

Alisal

777 Williams Road, Salinas, 93905
831 796-7600 FAX: 831 796-7605 Athletic FAX: 831 796-7605
Website: www.salinas.k12.ca.us/alisal
League: TCAL 2010-11 Enrollment: 2479
Mascot: Trojans School Colors: Forest Green/white/black

Principal: Dan Burns 831 796-7610 dan.burns@salinasuhd.org
Co-Administrator: Raul Ramirez 831 796-7616 raul.ramirez@salinasuhd.org
Athletic Director(s): Hugo Mariscal 831 796-7669 hugo.mariscal@salinasuhd.org
Eric Valdez (Ath. Secretary) 831 796-7615 erica.valdez@salinasuhd.org
Trainer: no trainer indicated

Badminton: no program
Baseball: Graham Santiago gsantiago@csumb.edu
Basketball, Boys: Jose Gil coachgil23@yahoo.com Basketball, Girls: Mick Battaglini battsm@aol.com
X-Country, Boys: Steven Munoz steve.munoz@salinasuhd.org X-Country, Girls: Steven Munoz
steve.munoz@salinasuhd.org
Field Hockey: no program
Football: Sunil Smith sunil.smith@salinasuhd.org
Golf, Boys: Sunil Patel sunil.patel@salinasuhd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Mark Cisneros mark.cisneros@salinasuhd.org Soccer, Girls: Ramon Hernandez coachramon@yahoo.com
Softball: Ben Pulido bmarquez@salinascity.k12.ca.us
Swim, Boys: Rich Monroe richard.monroe@salinasuhd.org Swim, Girls: Rich Monroe richard.monroe@salinasuhd.org
Tennis, Boys: no program Tennis, Girls: Guillermon Camacho memocsub@gmail.com
Track, Boys: Ignacio Mendez ignacio.mendez@salinasuhd.org Track, Girls: Ignacio Mendez
ignacio.mendez@salinasuhd.org
Volleyball: Boys: Mio Nishimura mio.nishimura@salinasuhd.org Volleyball, Girls: Javier Ramirez
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : J.J. Garcia j.garcia.6@hotmail.com

Alma Heights Christian

1030 Linda Mar Blvd., Pacifica, 94044
650 355-1935 FAX: 650 355-3488 Athletic FAX:
Website: www.almaheights.org
League: PSAL 2010-11 Enrollment: 146
Mascot: Eagles School Colors: Navy Blue, Black and Gold

Principal: David Gross dgross@almaheights.org
Co-Administrator:
Athletic Director(s): Natalie Ayres (650) 355-1935 x7 nayres@almaheights.org
Mark Bermudez mbermudez@almaheights.org
Trainer: no trainer indicated

Badminton: no program
Baseball: Mark Bermudez mbermudez@almaheights.org
Basketball, Boys: Mark Bermudez mbermudez@almaheights.org Basketball, Girls: Natalie Ayres nayres@almaheights.org
X-Country, Boys: Elizabeth Langworthy elangworth@almaheights.org X-Country, Girls: Elizabeth Langworthy
elangworth@almaheights.org
Field Hockey: no program
Football: Mark Bermudez mbermudez@almaheights.org
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Mark Patterson mpatterson@almaheights.org Soccer, Girls: no program
Softball: Tito Correa tcorrea@almaheights.org
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Lynn Niemira lwniemira@hotmail.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Alvarez

1900 Independence Blvd., Salinas, 93906
831 796-7800 FAX: 831 796-7805 Athletic FAX:

Website: www.salinas.k12.ca.us/everettalvarez

League: TCAL 2010-11 Enrollment: 2175

Mascot: Eagles School Colors: Navy/Vegas gold

Principal: Darin Hershberger 831 796-7810 Darin.Hershberger@salinasuhd.org

Co-Administrator:

Athletic Director(s): Clovis Clinton 831 796-7829 clovis.clinton@salinasuhd.org

Trainer: no trainer indicated

Badminton: no program

Baseball: John Matine john.martine@salinasuhd.org

Basketball, Boys: Mark Haddan mark.haddan@salinasuhd.org Basketball, Girls: Chris Gaskins chrisgsk@aol.com

X-Country, Boys: Chip Powers X-Country, Girls: Patricia Hoyos

Field Hockey: no program

Football: Ralph Ward ralph.ward@salinasuhd.org

Golf, Boys: Josh Mack joshua.mack@salinasuhd.org Golf, Girls: John Matine john.martine@salinasuhd.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Edgar Luquin luquintileandstorm@gmail.com Soccer, Girls: Chuck Shearn

Softball: Courtney Weber courtney.weber@salinasuhd.org

Swim, Boys: Sky Becker sky.becker@salinasuhd.org Swim, Girls: Brandon Burnett flaminganvilforge1@yahoo.com

Tennis, Boys: Steven Ngoi ddsngoi@aol.com Tennis, Girls: Steven Ngoi ddsngoi@aol.com

Track, Boys: Chip Powers Track, Girls: Patricia Hoyos

Volleyball, Boys: no program Volleyball, Girls: Marc Tejada mark.tejada@salinasuhd.org

Water Polo, Boys: Sky Becker sky.becker@salinasuhd.org Water Polo, Girls: Brandon Burnett

Wrestling : Joaquin Vasquez jv_coach@sbcglobal.net

Anchorpoint Christian

2220 Pacheco Pass Hwy, Gilroy, 95020

408 846-6642 FAX: 408 848-4426 Athletic FAX: 408 848-4462

Website: www.anchorpointgilroy.org

League: MTAL 2010-11 Enrollment: 60

Mascot: Warriors School Colors: Blue/White

Principal: Steve White 408 846-6642 ext 117 swhite@anchorpointgilroy.org

Co-Administrator:

Athletic Director(s): K.C. Adams 408 846-6642 x107 kcadams@anchorpointgilroy.org

Trainer: no trainer indicated

Badminton: no program

Baseball: Ken Bradley KenBradley@anchorpointgilroy.org

Basketball, Boys: K.C. Adams kcadams@anchorpointgilroy.org Basketball, Girls: K.C. Adams

kcadams@anchorpointgilroy.org

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: K.C. Adams (8-man) kcadams@anchorpointgilroy.org

Golf, Boys: Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: Danny Kinashita D.kinashita@anchorpointgilroy.org

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball, Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Anzar

2000 San Juan Highway, San Juan Bautista, 95045-2000
831 623-7660 FAX: 831 623-7676 Athletic FAX: 831 623-7676

Website: www.anzarhawks.org

League: MTAL 2010-11 Enrollment: 433

Mascot: Hawks School Colors: Cardinal/silver/black

Principal: Charlene McKowen cmckowen@sbcoe.org

Co-Administrator:

Athletic Director(s): Sam Stewart 831 623-7660 x 2713 sstewart@asjUSD.k12.ca.us

Trainer: no trainer indicated

Badminton: no program

Baseball: Andrew Barragan

Basketball, Boys: E. Cecena ececena@montmush.com Basketball, Girls: Sam Stewart sstewart@asjUSD.k12.ca.us

X-Country, Boys: Daniel Lowell X-Country, Girls: Daniel Lowell

Field Hockey: no program

Football: no program

Golf, Boys: W. Trefts Golf, Girls: no program

Gymnastics: no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: TBD Soccer, Girls: Jose Flores josflores@csumb.edu

Softball: Felipe Vallejo

Swim, Boys: TBD Swim, Girls: TBD

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Daniel Lowell Track, Girls: Daniel Lowell

Volleyball, Boys: no program Volleyball, Girls: Chris Wardlaw losdomaine@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling: no program

Aptos

100 Mariner Way, Aptos, 95003
831 688-6565 FAX: 831 688-6430 Athletic FAX:

Website: <http://www.aptosHS.net/>

League: SCCAL 2010-11 Enrollment: 1397

Mascot: Mariners School Colors: Blue/white

Principal: Casey O'Brien 831 688-6565 x 230 casey_obrien@aptosHS.net

Co-Administrator:

Athletic Director(s): Mark Dorfman 831 688-6565 x 483 mdorfman@aptosHS.net

Trainer: Matt Rohan

Badminton: no program

Baseball: Dave Heinevetter

Basketball, Boys: Joseph Smith joseph_@pvUSD.net Basketball, Girls: Cade Bell aptosgirlsbasketball@gmail.com

X-Country, Boys: Dan Gruber dgruber@aptosHS.net X-Country, Girls: Dan Gruber dgruber@aptosHS.net

Field Hockey: no program

Football: Randy Blankenship throckbodidly@yahoo.com

Golf, Boys: TBA Golf, Girls: Bill Tsudama bill.tsudama@gmail.com

Gymnastics: no program

Lax, Boys: Paul Murtha murthaelectric@yahoo.com Lax, Girls: no program

Soccer, Boys: Brian Cronin Soccer, Girls: Jessica Perkin aptosvarsitysoccer@gmail.com

Softball: Erika Campbell encss521@live.com

Swim, Boys: Jim Triplett willitriple@aol.com Swim, Girls: Jim Triplett willitriple@aol.com

Tennis, Boys: Rich Taylor tayloraptos@gmail.com Tennis, Girls: Linda Htichcock lindi3@juno.com

Track, Boys: Scott McConville jsmcconville@gmail.com Track, Girls: Scott McConville jsmcconville@gmail.com

Volleyball, Boys: Scott Hill shill@santacruz.k12.ca.us Volleyball, Girls: Jen Bryan jenbryan8@hotmail.com

Water Polo, Boys: Jasper Billings jasperbillings@gmail.com Water Polo, Girls: Tim Outtrim touttrim@yahoo.com

Wrestling: Reggie Roberts rroberts@aptos.net

Aragon

900 Alameda de las Pulgas, San Mateo, 94402
650 558-2999 FAX: 650 558-2952 Athletic FAX:

Website: www.aragon.schoolloop.com

League: PAL 2010-11 Enrollment: 1590

Mascot: Dons School Colors: Scarlet/black

Principal: Patricia Kurtz 650 558-2900 pkurtz@smuhsd.org
Co-Administrator: Joseph Mahood 650 558-2902 jmahood@smuhsd.org
Athletic Director(s): Steve Sell 650 558-2929 ssell@smuhsd.org
Trainer: no trainer indicated

Badminton: Linda Brown lbrown7545@hotmail.com

Baseball: Len Souza souza_lenny@yahoo.com

Basketball, Boys: Sam Manu manucru@yahoo.com Basketball, Girls: Annette Gennaro-Trimble atrimble@smuhsd.org

X-Country, Boys: Bill Daskarolis bdasko@comcast.net X-Country, Girls: Bill Daskarolis bdasko@comcast.net

Field Hockey: no program

Football: Steve Sell ssell@smuhsd.org

Golf, Boys: Guy Oling guykix@hotmail.com Golf, Girls: Guy Oling guykix@hotmail.com

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Tyrone Diaz malo2998@yahoo.com Soccer, Girls: Will Colglazier will.colglazier@gmail.com

Softball: Bill Laskey celebcon@mindspring.com

Swim, Boys: Fred Farley tkane02@yahoo.com Swim, Girls: Fred Farley tkane02@yahoo.com

Tennis, Boys: Dave Owdom owdom4@netzero.net Tennis, Girls: Ed Schuler edschuler@gmail.com

Track, Boys: Bill Daskarolis bdasko@comcast.net Track, Girls: Bill Daskarolis bdasko@comcast.net

Volleyball, Boys: no program Volleyball, Girls: Annette Gennaro-Trimble atrimble@smuhsd.org

Water Polo, Boys: Nick Gonzales ntg80@hotmail.com Water Polo, Girls: Asuka Chiba achiba16@gmail.com

Wrestling : Steve Ratto sratto@smuhsd.org

Archbishop Mitty

5000 Mitty Way, San Jose, 95129
408 252-6610 FAX: 408 252-0518 Athletic FAX: 408 252-0270

Website: www.mitty.com

League: WCAL 2010-11 Enrollment: 1639

Mascot: Monarchs School Colors: Black/gold/white

Principal: Tim Brosnan 408 342-4208 tbrosnan@mitty.com

Co-Administrator:

Athletic Director(s): Will Scharrenberg 408 342-4213 wscharrenberg@mitty.com

Sarah Thomas; Monica Marcuson 408 342-4239 stthomas@mitty.com; mmarcuson@mitty.com

Trainer: Scott Zimmerman szimmerman@mitty.com

Badminton: Wilfredo Vargas wvargas@mitty.com

Baseball: Bill Hutton bhutton@mitty.com

Basketball, Boys: Tim Kennedy tkennedy@mitty.com Basketball, Girls: Sue Phillips sphillips@mitty.com

X-Country, Boys: Dan Hodgin dan@danhucla.com X-Country, Girls: Dina Oakland doakland@mitty.com

Field Hockey: Justina Williams jwilliams@mitty.com

Football: Matt Haniger mhaniger@mitty.com

Golf, Boys: John Mosunic jmosunic@mitty.com Golf, Girls: Matt Garrison matt44gar@aol.com

Gymnastics : no program

Lax, Boys: Carlos Trujillo carlost@brandathletics.net Lax, Girls: no program

Soccer, Boys: Cesar Sanchez csanchez@mitty.com Soccer, Girls: J.T. Hanley jthanley@mitty.com

Softball: Brian Yocke yocke39@sbcglobal.net

Swim, Boys: Mike Hendrickson mike.j.hendrickson@intel.com Swim, Girls: Tom Miller tmiller@mitty.com

Tennis, Boys: Jason Scalse courtonetennis@yahoo.com Tennis, Girls: Jason Scalse courtonetennis@yahoo.com

Track, Boys: Kevin Dunn kdunn@mitty.com Track, Girls: Dina Oakland doakland@mitty.com

Volleyball, Boys: Jeff Kim jeffkim6@gmail.com Volleyball, Girls: Bret Almazan-Cesar bcezar@mitty.com

Water Polo, Boys: Mike Hendrickson mike.j.hendrickson@intel.com Water Polo, Girls: Rachel Rhodes

rachelannerhodes@gmail.com

Wrestling : Chris Curry ccurry@mitty.com

Archbishop Riordan

175 Phelan Avenue, San Francisco, 94112
415 586-8200 FAX: 415 587-1310 Athletic FAX:

Website: www.riordanhs.org

League: WCAL 2010-11 Enrollment: 530

Mascot: Crusaders School Colors: Purple/gold

Principal: Kevin Ashbra 415 586-8200 x 234 kasbra@riordanhs.org

Co-Administrator: Patrick Daly (President) 415 586-8200 x 232 pdaly@riordanhs.org

Athletic Director(s): Pete Russell 415 586-8495 prussell@riordanhs.org

Viggen Rassam 415 586-8200 x 228 vrsassam@riordanhs.org

Trainer: Mike Galvan mgalvone@att.net

Badminton: no program

Baseball: Matt Gallegos mgallegos@riordanhs.org

Basketball, Boys: Rich Buckner bkcoach32@yahoo.com Basketball, Girls: no program

X-Country, Boys: Randy McLaughlin ran245@msn.com X-Country, Girls: no program

Field Hockey: no program

Football: Richard Sweeney rsweeney@riordanhs.org

Golf, Boys: TBA Golf, Girls: no program

Gymnastics : no program

Lax, Boys: Michael Sheridan msheridan@riordanhs.org Lax, Girls: no program

Soccer, Boys: Dave Siracusa dsiracusa@riordanhs.org Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: Ed Stephens edwardstephens@hotmail.com Tennis, Girls: no program

Track, Boys: Matt Ilarina mdilarina@riordanhs.org Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Vic Anastasio vanastasio@riordanhs.org

Bellarmino

960 W. Hedding Street, San Jose, 95126-1215
408 294-9224 FAX: 408 278-1048 Athletic FAX: 408 278-1048

Website: www.bcp.org

League: WCAL 2010-11 Enrollment: 1507

Mascot: Bells School Colors: Blue/white

Principal: Chris Meyercord 408 537-9260 cmeyercord@bcp.org

Co-Administrator: Matt Oelkers 408 537-9239 moelkers@bcp.org

Athletic Director(s): Mike West 408 537-9299 mwest@bcp.org

Terry Ward 408 537-9299 tward@bcp.org

Trainer: Mark Moreno

Badminton: no program

Baseball: Michael Rodriguez m.rodriguez@majesticsales.net

Basketball, Boys: Patrick Schneider pschneider@bcp.org Basketball, Girls: no program

X-Country, Boys: Patrick McCrystle pmccrystle@bcp.org X-Country, Girls: no program

Field Hockey: no program

Football: Mike Janda mjanda@bcp.org

Golf, Boys: Louie Agelson lagelson@bcp.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: Matt Oelkers moelkers@bcp.org Lax, Girls: no program

Soccer, Boys: Patrick Lowney plowney@bcp.org Soccer, Girls: no program

Softball: no program

Swim, Boys: Larry Rogers lrogers@bcp.org Swim, Girls: no program

Tennis, Boys: Tyler Hansbrough thansbrough@bcp.org Tennis, Girls: no program

Track, Boys: Patrick McCrystle pmccrystle@bcp.org Track, Girls: no program

Volleyball: Boys: Scott Petersen spetersen@bcp.org Volleyball, Girls: no program

Water Polo, Boys: Larry Rogers lrogers@bcp.org Water Polo, Girls: no program

Wrestling : Tim Kerr tkerr@bcp.org

Branham

1570 Branham Lane, San Jose, 951182241
408 626-3407 FAX: 408 267-2676 Athletic FAX:

Website: <http://branham.cuhsd.org>

League: BVAL 2010-11 Enrollment: 1399

Mascot: Bruins School Colors: Blue/white

Principal: Tom Utic 408 626-3407 ext. 7101 tutic@cuhsd.org

Co-Administrator: Gary Rose 408 626-3407 ext. 7112 grose@cuhsd.org

Athletic Director(s): Landon Jacobs 408 626-3407 x 7180 ljacobs@cuhsd.org

Trainer: Mary Portwood mportwoodatc@gmail.com

Badminton: Nicole Barkley

Baseball: Landon Jacobs ljacobs@cuhsd.org

Basketball, Boys: Madison Butts mbutts@cuhsd.org Basketball, Girls: Sam Hernandez sh5055@sbcglobal.net

X-Country, Boys: Laura Andersson landersson@cuhsd.org X-Country, Girls: Laura Andersson landersson@cuhsd.org

Field Hockey: Brittney Eich beich@cuhsd.org

Football: Nick Gardiner engardiner@yahoo.com

Golf, Boys: TBA Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Danny Kadah dkadah@verizon.net Soccer, Girls: Ron Smare rsmare@cuhsd.org

Softball: TBA

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: Steve Wayrynen steve_wayrynen@yahoo.com Tennis, Girls: Steve Wayrynen steve_wayrynen@yahoo.com

Track, Boys: Tobias McLeod tmcleod@cuhsd.org Track, Girls: Tobias McLeod tmcleod@cuhsd.org

Volleyball, Boys: Jess Torres Volleyball, Girls: Heather Cooper cooper@synergyvbc.net

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Nelson Southward csouthwas@aol.com

Burlingame

One Mangini Way, Burlingame, 94010
650 558-2899 FAX: 650 558-2852 Athletic FAX:

Website: <http://bhs.smuhsd.org>

League: PAL 2010-11 Enrollment: 1358

Mascot: Panthers School Colors: Red/white

Principal: Chris Holleran cholleran@smuhsd.org

Co-Administrator: Julie Thompson 650 558-2802 jthompson@smuhsd.org

Athletic Director(s): John Philipopoulos 650 558-2899 x 5470 jphilipopoulos@smuhsd.org

Trainer: no trainer indicated

Badminton: Steve Erle serle@smuhsd.org

Baseball: Shawn Scott ssjr44@yahoo.com

Basketball, Boys: Jeff Dowd jdowd22@yahoo.com Basketball, Girls: Marvin Lui mlui@smuhsd.org

X-Country, Boys: Steve O'Brien obbie18@hotmail.com X-Country, Girls: Steve O'Brien obbie18@hotmail.com

Field Hockey: no program

Football: John Philipopoulos coachjphil12@yahoo.com

Golf, Boys: Steve Mills smills@smuhsd.org Golf, Girls: Steve Mills smills@smuhsd.org

Gymnastics : Bill Strom bill@gymtowne.com

Lax, Boys: Clark Fisher cfisher@farmersagent.com Lax, Girls: Tara Pratt tara01@pacbell.net

Soccer, Boys: Mike Sharabi mikesharabi@gmail.com Soccer, Girls: Phillip DeRosa pderosa@smuhsd.org

Softball: Brian Firenze supcarp1@aol.com

Swim, Boys: Chris Culp chris@burlingameaquatics.com Swim, Girls: Chris Culp chris@burlingameaquatics.com

Tennis, Boys: Bill Smith tennismith@aol.com Tennis, Girls: Bill Smith tennismith@aol.com

Track, Boys: Megan Fish meganfish@gmail.com Track, Girls: Megan Fish meganfish@gmail.com

Volleyball, Boys: no program Volleyball, Girls: Steve Erle serle@smuhsd.org

Water Polo, Boys: Randy Kalhus randy@burlingameaquatics.com Water Polo, Girls: Marc Keirns marckeirns@gmail.com

Wrestling : Eric Botelho ericbotelho@sbcglobal.net

Capuchino

1501 Magnolia Avenue, San Bruno, 94066
650 558-2799 FAX: 650 558-2752 Athletic FAX:
Website: <http://chs.schoolloop.com>
League: PAL 2010-11 Enrollment: 1118
Mascot: Mustangs School Colors: Green/gold

Principal: Shamar Shanks 650-558-2700 sshanks@smuhsd.org
Co-Administrator: Margarita C. Navarro 650 558-2702 mnavarro@smuhsd.org
Athletic Director(s): Mike Trimble 650 558-2736 mtrimble@smuhsd.org
Trainer: no trainer indicated

Badminton: Greg Pierce gpierce@sfchronicle.com
Baseball: Matt Wilson [m9090@aol.com](mailto:mw9090@aol.com)
Basketball, Boys: Doug Fountain doug.fountain@att.net Basketball, Girls: Mike Trimble mtrimble@smuhsd.org
X-Country, Boys: Mike Trimble mtrimble@smuhsd.org X-Country, Girls: Mike Trimble mtrimble@smuhsd.org
Field Hockey: no program
Football: Adam Hyndman ahyndman@smuhsd.org
Golf, Boys: Jeff Rodriguez rodriguez54@yahoo.com Golf, Girls: Jeff Rodriguez rodriguez54@yahoo.com
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Greg Pierce socball@sanbrunocable.com Soccer, Girls: Terry Andreacchi tandreacchi@smuhsd.org
Softball: Todd Grammatico tgrammatico@sanbrunogarbage.com
Swim, Boys: Joe Kennedy jwkennedy7@gmail.com Swim, Girls: Jackie Carlisle jackiecarlisle@aol.com
Tennis, Boys: Rich DeLeon richtennisman@sbcglobal.net Tennis, Girls: Rich de Leon richtennisman@sbcglobal.net
Track, Boys: Mike Trimble mtrimble@smuhsd.org Track, Girls: Mike Trimble mtrimble@smuhsd.org
Volleyball: Boys: no program Volleyball, Girls: Nilo Mauricio nofloor@aol.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Geovanny Aguilar gjaguilar@yahoo.com

Carlmont

1400 Alameda de las Pulgas, Belmont, 94002
650 595-0210 FAX: 650 591-6067 Athletic FAX: 650 306-1709
Website: www.carlmont.seq.org
League: PAL 2010-11 Enrollment: 2131
Mascot: Scots School Colors: Blue/white

Principal: Raul Zamora 650 595-0210 ext. 3227 rzamora@seq.org
Co-Administrator: Ralph Crame 650 595-0210 ext. 5215 rcrame@seq.org
Athletic Director(s): Patrick Smith 650 595-0210 x 3380 psmith@seq.org
Trainer: Brittany Jorgensen bjorgensen@seq.org

Badminton: Liz Chun jchun@seq.org
Baseball: Rich Vallero rvallero@seq.org
Basketball, Boys: Dave Low dlow@seq.org Basketball, Girls: Ron Fontana ronfbc@gmail.com
X-Country, Boys: Jennifer Randazzo j_randazzo1@sbcglobal.net X-Country, Girls: Jennifer Randazzo
j_randazzo1@sbcglobal.net
Field Hockey: no program
Football: Jason Selli jselli@seq.org
Golf, Boys: Patrick Smith psmith@seq.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: Jon Black jonlax2003@yahoo.com Lax, Girls: no program
Soccer, Boys: Jodi Beloff wolfjlb@aol.com Soccer, Girls: Kristina Doss tdoss@seq.org
Softball: Jim Liggett jliggett@seq.org
Swim, Boys: Jim Kelly jkelly@seq.org Swim, Girls: Jim Kelly jkelly@seq.org
Tennis, Boys: Amina Doar amidoar@hotmail.com Tennis, Girls: Amina Doar amidoar@gmail.com
Track, Boys: Cheyne Murray cmurray@sancarlosk.12.ca.us Track, Girls: Cheyne Murray cmurray@sancarlosk.12.ca.us
Volleyball: Boys: no program Volleyball, Girls: Chris Crader crader@stanford.edu
Water Polo, Boys: Zach Wolfe swimmingwolfe@yahoo.com Water Polo, Girls: Cole Bielskis cole_bielskis@yahoo.com
Wrestling : Albert Lum whswrestlingcoach@yahoo.com

Carmel

3600 Ocean Avenue; P.O. Box 222780, Carmel, 93922-2780
831 624-1821 FAX: 831 626-4313 Athletic FAX: 831 624-0275

Website: www.carmelhigh.org

League: MTAL 2010-11 Enrollment: 758

Mascot: Padres School Colors: Red/grey

Principal: Rick Lopez 831 624-1821 x2792 rlopez@carmelunified.org

Co-Administrator:

