw for the starting event for each group;
6. Conduct a blind draw for the competitive order of each team within each group;
7. Assign competitive numbers to individual competitors;
8. Each team may decide the order of competition for their own gymnasts in each event.

Section 5. ENTRY FORMS

A. ENTRY FORM

See APPENDIX for [OFFICIAL ENTRY FORM](#)

1. This form shall be completed by each coach of a team that scores 129 points or better, counting the top four (4) scores in each event at League Finals and **MUST** be received by the CCS Meet Director no later than 9:00AM, three (3) days prior to the Section Meet.
2. A team may enter six (6) gymnasts per event -- one (1) gymnast must be All-Around.
3. Team scores will be the total of the top four (4) scores in each event.
4. Each school must list all competitors from their school who will be competing at the Section Championship whether they are part of the designated team or if they are an undesignated individual qualifier.

Section 6. RULES

The 2011-12 National Federation Gymnastics rules will be followed.

Section 7. UNIFORMS

Rule 3, Section 3, Article 1-5 of the **National Federation** Gymnastics Rulebook shall be strictly adhered to.

Section 8. INJURY / ILLNESS TO DESIGNATED TEAM MEMBERS

If a designated team member cannot compete, due to injury or illness, a substitute may be entered at the CCS Meet, under the following conditions:

- A. The replacement gymnast must be on the roster and have competed in at least one (1) regular-season meet; **AND**
- B. The change must take place before either the originally-designated gymnast or the replacement gymnast has competed in that event; **AND**
- C. A maximum of one (1) alternate for that event must have been included on the team's Entry form; **AND**
- D. The replacement gymnast must be THE designated alternate listed for that event on the team Entry Form; **AND**
- E. The Meet Director must be notified of the change by the team's coach prior to the start of the event. (Refer to the CCS [Participant Information Bulletin](#) for name and contact information of Meet Director.)

Section 9. AWARDS

Awards will be presented immediately following the conclusion of the Meet as follows:

- A. Team Trophies: Champion; 2nd-Place; 3rd-Place; and 4th-Place teams;
- B. Medals: 1st- through 6th-Place Individual Event & All-Around winners.

Section 10. OFFICIALS

The CCS Commissioner shall contract with local accredited Officials Associations for the assigning of officials to work the CCS Championship.

Section 11. SPORTSMANSHIP

- A. The member schools of the CIF/Central Coast Section are committed to providing a sportsmanlike environment for students, coaches, and spectators.

Our Sportsmanship Definition is:
A person who can take a loss or defeat without complaint, or victory without gloating, and who treats his/her opponents with fairness, courtesy and respect.

- B. The following behavior is **unacceptable** at all CIF/CCS High School contests:

- artificial noise makers
- berating opposing
- negative signs
- berating your opponent's school or mascot
- obscene cheers or gestures
- complaining about officials' calls (verbally or in gestures)

- C. To this end, each school is required to submit one (1) signed Sportsmanship Contract on or prior to September 15 of the school year. This contract confirms that the principal has verbally and through written communication addressed the importance of sportsmanship to his/her student body, faculty and

community.

- D. **Each Principal** is required by the CCS Board of Managers to meet with any individual from his/her school participating in the CCS Tournament to review CCS Sportsmanship Information.
- E. **Coaches** will attend a coaches meeting the first day of the Tournament where they will be reminded of the importance of good sportsmanship and to make certain their Administrator has reviewed this information with their athletes within the past week.

Section 12. ELIGIBLE ATHLETES

- A. No athlete will be allowed to compete who is not accompanied by a coach or faculty member from the school which she is representing.
- B. All athletes must be in good standing with their League, school, and CCS in order to compete. No ineligible athletes will be allowed to compete.
- C. Any player or coach who is disqualified from a Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season.

Section 13. PRACTICE AT CHAMPIONSHIP SITE

No arrangements for practice at the competition site is allowed by the CCS once the site of the Tournament has been announced by CCS. See "[General Tournament Information](#)" Section of this CCS CCS Playoff Bylaws for specific policy. Schools found in violation of this rule may be barred from further participation in the Section Play-offs.

Section 14. FACULTY SUPERVISION

Adequate student and spectator supervision MUST be provided by each school participating in the Tournament. School administrators/faculty who attend the contest in this capacity should introduce themselves to the CCS Site Director and tell him/her where they will be located throughout the Meet in case their assistance is needed. It is the responsibility of the school supervisory personnel to prevent and correct any inappropriate behavior of their students and spectators.

In order that all persons may experience maximum enjoyment at CCS athletic events, and to enhance and encourage good public order, it is the policy of the Central Coast Section/CIF that all persons wishing to audibly cheer or support a particular team be seated in an area designated for, or most closely identified with, the team in question.

Seating of persons audibly cheering for a particular team in the cheering section of, or areas most closely identified with, the opposing team is to be avoided whenever possible, and such persons shall be directed by staff to the appropriate seating location for their team.

Section 15. MEET INFORMATION

The [Participant Information Bulletin](#) will be sent to all schools and the media approximately three (3) weeks prior to the start of the Championship.

OTHER IMPORTANT DOCUMENTS RELATED TO PLAYOFFS:



CCS PLAYOFF POLICY

[Click here to see entire policy](#)

SEASON LONG LEAGUE PLAY

The sole purpose of CCS Playoffs is to provide a post-season championship event for its member school teams and athletes who have been engaged in season-long league play in a given sport.

- A. Section playoffs are to be conducted as the culminating activity for teams and/or individuals who have been engaged in season-long league play in a given sport.
- B. Schools or leagues which do not conduct a given sport on a recognized league basis for the majority of a given sport season will not be allowed to enter playoff competition. Exceptions to this general policy may be made by the Board of Managers as a result of a unique, short-term and specific circumstance beyond a school's control that directly causes the school to be unable to participate in that sport in season-long league play,
- C. In individual sports, (swimming, track & field, cross country, tennis, golf, gymnastics, badminton, wrestling), a student athlete must compete in at least ½ of the regularly-scheduled league meets in order to participate in the CCS playoffs in that sport. The specific qualification standards outlined in the CCS bylaws for each of these sports must be met in addition to this general minimum participation standard.

Exceptions to this rule may be determined by the league ONLY

- if there is a serious medical condition or hardship that is beyond the student's control and which clearly and solely causes their lack of participation in a minimum of $\frac{1}{2}$ of their regularly-scheduled league contests OR
- if the student has corrected a scholastic ineligibility in the most recent grading period which occurs after the first half of the league season is complete and which directly and solely causes their lack of participation in a minimum of $\frac{1}{2}$ of their regularly-scheduled league contests.
- if through internal team competition and ladder movement an athlete has not had the opportunity to participate in $\frac{1}{2}$ the regular-scheduled league contests.