Athletic Director(s): Golden Anderson 831 624-1821 x 2796 ganderson@carmelunified.org

Debbie Lemos dlemos@carmelunified.org

Trainer: Matt Borek mborek@carmelunified.org

Badminton: no program

Baseball: Randall Bispo rbispo13@aol.com

Basketball, Boys: TBA Basketball, Girls: Jeff Nakamura jeff.r.nakamura@gmail.com

X-Country, Boys: John Ables X-Country, Girls: John Ables

Field Hockey: Christine Kerner UCB1987@gmail.com

Football: Golden Anderson ganderson@carmelunified.org

Golf, Boys: TBA Golf, Girls: TBA

Gymnastics : no program

Lax, Boys: TBD Lax, Girls: no program

Soccer, Boys: Ash Vasanjii ashthecoach@yahoo.com Soccer, Girls: Valentina Valdez valvadez21@hotmail.com

Softball: TBA

Swim, Boys: Conrad Kohrs Swim, Girls: Di Whitesides titadidi@comcast.net

Tennis, Boys: Brian Cory corytennis@aol.com Tennis, Girls: Mike Zury mzury@solsticeinteractive.com

Track, Boys: John Ables Track, Girls: John Ables

Volleyball: Boys: Israel Ricardez Volleyball, Girls: Israel Ricardez izzy_nm@yahoo.com

Water Polo, Boys: Aaron Gaily agaily@hotmail.com Water Polo, Girls: Richard Monroe rcmonroe33@yahoo.com

Wrestling : Pete Devlaminick petedev@aol.com

Castilleja

1310 Bryant Street, Palo Alto, 94301
650 328-3160 FAX: 650 326-8036 Athletic FAX:

Website: www.castilleja.org

League: WBAL 2010-11 Enrollment: 242

Mascot: Gators School Colors: Red/white

Principal: Nanci Kauffman 650-328-3160 nkauffman@castilleja.org

Co-Administrator: None

Athletic Director(s): Jez McIntosh 650 470-7830 jmcintosh@castilleja.org

Meave Ward 650 470-7833 mward@castilleja.org

Trainer: jessie Starr hhueber@castilleja.org

Badminton: no program

Baseball: no program

Basketball, Boys: no program Basketball, Girls: Jez McIntosh jmcintosh@castilleja.org

X-Country, Boys: no program X-Country, Girls: Bolota Asmerom basmerom@castilleja.org

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: Jim Miller jimiller@castilleja.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: Claire Mancini cmancini@castilleja.org

Soccer, Boys: no program Soccer, Girls: Ross Ireland rireland@castilleja.org

Softball: Robert Burley rburley@castilleja.org

Swim, Boys: no program Swim, Girls: Chris Rubin crubin@castilleja.org

Tennis, Boys: no program Tennis, Girls: Karen Wickers kwickers@castilleja.org

Track, Boys: no program Track, Girls: Bolota Asmerom basmerom@castilleja.org

Volleyball: Boys: no program Volleyball, Girls: Tracie Meskeil tmeskeil@castilleja.org

Water Polo, Boys: no program Water Polo, Girls: Brenda Villa bvilla@castilleja.org

Wrestling : no program

Christopher

850 Day Road, Gilroy, 95020
408 843-4124 FAX: 408 847-7256 Athletic FAX:
Website: <http://chs.gusd.ca.schoolloop.com>
League: MBL 2010-11 Enrollment: 1000
Mascot: Cougars School Colors: Black, Vegas Gold, Teal & White

Principal: John Perales 408 848-7171 john.perales@gusd.k12.ca.us
Co-Administrator: Patricia Jolly 408 843-4131
Athletic Director(s): Darren Yafai 408 843-4132 darren.yafai@gusd.k12.ca.us
Trainer: Stacey Walker staceyw810@aol.com

Badminton: no program
Baseball: Ryan DeQuin ryan.dequin@gusd.k12.ca.us
Basketball, Boys: Kaden Bahner kaden.bahner@gusd.k12.ca.us Basketball, Girls: Heather Stewart hstew21@gmail.com
X-Country, Boys: Mike Bonomi michael.bonomi@gusd.k12.ca.us X-Country, Girls: Mike Bonomi
michael.bonomi@gusd.k12.ca.us
Field Hockey: Lia Peterson lpeterso@its.jnj.com
Football: Tim Pierleoni tim.pierleoni@gusd.k12.ca.us
Golf, Boys: Mike Hoshida mfhosida@hotmail.com Golf, Girls: Dan Rodriguez danny.rodriguez@gusd.k12.ca.us
Gymnastics : Nicki Anagnoston nicholla.anagnoston@gusd.k12.ca.us
Lax, Boys: Tim Pirozzoli timpirozzoli@gmail.com Lax, Girls: TBD
Soccer, Boys: Ric Espinoza Soccer, Girls: Janae Pimentel janaepimentel@yahoo.com
Softball: Allison Robinson allison.robinson@gusd.k12.ca.us
Swim, Boys: Jeff Ross jeffery.ross@gusd.k12.ca.us Swim, Girls: Jeff Ross jeffery.ross@gusd.k12.ca.us
Tennis, Boys: Patrick McBrearty pdmcbrear@gmail.com Tennis, Girls: Patrick McBrearty pdmcbrear@gmail.com
Track, Boys: Jeff Myers mustangmyers@comcast.net Track, Girls: Jeff Myers mustangmyers@comcast.net
Volleyball: Boys: Karrie Gonzalez hokulea_6gs@yahoo.com Volleyball, Girls: Tom Shatz tshatz1@yahoo.com
Water Polo, Boys: Paul Wells pbwells3@att.net Water Polo, Girls: Paul Wells pbwells3@att.net
Wrestling : Alexeis Lara chato152@yahoo.com

Crystal Springs Uplands

400 Uplands Drive, Hillsborough, 94010
650 342-4175 FAX: 650 342-7623 Athletic FAX: 650 342-6151
Website: www.csus.org
League: WBAL 2010-11 Enrollment: 263
Mascot: Gryphons School Colors: Navy/Cardinal

Principal: Amy Richards arichards@csus.org
Co-Administrator:
Athletic Director(s): Michael Flynn 650 375-5424 mflynn@csus.org
Robert Cannone 650 342-4175 ext.1706 rcannone@csus.org
Trainer: Patti Syvertson psyvertson@csus.org

Badminton: Yen Wang ywang@csus.org
Baseball: Robert Cannone rcannone@csus.org
Basketball, Boys: Ned Diamond ndiamond@csus.org Basketball, Girls: Anthony Jones ajones@csus.org
X-Country, Boys: Albert Caruana acaruana@csus.org X-Country, Girls: Albert Caruana acaruana@csus.org
Field Hockey: no program
Football: Kevin Thorson (8-man) coachthorson@gmail.com
Golf, Boys: Ed Larios elarios@smuhdsd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBD Soccer, Girls: TBD
Softball: Cindy Shanholt cshanholt@csus.org
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: Anthony Jones ajones@csus.org Tennis, Girls: Anthony Jones ajones@csus.org
Track, Boys: Albert Caruana acaruana@csus.org Track, Girls: Albert Caruana acaruana@csus.org
Volleyball: Boys: no program Volleyball, Girls: Steve Cavella cavellasg@yahoo.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Cupertino

10100 Finch Avenue, Cupertino, 95014
408 366-7300 FAX: 408-996-3060, 408-255-8466 Athletic FAX:

Website: www.chs.fuhsd.org

League: SCVAL 2010-11 Enrollment: 1810

Mascot: Pioneers School Colors: Cardinal/gold/grey

Principal: Kami Tomberlain kami_tomberlain@fuhsd.org

Co-Administrator: Andy Walczak 408 366-7374 andy_walczak@fuhsd.org

Athletic Director(s): Craig Ellegood 408 366-7310 craig_ellegood@fuhsd.org

Jill Borges 408 366-7300 ex 4819 jill_borges@fuhsd.org

Trainer: Jessica Clausen jessica_clausen@fuhsd.org

Badminton: Ung Tang

Baseball: David Kawamoto davidkawamotojr@sbcglobal.net

Basketball, Boys: Craig Ellegood craig_ellegood@fuhsd.org Basketball, Girls: Paul Williams paulwilliams77@gmail.com

X-Country, Boys: Paul Armstrong coacha@prodigy.net X-Country, Girls: Paul Armstrong coacha@prodigy.net

Field Hockey: Jill Borges jill_borges@fuhsd.org

Football: Chris Oswald chris_oswald@fuhsd.org

Golf, Boys: Kyle Fitzpatrick/Lara Myers kyle_fitzpatrick@fuhsd.org Golf, Girls: no program

Gymnastics : Judy Namanny judy_namanny@yahoo.com

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Edison Penafiel Soccer, Girls: Luther White sweetlou2616@prodigy.net

Softball: Steve Vinciale voodooanther@gmail.com

Swim, Boys: Ian Oglesby ian_oglesby@hotmail.com Swim, Girls: Mike Jarvis jarviskicks@gmail.com

Tennis, Boys: Manuel Zarate manuel_zarate@fuhsd.org Tennis, Girls: Manuel Zarate manuel_zarate@fuhsd.org

Track, Boys: Paul Armstrong coacha@prodigy.net Track, Girls: Paul Armstrong coacha@prodigy.net

Volleyball: Boys: Bob Huff rphuff3@sbcglobal.net Volleyball, Girls: Bob Huff rphuff3@sbcglobal.net

Water Polo, Boys: Craig Robertson Water Polo, Girls: Jennifer Hovland jchovland@gmail.com

Wrestling : Sean Cryan sean_cryan@fuhsd.org

Del Mar

1224 Del Mar Avenue, San Jose, 95128
408 626-3403 FAX: 408 295-9476/408 995-6184 Athletic FAX:

Website: www.delmar.cuhsd.org

League: BVAL 2010-11 Enrollment: 1279

Mascot: Dons School Colors: Black/gold/white

Principal: Liz Seabury 408 626-3403 x 3101 lseabury@cuhsd.org

Co-Administrator:

Athletic Director(s): Eric Ostrowski 408 626-3403 x3381 eostrowski@cuhsd.org.

Trainer: no trainer indicated

Badminton: Max Dang maxdang2@yahoo.com

Baseball: Frank Deats fdeats@aol.com

Basketball, Boys: Ryan Cooper ryancooper033@hotmail.com Basketball, Girls: Bill Murray erfmurray@aol.com

X-Country, Boys: Justin Miyakusu justinm88@aol.com X-Country, Girls: Justin Miyakusu justinm88@aol.com

Field Hockey: Stacy Chase schase@cuhsd.org

Football: Jason Campbell

Golf, Boys: Candy Basso cbasso@cuhsd.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Greg Vasquez wingraph@earthlink.net Soccer, Girls: Ken Padia kapsports@comcast.net

Softball: Frank

Swim, Boys: Matt Clough mclough@cuhsd.org Swim, Girls: Matt Clough mclough@cuhsd.org

Tennis, Boys: Tom Heckley Tom_Heckley@scooe.org Tennis, Girls: Tom Heckley Tom_Heckley@scooe.org

Track, Boys: TBA Track, Girls: TBA

Volleyball: Boys: no program Volleyball, Girls: Mike Aitken maitken@cuhsd.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Brad Ramezane bramezane@gmail.com

Downtown College Prep

1460 The Alameda, San Jose, 95126
408 271-1730 FAX: 408 271-1734 Athletic FAX:

Website: www.downtowncollegeprep.org

League: PSAL 2010-11 Enrollment: 430

Mascot: Lobos School Colors: Purple/orange

Principal: Michael De Sousa mdesousa@dcp.org

Co-Administrator: Pam Thomas pthomas@dcp.org

Athletic Director(s): Chris McIntyre (408) 271-1730 x242 cmcintyre@dcp.org
n/a

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Dan Pringle Basketball, Girls: Postion not filled yet

X-Country, Boys: Charlotte Haynes chaynes@dcp.org X-Country, Girls: Charlotte Haynes chaynes@dcp.org

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Oracia Aguilera braoaa2002@yahoo.com Soccer, Girls: Christine McIntyre chrism4@sbcglobal.net

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: Chris McIntyre cmcintyre@dcp.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

East Palo Alto Academy

475 Pope Street, Menlo Park, 94025
650 329-2811 FAX: 650 321-6628 Athletic FAX:

Website: <http://stanfordnewschools.org/high-school>

League: PSAL 2010-11 Enrollment: 272

Mascot: Bulldog School Colors: Black/Silver

Principal: Yetunde Reeves yreeves@stanfordschools.org

Co-Administrator: Jeff Camarillo 650 321-6628 jcamarillo@stanfordschools.org

Athletic Director(s): Justin Moodie jmoodie@stanfordschools.org
Remi Sobomehin rsobomehin@stanfordschools.org

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Remy Shobo jcamarillo@stanfordschools.org Basketball, Girls: Justin Reed jayreed2@gmail.com

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: German Delgadillo jneuberger@stanfordschools.org Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: Justin Moodie jmoodie@stanfordschools.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Eastside College Prep

1041 Myrtle Street, East Palo Alto, 94303
650 688-0850 FAX: 650 688-0859 Athletic FAX:
Website: www.eastside.org
League: WBAL 2010-11 Enrollment: 216
Mascot: Panthers School Colors: Maroon/Black

Principal: Chris Bischof 650 688-0850 chrisb@eastside.org
Co-Administrator: Helen Kim 650 688-0850 helenk@eastside.org
Athletic Director(s): Chris Bischof 650 688-0850 chrisb@eastside.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: Chris Bischof chrisb@eastside.org Basketball, Girls: Donovan Blythe donovanb@eastside.org
X-Country, Boys: no program X-Country, Girls: no program
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Chris Loux chrisl@eastside.org Soccer, Girls: Juan Grau juang@eastside.org
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: TBA Track, Girls: TBA
Volleyball: Boys: Brian Belding brianb@eastside.org Volleyball, Girls: Simo Taoufik simot@eastside.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

El Camino

1320 Mission Road, South San Francisco, 94080
650 877-8806 FAX: 650 589-2343 Athletic FAX:
Website: <http://echs.schoolloop.com>
League: PAL 2010-11 Enrollment: 1486
Mascot: Colts School Colors: Red/grey

Principal: Greg Thompson gthompson@ssfusd.org
Co-Administrator: Al Mack amack@ssfusd.org
Athletic Director(s): Jeff Cosico jcosico@ssfusd.org
Eric Jacobson, Erin Oliveira ejacobson@ssfusd.org; eoliveira@ssfusd.org
Trainer: no trainer indicated

Badminton: Marlis Ringseis mringseis@ssfusd.org
Baseball: Carlos Roman los16roman@aol.com
Basketball, Boys: Archie Junio archiejunio@yahoo.com Basketball, Girls: Erin Oliveira eoliveira@ssfusd.org
X-Country, Boys: Amethyst Monce echstrackandfield@gmail.com X-Country, Girls: Amethyst Monce
echstrackandfield@gmail.com
Field Hockey: no program
Football: Mark Turner empty42@comcast.net
Golf, Boys: Mike Zozos mzozos@ssfusd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Ken Anderson ken.anderson@ssf.net Soccer, Girls: Imelda Winkelbauer iwinkelbauer@ssfusd.org
Softball: Steve Kennedy skennedy@hotmail.com
Swim, Boys: Jeff Vitalie jvitalie@ssfusd.k12.ca.us Swim, Girls: Jeff Vitalie jvitalie@ssfusd.k12.ca.us
Tennis, Boys: Vince Salumbides vsalumbides@yahoo.com Tennis, Girls: Vince Salumbides vsalumbides@yahoo.com
Track, Boys: TBA Track, Girls: TBA
Volleyball: Boys: no program Volleyball, Girls: Denis Bordi bordigang@comcast.net
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Ray Reyes ray.reyes@gmail.com

Everest Public

455 Fifth Avenue, Redwood City, 94063
650 366-1050 FAX: 650 366-1892 Athletic FAX:

Website: www.everestphs.org

League: Associate 2010-11 Enrollment: 201

Mascot: School Colors:

Principal: Kelly Garcia Kgarcia@everestphs.org

Co-Administrator:

Athletic Director(s): Jon Ratshin jratshin@everestphs.org

Trainer: no trainer indicated

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA Basketball, Girls: TBA

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Michael Maylan mmaylan@yahoo.com Soccer, Girls: TBA

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: TBA

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Evergreen Valley

3300 Quimby Road, San Jose, 95148
408 347-7010 FAX: 408 347-7015/408 347-7005 Athletic FAX:

Website: <http://www.evhs.schoolloop.com/>

League: BVAL 2010-11 Enrollment: 2636

Mascot: Cougars School Colors: Teal/Black

Principal: Dr. Ana Lomas lomasa@esuhsd.org

Co-Administrator: Bill Tomlinson tomlinsonb@esuhsd.org

Athletic Director(s): Leo Olmscheid olmscheidl@esuhsd.org

Andrew Wolverton wolvertona@esuhsd.org

Trainer: no trainer indicated

Badminton: TBA

Baseball: Lance Motch lancemotch@sjgiants.com

Basketball, Boys: Cliff Fujii Basketball, Girls: Dan Johnson johnsondan@esuhsd.org

X-Country, Boys: Vince Sturgis X-Country, Girls: Vince Sturgis

Field Hockey: no program

Football: Leo Olmscheid olmscheidl@esuhsd.org

Golf, Boys: Bradley Hanson hansonb@esuhsd.org Golf, Girls: Bradley Hanson hansonb@esuhsd.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Demba Diallo coachdemba10@yahoo.com Soccer, Girls: Yessenia Roldan

Softball: TBA

Swim, Boys: Danica Burge Swim, Girls: Veronica Hernandez vernhernwest@gmail.com

Tennis, Boys: Andrew Wolverton wolvertona@esuhsd.org Tennis, Girls: Andrew Wolverton wolvertona@esuhsd.org

Track, Boys: TBA Track, Girls: TBA

Volleyball: Boys: no program Volleyball, Girls: Dio Aguinaldo

Water Polo, Boys: TBA Water Polo, Girls: TBA

Wrestling : James Ortiz evhs.wrestle@gmail.com

Fremont

1279 Sunnyvale Saratoga Road, Sunnyvale, 94087
408 522-2400 FAX: 408 522-2468/408 522-2403 Athletic FAX:
Website: www.fhs.fuhd.org
League: SCVAL 2010-11 Enrollment: 2002
Mascot: Firebirds School Colors: Cardinal/white

Principal: Bryan Emmert bryan_emmert@fuhd.org
Co-Administrator: Nico Flores 408 522-5216 Nico_Flores@fuhd.org
Athletic Director(s): Jason Townsend 408 522-2431 jason_townsend@fuhd.org
Dan Amezcuita 408 552-2484 dan_amezcuita@fuhd.org
Trainer: Jaustine Laraya

Badminton: Jay Lin jay_lin@fuhd.org
Baseball: Dan Amezcuita dan_amezcuita@fuhd.org
Basketball, Boys: Jason Townsend jason_townsend@fuhd.org Basketball, Girls: Fred Yepez fy729@yahoo.com
X-Country, Boys: Melissa Canizales melissa_canizales@fuhd.org X-Country, Girls: same as above
Field Hockey: no program
Football: Ron Demonner ron_demonner@fuhd.org
Golf, Boys: Aaron Eeg aaron_eeg@fuhd.org Golf, Girls: no program
Gymnastics: no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: George Lamptey gewembley@yahoo.com Soccer, Girls: Tracy Davis TracyDcup@aol.com
Softball: Ray Loya bbm339@comcast.net
Swim, Boys: Steve Puccinelli steve_puccinelli@fuhd.org Swim, Girls: TBA
Tennis, Boys: TBA Tennis, Girls: Roberto Gutierrez roberto_gutierrez@fuhd.org
Track, Boys: Mark Shields sylvamarks@yahoo.com Track, Girls: Mark Shields sylvamarks@yahoo.com
Volleyball, Boys: TBA Volleyball, Girls: Ken Sawyer kensawyerdmv@comcast.net
Water Polo, Boys: Steve Puccinelli steve_puccinelli@fuhd.org Water Polo, Girls: Mo Clark
Wrestling: Eric Duus erik_duus@fuhd.org

Gilroy

750 W. 10th Street, Gilroy, 95020
408 847-2424 FAX: 408 847-3505 Athletic FAX: 408 848-5627
Website: www.gilroyhs.schoolloop.com
League: TCAL 2010-11 Enrollment: 1815
Mascot: Mustangs School Colors: Blue/white/gold

Principal: Dr. Marco Sanchez 408 847-2424 marco.sanchez@gusd.k12.ca.us
Co-Administrator: Stefani Garino 408 847-2424 stefani.garino@gusd.k12.ca.us
Athletic Director(s): Julie Berggren 408 848-7178 julie.berggren@gusd.k12.ca.us
Trainer: Jennifer Spinetti jspinetti@gusd.k12.ca.us

Badminton: TBA
Baseball: TBD
Basketball, Boys: Matt Tait coachtait@gmail.com Basketball, Girls: TBD
X-Country, Boys: Art & Cathy Silva csilva@gusd.k12.ca.us X-Country, Girls: Art & Cathy Silva csilva@gusd.k12.ca.us
Field Hockey: Adam Gemar agemar@gusd.k12.ca.us
Football: Steven Lo gilroyfootball@gmail.com
Golf, Boys: Jared Gamble jgamble@gusd.k12.ca.us Golf, Girls: Trudi Souza trudisouza@yahoo.com
Gymnastics: Nicki Anagnoston nicholla.anagnoston@gusd.k12.ca.us
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Armando Padilla armando.padilla@gusd.k12.ca.us Soccer, Girls: Jose Hernandez jose.hernandez@gusd.k12.ca.us
Softball: Julie Berggren julie.berggren@gusd.k12.ca.us
Swim, Boys: Tom Clark Swim, Girls: Tom Clark ggstcoachtom@yahoo.com
Tennis, Boys: Alex Calvilo Tennis, Girls: Alex Calvilo
Track, Boys: Art & Cathy Silva csilva@gusd.k12.ca.us Track, Girls: Art & Cathy Silva csilva@gusd.k12.ca.us
Volleyball, Boys: Josh Corioso josh@gilroyvolleyball.com Volleyball, Girls: Josh Corioso josh@gilroyvolleyball.com
Water Polo, Boys: Tom Clark ggstcoachtom@yahoo.com Water Polo, Girls: Travis Gamble travis.gamble@gusd.k12.ca.us
Wrestling: Greg Varela gvworm@netzero.net

Gonzales

P.O. Drawer G, 501 Fifth Street, Gonzales, 93926
831 675-2495 FAX: 831 675-8054 Athletic FAX:
Website: <http://www.gonzales.k12.ca.us>
League: MTAL 2010-11 Enrollment: 721
Mascot: Spartans School Colors: Orange/black

Principal: Barbara Lawrence-Emanuel blawrence-emanuel@gonzales.k12.ca.us
Co-Administrator:
Athletic Director(s): Rebecca Vivit 831-675-2495 x 290 rvivit@gonzales.k12.ca.us
Trainer: no trainer indicated

Badminton: no program
Baseball: Tony Beza coachbeza@yahoo.com
Basketball, Boys: Ruben Alvarado jacobo.164@gmail.com Basketball, Girls: Brad Mendes bemendes25@hotmail.com
X-Country, Boys: Chris Vivit veevay222@hotmail.com X-Country, Girls: Chris Vivit veevay222@hotmail.com
Field Hockey: no program
Football: Kevin Bonincontri kevinbonincontri@att.com
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBA Soccer, Girls: Miguel Malagon mmalagon@gonzales.k12.ca.us
Softball: Sara Papineau-Brandt spapineau@ci.gonzales.ca.us
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: Rene Mendez rmendez@ci.gonzales.ca.us
Track, Boys: TBA Track, Girls: TBA
Volleyball: Boys: Misty Loe loemisty@yahoo.com Volleyball, Girls: Misty Loe loemisty@yahoo.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Larry Rodriguez nc-enterpriselj@sbglobal.net

Greenfield

225 El Camino Real, Greenfield, 93927
831 674-2751 FAX: 831 674-2646 Athletic FAX: 831 674-2646
Website: <http://www.kingcity.k12.ca.us/ghsweb/index.htm>
League: MTAL 2010-11 Enrollment: 896
Mascot: Bruins School Colors: Forrest green/black/white

Principal: James Goddard 831 674-2751 x3343 jgoddard@kingcity.k12.ca.us
Co-Administrator:
Athletic Director(s): Jim Goddard 831.674.2751 x3343 jgoddard@kingcity.k12.ca.us
Trainer: no trainer indicated

Badminton: no program
Baseball: Raymond Green rgreen@kingcity.k12.ca.us
Basketball, Boys: TBA Basketball, Girls: John Radcliff jarcoach@yahoo.com
X-Country, Boys: Angel Villagomez angelvillagomez@sbglobal.net X-Country, Girls: Angel Villagomez
angelvillagomez@sbglobal.net
Field Hockey: no program
Football: Ryan Bravo rbravo@kingcity.k12.ca.us
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBA Soccer, Girls: TBA
Softball: TBA
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: TBA Track, Girls: TBA
Volleyball: Boys: no program Volleyball, Girls: TBA
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Omar Ortiz omaroghs@yahoo.com

Gunderson

622 Gaundabert Lane, San Jose, 95136
408 535-6340 FAX: 408 224-2209 Athletic FAX:

Website: <http://gunderson.sjUSD.org>

League: BVAL 2010-11 Enrollment: 1083

Mascot: Grizzlies School Colors: Dark brown/gold/black

Principal: Dominic Bejarano Dominic_Bejarano@sjUSD.org

Co-Administrator:

Athletic Director(s): Christopher Corbin 408 535-6340 x241 Christopher_Corbin@sjUSD.org

Trainer: Suzanne Osborne suzannmeister@gmail.com

Badminton: Truong Pham vnsupra@yahoo.com

Baseball: Phil Lansford yogithedancingbear@yahoo.com

Basketball, Boys: Mike J. Allen mallen21@mac.com Basketball, Girls: John Drake jtdrake249@yahoo.com

X-Country, Boys: Martha Guordado chiva_02us@yahoo.com X-Country, Girls: Martha Guordado chiva_02us@yahoo.com

Field Hockey: no program

Football: Dave Ashkinaz dave_askinaz@sjUSD.org

Golf, Boys: Chuck Vicari chuck_vicari@sjUSD.org Golf, Girls: Chuck Vicari chuck_vicari@sjUSD.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Juan Torress juan_p_torres@yahoo.com Soccer, Girls: Martha Guordado chiva_02us@yahoo.com

Softball: Suzann Osborne suzannmeister@gmail.com

Swim, Boys: Chris Corriere Swim, Girls: Chris Corriere

Tennis, Boys: TBD Tennis, Girls: Michelle Croucher michelle_croucher@sjUSD.org

Track, Boys: Joseph Miclette joseph_miclette@sjUSD.org Track, Girls: Joseph Miclette joseph_miclette@sjUSD.org

Volleyball, Boys: Callie Lopez callie_lopez@sjUSD.org Volleyball, Girls: Callie Lopez callie_lopez@sjUSD.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Brian Ashkinaz bignb408@aol.com

Gunn

780 Arastradero Road, Palo Alto, 94306
650 354-8200 FAX: 650 493-7801 Athletic FAX: 650 354-8289

Website: <http://gunn.pausd.org>

League: SCVAL 2010-11 Enrollment: 1911

Mascot: Titans School Colors: Red/white/black

Principal: Katya Villalobos kvillalobos@paUSD.org

Co-Administrator: Trinity Klein 650 354-8227 tklein@paUSD.org

Athletic Director(s): Sarah Stapp sstapp@paUSD.org
David Burgee 650 354-8214 dburgeesoccer@aol.com

Trainer: Lynn Castro

Badminton: Mark Tsukakoshi tangerinewindex@gmail.com

Baseball: Troy Devincentis coachdevincentis@sbcglobal.net

Basketball, Boys: Chris Redfield credfield@paUSD.org Basketball, Girls: Sarah Stapp sstapp@paUSD.org

X-Country, Boys: Ernie Lee erndog@alumni.princeton.edu X-Country, Girls: Ernie Lee erndog@alumni.princeton.edu

Field Hockey: no program

Football: Bob Sykes coachrsykes@yahoo.com

Golf, Boys: Chris Redfield credfield@paUSD.org Golf, Girls: no program

Gymnastics : Ericka Fusilero Ericka.twisters@gmail.com

Lax, Boys: Mike O'Donnell modonnell@wsgr.com Lax, Girls: Jade Chao jadec0606@gmail.com

Soccer, Boys: David Lovercheck dlovercheck@gmail.com Soccer, Girls: Damian Cohen dcohen@priorsca.org

Softball: Stephanie Swinford s.swinford@yahoo.com

Swim, Boys: Mark Hernandez hanhernandez@yahoo.com Swim, Girls: Mark Hernandez hanhernandez@yahoo.com

Tennis, Boys: Jim Gorman gunntennis@comcast.net Tennis, Girls: Jim Gorman gunntennis@comcast.net

Track, Boys: Matthew Thompkins mtompkins@tka.org Track, Girls: Hal Daner haltrack@hotmail.com

Volleyball, Boys: Ernie Lee erndog@alumni.princeton.edu Volleyball, Girls: Kevin Hwang k.hwang@comcast.net

Water Polo, Boys: Scott Foster sfostger@ctbt.com Water Polo, Girls: Mark Hernandez mhernandez@paUSD.org

Wrestling : Chris Horpel chorpel@paUSD.org

Half Moon Bay

Lewis Foster Drive, Half Moon Bay, 94019
650 712-7200 FAX: 650 712-7232 Athletic FAX:
Website: <http://www.cabrillo.k12.ca.us/hmbhs>
League: PAL 2010-11 Enrollment: 948
Mascot: Cougars School Colors: Orange/white/black

Principal: Mary Streshly 650 712-7200 x 5050 streshlym@cabrillo.k12.ca.us
Co-Administrator: Jarrett Dooley 650 712-7200 x 5040 dooleyj@cabrillo.k12.ca.us
Athletic Director(s): Matt Ballard 650 712-7200 x 4904 ballardm@cabrillo.k12.ca.us
Trainer: no trainer indicated

Badminton: no program
Baseball: Steve Terraszas hmbcoach@yahoo.com
Basketball, Boys: Rich Forslund coachforslund@sbcglobal.net Basketball, Girls: John Carey careyj@cabrillo.k12.ca.us
X-Country, Boys: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us X-Country, Girls: Paul Farnsworth
Field Hockey: no program
Football: Matt Ballard ballardm@cabrillo.k12.ca.us
Golf, Boys: Don Prestosz prestoszd@cabrillo.k12.ca.us Golf, Girls: no program
Gymnastics: Jennifer Cozzolino jjajcozzolino@comcast.net
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Victor Mederos tlpipp_soccer@hotmail.com Soccer, Girls: Katie Moore Katiemoore34@gmail.com
Softball: Deanna Rocha rochad@cabrillo.k12.ca.us
Swim, Boys: Bill Saxsenmeier saxsenmeier@aol.com Swim, Girls: Bill Saxsenmeier saxsenmeier@aol.com
Tennis, Boys: Carol Donahue carolhmb@yahoo.com Tennis, Girls: Carol Donohue carolhmb@yahoo.com
Track, Boys: Paul Farnsworth farnsworthp@cabrillo.k12.ca.us Track, Girls: Paul Farnsworth
Volleyball, Boys: no program Volleyball, Girls: Chelsea Muth muth.chelsea@yahoo.com
Water Polo, Boys: Brice Tarling bricebdt@gmail.com Water Polo, Girls: Mia Cummings 808inhmb@comcast.net
Wrestling: Gabe Gammon hmbhs_wrestling@gmail.com

Harbor

300 La Fonda Avenue, Santa Cruz, 95065
831 429-3810 FAX: 831 429-3145 Athletic FAX:
Website: www.harborhigh.org
League: SCCAL 2010-11 Enrollment: 1004
Mascot: Pirates School Colors: Green/gold./black

Principal: Richard Davis 831 429-3810, ext. 1050 rdavis@scs.santacruz.k12.ca.us
Co-Administrator: Keith Hodges 831 429 3810, ext 1060 khodges@scs.net
Athletic Director(s): Steve Kopald 831 429-3810 X1850 skopald@scs.santacruz.k12.ca.us
Trainer: Nicole Sutherland

Badminton: no program
Baseball: Joe Allegri Jallegri@scs.net
Basketball, Boys: Geoffrey Gary Basketball, Girls: Mike Stanbra mike_stanbra@hotmail.com
X-Country, Boys: Matt Ryan X-Country, Girls: Matt Ryan
Field Hockey: no program
Football: Jeff Cox jeffrey_cox@pvusd.net
Golf, Boys: Scott Bedell sbhdc3@aol.com Golf, Girls: Scott Bedell sbhdc3@aol.com
Gymnastics: no program
Lax, Boys: TBA Lax, Girls: no program
Soccer, Boys: Devon Tomson dtomson80@gmail.com Soccer, Girls: David Frank dfrank10@gmail.com
Softball: Pete Pini petepallos@yahoo.com
Swim, Boys: Steve Schieblauer scheibla@ci.monterey.ca.us Swim, Girls: Takeshi Kaneko tkaneko@gmail.com
Tennis, Boys: Tim Handley timsterim@gmail.com Tennis, Girls: Tim Handley timsterim@gmail.com
Track, Boys: Matt Ryan ryanm@sutterhealth.org Track, Girls: Matt Ryan ryanm@sutterhealth.org
Volleyball, Boys: Matt Schutz mschutz@scs.santacruz.k12.ca.us Volleyball, Girls: Matt Schutz
Water Polo, Boys: Joel McKown HarborPolo@gmail.com Water Polo, Girls: Takeshi Kaneko tkaneko@gmail.com
Wrestling: Brendan Guinn brendanguinn@yahoo.com

Harker

500 Saratoga Avenue, San Jose, 95129
408 249-2510 FAX: 408 984-2325 Athletic FAX:

Website: www.harker.org

League: WBAL 2010-11 Enrollment: 695

Mascot: Eagles School Colors: Green/white/black

Principal: Butch Keller (Upper School Head) 408 345-9673 butchk@harker.org

Co-Administrator: Greg Lawson (Head of Student Affairs) 408 345-9600 gregl@harker.org

Athletic Director(s): Dan Molin 408 345-9627 danm@harker.org

Trainer: Jaron Olson jaron@harker.org

Badminton: no program

Baseball: C.J. Cali cjc@harker.org

Basketball, Boys: Butch Keller butchk@harker.org Basketball, Girls: Alfredo Alves aalves25@yahoo.com

X-Country, Boys: Paul Nangle paulnangle@gmail.com X-Country, Girls: Paul Nangle paulnangle@gmail.com

Field Hockey: no program

Football: Karriem Stinson karriems@harker.org

Golf, Boys: Ie-chen Cheng iechen10@gmail.com Golf, Girls: Ie-chen Cheng iechen10@gmail.com

Gymnastics : no program

Lax, Boys: no program Lax, Girls: Andrew Irvine andrewi@harker.org

Soccer, Boys: Shaun Tsakiris stsakiris@hotmail.com Soccer, Girls: Jason Berry jasonb@harker.org

Softball: Raul Rios raulr@harker.org

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: Craig Pasqua craig.pasqua@harker.org Tennis, Girls: Craig Pasqua craigp@harker.org

Track, Boys: Paul Nangle paulnangle@gmail.com Track, Girls: Paul Nangle paulnanagle@gmail.com

Volleyball, Boys: Dan Molin danm@harker.org Volleyball, Girls: Theresa Smith TheresaS@harker.org

Water Polo, Boys: Ted Ujifusa polobear@gmail.com Water Polo, Girls: Allie Lamb

Wrestling : Karriem Stinson karriems@harker.org

Hill, Andrew

3200 Sentor Road, San Jose, 95111-1399
408 347-4100 FAX: 408 347-4115 Athletic FAX:

Website: <http://ah.ca.campusgrid.net/home>

League: BVAL 2010-11 Enrollment: 2330

Mascot: Falcons School Colors: Gold/black/white

Principal: Bettina Lopez 408 347-4110 lopezbet@esuhsd.org

Co-Administrator: Hector Flores 408 347 4120 Floresh@esuhsd.org

Athletic Director(s): Greg Dunlap 408 347-4100 dunlapg@esuhsd.org

Jonathan Mach 408 347-4227 MachJ@esuhsd.org

Trainer: no trainer indicated

Badminton: Steven Huynh ahbaddy@gmail.com

Baseball: Ross Eddings eddingsr@esuhsd.org

Basketball, Boys: Ben Herning Basketball, Girls: Joanne Winterstein WintersteinJ@esuhsd.org

X-Country, Boys: Jason Guren gurenj@esuhsd.org X-Country, Girls: Ray Medina

Field Hockey: no program

Football: Jake Redmond redmondj@esuhsd.org

Golf, Boys: TBD Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: TBA Soccer, Girls: TBA

Softball: TBA

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: Alex Diep diepa@esuhsd.org Tennis, Girls: Alex Diep diepa@esuhsd.org

Track, Boys: Greg Dunlap dunlap@esuhsd.org Track, Girls: TBA

Volleyball, Boys: no program Volleyball, Girls: Matt Sandora sandoram@esuhsd.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Phil Garcia dunlapg@esuhsd.org

Hillsdale

3115 Del Monte, San Mateo, 94403
650 558-2699 FAX: 650 574-4173 Athletic FAX:
Website: <http://www.hillsdalehigh.com>
League: PAL 2010-11 Enrollment: 1331
Mascot: Knights School Colors: Scarlet/Columbia Blue

Principal: Jeff Gilbert jgilbert@smuhsd.org
Co-Administrator:
Athletic Director(s): Brad Zucker 650 558-2654 x 5280 bzucker@smuhsd.org
Trainer: Chris Stegemann cgst2004@aol.com

Badminton: Eddie Attaway attawayeddie@yahoo.com
Baseball: Neil Donohoe ndonohoe@smuhsd.org
Basketball, Boys: Brett Stevenson bstevenson.smuhsd@gmail.com Basketball, Girls: Dan Hibson
dhibson@cityofsanmateo.org
X-Country, Boys: Gary Feluffo garyfeluffo@hotmail.com X-Country, Girls: Gary Feluffo garyfeluffo@hotmail.com
Field Hockey: no program
Football: Mike Parodi coachmp@gmail.com
Golf, Boys: Sonny Ramirez sonny@truckwritersins.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Andy Hodzic hhodzic@aol.com Soccer, Girls: Mari King mariking@aol.com
Softball: Randy Metheany metheaney@belmont.k12.ca.us
Swim, Boys: Kristin Hoska kristinhoska@yahoo.com Swim, Girls: Kristin Hoska kristinhoska@yahoo.com
Tennis, Boys: Jackie Nachigall jajatennis@yahoo.com Tennis, Girls: Jackie Nachigall jajatennis@yahoo.com
Track, Boys: TBA Track, Girls: TBA
Volleyball: Boys: no program Volleyball, Girls: Ricky Villareal rickydakine@gmail.com
Water Polo, Boys: Renato Hodzic renatohodz@gmail.com Water Polo, Girls: Andy Hodzic hhodzic@aol.com
Wrestling : Joe Patane joe_patane@yahoo.com

Homestead

21370 Homestead Road, Cupertino, 95014
408 522-2500 FAX: 408 738-8631 Athletic FAX:
Website: www.hhs.fuhsd.org
League: SCVAL 2010-11 Enrollment: 2230
Mascot: Mustangs School Colors: Green/white

Principal: Graham Clark graham_clark@fuhsd.org
Co-Administrator: Don Romero 408 522 2509 don_romero@fuhsd.org
Athletic Director(s): Paula Weismann 408 522-2567 paula_weismann@fuhsd.org
Charlie Bostic 408 522-2546 charlie_bostic@fuhsd.org
Trainer: Daniel Yusim

Badminton: Gумero Diaz
Baseball: Chuck Camuso
Basketball, Boys: Shawn Hook sh48@hotmail.com Basketball, Girls: Ruby Ngo (Gulapa) bballruby@sbcglobal.net
X-Country, Boys: Kenrick Sealy kendricksealy80@hotmail.com X-Country, Girls: Kenrick Sealy
kendricksealy80@hotmail.com
Field Hockey: Donna Keith
Football: Charlie Bostic charlie_bostic@fuhsd.org
Golf, Boys: Gary Yoshida gary_yoshida@fuhsd.org Golf, Girls: Steve Lavelle steve_lavelle@fuhsd.org
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Luis Comesana lcmoro@yahoo.com Soccer, Girls: Graeme Logie graeme_logie@fuhsd.org
Softball: Steve Allemandi
Swim, Boys: Doug Russum doug.russum@lmco.com Swim, Girls: Doug Russum doug.russum@lmco.com
Tennis, Boys: Louie Alicia Tennis, Girls: Louie Alicea Jr. l.alicea@sbcglobo.net
Track, Boys: Kenrick Sealy kendricksealy80@hotmail.com Track, Girls: Kenrick Sealy kendricksealy80@hotmail.com
Volleyball: Boys: Ed Mattson Volleyball, Girls: Brooke Chen brooke_chen@fuhsd.org
Water Polo, Boys: Doug Russum doug.russum@lmco.com Water Polo, Girls: Larry Coryell
Wrestling : Tom Hernandez thomas.hernandez@sesd.org

Immaculate Conception

3625 24th Street, San Francisco, 94110
415 824-2052 FAX: 415 831-4677 Athletic FAX:
Website: www.icacademy.org
League: WBAL 2010-11 Enrollment: 240
Mascot: Spartans School Colors: Royal blue/white

Principal: Mrs. Lisa Graham 415 824-2052 lgraham@icacademy.org
Co-Administrator:
Athletic Director(s): Carolyn Sideco 415 824-2052 csideco@icacademy.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: Nicole Dinas ndinas@icacademy.org
X-Country, Boys: no program X-Country, Girls: Courtney Philbin cphilbin@icacademy.org
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: John Saucedo
Softball: Leticia Cottrell lcottrell@icacademy.org
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball, Boys: no program Volleyball, Girls: Patrick Steacy steacy@usfca.edu
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Independence

1776 Educational Park Drive, San Jose, 95133
408 928-9500 FAX: 408 928-9515 Athletic FAX:
Website: <http://ih.ca.campusgrid.net>
League: BVAL 2010-11 Enrollment: 3465
Mascot: 76ers School Colors: Red/white/blue

Principal: Grettel Castro-Stanley 408 928-9510 castroG@esuhsd.org
Co-Administrator: Ginny Davis 408 928-9520 davisg@esuhsd.org
Athletic Director(s): Joseph Bagley 408-390-5951 bagleyj@esuhsd.org
Anne Finney 408 928-9621 finneya@esuhsd.org
Trainer: no trainer indicated

Badminton: Hien Doan doanh@esuhsd.org
Baseball: Bob Leadbetter leadbetterb@esuhsd.org
Basketball, Boys: Bill Wright wrightw@esuhsd.org Basketball, Girls: Steve Dobrenz dobrenzs@esuhsd.org
X-Country, Boys: TBD X-Country, Girls: Bill Wright wrightw@esuhsd.org
Field Hockey: no program
Football: Norm Brown 46bloodynose@gmail.com
Golf, Boys: Tim Barr barrt@esuhsd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Tim Barr barrt@esuhsd.org Soccer, Girls: Dan Perez dperez0521@sbcglobal.net
Softball: Javier Guevara jgcowboys62@yahoo.com
Swim, Boys: TBA Swim, Girls: Kristin Fific Kristin.fific@gmail.com
Tennis, Boys: John Salvador jbsalvador@hotmail.com Tennis, Girls: John Salvador jbsalvador@hotmail.com
Track, Boys: TBD Track, Girls: Bill Wright wrightw@esuhsd.org
Volleyball, Boys: no program Volleyball, Girls: Anne Finney finneya@esuhsd.org
Water Polo, Boys: Josh Brown joshbrown80@gmail.com Water Polo, Girls: Meghan Brown megtheteacher@gmail.com
Wrestling : TBD

Jefferson

6996 Mission Street, Daly City, 94014
650 550-7700 FAX: 650 550-7790 Athletic FAX:
Website: <http://jhs.juhsd.net/>

League: PAL 2010-11 Enrollment: 1201
Mascot: Indians School Colors: Blue/gold

Principal: Keith Irish 650 550-7770 kirish@juhsd.net
Co-Administrator: Jason Brockmeyer 650 550-7773 Jbrock@juhsd.net
Athletic Director(s): John Falabella 650 550-7750 jeffersonad2011@aol.com
Trainer: no trainer indicated

Badminton: Greg Alvarado galvar@juhsd.net
Baseball: Cesar Vega cesar.vega@sbcglobal.net
Basketball, Boys: Nick Paras nparas@juhsd.net Basketball, Girls: John Moore jomoore7@yahoo.com
X-Country, Boys: Steve Cavanaugh smcavanaugh@sbcglobal.net X-Country, Girls: Steve Cavanaugh
smcavanaugh@sbcglobal.net
Field Hockey: no program
Football: Ako Poti akopoti@yahoo.com
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Julio Leon jleon0@juhsd.net Soccer, Girls: Annie Stewart noniannnie@gmail.com
Softball: TBA
Swim, Boys: Steve Cavanaugh scavan@juhsd.net Swim, Girls: Steve Cavanaugh scavan@juhsd.net
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: Joe Nelleson Track, Girls: Heike Mansel
Volleyball: Boys: no program Volleyball, Girls: Reina Duma
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Jewish Com, Sch of Bay

1835 Ellis Street, San Francisco, 94115
415 345-9777 FAX: 415 345-1888 Athletic FAX:
Website: www.jchsofthebay.org

League: PSAL 2010-11 Enrollment: 184
Mascot: Wolves School Colors: Blue/white

Principal: Rabbi Howard Ruben 415 345-9777 Hruben@jchsofthebay.org
Co-Administrator: Mallory Rome 415 345-9777 x 202 Mr@jchsofthebay.org
Athletic Director(s): Tim Kjar (415) 345-9777 x111 tkjar@jchsofthebay.org
Trainer: Elise Hammond

Badminton: no program
Baseball: John Hagen jhagen@jchsofthebay.org
Basketball, Boys: Tim Kjar tkjar@jchsofthebay.org Basketball, Girls: Gretchen Keisel gKeisel@jchsofthebay.org
X-Country, Boys: TBD X-Country, Girls: TBD
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Aaron Pollock apollock@jchsofthebay.org Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Amy Hoffman ahoffy@gmail.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Kehillah Jewish

3900 Fabian Way, Palo Atlo, 94303
650 213-9600 FAX: 650 213-9601 Athletic FAX:

Website: www.kehillah.org

League: PSAL 2010-11 Enrollment: 133

Mascot: Rams School Colors:

Principal: Lillian Howard lhoward@kehillah.org

Co-Administrator:

Athletic Director(s): Marty Ruiz 650 213-9600 ruizm@samtrans.com

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Marty Ruiz ruizm@samtrans.com Basketball, Girls: Jennifer Circle jcircle@kehillah.org

X-Country, Boys: Sam Patterson spatterson@kehillah.org X-Country, Girls: Sam Patterson spatterson@kehillah.org

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Mindy Masek Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: Jen Idleman jidleman@kehillah.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

King City

720 Broadway, King City, 93930
831 385-5461 FAX: 831 385-0901 Athletic FAX:

Website: <http://www.kingcity.k12.ca.us/kchs/main.htm>

League: MTAL 2010-11 Enrollment: 935

Mascot: Mustangs School Colors: Blue/white

Principal: Bruce Corbett bcorbett@kingcity.k12.ca.us

Co-Administrator: Joseph Martin jmartin@kingcity.k12.ca.us

Athletic Director(s): Mac Villanueva 831 385-5461 x 3257 mvillanueva@KingCity.k12.ca.us

Trainer: no trainer indicated

Badminton: no program

Baseball: Lorenzo Espino Jr. lespino25@yahoo.com

Basketball, Boys: Jesus Ramirez ramirezj3@co.monterey.ca.us Basketball, Girls: Tito Velasco tvelasco42@hotmail.com

X-Country, Boys: Dave Daines daines@razzolink.com X-Country, Girls: Dave Daines daines@razzolink.com

Field Hockey: no program

Football: Norm Silva pulque_70@yahoo.com

Golf, Boys: Mike Hood kccabs44@gmail.com Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Hector Mandujano hmandujano@ucdavis-alumni.com Soccer, Girls: Eric Rodriguez

coacheric20@yahoo.com

Softball: Cinda Muzylowski

Swim, Boys: Roger Hill Swim, Girls: Roger Hill

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: TBA Track, Girls: TBA

Volleyball: Boys: no program Volleyball, Girls: Wendy Davis wdavis_24@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Mike Ciccarelli xciccarellix@aol.com

The King's Academy

562 Britton Street, Sunnyvale, 94085
408 481-9900 FAX: 408 481-9932 Athletic FAX: 408 481-9080

Website: www.tka.org

League: WBAL 2010-11 Enrollment: 706

Mascot: Knights School Colors: Navy/gold

Principal: Robert Kellogg 408 481-9900 bkellogg@tka.org

Co-Administrator: Anthony Price 408 481-9900 x4273 tu.price@tka.org

Athletic Director(s): Kevin Johnson 408 481-9900x4202 kevin.johnson@tka.org

Trainer: Sarah Weiss sara.weiss@tka.org

Badminton: no program

Baseball: Andrew Simon bigsimon11@yahoo.com

Basketball, Boys: Drew Petiti dpetiti@tka.org Basketball, Girls: Ron Kellner ron.kellner@tka.org

X-Country, Boys: Kevin Johnson kevin.johnson@tka.org X-Country, Girls: Kevin Johnson kevin.johnson@tka.org

Field Hockey: no program

Football: William Gittens gittensw@yahoo.com

Golf, Boys: Ken Vereschoagin veresck@pamf.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Steve Caldwell stcaldwell@comcast.net Soccer, Girls: Stephen Ting stephenting@tka.org

Softball: John Parks parks443cp@gmail.com

Swim, Boys: Cynthia Owens 6owens@comcast.net Swim, Girls: Cynthia Owens 6owens@comcast.net

Tennis, Boys: Sharon Haugen haugens@earthlink.net Tennis, Girls: Sharon Haugen haugens@earthlink.net

Track, Boys: William Gittens gittensw@yahoo.com Track, Girls: William Gittens gittensw@yahoo.com

Volleyball, Boys: Phillip Wang phillipwang@tka.org Volleyball, Girls: Phillip Wang phillipwang@tka.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Ken Svozi ksvozil@sbcglobal.net

KIPP San Jose Collegiate

1790 Educaional Park Drive, San Jose, 95133

408 937-3752 FAX: 408 937-3755 Athletic FAX:

Website: www.kippbayarea.org

League: Associate Member 2010-11 Enrollment: 263

Mascot: Wolfpack School Colors: Purple/Black/Silver

Principal: Melissa Gonzales 408 728-2688 mgonzales@kippsanjose.org

Co-Administrator:

Athletic Director(s): Neal Finch neal.finch@kippsanjose.org

Trainer: no trainer indicated

Badminton: no program

Baseball: Neal Finch neal.finch@kippsanjose.org

Basketball, Boys: Nick Larocque nick.larocque@kippsanjose.org Basketball, Girls: Lila forte lila.forte@gmail.com

X-Country, Boys: Keely Gabbert keely.gabbert@kippsanjose.org X-Country, Girls: Keely Gabbert

keely.gabbert@kippsanjose.org

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Brian McIntosh brianbmcintosh@gmail.com Soccer, Girls: Neal Finch neal.finch@kippsanjose.org

Softball: Kelsey Clark kelsey.clark@kippsanjose.org

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: TBA Track, Girls: TBA

Volleyball, Boys: no program Volleyball, Girls: Kelsey Clark kelsey.clark@kippsanjose.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Kirby, Georgiana Bruce

425 Encinal Street, Santa Cruz, 95060
831 423-0658 FAX: 831 423-0679 Athletic FAX: 831 423-0679

Website: www.kirby.org

League: MTAL 2010-11 Enrollment: 132

Mascot: Griffins School Colors: Royal blue/silver

Principal: Josh Karter 831 423-0658 x 304 jkarter@kirby.org

Co-Administrator:

Athletic Director(s): Abigail Christopher 831 423-0658 X 205 achristopher@kirby.org

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Jerry Reed achristopher@kirby.org Basketball, Girls: Parker Stokes

X-Country, Boys: Jerry Reed X-Country, Girls: Jerry Reed

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: Kim Quaranta kquaranta@kirby.org

Softball: no program

Swim, Boys: TBD Swim, Girls: TBD

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Jerry Reed Track, Girls: Jerry Reed

Volleyball: Boys: no program Volleyball, Girls: Rosie Borchert rborcher@ucsc.edu

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Latino College Prep

1966 Flint Avenue, San Jose, 95148
408 729-2281 FAX: 408 258-5324 Athletic FAX:

Website: <http://www.sjlcpa.org>

League: PSAL 2010-11 Enrollment: 399

Mascot: Golden Eagles School Colors: Black/white/gold

Principal: Priscilla Castillo (408)729-2281 pcastillo@nhufoundation.org

Co-Administrator:

Athletic Director(s): Primo Ramos (408) 729-2281 primo@primoroyal.com

Trainer: no trainer indicated

Badminton: no program

Baseball: TBA

Basketball, Boys: TBA Basketball, Girls: no program

X-Country, Boys: TBA X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: TBA Soccer, Girls: Primo Ramos primo@primoroyal.com

Softball: Roberto Cruz II

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: TBA

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Leadership Public Schools, San Jose

1881 Cunningham Avenue, San Jose, 95112
408 937-2701 FAX: 408 937-2705 Athletic FAX:

Website: www.leadps.org

League: Associate Member 2010-11 Enrollment: 329

Mascot: Phoenix School Colors: purple, black, white & grey

Principal: Vanessa Sifuentes 408 937-2701 vsifuentes@leadps.org

Co-Administrator: Vicky Tarumoto 408 987-2703 vtarumoto@leadps.org

Athletic Director(s): Vicky Tarumoto 408 937-2703 vtarumoto@leadps.org

Trainer: no trainer indicated

Badminton: no program

Baseball: Phillip Lopez

Basketball, Boys: Alex Moos amos@leappos.org Basketball, Girls: Brooks Dougherty bdougherty@leadps.org

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Phillip Lopez Soccer, Girls: Vicky Tarumoto vtarumoto@leadps.org

Softball: TBA

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Charles Ku cku@leadps.org Track, Girls: Charles Ku cku@leadps.org

Volleyball: Boys: TBA Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Leigh

5210 Leigh Avenue, San Jose, 95124
408 626-3405 FAX: 408 265-7525 Athletic FAX:

Website: www.leigh.cuhsd.org

League: BVAL 2010-11 Enrollment: 1699

Mascot: Longhorns School Colors: Green/gold/white

Principal: Donna Hope 408 626-3405 dhope@cuhsd.org

Co-Administrator:

Athletic Director(s): Chris Perry 408 626-3405 cperry@cuhsd.org

Trainer: no trainer indicated

Badminton: Kevin Yamaguichi mtguchi154@yahoo.com

Baseball: Chris Perry cperry@cuhsd.org

Basketball, Boys: Patrick Judge PatrickJ@passportunlimited.com Basketball, Girls: Pam Zielazowski

pzielazowski@cuhsd.org

X-Country, Boys: Kaela Hoch X-Country, Girls: Kaela Hoch

Field Hockey: Karin Mirassou kmirasso@cuhsd.org

Football: Kyle Padia kpadia@cuhsd.org

Golf, Boys: Jim Hohenshelt jim_hohenshelt@yahoo.com Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Frank von Rassel fvonrassel@cuhsd.org Soccer, Girls: Michelle Kennedy mkenney@cugsd.org

Softball: Clovis Mirassou clovv@aol.com

Swim, Boys: Ben Bethune bbethune@cuhsd.org Swim, Girls: Ben Bethune bbethune@cuhsd.org

Tennis, Boys: Brent Hermsmeier bhermsmeier@yahoo.com Tennis, Girls: Pam Zielazowski pzielazowski@cuhsd.org

Track, Boys: Scott Evans scott@heritagetrack.com Track, Girls: Anita Bolton juanice@heritagetrack.com

Volleyball: Boys: Rob Karr robwkarr@earthlink.net Volleyball, Girls: Matthew Largo mlargo20@gmail.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Mark Borello mlborello@comcast.net

Leland

6677 Camden Avenue, San Jose, 95120
408 535-6290 FAX: 408 927-6448 Athletic FAX:
Website: www.lelandhigh.org
League: BVAL 2010-11 Enrollment: 1832
Mascot: Chargers School Colors: Lt Blue/gold/navy

Principal: Liz Chamberlin liz_chamberlin@sjusd.org
Co-Administrator:
Athletic Director(s): Pam Headley 408 535-6290 pam_headley@sjusd.org
Trainer: Candase Heath

Badminton: TBD
Baseball: Mike Sparrer michael_sparrer@sjusd.org
Basketball, Boys: Steve Seandel steveseandel@yahoo.com Basketball, Girls: Kevin White kwhite2369@sbcglobal.net
X-Country, Boys: Jerry Rose jerry_rose@sjusd.org X-Country, Girls: Jerry Rose jerry_rose@sjusd.org
Field Hockey: Kim Johansen
Football: Mike Carozzo lelandfootball@aol.com
Golf, Boys: Mark Schwab mark_schwab@sjusd.org Golf, Girls: Michelle Walsh michelle@walsh.net
Gymnastics : no program
Lax, Boys: Steve Zehring szehring@sbcglobal.net Lax, Girls: Nicole Marris nlmarris@gmail.com
Soccer, Boys: Dan Minutillo minu@flash.net Soccer, Girls: Jodi Washington gnugirl05@yahoo.com
Softball: Joe Gron mrria4@yahoo.com
Swim, Boys: Mike Monsees mike_monsees@sjusd.org Swim, Girls: Eric Rise eric_rise@sjusd.org
Tennis, Boys: Ashvin Soin Tennis, Girls: Pam Headley pam_headley@sjusd.org
Track, Boys: Jerry Rose jerry_rose@sjusd.org Track, Girls: Jerry Rose jerry_rose@sjusd.org
Volleyball, Boys: Brandan Kosai Volleyball, Girls: Chris Hansen chris_hansen@sjusd.org
Water Polo, Boys: Mike Monsees mike_monsees@sjusd.org Water Polo, Girls: Eric Rise eric_rise@sjusd.org
Wrestling : Geoff Wellington geoff4083@aol.com

Liberty Baptist

2790 South King Road, San Jose, 95122
408 274-5613 FAX: 408 274-1363 Athletic FAX:
Website: www.libertybaptist.org
League: PSAL 2010-11 Enrollment: 56
Mascot: Eagles School Colors: Red/black/white

Principal: Russel Barnes 408 274-5613 x 104 rbarnes@libertybaptist.org
Co-Administrator:
Athletic Director(s): Steve Barnes 408 274-5613 sbarnes@libertybaptist.org
Trainer: Kristal Barnes kristal.barnes@gmail.com

Badminton: no program
Baseball: no program
Basketball, Boys: Steve Barnes sbarnes@libertybaptist.org Basketball, Girls: TBA
X-Country, Boys: TBA X-Country, Girls: TBA
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: no program
Softball: Amy Smith
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball, Boys: TBA Volleyball, Girls: Rachelle Vo
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Lick

57 N. White Road, San Jose, 95127
408 347-4400 FAX: 408 347-4515 Athletic FAX: 408 347-4520

Website: <http://jl.ca.campusgrid.net>

League: BVAL 2010-11 Enrollment: 1299

Mascot: Comets School Colors: Green/white

Principal: Glenn VanderZee 408 347-4400 vanderzeeg@esuhsd.org
Co-Administrator: Richard Esparza 408 347-4400 esparzar@esuhsd.org
Athletic Director(s): Ray Iniguez iniguezr@esuhsd.org
Trainer: no trainer indicated

Badminton: Tri Huyhn mrincredibletri@gmail.com
Baseball: Jose Gonzalez gonzaelzj@esuhsd.org
Basketball, Boys: Ron Staden rtokerstaden@sbcglobal.net Basketball, Girls: David Rosas rosasd@esuhsd.org
X-Country, Boys: David Porter porterd@esuhsd.org X-Country, Girls: Alex Ponik ponika@esuhsd.org
Field Hockey: no program
Football: Mano Martinez
Golf, Boys: Ray Jimenez jimenezr@esuhsd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Ray Iniguez iniguezr@esuhsd.org Soccer, Girls: Al Pacheco
Softball: Frank Pozo fposo2@yahoo.com
Swim, Boys: Mike Ghali ghalim@esuhsd.org Swim, Girls: Stefanie Blanco blancos@esuhsd.org
Tennis, Boys: no program Tennis, Girls: Jessica Jackson
Track, Boys: Ray Iniguez Track, Girls: Katherine Everett everettk@esuhsd.org
Volleyball: Boys: Kira Allen allenk@esuhsd.org Volleyball, Girls: Jose Gonzalez gonzalezj@esuhsd.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Ray Jimenez jimenezr@esuhsd.org

Lincoln

555 Dana Avenue, San Jose, 95126
408 535-6300 FAX: 408 535-2352 Athletic FAX: 408 292-0875

Website: <http://www.sjUSD.org/school/lincoln>

League: BVAL 2010-11 Enrollment: 1704

Mascot: Lions School Colors: Navy blue/gold

Principal: Matthew Hewitson 408 535-6306 matt_hewitson@sjUSD.org
Co-Administrator:
Athletic Director(s): Kevin Collins 408 535-6300 kevin_collins@sjUSD.org
Trainer: MORE Clinic

Badminton: TBA
Baseball: Stuart Piraro
Basketball, Boys: Joe Mentillo jmentillo@gmail.com Basketball, Girls: Keith Crowther crowlyte2@yahoo.com
X-Country, Boys: Carlos Robledo carlosrobledo40@yahoo.com X-Country, Girls: Carlos Robledo
carlosrobledo40@yahoo.com
Field Hockey: no program
Football: Kevin Collins kevin_collins@sjUSD.org
Golf, Boys: Adrian Phillips Golf, Girls: Keith Crowther
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Jeff Jenkins saprissafc@gmail.com Soccer, Girls: TBA
Softball: Hank Wallace
Swim, Boys: Rashada Thomas Swim, Girls: Scott Sanders
Tennis, Boys: no program Tennis, Girls: Rashada Thomas
Track, Boys: Kevin Collins kevin_collins@sjUSD.org Track, Girls: Carlos Robledo carlosrobledo40@yahoo.com
Volleyball: Boys: Hanah Kim Volleyball, Girls: Hanah Kim
Water Polo, Boys: Daniel Resz Water Polo, Girls: Scott Sanders
Wrestling : Russell Lopez thepez40@yahoo.com

Live Oak

1505 E. Main Street, Morgan Hill, 95037
408 201-6100 FAX: 408 776-9097 Athletic FAX:

Website: <http://liveoakhs.ca.campusgrid.net>

League: BVAL 2010-11 Enrollment: 1255

Mascot: Acorns School Colors: Green/gold

Principal: Lloyd Webb Lloyd.Webb@mhu.k12.ca.us

Co-Administrator:

Athletic Director(s): Mark Cummins 408 201-6140 mark.cummins@mhu.k12.ca.us

Trainer: no trainer indicated

Badminton: David Ramos

Baseball: C.J. Goularte

Basketball, Boys: Brett Paolucci brett.paolucci@mhu.k12.ca.us Basketball, Girls: Mike Kiefer

X-Country, Boys: Tom Sumpter tdsump@yahoo.com X-Country, Girls: Tom Sumpter tdsump@yahoo.com

Field Hockey: Gina Sanders gsander03@gmail.com

Football: Mike Gemo

Golf, Boys: Mark Cummins mcummins17@17@yahoo.com Golf, Girls: Mike Rubino loband@garlic.com

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Tony Goble annaandtony@charter.net Soccer, Girls: Tony Vasquez vasquez20@hotmail.com

Softball: TBA

Swim, Boys: Mack Haines mthaines@charter.net Swim, Girls: Lynn Gautschi lynn68and72@gmail.com

Tennis, Boys: Brad Leach bradleach@earthlink.com Tennis, Girls: Ken Marques kenmarques@yahoo.com

Track, Boys: TBA Track, Girls: Mike Sullivan sully02@yahoo.com

Volleyball, Boys: James Uthes Volleyball, Girls: James Uthes

Water Polo, Boys: Mack Haines mthanines@charter.net Water Polo, Girls: Sara Cruiseabury

Wrestling : Robert Fernandez robert@stgmachine.com

Los Altos

201 Almond Avenue, Los Altos, 94022
650 960-8812 FAX: 650 948-8672 Athletic FAX: 650 947-9675

Website: www.la.mvla.net

League: SCVAL 2010-11 Enrollment: 1631

Mascot: Eagles School Colors: Blue/grey/white

Principal: Wynne Setterwhite wynne.satterwhite@mvla.net

Co-Administrator: Ralph Cave ralph.cave@mvla.net

Athletic Director(s): Kim Cave 650 960-8857 kim.cave@mvla.net

Trainer: Amy Greenhaw

Badminton: Stefaan Lodge pdtlodge@hotmail.com

Baseball: Sandy Withol sandyw@interorealestate.com

Basketball, Boys: James Reilly coachreilly@gmail.com Basketball, Girls: Kevin Lee kslee32@gmail.com

X-Country, Boys: Dan Oren coachoren@gmail.com X-Country, Girls: Dan Oren coachoren@gmail.com

Field Hockey: Mary Donahue mary@i2ii.com

Football: Bill Waggoner bill.waggoner@morganstanleysmithbarney.com

Golf, Boys: David Blasquez dave.blasquez@mvla.net Golf, Girls: Dave Blasquez

Gymnastics : Shannon Thoke sthoke@hotmail.com

Lax, Boys: Greg Mengis gmengo@yahoo.com Lax, Girls: no program

Soccer, Boys: Vava Marquez vavamarques@netscape.net Soccer, Girls: Armando Juna victoryschedules@gmail.com

Softball: TBA

Swim, Boys: Chris Love chrisbolove@gmail.com Swim, Girls: Greg Ely greg.ely@mvla.net

Tennis, Boys: Bill Wong wong8888@aol.com Tennis, Girls: Hung Nguyen h2nguyen1021@comcast.net

Track, Boys: Gerri Baldwin gerrib@sbcglobal.net Track, Girls: Patti Sue Plummer psplummer@aol.com

Volleyball, Boys: no program Volleyball, Girls: Peter Kim revmoon@comcast.net

Water Polo, Boys: Johnny Bega jmbega@gmail.com Water Polo, Girls: Chris Love chrisbolove@gmail.com

Wrestling : Randy Jimenez hawaiianstyle692001@yahoo.com

Los Gatos

20 High School Court, Los Gatos, 95030
408 354-2730 FAX: 408 354-3742 Athletic FAX:

Website: www.lghs.net

League: SCVAL 2010-11 Enrollment: 1703

Mascot: Wildcats School Colors: Orange/black

Principal: Markus Autrey 408 354-2730 ext 212 mautrey@lgsuhsd.org
Co-Administrator: Robert Bobeda 408 354-2730 ext 213 rbobeda@lgsuhsd.org
Athletic Director(s): Shelby Edwards 408 354-2730 x 360 sedwards@lgsuhsd.org
Trainer: Nadessa Corea dessi410@hotmail.com

Badminton: Kevin Mack coachmack95120@yahoo.com

Baseball: Mike Denevi mdenevi@ccarey.com

Basketball, Boys: Sean Cummings coachcummings@lghs.net Basketball, Girls: Xavier Cook xl68@yahoo.com

X-Country, Boys: Matt Snee mattsnee2007@gmail.com X-Country, Girls: TBD

Field Hockey: Henry Reyes lgwildcats@aol.com

Football: Butch Cattolico bbcatt@lghs.net

Golf, Boys: Jim Marino jmarino@lgsuhsd.org Golf, Girls: Jim Marino jmarino@lgsuhsd.org

Gymnastics : no program

Lax, Boys: TBD Lax, Girls: Merrylo Buric mburic@lgsuhsd.org

Soccer, Boys: Rusty Millard rmillard25@yahoo.com Soccer, Girls: TBD

Softball: TBD

Swim, Boys: Kurt Kroesche kkroesche@lgsuhsd.org Swim, Girls: Kurt Kroesche kkroesche@lgsuhsd.org

Tennis, Boys: Todd Dissly Tdizz@lgt.net Tennis, Girls: Todd Dissly Tdizz@lgt.net

Track, Boys: Ernesto Salinas salinas.ernesto23@gmail.com Track, Girls: Ernesto Salinas salinas.ernesto23@gmail.com

Volleyball, Boys: Zeph Zinsman lgsuhsdvolleyball@yahoo.com Volleyball, Girls: Dan Hoefer lgvball@gmail.com

Water Polo, Boys: Don Appleton Appleton_d@yahoo.com Water Polo, Girls: Don Appleton Appleton_d@yahoo.com

Wrestling : Nolan Verga nolverga@gmail.com

Lynbrook

1280 Johnson Avenue, San Jose, 95129
408 366-7700 FAX: 408 257-0551 Athletic FAX:

Website: <http://www.lhs.fuhsd.org>

League: SCVAL 2010-11 Enrollment: 1776

Mascot: Vikings School Colors: Navy/White/red

Principal: Gail Davidson 408 366-7701 gail_davidson@fuhsd.org
Co-Administrator: David Erwin david_erwin@fuhsd.org
Athletic Director(s): Ray Wright 408 366-7728 ray_wright@fuhsd.org
Linda Nichols 408 366-7735 linda_nichols@fuhsd.org
Trainer: Lauren Dykema lauren_dykema@yahoo.com

Badminton: Karen Christensen karenskate@yahoo.com

Baseball: Ken Wallis kenwallis@aol.com

Basketball, Boys: Tim Kenworthy tkenworthy24@comcast.net Basketball, Girls: Jeremy Kitchen
coachkitchen@gmail.com

X-Country, Boys: Jake White jakeantoin@yahoo.com X-Country, Girls: Jake White jakeantoin@yahoo.com

Field Hockey: Jenny Dumas jenny_dumas@fuhsd.org

Football: Ray Wright ray_wright@fuhsd.org

Golf, Boys: Art Zimmermann coachzim@sbcglobal.net Golf, Girls: Art Zimmermann, Linda Nichols
coachzim@sbcglobal.net

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Joe Simas jsimas07@hotmail.com Soccer, Girls: Art Zimmermann coachzim@sbcglobal.net

Softball: Stacy Benzing StangGT68@comcast.net

Swim, Boys: Jerome Chung jerome_chung@fuhsd.org Swim, Girls: Patrick Ellington patrick_ellington@fuhsd.org

Tennis, Boys: Albert Poon apoon2088@hotmail.com Tennis, Girls: Albert Poon apoon2088@hotmail.com

Track, Boys: Ray Wright ray_wright@fuhsd.org Track, Girls: Ray Wright ray_wright@fuhsd.org

Volleyball, Boys: Peter Kim revmoon@comcast.net Volleyball, Girls: Bill Fowler billvball@yahoo.com

Water Polo, Boys: Jerome Chung jerome_chung@fuhsd.org Water Polo, Girls: Scott Blake nordicwaterpolo@yahoo.com

Wrestling : Alan Vinciguerra yovince@hotmail.com

Marina

298 Patton Parkway, Marina, 93933
831 583-2060 FAX: 831 384-2288 Athletic FAX:
Website: <http://www.mpusd.k12.ca.us/marinahighschool>
League: MTAL 2010-11 Enrollment: 578
Mascot: Mariners School Colors: Blue/Gold

Principal: John Schilling 831 583-2060 jschilling@mpusd.k12.ca.us
Co-Administrator: Rebecca Tyson rtyson@mpusd.k12.ca.us
Athletic Director(s): Stephanie Herrera 831 583-2073 sherrera@mpusd.k12.ca.us
Trainer: no trainer indicated

Badminton: no program
Baseball: Andrew Horvath ahorvath@mpusd.k12.ca.us
Basketball, Boys: Carson Padon cpadon@mpusd.k12.ca.us Basketball, Girls: Tyrone Wright txw3@pge.com
X-Country, Boys: Akira Soto akiranex333@gmail.com X-Country, Girls: Akira Soto akiranex333@gmail.com
Field Hockey: no program
Football: Terry Jones footballmariner@netzero.net
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Tyson Denherder tidenherder@mpusd.k12.ca.us Soccer, Girls: John Wolf jjwolf@mpusd.k12.ca.us
Softball: Mike Mast mmast2108@aol.com
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: TBD
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Menlo School

50 Valparaiso Avenue, Atherton, 94027
650 330-2000 FAX: 650 330-2005 Athletic FAX: 650 330-2005
Website: www.menloschool.org
League: WBAL 2010-11 Enrollment: 581
Mascot: Knights School Colors: Blue/gold

Principal: Tony Lapolla 650 330-2001 x2323 tlapolla@menloschool.org
Co-Administrator:
Athletic Director(s): Craig Schoof 650 330-2001 x2346 cschoof@menloschool.org
Buffie Ward x2282 650 330-2001 x2282 buffie.ward@menloschool.org
Trainer: Jon Cohen jcohen@menloschool.org

Badminton: no program
Baseball: Craig Schoof cschoof@menloschool.org
Basketball, Boys: Kris Weems kris.weems@menloschool.org Basketball, Girls: John Paye jpaye@payesplace.com
X-Country, Boys: Donoson Fitzgerald donoson1977@yahoo.com X-Country, Girls: Donoson Fitzgerald
donoson1977@yahoo.com
Field Hockey: no program
Football: Mark Newton mnewton@menloschool.org
Golf, Boys: Dennis Trixler dgtgolf@astound.net Golf, Girls: Ron Driscoll rcd5011@yahoo.com
Gymnastics : no program
Lax, Boys: Todd Blumbergs hyperside1@yahoo.com Lax, Girls: Jen Lee jlee@menloschool.org
Soccer, Boys: Mark Arya heyarya@yahoo.com Soccer, Girls: Donoson Fitzgerald donoson1977@yahoo.com
Softball: Kathy McAdams mnkmcadams@yahoo.com
Swim, Boys: Carla Pugliese cpugliese@menloschool.org Swim, Girls: Carla Pugliese cpugliese@menloschool.org
Tennis, Boys: Bill Shine billshine@mindspring.com Tennis, Girls: Bill Shine billshine@mindspring.com
Track, Boys: Donoson Fitzgerald donoson1977@yahoo.com Track, Girls: Donoson Fitzgerald donoson1977@yahoo.com
Volleyball: Boys: no program Volleyball, Girls: Fana Fuqua ffuqua@menloschools.org
Water Polo, Boys: Jack Bowen jbowen311@yahoo.com Water Polo, Girls: Fana Fuqua ffuqua@menloschool.org
Wrestling : Mike McAdams mnkmcadams@yahoo.com

Menlo-Atherton

555 Middlefield Road, Atherton, 94027

650 322-5311 FAX: 650 306-8836/650 306-1724 Athletic FAX: 650 306-1721

Website: www.mabears.org

League: PAL 2010-11 Enrollment: 2027

Mascot: Bears School Colors: Maroon/gold

Principal: Matthew Zito 650 322-5311 x5110 mzito@seq.org

Co-Administrator: Karl Losekoot 650-322-5311 x5130 klosekoot@seq

Athletic Director(s): Paul Snow 650-322-5311 x5708 psnow@seq.org

Steven Kryger 650-322-5311 x5761 mrkryger@mrkryger.com

Trainer: Breanna Brewton Bre1515@gmail.com

Badminton: TBA mpodesta@seq.org

Baseball: Mike Amoroso mamoroso@seq.org

Basketball, Boys: Senque Carey senque@hotmail.com Basketball, Girls: Pam Wimberly pwimberl@seq.org

X-Country, Boys: Eric Wilmurt ewilmurt@seq.org X-Country, Girls: Eric Wilmurt ewilmurt@seq.org

Field Hockey: no program

Football: Sione Ta'ufo'ou staufoou@riekes.org

Golf, Boys: Buff Giurlani buffg@jps.net Golf, Girls: Ramon Young ryjgolf@yahoo.com

Gymnastics : no program

Lax, Boys: Steven Kryger mrkryger@mrkryger.com Lax, Girls: Heather Titterton htitterton@yahoo.com

Soccer, Boys: Jacob Pickard jpickardsoccer@yahoo.com Soccer, Girls: Paul Snow psnow@seq.org

Softball: Rick Vujovich rickvujovich@yahoo.com

Swim, Boys: Tom McRae solotom@yahoo.com Swim, Girls: Tom McRae solotom@yahoo.com

Tennis, Boys: Tom Sorenson rsorenson2@aol.com Tennis, Girls: Tom Sorenson rsorenson2@aol.com

Track, Boys: Alan Perry aperry@seq.org Track, Girls: Alan Perry aperry@seq.org

Volleyball: Boys: no program Volleyball, Girls: Jennifer Wilson jrwilson9@gmail.com

Water Polo, Boys: Dante Dettamanti dantedeit@yahoo.com Water Polo, Girls: Chris Rubin crubin@seq.org

Wrestling : Peter Wright coach-wright@m-awrestling.org

Mercy, Burlingame

2750 Adeline, Burlingame, 94010

650 343-3631 FAX: 650 343-2316 Athletic FAX:

Website: www.mercyhsb.com

League: WBAL 2010-11 Enrollment: 481

Mascot: Crusaders School Colors: Blue/white

Principal: Laura Held 650 762-1100 lheld@mercyhsb.com

Co-Administrator: Natalie Cirigliano 650 762-1103 ncirigliano@mercyhsb.com

Athletic Director(s): Kimberlee Cazale 650 762-1107 kcazale@mercyhsb.com

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: no program Basketball, Girls: Olatunji T. Dean kalikid7_2000@yahoo.com

X-Country, Boys: no program X-Country, Girls: Michael Garcia mgarcia@mercyhsb.com

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: Rebecca Lai bekkalai@gmail.com

Gymnastics : Bill Strom bill@gymtowne.com

Lax, Boys: no program Lax, Girls: John Lyons seelyons@sbcglobal.net

Soccer, Boys: no program Soccer, Girls: Lawrence Rustia

Softball: TBD

Swim, Boys: no program Swim, Girls: TBD

Tennis, Boys: no program Tennis, Girls: Jerry Kuehn rpservice@pacbell.net

Track, Boys: no program Track, Girls: Michael Garcia mgarcia@mercyhsb.com

Volleyball: Boys: no program Volleyball, Girls: Ed Parker eparker3@gmail.com

Water Polo, Boys: no program Water Polo, Girls: Courtney Rider riderc@seawolf.sonoma.edu

Wrestling : no program

Mercy, SF

3250 19th Avenue, San Francisco, 94132
415 334-0525 FAX: 415 334-9726 Athletic FAX: 415 334-9726

Website: www.mercyhs.org

League: WBAL 2010-11 Enrollment: 483

Mascot: Skippers School Colors: Red/white

Principal: Dotty McCrea dmccrea@mercyhs.org

Co-Administrator: Linda Ambrosini lambrosini@mercyhs.org

Athletic Director(s): Debbie Mathews 415 334-0525 X 217 dmathews@mercyhs.org

Mike Gutierrez 415 334-0525 x 220 mgutierrez@mercyhs.org

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: no program

Basketball, Girls: Michael Gutierrez mgutierrez@mercyhs.org

X-Country, Boys: no program

X-Country, Girls: Craig Benson

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program

Lax, Girls: no program

Soccer, Boys: no program

Soccer, Girls: Oscar Laguna olaguna@mercyhs.org

Softball: Vince McGovern vmcgovern@mercyhs.org

Swim, Boys: no program

Swim, Girls: Harry Leung

Tennis, Boys: no program

Tennis, Girls: Joel Nicolas

Track, Boys: no program

Track, Girls: Craig Benson

Volleyball: Boys: no program

Volleyball, Girls: Locke Chin Lockechin@sbcglobal.net

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Mid Peninsula

1340 Willow Road, Menlo Park, 94025
650 321-1991 FAX: 650 321-9921 Athletic FAX:

Website: www.midpen.com

League: PSAL 2010-11 Enrollment: 135

Mascot: Dragons School Colors: Burgandy/gray

Principal: Doug Thompson doug@mid-pen.com

Co-Administrator:

Athletic Director(s): Kurt Lange 650 321-1991 x105 kurt@mid-pen.com

Trainer: no trainer indicated

Badminton: no program

Baseball: TBD

Basketball, Boys: Curtis Haggins curtis@mid-pen.com

Basketball, Girls: Curtis Haggins curtis@mid-pen.com

X-Country, Boys: Kurt Lange kurt@midpen.com

X-Country, Girls: Kurt Lange kurt@midpen.com

Field Hockey: no program

Football: no program

Golf, Boys: no program

Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program

Lax, Girls: no program

Soccer, Boys: TBD

Soccer, Girls: no program

Softball: Kurt Lange kurt@midpen.com

Swim, Boys: no program

Swim, Girls: no program

Tennis, Boys: no program

Tennis, Girls: no program

Track, Boys: no program

Track, Girls: no program

Volleyball: Boys: TBA

Volleyball, Girls: Juliana Hernandez

Water Polo, Boys: no program

Water Polo, Girls: no program

Wrestling : no program

Mills

400 Murchinson Drive, Millbrae, 94030
650 558-2501 FAX: 650 558-2552 Athletic FAX:

Website: www.mhsvikings.com

League: PAL 2010-11 Enrollment: 1426

Mascot: Vikings School Colors: Scarlet/gold

Principal: Paul Belzer 650 558-2500 pbelzer@smuhd.org
Co-Administrator: Linda Kitano 650 558-2504 lkitano@smuhd.org
Athletic Director(s): Tim Keller 650 558-2535 tkeller@smuhd.org
Trainer: Sheldon Luz

Badminton: TBA

Baseball: Tony Adornetto mills.baseball@gmail.com

Basketball, Boys: Rick Hanson 8MJH12@sbcglobal.net Basketball, Girls: Dave Matsu dave@marshallrealty.com

X-Country, Boys: Mary Tuff mtuff@gmail.com X-Country, Girls: Mary Tuff mtuff@gmail.com

Field Hockey: no program

Football: Packy Moss packy6@sbcglobal.net

Golf, Boys: Erick Anderson eanderson@smuhd.org Golf, Girls: Bob Thompson rthompson@smuhd.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Timothy Keller tkeller@smuhd.org Soccer, Girls: Caroline Tiziani ctiziani@smuhd.org

Softball: TBA

Swim, Boys: Melissa Wagner mwagner@smuhd.org Swim, Girls: Melissa Wagner mwagner@smuhd.org

Tennis, Boys: Scott Selig scottpselig@gmail.com Tennis, Girls: Scott Selig scottpselig@gmail.com

Track, Boys: Mary Tuff mtuff@gmail.com Track, Girls: Mary Tuff mtuff@gmail.com

Volleyball, Boys: no program Volleyball, Girls: Polly Wiard pwiard@smuhd.org

Water Polo, Boys: Daniel Chen ddchen13@yahoo.com Water Polo, Girls: Erick Anderson eanderson@smuhd.org

Wrestling : James McConchie jamezmc@gmail.com

Milpitas

1285 Escuela Parkway, Milpitas, 95035
408 635-2800 FAX: 408 635-2851 Athletic FAX: 408 635-2846

Website: www.milpitasathletics.com

League: SCVAL 2010-11 Enrollment: 3005

Mascot: Trojans School Colors: Navy/Gold

Principal: Kenneth Schlaff 408 635-2800 x 4125 kschlaff@musd.org

Co-Administrator:

Athletic Director(s): Jeff Lamb 408 635-2800 ex 4150 jlamb@musd.org

Trainer: no trainer indicated

Badminton: Jonathan Huynh jonafuxu@yahoo.com

Baseball: Chuy Zamudio czamudio@musd.org

Basketball, Boys: Champ Wrencher cwrench@musd.org Basketball, Girls: TBA

X-Country, Boys: Bridget Hall bhall@musd.org X-Country, Girls: Bridget Hall bhall@musd.org

Field Hockey: no program

Football: Kelly King kking@musd.org

Golf, Boys: Nate Dixon ndixon@musd.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Bill Leffler wleffler@lefcoinc.com Soccer, Girls: Michael Tomlin mtomlin@musd.org

Softball: Joanna Butcher jbutcher@musd.org

Swim, Boys: Rocky Pagan rpagan@mail.fremont.k12.ca.us Swim, Girls: Rocky Pagan rpagan@mail.fremont.k12.ca.us

Tennis, Boys: Bill Conley wconley@musd.org Tennis, Girls: Doug Pham donghsv1966@yahoo.com

Track, Boys: Bridget Hall bhall@musd.org Track, Girls: Bridget Hall bhall@musd.org

Volleyball, Boys: no program Volleyball, Girls: Jeff Lamb jlamb@musd.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Kent Mitchell kmitchel@musd.org

Monta Vista

21840 McClellan Road, Cupertino, 95014
408 366-7600 FAX: 408 252-1519 Athletic FAX:
Website: www.mvhs.fuhsd.org
League: SCVAL 2010-11 Enrollment: 2417
Mascot: Matadors School Colors: Purple/gold/white

Principal: April Scott 408 366-7602 april_scott@fuhsd.org
Co-Administrator: Michael Hicks 408 366-7607 michael_hicks@fuhsd.org
Athletic Director(s): Jeff Mueller 408 366-7600 ext 8883 jeff_mueller@fuhsd.org
Jeff Thomas 408 366-7600 jeff_thomas@fuhsd.org
Trainer: Marie Gishifu mariegishifu.atc@gmail.com

Badminton: Charley Situ charley_situ@fuhsd.org
Baseball: Brian Sullivan brian_sullivan@fuhsd.org
Basketball, Boys: TBD Basketball, Girls: Sara Borelli sara_borelli@fuhsd.org
X-Country, Boys: Jeff Noble noblejerry@deanza.edu X-Country, Girls: Julie Sullivan julie_sullivan@fuhsd.org
Field Hockey: Denise Eachus hockey_rocks@sbcglobal.net
Football: Jeff Mueller jeff_mueller@fuhsd.org
Golf, Boys: Jeff Thomas jeff_thomas@fuhsd.org Golf, Girls: no program
Gymnastics : TBA
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Mia Onodera mia_onodera@fuhsd.org Soccer, Girls: Alan Kute alan.kute@goaaa.com
Softball: Ray Texiera mvarsitysoftball@yahoo.com
Swim, Boys: Ron Freeman Ron_freeman@fuhsd.org Swim, Girls: Don Vierra don_vierra@fuhsd.org
Tennis, Boys: Bruce Becker beckerfive@comcast.net Tennis, Girls: Gene Fortino gfor438949@aol.com
Track, Boys: TBD Track, Girls: TBD
Volleyball: Boys: Paul Chin redeyechin@gmail.com Volleyball, Girls: Colin Anderson colin_anderson@fuhsd.org
Water Polo, Boys: Ron Freeman Ron_freeman@fuhsd.org Water Polo, Girls: Don Vierra don_vierra@fuhsd.org
Wrestling : Nolan Verga nolverga@gamil.com

Monte Vista Christian

2 School Way, Watsonville, 95076
831 722-8178 FAX: 831 722-6003 Athletic FAX:
Website: www.mvcs.org
League: MBL 2010-11 Enrollment: 597
Mascot: Mustangs School Colors: Royal blue/white/black

Principal: Steve Miles 831-722-8178 stevemiles@mvcs.org
Co-Administrator: Patty Gillig 831-722-8178 PatriciaGillig@mvcs.org
Athletic Director(s): David Reese 831 722-8178 x 141 davidreese@mvcs.org
Jennifer Keathley 831-722-8178 x148 jenniferkeathley@mvcs.org
Trainer: no trainer indicated

Badminton: no program
Baseball: Don Keathley donaldkeathley@mvcs.org
Basketball, Boys: Dan Mooney danielmooney@mvcs.org Basketball, Girls: Jennifer Keathley jenniferkeathley@mvcs.org
X-Country, Boys: Amy Rivas amyrivas@mvcs.org X-Country, Girls: Amy Rivas amyrivas@mvcs.org
Field Hockey: no program
Football: David Reese davidreese@mvcs.org
Golf, Boys: Peter Galea peterjg@pacbell.net Golf, Girls: Peter Galea peterjg@pacbell.net
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Matt Bryant matthewbryant@mvcs.org Soccer, Girls: Amy Rivas amyrivas@mvcs.org
Softball: Mark Treanor gr8mud33@aol.com
Swim, Boys: Brooke Lynch bpeck2@sbcglobal.net Swim, Girls: Brooke Lynch bpeck2@sbcglobal.net
Tennis, Boys: Steve Striffler striff2@aol.com Tennis, Girls: Steve Striffler striff4@aol.com
Track, Boys: Lonzo Caves lonzocaves@mvcs.org Track, Girls: Lonzo Caves lonzocaves@mvcs.org
Volleyball: Boys: no program Volleyball, Girls: Kiley Woods kilynnwoods@mvcs.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : TBA

Monterey

101 Hermann Drive, Monterey, 93940
831 392-3801 FAX: 831 649-8162 Athletic FAX: 831 649-5149

Website: <http://www.mpusd.k12.ca.us/montereyhighschool>

League: MBL 2010-11 Enrollment: 1303

Mascot: Toreadores School Colors: Green/gold

Principal: Marcie Plummer 831-392-3801 mplummer@mpusd.k12.ca.us

Co-Administrator: Xavier Rodriguez 831 392-3801 xrodriguez@mpusd.k12.ca.us

Athletic Director(s): Randy Roach rroach@mpusd.k12.ca.us

Trainer: no trainer indicated

Badminton: no program

Baseball: Michael Groves

Basketball, Boys: Gregory Daniels gregorydaniels7@yahoo.com Basketball, Girls: Jerome Jones ladydores@gmail.com

X-Country, Boys: Alex Petersen X-Country, Girls: Alex Petersen

Field Hockey: Rosana McCormick

Football: Tom Newton

Golf, Boys: Ron Bettencourt Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Juan Jaimes Soccer, Girls: Tu'u Seu'a'netasi

Softball: Phil Santora psantora@mpusd.k12.ca.us

Swim, Boys: Dezi Pettas Swim, Girls: Dezi Pettas

Tennis, Boys: Thomas Newton thomas.newton2@gmail.com Tennis, Girls: Scott LaValley slavalley@mpusd.k12.ca.us

Track, Boys: Steve Gruman sgruman@mpusd.k12.ca.us Track, Girls: Steve Gruman sgruman@mpusd.k12.ca.us

Volleyball: Boys: David Swartz dswartz@mpusd.k12.ca.us Volleyball, Girls: David Swartz dswartz@mpusd.k12.ca.us

Water Polo, Boys: Kai Esaki Water Polo, Girls: Ken Esaki

Wrestling : Roberto Dixon dixwrest@aol.com

Monterey Bay Academy

783 San Andreas Road, LaSelva Beach, 95076

831 728-1481 FAX: 831 728-1485 Athletic FAX:

Website: www.montereybayacademy.org

League: Associate Member 2010-11 Enrollment: 211

Mascot: Cypress School Colors: Royal/white

Principal: Tim Kubrock principal@montereybayacademy.org

Co-Administrator:

Athletic Director(s): Bryant Worth 831 728-1481 x 1371 athletics@montereybayacademy.org

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: TBA Basketball, Girls: TBA

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

More, Thomas

1565 S. White Road, San Jose, 95127
408 258-6888 FAX: 408 258-6630 Athletic FAX:

Website: www.thomasmoreschool.org

League: PSAL 2010-11 Enrollment: 52

Mascot: Knights School Colors:

Principal: Dell Selway 408 258-6888 tdselway@thomasmoreschool.org

Co-Administrator:

Athletic Director(s): John DeTar 408 501-4241 athletics@thomasmoreschool.org

Trainer: no trainer indicated

Badminton: no program

Baseball: Matt Selway msselway@netmagic.net

Basketball, Boys: John Vogel johnmaryvogel@yahoo.com Basketball, Girls: no program

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: John DeTar johnwdetar@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Mountain View

3535 Truman Avenue, Mountain View, 94040
650 940-4600 FAX: 650-691-6349 Athletic FAX: 650 691-2490

Website: <http://www.mvla.net/mvhs>

League: SCVAL 2010-11 Enrollment: 1826

Mascot: Spartans School Colors: Black/gold

Principal: Keith Moody 650 940-4603 keith.moody@mvla.net

Co-Administrator: Sharon Chrisman 650 940-4620 Sharon.Chrisman@mvla.net

Athletic Director(s): John Payne 650-940-4626 john.payne@mvla.net

Trainer: Mary "MG" Jeffers-Pogue yogapogue@gmail.com

Badminton: Wai Lam whlam0206@yahoo.com

Baseball: Gabriel Stewart gabriel.stewart@mvla.net

Basketball, Boys: Jim Forthoffer Jim.Forthoffer@mvla.net Basketball, Girls: Judy Auclair jyauclair@aol.com

X-Country, Boys: Jim Bordoni dmdnomo@aol.com X-Country, Girls: Jim Bordoni dmdnomo@aol.com

Field Hockey: no program

Football: Toure Carter touremcarter@yahoo.com

Golf, Boys: Jim McGuirk jim.mcguirk@mvla.net Golf, Girls: no program

Gymnastics : Shannon Thoke sthoke@gmail.com

Lax, Boys: Joseph Juter joejuter@yahoo.com Lax, Girls: no program

Soccer, Boys: Jim McGuirk Jim.mcguirk@mvla.net Soccer, Girls: Ivan Bandov ivanbandov@gmail.com

Softball: David Campbell David.campbell@mvla.net

Swim, Boys: Don Appleton appleton_d@yahoo.com Swim, Girls: Don Appleton appleton_d@yahoo.com

Tennis, Boys: Frank Smyth fsmyth@aol.com Tennis, Girls: Frank Smyth fsmyth@aol.com

Track, Boys: Steve Kemp borntowin500@yahoo.com Track, Girls: Steve Kemp borntowin500@yahoo.com

Volleyball: Boys: Jason Trip mountainviewvb@gmail.com Volleyball, Girls: Jason Trip mountainviewvb@gmail.com

Water Polo, Boys: Gabor Sarusi gabor_sarusi@yahoo.com Water Polo, Girls: Drew Enlow drew.enlow@gmail.com

Wrestling : no program

Mountain View Academy

360 S. Shoreline Blvd, Mountain View, 94041
650 967-2324 FAX: 650 967-6886 Athletic FAX:
Website: <http://www.mtnviewacademy.org>
League: PSAL 2010-11 Enrollment: 154
Mascot: Mustangs School Colors: Royal Blue/white

Principal: Dan Meidinger dmeidinger@mtviewacademy.org
Co-Administrator: Jim Marxmiller
Athletic Director(s): Robert Hicks 650 967-2324 x15 rhicks1072@yahoo.com
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: Domingo Baroro Basketball, Girls: Robert Hicks
X-Country, Boys: no program X-Country, Girls: no program
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: no program
Softball: TBA
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Mosie Garreo
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Mt. Madonna

491 Summit Road, Watsonville, 95076
408 847-2717 FAX: 408 847-5633 Athletic FAX: 408 847-5633
Website: <http://www.mountmadonnaschool.org>
League: SCCAL 2010-11 Enrollment: 65
Mascot: Hawks School Colors: Blue/white/black

Principal: Jivanti Rutansky jivanti@mountmadonna.org
Co-Administrator:
Athletic Director(s): Jot "Sidd" McDonald 408 842-1707 jotmcdonald@gmail.com.
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: no program
X-Country, Boys: John Nink III John.V.Nink_III@bankofamerica.com X-Country, Girls: John Nink III
John.V.Nink_III@bankofamerica.com
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: John Nink III John.V.Nink_III@bankofamerica.com Track, Girls: John Nink III
John.V.Nink_III@bankofamerica.com
Volleyball: Boys: Elliot McDonald elliotmcdonald8@gmail.com Volleyball, Girls: Trevor Krieg tkrieg22@aol.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Mt. Pleasant

1750 S. White Road, San Jose, 95127
408 937-2800 FAX: 408 937-2815 Athletic FAX: 408 937-3045

Website: <http://mp.esuhdsd.org>

League: BVAL 2010-11 Enrollment: 1751

Mascot: Cardinals School Colors: Red/black

Principal: Teresa Marquez marquezt@esuhdsd.org

Co-Administrator:

Athletic Director(s): Frank Lopez 408 937-2980 lopezfr@esuhdsd.org
Raquel Ornelas 408 937-2826 ornelasr@esuhdsd.org

Trainer: no trainer indicated

Badminton: TBA

Baseball: TBA

Basketball, Boys: Jamon Osby jamonosby@yahoo.com Basketball, Girls: Paul Schuler pdschuler@yahoo.com

X-Country, Boys: Steve Nelson sn0038@aol.com X-Country, Girls: Steve Nelson sn0038@aol.com

Field Hockey: no program

Football: Frank Lopez, Jr lopezfr@esuhdsd.org

Golf, Boys: Jesse Tamez tamezj@esuhdsd.org Golf, Girls: Jesse Tamez tamezj@esuhdsd.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Nick Arellano arellanon@esuhdsd.org Soccer, Girls: Manuel Goulart

Softball: Miguel Avalos

Swim, Boys: Andy McKay mckaya@esuhdsd.org Swim, Girls: Isaac Saldivar

Tennis, Boys: Lou Padilla padillal@esuhdsd.org Tennis, Girls: Lou Padilla padillal@esuhdsd.org

Track, Boys: Steve Nelson sn0038@aol.com Track, Girls: Steve Nelson sn0038@aol.com

Volleyball: Boys: no program Volleyball, Girls: Annie Grace Williams awilliams@eesd.org

Water Polo, Boys: Andy McKay mckaya@esuhdsd.org Water Polo, Girls: Isaac Saldivar ibsaldivar@netzero.com

Wrestling : Marcus Mosqueda marcusmosqueda@yahoo.com

New High School Project at Chartwell

2511 Numa Watson Road, Seaside, 93955
831 393-8004 FAX: 831 394-5717 Athletic FAX:

Website: www.newhighschool.org

League: Associate Member 2010-11 Enrollment: 21

Mascot: School Colors:

Principal: Steve Henderson mrhenderson@newhighschool.org

Co-Administrator:

Athletic Director(s): Mark Cisneros 831 394-3468 x1101 mcisneros@chartwell.org

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: no program Basketball, Girls: no program

X-Country, Boys: Mark Cisneros mcisneros@chartwell.org X-Country, Girls: Mark Cisneros mcisneros@chartwell.org

Field Hockey: no program

Football: no program

Golf, Boys: Mark Cisneros mcisneros@chartwell.org Golf, Girls: Mark Cisneros mcisneros@chartwell.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Mark Cisneros mcisneros@chartwell.org Track, Girls: Mark Cisneros mcisneros@chartwell.org

Volleyball: Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

North Monterey County

13990 Castroville Blvd., Castroville, 95012
831 633-5221 FAX: 831 633-2520 Athletic FAX:
Website: <http://www.nmchs.com>
League: MBL 2010-11 Enrollment: 1257
Mascot: Condors School Colors: Black/silver/white

Principal: Terri Gill 831 633-5221 x 219 tgill@nmcusd.org
Co-Administrator: Richard Gutierrez 831 633-5221 x 204 rgutierrez@nmcusd.org
Athletic Director(s): Roger O'Sullivan 831 633-5221 x 258 rosulli@comcast.net
Trainer: no trainer indicated

Badminton: no program
Baseball: Tim Gower tgower@nmcusd.org
Basketball, Boys: Duncan Edwards condorcoach@yahoo.com Basketball, Girls: Zach Cook coachzjv@yahoo.com
X-Country, Boys: Charles Pierce cpie001@gmail.com X-Country, Girls: Charles Pierce cpie001@gmail.com
Field Hockey: no program
Football: Ron Stefani rjstefani@aol.com
Golf, Boys: Clyde Folk clydefolk@att.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Sergio Marquez smarquez@nmcusd.org Soccer, Girls: Alex Jimenez alex3949@sbcglobal.net
Softball: Ralph Jimenez raiderj16@yahoo.com
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: Ricardo Mendoza Track, Girls: Julio Trinidad
Volleyball: Boys: no program Volleyball, Girls: Lauren Stupek lstupek@nmcusd.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Matt Gallegos azriel223@yahoo.com

North Salinas

55 Kip Drive, Salinas, 93906
831 796-7500 FAX: 831 796-7505 Athletic FAX:
Website: <http://www.salinas.k12.ca.us/sites/NSHS/Index.htm>
League: TCAL 2010-11 Enrollment: 2143
Mascot: Vikings School Colors: Red/white/columbia blue

Principal: Steve Oliver 831 796-7510 steve.oliver@salinasuhd.org
Co-Administrator:
Athletic Director(s): Jean Ashen 831 796-7514 jeankinn.ashen@salinasuhd.org
Trainer: no trainer indicated

Badminton: no program
Baseball: Dan Munoz daniel.munoz@salinasuhd.org
Basketball, Boys: Alan Green alan.green@salinasuhd.org Basketball, Girls: Darren Jackson jallstars444@sbcglobal.net
X-Country, Boys: Alan Green alan.green@salinasuhd.org X-Country, Girls: Alan Green alan.green@salinasuhd.org
Field Hockey: Stan Marple viking80@pacbell.net
Football: Steve Zenk steven.zenk@salinasuhd.org
Golf, Boys: Ken Dutton ken.dutton@salinasuhd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Juan Amesquita juanamesquita@yahoo.com Soccer, Girls: Luis Torrez cucolandia@comcast.net
Softball: Greg Sims blackboomer44@aol.com
Swim, Boys: Tony Saucedo anthony.saucedo@salinasuhd.org Swim, Girls: Rhonda von Soosten
rhondavonsoos10@aol.com
Tennis, Boys: no program Tennis, Girls: Dennis Stacy dstacy10@aol.com
Track, Boys: Alan Green alan.green@salinasuhd.org Track, Girls: Alan Green alan.green@salinasuhd.org
Volleyball: Boys: no program Volleyball, Girls: Bill Ashen jeanandbill@sbcglobal.net
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Ken Dutton kenneth.dutton@salinasuhd.org

North Valley Baptist

941 Clyde Avenue, Santa Clara, 95054
408 988-8883 FAX: 408 980-1239 Athletic FAX:
Website: www.nvbschools.org
League: PSAL 2010-11 Enrollment: 73
Mascot: Bulldogs School Colors: Crimson/Black

Principal: Dan Azzarello dazzarello@nvbschools.org
Co-Administrator:
Athletic Director(s): Dan Azzarello 408 988-8883 dazzarello@nvbschools.org
Trainer: no trainer indicated

Badminton: no program
Baseball: TBD
Basketball, Boys: Ryan Thompson rthompson@nvbc.org Basketball, Girls: no program
X-Country, Boys: no program X-Country, Girls: no program
Field Hockey: no program
Football: no program
Golf, Boys: Dan Azzarello Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Chris Fanara cfanara@nvbschools.org Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: no program
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Notre Dame, Belmont

1540 Ralston Avenue, Belmont, 94002
650 595-1913 FAX: 650 595-1414 Athletic FAX:
Website: www.ndhsb.org
League: WCAL 2010-11 Enrollment: 500
Mascot: Tigers School Colors: Gold/white/navy

Principal: Rita Gleason 650 595-1913 x 210 rgleason@ndhsb.org
Co-Administrator: Carolyn Hutchins 650 595-1913 x 205 chutchins@ndhsb.org
Athletic Director(s): Jason Levine 650 595-1913 X 255 jlevine@ndhsb.org
Trainer: Christina Okubo cokubo@ndhsb.org

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: Josh Davenport josh.s.davenport@gmail.com
X-Country, Boys: no program X-Country, Girls: Mike Benedetti mjbndb@yahoo.com
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: Toby Larson tobiaslarso@gmail.com
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: Tim Nixon / Matt Dodge buscrevolution@aol.com; dodgem94040@yahoo.com
Softball: TBA
Swim, Boys: no program Swim, Girls: Scott Ray swimmr4lfe@gmail.com
Tennis, Boys: no program Tennis, Girls: Jason Levine / Margaret Goldsmith jlevine@ndhsb.org; goniners@batnet.com
Track, Boys: no program Track, Girls: Mike Benedetti mjbndb@yahoo.com
Volleyball: Boys: no program Volleyball, Girls: Jeff Kim jeffkim6@gmail.com
Water Polo, Boys: no program Water Polo, Girls: Scott Ray swimmr4lfe@gmail.com
Wrestling : no program

Notre Dame, Salinas

455 Palma Drive, Salinas, 93901
831 751-1850 FAX: 831 757-5749 Athletic FAX:
Website: www.notredamesalinas.org
League: TCAL 2010-11 Enrollment: 254
Mascot: Spirits School Colors: Navy blue/white

Principal: Andy Bedell 831 751-1850 abedell@notredamesalinas.org
Co-Administrator: Tammy Martinez-Payne 831 751-1850 tmpayne@notredamesalinas.org
Athletic Director(s): Terri Sonniksen 831 757-3905 tsonniksen@notredamesalinas.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: John Given jgiven@taylorfarms.org
X-Country, Boys: no program X-Country, Girls: Mandy Lebow mlebow@notredamesalinas.org
Field Hockey: Brian Campbell bcampbell@notredamesalinas.org
Football: no program
Golf, Boys: no program Golf, Girls: John Oliverio joliverio@dynamicfoodgroup.com
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: Rachel Gonzalez rachel_05@yahoo.com
Softball: Tom Cardinale tcardinale@cardinaleway.com
Swim, Boys: no program Swim, Girls: Kameron Rianda kameronr@gmail.com
Tennis, Boys: no program Tennis, Girls: Alice Cory corytennis@aol.com
Track, Boys: no program Track, Girls: Jason Smith jsmith@paraisovineyards.com
Volleyball: Boys: no program Volleyball, Girls: Katie Harreld bkharreld@att.net
Water Polo, Boys: no program Water Polo, Girls: Kameron Rianda kameronr@gmail.com
Wrestling : no program

Notre Dame, San Jose

596 South 2nd Street, San Jose, 95112
408 294-1113 FAX: 408 293-9779 Athletic FAX:
Website: www.ndsj.org
League: WBAL 2010-11 Enrollment: 620
Mascot: Regents School Colors: Blue/white

Principal: Mary Beth Riley 408 294-1113 x 2105 mbriley@ndsj.org
Co-Administrator: John Bracco VP Student Affairs 408 294-1113 x2104 jbracco@ndsj.org
Athletic Director(s): Denise Krogen 408 294-1113 x.2108 dkrogen@ndsj.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: TBD
X-Country, Boys: no program X-Country, Girls: Jeff Trout icoachtri@verizon.net
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: Aaron Eeg aeeagle@yahoo.com
Gymnastics : no program
Lax, Boys: no program Lax, Girls: Luca Jacobson lucajacobsen@hotmail.com
Soccer, Boys: no program Soccer, Girls: Stephanie Neustadter sneustadter@yahoo.com
Softball: Lisa Cancilla notredamevarsitysoftball@yahoo.com
Swim, Boys: no program Swim, Girls: Marcelo Castro mc@marcelocastro.com
Tennis, Boys: no program Tennis, Girls: Prince Daniels princedaniels@aol.com
Track, Boys: no program Track, Girls: Tim McDaniel timmy10530@yahoo.com
Volleyball: Boys: no program Volleyball, Girls: Ed Mattson Edward.Mattson@pro.sccgov.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Oak Grove

285 Blossom Hill Road, San Jose, 95123
408 347-6500 FAX: 408 347-6505/408 347-6515 Athletic FAX: 408 347-6525

Website: <http://og.ca.campusgrid.net>

League: BVAL 2010-11 Enrollment: 2165

Mascot: Eagles School Colors: Blue/gold

Principal: Martha Brazil 408 347-6510 brazilm@esuhsd.org

Co-Administrator:

Athletic Director(s): Ed Buller 408 347-6613 bullere@esuhsd.org

Nikki Randolph 408 347-6615 GarciaN@esuhsd.org

Trainer: no trainer indicated

Badminton: Anthony Vo

Baseball: Jeff Gingrich gingrich@esuhsd.org

Basketball, Boys: Rich Young youngr@esuhsd.org Basketball, Girls: Jennifer Leong leongj@esuhsd.org

X-Country, Boys: Clint Pappadakis wyzguyzu@aol.com X-Country, Girls: Clint Pappadakis wyzguyzu@aol.com

Field Hockey: no program

Football: Jay Braun braunj@esuhsd.org

Golf, Boys: Ed Buller bullere@esuhsd.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Eric Seward seward@esuhsd.org Soccer, Girls: Michele Balangitao coachb808@yahoo.com

Softball: Frank King

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: TBA Tennis, Girls: Long Luu

Track, Boys: Clint Pappadakis wyzguyzu@aol.com Track, Girls: Allen Wulczynski ogtrack@aol.com

Volleyball: Boys: Volleyball, Girls: Bill Pignanello pacesettervolleyball@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Bruce Shelton sheltonb@esuhsd.org

Oakwood

105 John Wilson Way, Morgan Hill, 95037
408 782-7177 FAX: 408 782-7138 Athletic FAX:

Website: <http://www.oakwoodweb.org>

League: MTAL 2010-11 Enrollment: 54

Mascot: Hawks School Colors:

Principal: Patricia Crone pcrone@oakwoodmail.org

Co-Administrator:

Athletic Director(s): Kort Jensen 831-254-7825 thisiskort@aol.com

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Kort Jensen thisiskort@aol.com Basketball, Girls: Tim Heinz theinz@oakwoodmail.org

X-Country, Boys: Karen Arnold karnold@oakwoodmail.org X-Country, Girls: TBA

Field Hockey: no program

Football: no program

Golf, Boys: TBA Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: Kort Jensen thisiskort@aol.com Tennis, Girls: Kort Jensen thisiskort@aol.com

Track, Boys: TBA Track, Girls: TBA

Volleyball: Boys: Kort Jensen thisiskort@aol.com Volleyball, Girls: Mark Sargent sargent34tahoe@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Oceana

401 Paloma Avenue, Pacifica, 94044
650 550-7300 FAX: 650 550-7310 Athletic FAX:

Website: <http://ohs.juhsd.net>

League: PAL 2010-11 Enrollment: 558

Mascot: Sharks School Colors: Red/white/blue

Principal: Caro Pemberton cpemberton@juhsd.net
Co-Administrator: April Holland aholland@juhsd.net
Athletic Director(s): Lucy Corgas lcorga@juhsd.net
Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Hamadah Sharif hsharif510@gmail.com Basketball, Girls: Mike Morla oceanabasketball@gmail.com

X-Country, Boys: Mike Tang mtang@juhsd.net X-Country, Girls: Mike Tang mtang@juhsd.net

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: Shannon Randolph needcalgon@gmail.com Tennis, Girls: Shannon Randolph needcalgon@gmail.com

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Mike Tang mtang@juhsd.net

Overfelt

1835 Cunningham Avenue, San Jose, 95122
408 347-5900 FAX: 408 347-5915 Athletic FAX: 408 347-6162

Website: <http://wo.ca.campusgrid.net>

League: BVAL 2010-11 Enrollment: 1583

Mascot: Royals School Colors: Navy blue/white

Principal: Vito Chiala 408 347 5910 chialav@esuhsd.org
Co-Administrator: Yovi Murillo 408 347 5913 MurilloY@esuhsd.org
Athletic Director(s): Mark Delgado 408 347-6052 delgadam@esuhsd.org
Joe Te 408 347-6051 tej@esuhsd.org
Trainer: no trainer indicated

Badminton: Joe Te tej@esuhsd.org

Baseball: Pete Hernandez peteh07@yahoo.com

Basketball, Boys: Joe Te tej@esuhsd.org Basketball, Girls: Alex Adayan alexadayan@yahoo.com

X-Country, Boys: Floyd Humdon HurndonF@esuhsd.org X-Country, Girls: Kerry Terry 1kterry@sbcglobal.net

Field Hockey: no program

Football: Ernie Mendoza mendozaer@esuhsd.org

Golf, Boys: Alex Adayan Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: TBA Soccer, Girls: Joseph Amoah slyhusgh18@yahoo.com

Softball: Kathy Kreidler kckreidler@kc-awards.com

Swim, Boys: TBA Swim, Girls: Sindy Esquivel sindy_esquivel@hotmail.com

Tennis, Boys: Adriane Aglubat rheyrehey@gmail.com Tennis, Girls: Joe Te tej@esuhsd.org

Track, Boys: Floyd Humdon HurndonF@esuhsd.org Track, Girls: Kerry Terry 1kterry@sbcglobal.net

Volleyball: Boys: no program Volleyball, Girls: Louisa Scoggins LouisaScoggins@earthlink.net

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Mark Delgado delgadam@esuhsd.org

Pacific Collegiate

255 Swift Street/P.O. Box 1701, Santa Cruz, 95061
831 479-7785 FAX: 831 427-5254 Athletic FAX:
Website: <http://www.pacificcollegiate.com>
League: MTAL 2010-11 Enrollment: 312
Mascot: Pumas School Colors: Black/silver

Principal: Archie Douglas 831-479-7785, x3115 archie.douglas@pcsed.org
Co-Administrator:
Athletic Director(s): Tim Outtrim 831-479-7785 x3109 tim.outtrim@pcsed.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: Bruce Stahl jetstar@cruzio.com Basketball, Girls: Daniel Kumasaka dkumasaka14@smail.com
X-Country, Boys: Peter Fish 4fishfolks@sbcglobal.net X-Country, Girls: Same as Boys
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: Samir Chaudry schaudry@ucsc.edu, pumalaxcoach@gmail.com Lax, Girls: no program
Soccer, Boys: Bruce Toorani btoorani@sbcglobal.net Soccer, Girls: Rob Peabody rob.peabody@lmco.com
Softball: no program
Swim, Boys: Jennifer Suhd-Brondstater jennifer.suhd-brondstatter@pcsed.org Swim, Girls: Jennifer Suhd-Brondstater
jennifer.suhd-brondstatter@pcsed.org
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: Jeff Arnett jarnett@ucsc.edu Track, Girls: no program
Volleyball: Boys: Harlina Manlet harlinam@gmail.com Volleyball, Girls: Dave Lapitan Rlapitan@ucsc.edu
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Pacific Grove

615 Sunset Drive, Pacific Grove, 93950
831 646-6590 FAX: 831 646-6660 Athletic FAX:
Website: www.pghs.org
League: MTAL 2010-11 Enrollment: 561
Mascot: Breakers School Colors: Red/gold

Principal: Matt Bell mbell@pgusd.org
Co-Administrator: Barbara Martinez bmartinez@pgusd.org
Athletic Director(s): Chris Morgan 831 646-6590 x298 cmorgan@pgusd.org
Trainer: Dr. Tony Payan tpayan@pgusd.org

Badminton: no program
Baseball: Gill Ruiz
Basketball, Boys: Dan Powers dpowers@pgusd.org Basketball, Girls: Marta Salas
X-Country, Boys: Tom Light tlight@pgusd.org X-Country, Girls: Tom Light tlight@pgusd.org
Field Hockey: no program
Football: Chris Morgan cmorgan@pgusd.org
Golf, Boys: Ken Ottmar kottmar@pgusd.org Golf, Girls: Criag Beller cbeller@pgusd.org
Gymnastics : no program
Lax, Boys: Pete Winn pete.winn@comcast.net Lax, Girls: no program
Soccer, Boys: Brad Webber pgsoccercoach@gmail.com Soccer, Girls: Brian Deems deemsfamily@sbcglobal.net
Softball: TBA
Swim, Boys: Sharon Osgood Swim, Girls: Sharon Osgood
Tennis, Boys: Lori Worthington mineoworthington@comcast.net Tennis, Girls: Sharon Osgood
Track, Boys: Steve Watkins Track, Girls: Steve Watkins
Volleyball: Boys: no program Volleyball, Girls: Dave Crabbe
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Travis Selfridge tselfridge@pgusd.org

Pajaro Valley

500 Harkins Slough Road, Watsonville, 95076
831 728-8102 FAX: 831 728-6944 Athletic FAX:

Website: <http://www.pvhs.pvUSD.net>

League: MBL 2010-11 Enrollment: 1450

Mascot: Grizzlies School Colors: Green/silver

Principal: Pancho Rodriguez Frank_Rodriguez@pvUSD.net
Co-Administrator: Allison Nuzawa alison_nuzawa@pvUSD.net
Athletic Director(s): Robert Gomez 831 728-8102 Robert_Jgomez@pvUSD.net
Trainer: no trainer indicated

Badminton: no program
Baseball: Robert Gomez
Basketball, Boys: Robert Gomez robert_jGomez@pvUSD.net Basketball, Girls: Jess Pena
X-Country, Boys: Rachel Restani X-Country, Girls: Rachel Restani
Field Hockey: no program
Football: A.J. Avila
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Juan Roman primavera2008@sbcglobal.net Soccer, Girls: TBA
Softball: Dee Dee Rivera
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: Jon Tarr Tennis, Girls: Jon Tarr
Track, Boys: A.J. Avila Track, Girls: A.J. Avila
Volleyball: Boys: no program Volleyball, Girls: Rico Dominguez
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Adrian Cabanban coachbam831@yahoo.com

Palma

919 Iverson Street, Salinas, 93901-1898
831 422-6391 FAX: 831 422-5065 Athletic FAX:

Website: www.palmahs.org

League: TCAL 2010-11 Enrollment: 427

Mascot: Chieftains School Colors: Red/gold

Principal: David Sullivan 831 422-6391 sullivan@palmahs.org
Co-Administrator: Steve Clayton 831 422-8510 clayton@palmahs.org
Athletic Director(s): Steve Clayton 831 422-8510 clayton@palmahs.org
Trainer: Ruth Ramirez

Badminton: no program
Baseball: Phil Giammanco giammanco@palmahs.org
Basketball, Boys: Paul Alioto coachalioto@yahoo.com Basketball, Girls: no program
X-Country, Boys: Stephen Valgos valgos@palmahs.org X-Country, Girls: no program
Field Hockey: no program
Football: Jeff Carnazzo carnazzo@palmahs.org
Golf, Boys: Clem Richardson clem@churghbrothers.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Scott Corner corner@palmahs.org Soccer, Girls: no program
Softball: no program
Swim, Boys: Dia Rianda coachdia@aol.com Swim, Girls: no program
Tennis, Boys: Alice Cory corytennis@aol.com Tennis, Girls: no program
Track, Boys: Jason Smith jsmith@paraisovinyards.com Track, Girls: no program
Volleyball: Boys: Matt Casady roflcat22@gmail.com Volleyball, Girls: no program
Water Polo, Boys: Scott Corner corner@palmahs.org Water Polo, Girls: no program
Wrestling : Simon Jimenez capt5314@gmail.com

Palo Alto

50 Embarcadero Road, Palo Alto, 94301
650 329-3701 FAX: 650 329-3753 Athletic FAX: 650 566-0612

Website: www.paly.net

League: SCVAL 2010-11 Enrollment: 1850

Mascot: Vikings School Colors: Green/white

Principal: Phil Winston pwinston@pausd.org
Co-Administrator: Kathie Laurence 650 329-3824 klaurence@pausd.org
Athletic Director(s): Earl Hansen 650 329-3886 ehansen@pausd.org
Trainer: Stacey Kofman skofman@pausd.org

Badminton: Kara Prentice karungachiquita@gmail.com
Baseball: Erick Raich erickraich@aol.com
Basketball, Boys: Adam Sax adamsax2@yahoo.com Basketball, Girls: Scott Peters isascott@hotmail.com
X-Country, Boys: Joe Ginanni jginanni@pausd.org X-Country, Girls: Paul Jones pauljones854@comcast.net
Field Hockey: no program
Football: Earl Hansen ehansen@pausd.org
Golf, Boys: Doyle Knight dknight@pausd.org Golf, Girls: no program
Gymnastics : TBA
Lax, Boys: Craig Conover cvconover@gmail.com Lax, Girls: Jamie Nesbitt nesbittjl@gmail.com
Soccer, Boys: Donald Briggs dbriggs@pausd.org Soccer, Girls: Ernesto Cruz coachneto06@yahoo.com
Softball: Tim Anderson tanderson@apr.com
Swim, Boys: Danny Dye dyedanny@hotmail.com Swim, Girls: Danny Dye dyedanny@hotmail.com
Tennis, Boys: Andy Harader andre@andystenniscamp.com Tennis, Girls: Andy Harader andre@andystenniscamp.com
Track, Boys: Jason Fung jfung@pausd.org Track, Girls: Jason Fung jfung@pausd.org
Volleyball: Boys: no program Volleyball, Girls: David Winn vballdave@comcast.net
Water Polo, Boys: Giovanni Napolitano giovanninapolitano@gmail.com Water Polo, Girls: Spencer Dornin sdornin@gmail.com
Wrestling : David Duran dduran@pausd.org

Piedmont Hills

1377 Piedmont Road, San Jose, 95132
408 347-3800 FAX: 408 347-3805 Athletic FAX:

Website: <http://ph.ca.campusgrid.net>

League: BVAL 2010-11 Enrollment: 2194

Mascot: Pirates School Colors: Maroon/white

Principal: Traci Williams 408-347-3810 WilliamsT@esuhsd.org
Co-Administrator: Frances Palacios 408-347-3830 palaciosf@esuhsd.org
Athletic Director(s): Pete Simos 408 347-3871 simosp@esuhsd.org
Trainer: no trainer indicated

Badminton: Alex Dinh
Baseball: Bill Kennedy
Basketball, Boys: Pete Simos simosp@esuhsd.org Basketball, Girls: John Holly hollyj@esuhsd.org
X-Country, Boys: Ian Tippetts tippettsk@esuhsd.org X-Country, Girls: Kathy Tippetts
Field Hockey: no program
Football: Matt Kiesle kieslem@esuhsd.org
Golf, Boys: TBA Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: David Wulff Soccer, Girls: Fred Espinoza speedyesp@msn.com
Softball: Willie Lopez
Swim, Boys: John Isberg Swim, Girls: Monica Anderson
Tennis, Boys: Viet Nguyen phhstennis@gmail.com Tennis, Girls: Viet Nguyen phhstennis@gmail.com
Track, Boys: Chioke Robinson Track, Girls: Chioke Robinson
Volleyball: Boys: no program Volleyball, Girls: Joseph Fuston
Water Polo, Boys: Paul McKenna Water Polo, Girls: Eric Weaver
Wrestling : Jonathan Sanchez phwrestling09@yahoo.com

Pinewood

26800 Fremont Road, Los Altos Hills, 94022
650 941-1532 FAX: 650 941-4727 Athletic FAX:
Website: www.pinewood.edu
League: WBAL 2010-11 Enrollment: 193
Mascot: Panthers School Colors: Green/gold/white

Principal: Mark Gardner 650 209-3010 mgardner@pinewood.edu
Co-Administrator: Scott Riches: President 650 209-3010 sriches@pinewood.edu
Athletic Director(s): Matt Stimson 650 941-6044 mstimson@pinewood.edu
Jackee Bruno 650 941-6044 jbruno@pinewood.edu
Trainer: Chad Morin chademorin@mac.com

Badminton: no program
Baseball: Chad Morin chademorin@mac.com
Basketball, Boys: Jason Peery jasonpeery@gmail.com Basketball, Girls: Doc Sheppler dsheppler@pinewood.edu
X-Country, Boys: Matt Stimson mstimson@pinewood.edu X-Country, Girls: Matt Stimson mstimson@pinewood.edu
Field Hockey: no program
Football: Michael Tirabassi (8-man) pinewoodfootball@gmail.com
Golf, Boys: TBA Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Daniel Aregia daregia@yahoo.com Soccer, Girls: Whitney Wood wwood@pinewood.edu
Softball: Michelle Salmiery michellesalmiery@gmail.com
Swim, Boys: Kent Stietzel coachkent@gmail.com Swim, Girls: Kent Stietzel coachkent@gmail.com
Tennis, Boys: Craig Corfield itsarqcquet@sbcglobal.net Tennis, Girls: Craig Corfield itsarqcquet@sbcglobal.net
Track, Boys: Jackee Bruno jbruno@pinewood.edu Track, Girls: Jackee Bruno jbruno@pinewood.edu
Volleyball: Boys: no program Volleyball, Girls: Cayse Kaveny
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Pioneer

1290 Blossom Hill Road, San Jose, 95118
408 535-6310 FAX: 408 535-2357 Athletic FAX:
Website: www.pioneerhigh.org
League: BVAL 2010-11 Enrollment: 1641
Mascot: Mustangs School Colors: Royal blue/white

Principal: Sue Walker sue_walker@sjusd.org
Co-Administrator:
Athletic Director(s): Joe Berticevich 408 535-6310 joe_berticevich@sjusd.org
Trainer: Aldo Velasquez

Badminton: Blaine Hashimoto blaine_hashimoto@sjusd.org
Baseball: Jake Hernandez jake_hernandez@sjusd.org
Basketball, Boys: Joe Berticevich joe_berticevich@sjusd.org Basketball, Girls: Bryan Lacaille coachblc@yahoo.com
X-Country, Boys: Blaine Hashimoto blaine_hashimoto@sjusd.org X-Country, Girls: Blaine Hashimoto
blaine_hashimoto@sjusd.org
Field Hockey: no program
Football: Eric Perry eric_perry@sjusd.org
Golf, Boys: Jef Steinberg jason@svarealestate.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: Mona Mesbahi dreamingoflax13@yahoo.com
Soccer, Boys: Nick Hoffman nick_hoffman@sjusd.org Soccer, Girls: Randy Worthington nworthington@shorenstein.com
Softball: Ernie Garcia garciae1@bsci.com
Swim, Boys: Gordy Smith Gordon_smith@sjusd.org Swim, Girls: Gordy Smith Gordon_smith@sjusd.org
Tennis, Boys: Long Phan LongP12@gmail.com Tennis, Girls: Long Phan LongP12@gmail.com
Track, Boys: Lisa Yap lisa_yap@sjusd.org Track, Girls: Lisa Yap lisa_yap@sjusd.org
Volleyball: Boys: Tim Koring tim_koring@sjusd.org Volleyball, Girls: Tony Lien michelle_ritter@sjusd.org
Water Polo, Boys: Scott Kaubish scott@scottsprops.com Water Polo, Girls: Laura VonStockhausen
Wrestling : Fernando Flanagan f flanagan141@gmail.com

Presentation

2281 Plummer Avenue, San Jose, 95125
408 264-1664 FAX: 408 264-5226 Athletic FAX:

Website: www.presentationhs.org

League: WCAL 2010-11 Enrollment: 796

Mascot: Panthers School Colors: Blue/gold

Principal: Mary Miller 408 264-1664 x 2440 mmiller@pres-net.com

Co-Administrator:

Athletic Director(s): Stacey Mallison 408 264-1664 x 2421 smallison@pres-net.com

Trainer: Julia Murphy jmurphy@pres-net.com

Badminton: no program

Baseball: no program

Basketball, Boys: no program Basketball, Girls: Wade Nakamura swadel1@sbcglobal.net

X-Country, Boys: no program X-Country, Girls: Sammy Cai slamuri@hotmail.com

Field Hockey: Homajeet Cheema homajeet@gmail.com

Football: no program

Golf, Boys: no program Golf, Girls: Angie Papangellin skatuli@comcast.com

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: Stacey Mallison smallison@pres-net.com

Softball: Arnold Tellez arts_67@hotmail.com

Swim, Boys: no program Swim, Girls: Marisa Cozort aquatics@pres-net.com

Tennis, Boys: no program Tennis, Girls: Reno Davenport Reno@tennisLife.com

Track, Boys: no program Track, Girls: Sammy Cai slamuri@hotmail.com

Volleyball, Boys: no program Volleyball, Girls: Sue Dvorak sdvorak@st-andrews.org

Water Polo, Boys: Water Polo, Girls: Travis Wycoff trawyc@msn.com

Wrestling : no program

Priory

302 Portola Road, Portola Valley, 94028
650 851-2839 FAX: 650 851-8221 Athletic FAX:

Website: www.prioryca.org

League: WBAL 2010-11 Enrollment: 275

Mascot: Panthers School Colors: Black/royal

Principal: Tim Molak tmolak@prioryca.org

Co-Administrator:

Athletic Director(s): Mark Stogner 650 851-6107 mstogner@prioryca.org

Trainer: Korinn Myers kmyers@prioryca.org

Badminton: no program

Baseball: TBD

Basketball, Boys: David Moseley dmoseley@prioryca.org Basketball, Girls: no program

X-Country, Boys: Matt Lai mlai@prioryca.org X-Country, Girls: Matt Lai mlai@prioryca.org

Field Hockey: no program

Football: Doug Sargent (8-man) dsargent@prioryca.org

Golf, Boys: George Sigigie gsigigie@tandbsports.com Golf, Girls: no program

Gymnastics : no program

Lax, Boys: Matt McWright mmcwright@prioryca.org Lax, Girls: no program

Soccer, Boys: Paul Moran paul.moran83@gmail.com Soccer, Girls: Ramiro Arredondo miros10@gmail.com

Softball: Mark Stogner mstogner@prioryca.org

Swim, Boys: Robert Reinhardt Swim, Girls: Robert Reinhardt

Tennis, Boys: Celso Onofre celsoonofre@comcast.net Tennis, Girls: Celso Onofre celsoonofre@comcast.net

Track, Boys: Matt Lai mlai@prioryca.org Track, Girls: Matt Lai mlai@prioryca.org

Volleyball, Boys: no program Volleyball, Girls: Rick Riebhoff riehhoff@prioryca.org

Water Polo, Boys: James Smith priorywaterpolo@gmail.com Water Polo, Girls: no program

Wrestling : no program

Prospect

18900 Prospect Road, Saratoga, 95070
408 626-3408 FAX: 408 973-1759 Athletic FAX:

Website: www.prospect.cuhsd.org

League: BVAL 2010-11 Enrollment: 1323

Mascot: Panthers School Colors: Blue/gold

Principal: Diane Burbank 408-626-3408 ext. 8101 dburbank@cuhsd.org

Co-Administrator:

Athletic Director(s): Jason Potmesil 408 626-3408 jpotmesil@cuhsd.org

Rod Carlson 408 626-3408 rcarlson@cuhsd.org

Trainer: no trainer indicated

Badminton: Anna Tran atran@cuhsd.org

Baseball: Jon paul Wolfe jonpaulwolfe@sbcglobal.net

Basketball, Boys: Mike Furlong mfurlong@cuhsd.org Basketball, Girls: Carlos Boles bbq25@yahoo.com

X-Country, Boys: Tom Smith tsmith@cuhsd.org X-Country, Girls: Tom Smith tsmith@cuhsd.org

Field Hockey: Jason Potmesil jpotmesi@cuhsd.org

Football: Mike Suarez prospectfootball@yahoo.com

Golf, Boys: Kelly Cross kcross@cuhsd.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Frank Medina fmedina@cuhsd.org Soccer, Girls: Jason Potmesil jpotmesi@cuhsd.org

Softball: Jason Potmesil jpotmesil@cuhsd.org

Swim, Boys: Rod Carlson rcarlson@cuhsd.org Swim, Girls: Rod Carlson rcarlson@cuhsd.org

Tennis, Boys: David Chisholm dchisholm@cuhsd.org Tennis, Girls: David Chisholm dchisholm@cuhsd.org

Track, Boys: Robert Salinas rsalinas@cuhsd.org Track, Girls: Robert Salinas rsalinas@cuhsd.org

Volleyball: Boys: Hieu Nguyen kewlyellow33@hotmail.com Volleyball, Girls: Rod Carlson rcarlson@cuhsd.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Shawn Henebry wrestle4life@yahoo.com

Sacred Heart Cathedral

1055 Ellis Street, San Francisco, 94109
415 775-6626 FAX: 415 931-6941 Athletic FAX: 415 775-5637

Website: www.shcp.edu

League: WCAL 2010-11 Enrollment: 1249

Mascot: Fightin' Irish School Colors: Green/Blue/White

Principal: Gary Cannon 415 775-6626 x859 gary.cannon@shcp.edu

Co-Administrator: Christine Buell 415 775-6626 x611 christine.buell@shcp.edu

Athletic Director(s): Phil Freed (Co-Director) 415 775-6626 X 737 phil.freed@shcp.edu

JoAnn Momono (Co-Director) 415 775-6626 X 738 joann.momono@shcp.edu

Trainer: Oscar Melero Oscar.melero@shcp.edu

Badminton: no program

Baseball: Brian Morgan brian.morgan@shcp.edu

Basketball, Boys: Darrell Barbour darrell.barbour@shcp.edu Basketball, Girls: Mike Carey coachcareyshc@yahoo.com

X-Country, Boys: Andy Chan andy.chan@shcp.edu X-Country, Girls: Andy Chan andy.chan@shcp.edu

Field Hockey: no program

Football: John Lee john.lee@shcp.edu

Golf, Boys: Ryan Darmody ryan.darmody@shcp.edu Golf, Girls: John Landers john.landiers@shcp.edu

Gymnastics : no program

Lax, Boys: Rich Cooke Lax, Girls: Courtney Cassinelli courtney.cassinelli@shcp.edu

Soccer, Boys: Jeff Wilson jeff.wilson@shcp.edu Soccer, Girls: Matt Nuttall matt.nuttall@shcp.edu

Softball: TBA

Swim, Boys: Christina Bray Swim, Girls: Christina Bray

Tennis, Boys: Jake Hall jake.hall@shcp.edu Tennis, Girls: Amy Kleckner amy.kleckner@shcp.edu

Track, Boys: Andy Chan andy.chan@shcp.edu Track, Girls: Andy Chan andy.chan@shcp.edu

Volleyball: Boys: Nga Tran nga.tran@shcp.edu Volleyball, Girls: Margi Beima margi.beima@shcp.edu

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Tony Tran tony.tran@shcp.edu

Sacred Heart Prep

150 Valparaiso Avenue, Atherton, 94027
650 322-1866 FAX: 650 322-7151 Athletic FAX: 650 473-6574
Website: www.shschools.org
League: WBAL 2010-11 Enrollment: 577
Mascot: Gators School Colors: Cardinal/white

Principal: James Everitt 650 473-4016 jeveritt@shschools.org
Co-Administrator:
Athletic Director(s): Frank Rodriguez 650 473-4031 frodriguez@shschools.org
Dawn Hemm 650 473-4032 dhemm@shschools.org
Trainer: Lidia Cartacai lcartacai@shschools.org

Badminton: no program
Baseball: Gregg Franceschi gfranceschi@shschools.org
Basketball, Boys: Tony Martinelli tmartinelli@shschools.org Basketball, Girls: Keith Halcovich khalcovich@shschools.org
X-Country, Boys: Marisa Beck mbeck@shschools.org X-Country, Girls: Marisa Beck mbeck@shschools.org
Field Hockey: no program
Football: Pete Lavorato plavorato@shschools.org
Golf, Boys: Mark Dowdy madowdy@pacbell.net Golf, Girls: Mark Dowdy madowdy@pacbell.net
Gymnastics : no program
Lax, Boys: Blake Kim bekim@eastonbellsports.com Lax, Girls: Nina Pantano npantano@gmail.com
Soccer, Boys: Armando del Rio delrio.armando@gmail.com Soccer, Girls: Jake Moffat jmoffat@shschools.org
Softball: no program
Swim, Boys: Kevin Morris kmorris@shschools.org Swim, Girls: Kevin Morris kmorris@shschools.org
Tennis, Boys: Losaline Mafileo lfmafileo@yahoo.com Tennis, Girls: Losaline Mafileo lfmafileo@yahoo.com
Track, Boys: Marisa Beck mbeck@shschools.org Track, Girls: Marisa Beck mbeck@shschools.org
Volleyball, Boys: Damien Hardy sugardah14@aol.com Volleyball, Girls: Damien Hardy sugardah14@aol.com
Water Polo, Boys: Brian Kreutzkamp bkreutzkamp@shschools.org Water Polo, Girls: Jon Burke jburke@shschools.org
Wrestling : no program

Salinas High School

726 S. Main Street, Salinas, 93901
831 796-7400 FAX: 831 796-7444 Athletic FAX: 831 796-7405
Website: <http://www.salinas.k12.ca.us/sites/SHS/Index.htm>
League: TCAL 2010-11 Enrollment: 2541
Mascot: Cowboys School Colors: Purple/gold

Principal: Sascha Heckmann 831 796-7410 sascha.heckmann@salinasuhd.org
Co-Administrator: Paul Brennan 831 796-7414 paul.brennan@salinasuhd.org
Athletic Director(s): Mark Kaanapu 831-796-7480 mark.kaanapu@salinasuhd.org
Trainer: no trainer indicated

Badminton: no program
Baseball: Art Hunsdorfer art.hunsdorfer@salinasuhd.org
Basketball, Boys: Joe Chappell jjchappell81@comcast.net Basketball, Girls: Kirk Kenedy kirk@vectorpoint.ws
X-Country, Boys: Roger Chagnon roger.chagnon@salinasuhd.org X-Country, Girls: Roger Chagnon
roger.chagnon@salinasuhd.org
Field Hockey: no program
Football: Steve Goodbody steve.goodbody@salinasuhd.org
Golf, Boys: Mike Bissell mike.bissell@salinasuhd.org Golf, Girls: Mike Bissell mike.bissell@salinasuhd.org
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Gerry Barrera Barrera@sbcbglobal.net Soccer, Girls: Rick Hinojosa rick.hinojosa@salinasuhd.org
Softball: Elyssa Sigala
Swim, Boys: Andrew Parolini andrew@montereypacific.com Swim, Girls: Patty Lamar patricia.lamar@salinasuhd.org
Tennis, Boys: Gus Andersen gus.andersen@salinasuhd.org Tennis, Girls: Gus Andersen gbdandersen@aol.com
Track, Boys: Steve Goodbody steve.goodbody@salinasuhd.org Track, Girls: Roger Chagnon
roger.chagnon@salinasuhd.org
Volleyball, Boys: Jose Ramos ramos_cali831@yahoo.com Volleyball, Girls: Andy Mandon
andrew.mandon@salinasuhd.org
Water Polo, Boys: Andrew Parolini andrew@montereypacific.com Water Polo, Girls: Patty Lamar
patty.lamar@salinasuhd.org
Wrestling : Bud Harder Treelineconstruction@comcast.net

San Benito

1220 Monterey Street, Hollister, 95023
831 637-5831 FAX: 831 637-6524 Athletic FAX: 831 637-3091

Website: <http://www.sbhsd.k12.ca.us>

League: TCAL 2010-11 Enrollment: 2881

Mascot: Haybalers School Colors: Red/white

Principal: Krystal Lomanto 831 637-5831 x 173 klomanto@sbhsd.k12.ca.us

Co-Administrator:

Athletic Director(s): Tod Thatcher 831 637-5831 x 350 tthatcher@sbhsd.k12.ca.us

Trainer: David Tari

Badminton: no program

Baseball: TBD

Basketball, Boys: Tracey Carpenter tcarp99@hotmail.com Basketball, Girls: David Kuplansky
kaplanskydavid@hotmail.com

X-Country, Boys: Jess Morales X-Country, Girls: Josh Morales

Field Hockey: no program

Football: Chris Cameron

Golf, Boys: Reggie Synegal Golf, Girls: Chris Branon

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Tony Deras TDNine@aol.com Soccer, Girls: Ben Alvarez alvarez4_2000@yahoo.com

Softball: Scott Smith

Swim, Boys: Cathy Larson cellomama@juno.com Swim, Girls: Christine Schafer schafers@garlic.com

Tennis, Boys: Chris Yoder Tennis, Girls: Ed Cecena

Track, Boys: Iran White Track, Girls: Laurie Cottrell

Volleyball: Boys: Erica Richardson Volleyball, Girls: Dean Askanas askn139@aol.com

Water Polo, Boys: Tom Agan nagaauto@yahoo.com Water Polo, Girls: Hayley Vadercook

Wrestling : Brian DeCarli bdecarli@sbhsd.k12.ca.us

San Francisco Christian

25 Whittier Street, San Francisco, 94112
415 586-1117 FAX: 415 841-0833 Athletic FAX:

Website: <http://www.sfchristianschool.org>

League: PSAL 2010-11 Enrollment: 73

Mascot: Trojans School Colors: Blue/gold

Principal: Mark Asire 415 586-1117 office@sfchristianschool.org

Co-Administrator:

Athletic Director(s): Nile Valenzuela 415 586-1117 nilesafia@hotmail.com

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: Nile Valenzuela nilesafia@hotmail.com Basketball, Girls: Nile Valenzuela nilesafia@hotmail.com

X-Country, Boys: no program X-Country, Girls: no program

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Mike Allen mallen@sfchristian.org Soccer, Girls: no program

Softball: Sara Valenzuela

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: no program Track, Girls: no program

Volleyball: Boys: no program Volleyball, Girls: Sofia Valenzuela nilesafia@hotmail.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

San Jose

275 N. 24th Street, San Jose, 95116
408 535-6320 FAX: 408 535-2355 Athletic FAX:
Website: <http://www.sjUSD.org/sjha>
League: BVAL 2010-11 Enrollment: 1159
Mascot: Bulldogs School Colors: Crimson/grey

Principal: Cary Catching cary_catching@sjUSD.org
Co-Administrator:
Athletic Director(s): Joe Jones 408 535-6320 x262 joe_jones@sjUSD.org
Trainer: no trainer indicated

Badminton: Joe Jones sjhsad@hotmail.com
Baseball: Mike Edmund
Basketball, Boys: TBA Basketball, Girls: Marylou Agustin hoops1298@yahoo.com
X-Country, Boys: Joe Jones sjhsad@hotmail.com X-Country, Girls: Joe Jones sjhsad@hotmail.com
Field Hockey: Stephany Medonca
Football: Darrell Williams coachdarrell@aol.com
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Frank Quintero Soccer, Girls: Aurilio Amezza
Softball: George Mearthur
Swim, Boys: TBA Swim, Girls: TBA
Tennis, Boys: TBA Tennis, Girls: Bonnie Ehle
Track, Boys: Inocencia Miramontes numy64@aol.com Track, Girls: Frank Lopez
Volleyball, Boys: no program Volleyball, Girls: Adrian Hayes
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Max Gonzalez

San Lorenzo Valley

7105 Highway 9, Felton, 95018
831 335-4425 FAX: 831 335-1531 Athletic FAX: 831 335-2978
Website: www.slvhs.slv.k12.ca.us
League: SCCAL 2010-11 Enrollment: 876
Mascot: Cougars School Colors: Red/black

Principal: Michael Arredondo 831 335-4425 marredondo@slvUSD.org
Co-Administrator: Keri Billings 831 335-4425 kbillings@slvUSD.org
Athletic Director(s): Marcus Northcutt 831 335-3600 mnorthcutt@slvUSD.org
Trainer: Nate Hill

Badminton: no program
Baseball: Shane Sutcliffe ssutcliffe@slvUSD.org
Basketball, Boys: Marcus Northcutt mnorthcutt@slvUSD.org Basketball, Girls: Laura Lange laura.lange@biola.edu
X-Country, Boys: Rob Collins rjcollins123@sbcglobal.net X-Country, Girls: Thea Jorgensen tjorgensen@slvUSD.org
Field Hockey: no program
Football: Doug Morris dmorris@slvUSD.org
Golf, Boys: Mark Mercer mmercerc@slvUSD.org Golf, Girls: Shane Sutcliffe ssutcliffe@slvUSD.org
Gymnastics : no program
Lax, Boys: TBA Lax, Girls: no program
Soccer, Boys: Nate Hill Soccer, Girls: Heidi Romswinchel heidiroms@yahoo.com
Softball: Mark Brown mark@slvsoftball.com
Swim, Boys: Ned Hearn/Bill Sales nhearn@slvUSD.org Swim, Girls: Aron Conger/Bill Sales aconger@slvUSD.org
Tennis, Boys: Wayne Sandles wsandles@slvUSD.org Tennis, Girls: Wayne Sandles wsandles@slvUSD.org
Track, Boys: Rob Collins rjcollins123@sbcglobal.net Track, Girls: Thea Jorgensen tjorgensen@slvUSD.org
Volleyball, Boys: TBD Volleyball, Girls: Marcus Northcutt mnorthcutt@slvUSD.org
Water Polo, Boys: Matt Troxell yltroxells@gmail.com Water Polo, Girls: Wally Brondstatter wallyb101@cruzio.com
Wrestling : Ken Pollastrini kenpollastrini@sbcglobal.net

San Mateo

506 N. Delaware Street, San Mateo, 94401
650 558-2399 FAX: 650 558-2352 Athletic FAX:
Website: <http://www.smuhsd.k12.ca.us/smhs/>
League: PAL 2010-11 Enrollment: 1350
Mascot: Bearcats School Colors: Orange/black

Principal: Yvonne Shiu yshiu@smuhsd.org
Co-Administrator: Suzanne Woolfolk swoolfolk@smuhsd.org
Athletic Director(s): Jeff Scheller 650 558-2338 jscheller@smuhsd.org
Nancy Dinges 650 558-2338 ndinges@smuhsd.org
Trainer: no trainer indicated

Badminton: Ronald Koko ronkoko86@yahoo.com
Baseball: Jesse Velez jvelez9@comcast.net
Basketball, Boys: Julian Hudson jhudson@smfc.k12.ca.us Basketball, Girls: Nancy Dinges ndinges@smuhsd.org
X-Country, Boys: Ed Riley tcoach@speakeasy.net X-Country, Girls: Ed Riley tcoach@speakeasy.net
Field Hockey: no program
Football: Jeff Scheller jscheller13@gmail.com
Golf, Boys: Jimmy Ikeda jikeda@smuhsd.org Golf, Girls: Jimmy Ikeda jikeda@smuhsd.org
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Chuck Callaghan chuckc100@sbcglobal.net Soccer, Girls: Orhan Muratoglu orhan.muratoglu@maxim-ic.com
Softball: Randy Boardman randy@bodegravel.com
Swim, Boys: Rich Farley koa_aquatics@yahoo.com Swim, Girls: Kathy Parodi kparodi@gmail.com
Tennis, Boys: John Daquoiag jdaquoiag@smuhsd.org Tennis, Girls: Rebecca Wheeler rawtennis@comcast.net
Track, Boys: Ed Riley tcoach@speakeasy.net Track, Girls: Ed Riley tcoach@speakeasy.net
Volleyball: Boys: no program Volleyball, Girls: Chirs Tigno smhsvolleyball@comcast.net
Water Polo, Boys: Whitney Zobac whitneyzobac@gmail.com Water Polo, Girls: Kathy Parodi kparodi@gmail.com
Wrestling : Steve Ratto sratto@smuhsd.org

Santa Catalina

1500 Mark Thomas Drive, Monterey, 93940
831 655-9315 FAX: 831 649-3056 Athletic FAX:
Website: www.santacatalina.org
League: MTAL 2010-11 Enrollment: 251
Mascot: Cougars School Colors: Blue/yellow

Principal: Sister Claire Barone, Head of School 831 655-9338 Sister_Claire@SantaCatalina.org
Co-Administrator: John Aime, Assistant Head of School 831 655-9321 John_Aime@SantaCatalina.org
Athletic Director(s): Paul Elliott 831 655-9387 paul.elliott@santacatalina.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: no program Basketball, Girls: Craig Fox craig.fox@santacatalina.org
X-Country, Boys: no program X-Country, Girls: Meredith Opegard Meredith.oppegard@santacatalina.org
Field Hockey: Jenny Gentilly jenny.gentilly@santacatalina.org
Football: no program
Golf, Boys: no program Golf, Girls: Scott Gebhardt scott.gebhardt@santacatalina.org
Gymnastics : no program
Lax, Boys: no program Lax, Girls: TBA
Soccer, Boys: no program Soccer, Girls: Rod Gilchrist rodgilchrist@comcast.net
Softball: Jim Pingree
Swim, Boys: no program Swim, Girls: Jim Morton
Tennis, Boys: no program Tennis, Girls: Bill Scott bill.scott@santacatalina.org
Track, Boys: Mike Raggett mmragg@redshift.com Track, Girls: Christy Parker
Volleyball: Boys: no program Volleyball, Girls: Paul Elliott paul_elliott@santacatalina.org
Water Polo, Boys: no program Water Polo, Girls: Jim Morton
Wrestling : no program

Santa Clara

3000 Benton Street, Santa Clara, 95051
408 423-2600 FAX: 408 423-2681 Athletic FAX:
Website: <http://santaclara.schoolloop.com>
League: SCVAL 2010-11 Enrollment: 1893
Mascot: Bruins School Colors: Royal blue/gold

Principal: Dave Grissom 408 423-2601 dgrissom@scusd.net
Co-Administrator: Gregory Shelby 408 423-2648
Athletic Director(s): Tony McGilvery 408 423-2613 schs_athletics@mindspring.com
Mark Krail mkrail@scusd.net
Trainer: no trainer indicated

Badminton: TBA
Baseball: Jason Bumbaca jbumbaca@scusd.net
Basketball, Boys: Tony McGilvery tMCGILVERY@scusd.net Basketball, Girls: DeeDee Kiyota deedee.kiyota@gmail.com
X-Country, Boys: Julie L'Heureux jolheureux@aol.com X-Country, Girls: Julie L'Heureux jolheureux@aol.com
Field Hockey: no program
Football: Mark Krail mkrail@scusd.net
Golf, Boys: Kevin Vannest kevinvannest@yahoo.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: John Azevelo sportng5@aol.com Soccer, Girls: Brad Comstock ladybruinsoccer@hotmail.com
Softball: John Rahbar rahbr2@comcast.net
Swim, Boys: Aja Bumbaca abumbaca@hotmail.com Swim, Girls: Aja Bumbaca abumbaca@hotmail.com
Tennis, Boys: Dominic Caserta dcaserta@scusd.net Tennis, Girls: Julie Kawamoto jkawamoto@scusd.net
Track, Boys: Julie L'Heureux jolheureux@aol.com Track, Girls: Julie L'Heureux jolheureux@aol.com
Volleyball, Boys: Fred Kieu fred@schsathletics.org Volleyball, Girls: Fred Kieu fred@schsathletics.org
Water Polo, Boys: Aja Bumbaca abumbaca@hotmail.com Water Polo, Girls: Aja Bumbaca abumbaca@hotmail.com
Wrestling : Steve Garcia bayardnm@aol.com

Santa Cruz

415 Walnut Avenue, Santa Cruz, 95060
831 429-3960 FAX: 831 429-3944 Athletic FAX: 831 429-3427
Website: www.santacruzhs.santacruz.k12.ca.us
League: SCCAL 2010-11 Enrollment: 1149
Mascot: Cardinal School Colors: Cardinal/white

Principal: Karen Edmonds 831 429-3960 x 201 kedmonds@sccs.santacruz.k12.ca.us
Co-Administrator:
Athletic Director(s): Erik Redding 831 429-3960 X308 eredding@sccs.santacruz.k12.ca.us
Trainer: Aresenio Tovar

Badminton: no program
Baseball: Matt Elliot melliott.sc@comcast.net
Basketball, Boys: Bill Domhoff bdomhoff@yahoo.com Basketball, Girls: Pat Jones patrick@fredjones.com
X-Country, Boys: Greg Brock brocoachrun@hotmail.com X-Country, Girls: Greg Brock brocoachrun@hotmail.com
Field Hockey: no program
Football: Jesse Trumbull jesstrumbull@hotmail.com
Golf, Boys: Pete Pappas Golf, Girls: Pete Pappas
Gymnastics : no program
Lax, Boys: Ryan Morper rmorper@yahoo.com Lax, Girls: no program
Soccer, Boys: Semih Sabankaya jstasaba@sbcglobal.net Soccer, Girls: Jay Gomez jgomez@colliersparish.com
Softball: Sharon Pena spena@ucsc.edu
Swim, Boys: Kim Gomez Swim, Girls: Kim Gomez
Tennis, Boys: Julian Sunn juliansunn@yahoo.com Tennis, Girls: Julian Sunn juliansunn@yahoo.com
Track, Boys: Anthony Brown hvp3544@sbcglobal.net Track, Girls: Anthony Brown hvp3544@sbcglobal.net
Volleyball, Boys: Mark Mattern markmattern@sbcglobal.net Volleyball, Girls: Phoebe Miller phoebe.miller@ymail.com
Water Polo, Boys: Chris Melcer Water Polo, Girls: TBA
Wrestling : John Corona santacruzwrestle@aol.com

Santa Teresa

6150 Snell Avenue, San Jose, 95123
408 347-6200 FAX: 408 347-6215 Athletic FAX: 408 347-6235

Website: <http://sths.ca.campusgrid.net/home>

League: BVAL 2010-11 Enrollment: 2283

Mascot: Saints School Colors: Royal blue/orange/white

Principal: Juan Cruz 408 347-6210 CruzJuan@esuhsd.org

Co-Administrator: Greg Louie 408 347-6230 louieg@esuhsd.org

Athletic Director(s): Barbara Uchiyama 408 347-6226 uchiyamab@esuhsd.org

Trainer: no trainer indicated

Badminton: Suneel Kelkar suneelk@ix.netcom.com

Baseball: TBA

Basketball, Boys: Mitch Priest mpkpaptp@sbcglobal.net Basketball, Girls: Sean Peterson threeball_shooter@yahoo.com

X-Country, Boys: Kenny Cleveland biknmtns@sbcglobal.net X-Country, Girls: Scott Young youngs@esuhsd.org

Field Hockey: no program

Football: Nick Alfano alfanon@esuhsd.org

Golf, Boys: John Caldie caldiej@esuhsd.org Golf, Girls: Don Yellum yellumd@esuhsd.org

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Aliou Diallo Soccer, Girls: Anna Thomas anna_shortt@hotmail.com

Softball: TBA

Swim, Boys: TBA Swim, Girls: Debbie Fujii fujid@esuhsd.org

Tennis, Boys: Bill Schaeffer Tennis, Girls: Bill Schaeffer

Track, Boys: Ron McKee rondo63@aol.com Track, Girls: Scott Young youngs@esuhsd.org

Volleyball: Boys: no program Volleyball, Girls: Michelle Bengston sthsvb@gmail.com

Water Polo, Boys: Greg Trapp hmutrapp8600@sbcglobal.net Water Polo, Girls: Ben Murray

Wrestling : Jorge Barajas jjbarajas0021@sbcglobal.net

Saratoga

20300 Herriman Avenue, Saratoga, 95070-4999
408 867-3411 FAX: 408 867-3577 Athletic FAX:

Website: www.saratogahigh.org

League: SCVAL 2010-11 Enrollment: 1371

Mascot: Falcons School Colors: Navy blue/scarlet/grey

Principal: Jeff Anderson 408 867-3411 x 204 janderson@lgsuhsd.org

Co-Administrator: Kevin Mount 408 867-3411 x 210 kmount@lgsuhsd.org

Athletic Director(s): Tim Lugo 408 867-3411 ex 219 tlugo@lgsuhsd.org

Trainer: Liz Gimore-Alves gilmore.liz@gmail.com

Badminton: Alex Chan ahchan.ucsdw@gmail.com

Baseball: Adam Varterressian adamvart@comcast.net

Basketball, Boys: Trevor Naas tnaas7@yahoo.com Basketball, Girls: Mike Davey mdavey@lgsuhsd.org

X-Country, Boys: Dan Ambrico dambrico@yahoo.com X-Country, Girls: Danny Moon rocketman.runner@sbcglobal.net

Field Hockey: Lifon Huynh heyleafy@yahoo.com

Football: Tim Lugo tlugo@lgsuhsd.org

Golf, Boys: Dave Gragnola davidgragnola@allstate.com Golf, Girls: Dave Gragnola davidgragnola@allstate.com

Gymnastics : no program

Lax, Boys: Larry Boehm lwboehm@hotmail.com Lax, Girls: Merry Geisse mgeisse@gmail.com

Soccer, Boys: Adam Clarke clarkeadam@aol.com Soccer, Girls: Molly Flanagan molly.m.flanagan@gmail.com

Softball: Ray Sisco raysisco@gmail.com

Swim, Boys: Christian Bonner christianbonner@gmail.com Swim, Girls: Kristin Thomson kthomson@lgsuhsd.org

Tennis, Boys: Tom Uyehara rtuyehara23@yahoo.com Tennis, Girls: Tom Uyehara RtUyehara23@yahoo.com

Track, Boys: Archie Ljepava archie295124@yahoo.com Track, Girls: Archie Ljepava archie295124@yahoo.com

Volleyball: Boys: Jenica Priest jpriest84@hotmail.com Volleyball, Girls: Brad Frederickson

brad.frederickson@wfadvisors.com

Water Polo, Boys: Courney Crase ccrase@lgsuhsd.org Water Polo, Girls: Heather Bridges heathrb@gmail.com

Wrestling : Joe Pele xfacewiz@gmail.com

Scotts Valley

555 Glenwood Drive, Scotts Valley, 95066
831 439-9555 FAX: 831 439-9501 Athletic FAX:

Website: <http://www.svhs.santacruz.k12.ca.us>

League: SCCAL 2010-11 Enrollment: 802

Mascot: Falcons School Colors: Maroon/gold

Principal: Valerie Bariteau 831 439-9555 vbariteau@santacruz.k12.ca.us

Co-Administrator: Asst. Principal TBD 831 439-9555

Athletic Director(s): Louie Walters 831 439-9555 lwalters@santacruz.k12.ca.us

Trainer: Carolyn Walker

Badminton: no program

Baseball: Buddy Carrington

Basketball, Boys: Andrew Snelgrove teamhoopsv@gmail.com Basketball, Girls: Jim Hart coachjimhart@gmail.com

X-Country, Boys: Doug Chase X-Country, Girls: Doug Chase

Field Hockey: no program

Football: Louie Walters walters819@cs.com

Golf, Boys: Rich Hager Golf, Girls: Rich Hager

Gymnastics : no program

Lax, Boys: Wes Koenig weskoenig@mindspring.com Lax, Girls: no program

Soccer, Boys: Jacob Long jakoblong@gmail.com Soccer, Girls: Art Munoz mun101@aol.com

Softball: TBA

Swim, Boys: Mike Ayers Swim, Girls: Mike Ayers

Tennis, Boys: Greg Westen Tennis, Girls: Amelia Escalante ameliaescalante@comcast.net

Track, Boys: Doug Chase chase1224@comcast.net Track, Girls: Doug Chase chase1224@comcast.net

Volleyball, Boys: Marty Leshen Volleyball, Girls: Marty Leshen

Water Polo, Boys: no program Water Polo, Girls: Mke Ayers

Wrestling : Jared Norman jnorman@santacruz.k12.ca.us

Seaside

2200 Noche Buena, Seaside, 93955

831 899-7028 FAX: 831 899-0212 Athletic FAX: 831 394-6733

Website: <http://www.mpusd.k12.ca.us/seasidehighschool>

League: MBL 2010-11 Enrollment: 1033

Mascot: Spartans School Colors: Red/black/white

Principal: Mary White mwhite@mpusd.k12.ca.us

Co-Administrator: Carlos Moran cmoran@mpusd.k12.ca.us

Athletic Director(s): Matt York 831 392-3547 shsathletics@mpusd.k12.ca.us

Trainer: no trainer indicated

Badminton: no program

Baseball: Sal Ferrante

Basketball, Boys: Kelvin Garnett kgarnett@hotmail.com Basketball, Girls: Jim Rimundo mbay5@aol.com

X-Country, Boys: Dwight Smith dsmith@mpusd.k12.ca.us X-Country, Girls: Dwight Smith dsmith@mpusd.k12.ca.us

Field Hockey: no program

Football: Alfred Avila coach_avila@hotmail.com

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Nick Lackey nlackey@mpusd.k12.ca.us Soccer, Girls: Steven Russell srussell@mpusd.k12.ca.us

Softball: TBD

Swim, Boys: Ken Fittro kfittro@mpusd.k12.ca.us Swim, Girls: Ken Fittro kfittro@mpusd.k12.ca.us

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Quintin Crosby Track, Girls: Donna Koenig dkoenig@mpusd.k12.ca.us

Volleyball, Boys: Vince Rosa Volleyball, Girls: Vince Rosa rosaohana@comcast.net

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Gary James gjames@mbayaq.org

Sequoia

120 Brewster Avenue, Redwood City, 94062-1378
650 367-9780 FAX: 650 368-5180/650 306-1761 Athletic FAX:

Website: <http://www.sequoiahs.org>

League: PAL 2010-11 Enrollment: 1923

Mascot: Cherokees School Colors: Purple/white

Principal: Bonnie Hansen 650 369-1411x6274 bhansen@seq.org

Co-Administrator: Mike Kuliga 650 369-1411x6397 mkuliga@seq.org

Athletic Director(s): Stacy Morell 650 369-1411 x6248 smorell@seq.org

Trainer: Gumaro Diaz gdiaz1981@yahoo.com

Badminton: Steve Wong st Wong@seq.org

Baseball: Corey Uhalde cuhalde@seq.org

Basketball, Boys: Fine Lauese flauese@seq.org Basketball, Girls: Steve Picchi spicchi@seq.org

X-Country, Boys: Andrew Hutchinson ahutchinsonshs@gmail.com X-Country, Girls: Andrew Hutchinson

ahutchinsonshs@gmail.com

Field Hockey: no program

Football: Rob Poulos robpoulos@gmail.com

Golf, Boys: Fine Lauese flauese@seq.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: TBA Lax, Girls: TBA

Soccer, Boys: Julio Calles jcalles@seq.org Soccer, Girls: Mellissa Schmidt mschmidt@seq.org

Softball: Scott Reynick sreynick@hotmail.com

Swim, Boys: Francisco Andaluz francisco@elipsemf.com Swim, Girls: Dave Knochenhauer

davek@peninsulacovenant.com

Tennis, Boys: Phil McKenney mtatennis3@gmail.com Tennis, Girls: Phil McKenney mtatennis3@gmail.com

Track, Boys: Adrian Dilley adilley@seq.org Track, Girls: Adrian Dilley adilley@seq.org

Volleyball: Boys: no program Volleyball, Girls: Jane Slater j Slater@seq.org

Water Polo, Boys: Francisco Andaluz francisco@eclipsemf.com Water Polo, Girls: Rob Griffen rgriffin987@gmail.com

Wrestling : John Peavler ariesspirit@comcastnet

Junipero Serra

451 W. 20th Avenue, San Mateo, 94403-1385
650 345-8207 FAX: 650 573-6638 Athletic FAX: 650 345-2407

Website: www.serraahs.com

League: WCAL 2010-11 Enrollment: 939

Mascot: Padres School Colors: Blue/gold

Principal: Barry Thornton 650 345-8207 x 127 bthornton@serraahs.com

Co-Administrator: Marybeth Ortiz 650 345-8207 x 128 mortiz@serraahs.com

Athletic Director(s): Dean Ayoob 650 345-0991 dayoob@serraahs.com

John Kirby 650 345-0991 jkirby@serraahs.com

Trainer: Laurie Rossi lrossi@serraahs.com

Badminton: no program

Baseball: Craig Giannino cgianinno@serraahs.com

Basketball, Boys: Chuck Rapp cjrapp@serraahs.com Basketball, Girls: no program

X-Country, Boys: Will McCarthy wmmccarthy@serraahs.com X-Country, Girls: no program

Field Hockey: no program

Football: Patrick Walsh pwalsh@serraahs.com

Golf, Boys: Joe Hession jhession@serraahs.com Golf, Girls: no program

Gymnastics : no program

Lax, Boys: Bubba Sandford bsandford@serraahs.com Lax, Girls: no program

Soccer, Boys: Jeff Panos jpanos@serraahs.com Soccer, Girls: no program

Softball: no program

Swim, Boys: Bob Greene bgreene@serraahs.com Swim, Girls: no program

Tennis, Boys: Marcus Charles mactennis49@yahoo.com Tennis, Girls: no program

Track, Boys: Jim Marheineke jmarheineke@serraahs.com Track, Girls: no program

Volleyball: Boys: Dustyn Woropay dworopay@gmail.com Volleyball, Girls: no program

Water Polo, Boys: Bob Greene bgreene@serraahs.com Water Polo, Girls: no program

Wrestling : Ricardo Garcia rgarcia@serraahs.com

Silver Creek

3434 Silver Creek Road, San Jose, 95121
408 347-5600 FAX: 408 347-5615 Athletic FAX: 408 347-5846
Website: <http://silvercreekhs.ca.campusgrid.net>
League: BVAL 2010-11 Enrollment: 2481
Mascot: Raiders School Colors: Orange/black/silver

Principal: Adolfo Laguna 408 347-5610 lagunaa@esuhsd.org
Co-Administrator: Noemi Ramirez 408 347-5630 ramirezn@esuhsd.org
Athletic Director(s): Trish Sunseri 408 347-5837 sunserit@esuhsd.org
Arsalan Niazmand 408 347-5624 niazmanda@esuhsd.org
Trainer: no trainer indicated

Badminton: TBA
Baseball: Tom Galante tgcoach2002@yahoo.com
Basketball, Boys: Cliff Warren cwa5797@aol.com Basketball, Girls: Sonny Flores coach_flores@yahoo.com
X-Country, Boys: Steve Taylor X-Country, Girls: Sooky Yi yis@esuhsd.org
Field Hockey: no program
Football: Chris Bodling boldingc@esuhsd.org
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBA Soccer, Girls: Daniel Santiago dansantiago_00@sbcglobal.net
Softball: Trish Sunseri sunserit@esuhsd.org
Swim, Boys: Wil Henninger Swim, Girls: Mike Abrigo abrigom@esuhsd.org
Tennis, Boys: Roy Seta rmseta@earthlink.net Tennis, Girls: Roy Seta rmseta@earthlink.net
Track, Boys: Jason James jamesj@esuhsd.org Track, Girls: Jason James jamesj@esuhsd.org
Volleyball: Boys: no program Volleyball, Girls: Lee Guerrero Lguerrero@eesd.org
Water Polo, Boys: Mike Abrigo abrigom@esuhsd.org Water Polo, Girls: Mike Abrigo abrigom@esuhsd.org
Wrestling : Matt Bertron matthew.bertron@gmail.com

Sobrato

401 Burnett Avenue, Morgan Hill, 95037
408 201-6200 FAX: 408 465-2467 Athletic FAX:
Website: <http://sobratohs.ca.campusgrid.net>
League: BVAL 2010-11 Enrollment: 1530
Mascot: Bulldogs School Colors:

Principal: Deborah Padilla 408 201-6201 debbie.padilla@mhu.k12.ca.us
Co-Administrator: Kevin Miller kevin.miller@mhu.k12.ca.us
Athletic Director(s): Jeff Bernstein 408 201-6240 jeff.bernstein@mhu.k12.ca.us
Trainer: no trainer indicated

Badminton: April Roland april.roland@mhu.k12.ca.us
Baseball: TBA
Basketball, Boys: Lee Washington coach.leewashington@yahoo.com Basketball, Girls: Terry Smith
terryshshoops@gmail.com
X-Country, Boys: Bob DeLaCruz bobdlc2000@yahoo.com X-Country, Girls: Bob DeLaCruz bobdlc2000@yahoo.com
Field Hockey: Jessica Naranjo naranjo_jessica@yahoo.com
Football: Nick Borello nick.borello@mhu.k12.ca.us
Golf, Boys: Jeff Bernstein jeff.bernstein@mhu.k12.ca.us Golf, Girls: Jeff Bernstein jeff.bernstein@mhu.k12.ca.us
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Ricardo Martinez soccermanrpm@charter.net Soccer, Girls: Paul Nishimatsu psckln@msn.com
Softball: Gene Cirulo pciraulo@oakwoodmail.org
Swim, Boys: Dave Letts David.Letts@mhu.k12.ca.us Swim, Girls: Dave Letts David.Letts@mhu.k12.ca.us
Tennis, Boys: Ken Marques kenmarques@yahoo.com Tennis, Girls: Ignacio Herrera familyh@garlic.com
Track, Boys: Bob DeLaCruz bobdlc2000@yahoo.com Track, Girls: Bob DeLaCruz bobdlc2000@yahoo.com
Volleyball: Boys: Todd Anderson twal144@gmail.com Volleyball, Girls: Jason Medenceles
jason.c.medenceles@gmail.com
Water Polo, Boys: Dave Letts David.Letts@mhu.k12.ca.us Water Polo, Girls: Dave Burnett daveburnett@verizon.net
Wrestling : Erik Lupericio erik_lupericio@yahoo.com

Soledad

425 Gabilan Drive, Soledad, 93960

831 678-6400 FAX: 831 678-0449 Athletic FAX:

Website: <http://soledad.monterey.k12.ca.us/Schools/shs.htm>

League: MTAL 2010-11 Enrollment: 1206

Mascot: Aztecs School Colors: Purple/gold/white

Principal: Jamie Mumau jmumau@soledad.k12.ca.us

Co-Administrator: Laura Eras 831 678-6400 leras@soledadapps.org

Athletic Director(s): Mel Kutchtta

Steven Terry sterry@soledad.k12.ca.us

Trainer: no trainer indicated

Badminton: no program

Baseball: Damien Ryan sterry@soledad.k12.ca.us

Basketball, Boys: Steve Terry sterry@soledadapps.org

Basketball, Girls: Joe R. Gonzales jrgonzales75@gmail.com

X-Country, Boys: TBA X-Country, Girls: TBA

Field Hockey: no program

Football: Rodney Starr rstarr@soldedadapps.org

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Jose Domingues jgd1281@hotmail.com Soccer, Girls: TBA

Softball: TBA

Swim, Boys: TBA Swim, Girls: Tba

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: Kacey Fleming kfleming@soldeadapps.org Track, Girls: Kacey Fleming kfleming@soldeadapps.org

Volleyball: Boys: no program Volleyball, Girls: K. C. Keller kkeller@soledadapps.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Jeff Hartwig cherylh63@sbcglobal.net

Soquel

401 Old San Jose Road, Soquel, 95073

831 429-3909 FAX: 831 429-3311 Athletic FAX:

Website: www.soquelhs.net

League: SCCAL 2010-11 Enrollment: 1032

Mascot: Knights School Colors: Blue/gold

Principal: Ken Lawrence-Emanuel 831 429-3908 klawrence-emanuel@sccs.santacruz.k12.ca.us

Co-Administrator:

Athletic Director(s): Stu Walters 831 429-3950 swalters@sccs.santacruz.k12.ca.us

Trainer: Scott Hamel

Badminton: no program

Baseball: Robert Zuniga

Basketball, Boys: Stu Walters swalters@sccs.santacruz.k12.ca.us

Basketball, Girls: John Wilson

jwilson@sccs.santacruz.k12.ca.us

X-Country, Boys: Javier Naranjo coachjavier59@yahoo.com

X-Country, Girls: Javier Naranjo coachjavier59@yahoo.com

Field Hockey: no program

Football: Ron Myers rmyers@sccs.net

Golf, Boys: Garth Watrons garthwat75@yahoo.com Golf, Girls: TBA

Gymnastics : no program

Lax, Boys: Bonnie Keet bonnie619@yahoo.com Lax, Girls: no program

Soccer, Boys: Paul Gooch englsocacademy@hotmail.com Soccer, Girls: Bri Wiles briwiles@gmail.com

Softball: Shawn Galardo extrememachining@sbcglobal.net

Swim, Boys: Mark Knapp Swim, Girls: TBA

Tennis, Boys: Ned Worthington eworthington@sccs.net Tennis, Girls: Betsy Manshardt emaushardt@hotmail.com

Track, Boys: Joe Miyoshi Track, Girls: Mary Maleta mmaleta@slvusd.org

Volleyball: Boys: TBA Volleyball, Girls: Kamala Sipin soquelhighschoolgirlsvolleyball@gmail.com

Water Polo, Boys: Marcello Adas kingadas@hotmail.com Water Polo, Girls: Ryan Chapatte soquelpolo@gmail.com

Wrestling : TBA

South San Francisco

400 "B" Street, South San Francisco, 94080
650 877-8754 FAX: 650 871-7943 Athletic FAX:
Website: <http://www.ssfhs.schoolloop.com>
League: PAL 2010-11 Enrollment: 1518
Mascot: Warriors School Colors: Blue/white

Principal: Michael Coyne mcoyne@ssfusd.org
Co-Administrator:
Athletic Director(s): Matt Schaukowitch 650 877-8759 mschaukowitch@ssfusd.org
Trainer: no trainer indicated

Badminton: Hazel Noguera hanoguera@gmail.com
Baseball: Daryl Semien daryl.southcitybball@yahoo.com
Basketball, Boys: Jorge Chevez scjchevez11@yahoo.com Basketball, Girls: Shanti Wilson swilson@ssfusd.org
X-Country, Boys: Matt Schaukowitch mschaukowitch@ssfusd.org X-Country, Girls: Matt Schaukowitch
mschaukowitch@ssfusd.org
Field Hockey: no program
Football: Frank Moro fmoro99@yahoo.com
Golf, Boys: Jim Orich jorlichssfhs@yahoo.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Julio Serrano julioserrano@msn.com Soccer, Girls: Dan Marcucci marcuccissf@comcast.net
Softball: Christine Forsell cforsell@ssfusd.org
Swim, Boys: Amanda Asilicani asilicani@ssfusd.org Swim, Girls: Amanda Asilicani asilicani@ssfusd.org
Tennis, Boys: Sean Stuart lancelotlaunch@yahoo.com Tennis, Girls: Sean Stuart lancelotlaunch@yahoo.com
Track, Boys: Jason Capitan capitan17@yahoo.com Track, Girls: Jason Capitan capitan17@yahoo.com
Volleyball: Boys: no program Volleyball, Girls: Jillian Baires jillian0323@yahoo.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Steve Matteucci red94580@yahoo.com

St. Francis

1885 Miramonte Avenue, Mountain View, 94040
650 968-1213 FAX: 650 968-1706 Athletic FAX: 650 968-0856
Website: www.sfhs.com
League: WCAL 2010-11 Enrollment: 1716
Mascot: Lancers School Colors: Brown/white/gold

Principal: Patricia Tennant patriciatennant@sfhs.com
Co-Administrator:
Athletic Director(s): Michael Pilawski 650 968-1213 X 255 michaelpilawski@sfhs.com
Chris Volta 650 968-1213 x 650 chrivolta@sfhs.com
Trainer: Christine Mueller christinemueller@sfhs.com

Badminton: no program
Baseball: Mike Oakland mikeoakland@sfhs.com
Basketball, Boys: Mike Motil michaelmotil@sfhs.com Basketball, Girls: Brian Harrigan brianharrigan@sfhs.com
X-Country, Boys: Mandy Benham mandybenham@sfhs.com X-Country, Girls: Roberta Chisam robertachisam@sfhs.com
Field Hockey: Kathy Lincoln kathylincoln@sfhs.com
Football: Nick Navarro nicknavarro@sfhs.com
Golf, Boys: Dave Ferriera daveferriera@sfhs.com Golf, Girls: Phil Marrone
Gymnastics : Lynn Horiye lynnhoriye@sfhs.com
Lax, Boys: TBA Lax, Girls: Jessica Paige jessicapaige@sfhs.com
Soccer, Boys: Thomas Silvas thomassilvas@sfhs.com Soccer, Girls: Dawn Hill dawnhill@sfhs.com
Softball: Paula Martinez paulamartinez@sfhs.com
Swim, Boys: Terry O'Donnell terryodonnell@sfhs.com Swim, Girls: Terence O'Malley terenceomalley@sfhs.com
Tennis, Boys: Dick Svedeman dicksvedeman@sfhs.com Tennis, Girls: Lynn Horiye lynnhoriye@sfhs.com
Track, Boys: Mike Saso mikesaso@sfhs.com Track, Girls: Mandy Benham mandybenham@sfhs.com
Volleyball: Boys: Mike Rubin michaelrubin@sfhs.com Volleyball, Girls: Leah Hall leahihall@sfhs.com
Water Polo, Boys: Terry O'Donnell terryodonnell@sfhs.com Water Polo, Girls: Brendon Reutebuch
brendonreutebuch@sfhs.com
Wrestling : Matt Danna matthewdanna@sfhs.com

St. Francis CCC

2400 E. Lake Avenue, Watsonville, 95076
831 724-5933 FAX: 831 724-5995 Athletic FAX: 831 724-5995

Website: www.stfrancishigh.net

League: SCCAL 2010-11 Enrollment: 220

Mascot: Sharks School Colors: Burgandy/gray

Principal: Keith Mathews 831 724-5933 x 204 mathews@stfrancishigh.net

Co-Administrator:

Athletic Director(s): Jennifer Watson 831 724-5933 x 207 watson@stfrancishigh.net

Trainer: Lindsey Ritter

Badminton: no program

Baseball: Kenny Nakagawa nakagawa@stfrancishigh.net

Basketball, Boys: Ed Kelly finaliv@yahoo.com Basketball, Girls: Mark Clark

X-Country, Boys: Ramona Young ramona23@rocketmail.com X-Country, Girls: Ramona Young

ramona23@rocketmail.com

Field Hockey: no program

Football: Robert Rodriguez sk8havoc@yahoo.com

Golf, Boys: Robert Rodriguez sk8havoc@yahoo.com Golf, Girls: Robert Rodriguez sk8havoc@yahoo.com

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Will Hodges hodgeref@yahoo.com Soccer, Girls: German Plaza

Softball: Marty Marchese marty_marchese@comcast.net

Swim, Boys: James Watson jgwatson@stfrancishigh.net Swim, Girls: James Watson jgwatson@stfrancishigh.net

Tennis, Boys: no program Tennis, Girls: Bill Finch billfinch1@aol.com

Track, Boys: Ramona Young ramona23@rocketmail.com Track, Girls: Ramona Young ramona23@rocketmail.com

Volleyball: Boys: no program Volleyball, Girls: Eric Lujan elujan1@ucsc.edu

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

St. Ignatius

2001 37th Avenue, San Francisco, 94116
415 731-7500 FAX: 415 661-0150 Athletic FAX: 415 661-0150

Website: www.siprep.org

League: WCAL 2010-11 Enrollment: 1448

Mascot: Wildcats School Colors: Red/blue

Principal: Patrick Ruff 415 731-7500 X 222 pruff@siprep.org

Co-Administrator:

Athletic Director(s): John Mulkerrins 415 731-7500 X 538 jmulkerrins@siprep.org

Rob Marcaletti, Anne Seppi rmarcaletti@siprep.org; aseppi@siprep.org

Trainer: Marla Bottner mbottner@siprep.org

Badminton: no program

Baseball: Matt Stecher mstecher@siprep.org

Basketball, Boys: Tim Readon treardon@siprep.org Basketball, Girls: Mike Mulkerrins gotmulk11@cs.com

X-Country, Boys: Nick Alvarado X-Country, Girls: Jerilynn Caskey jmcaskey@hotmail.com

Field Hockey: Maisa Badarey

Football: John Regalia jregalia@siprep.org

Golf, Boys: Julius Yap jyap@siprep.org Golf, Girls: Julius Yap jyap@siprep.org

Gymnastics : no program

Lax, Boys: Chiris Packard Lax, Girls: Amy Harms aharms@siprep.org

Soccer, Boys: John Prior johnprior@comcast.net Soccer, Girls: Carlos Escobar cescobar@siprep.org

Softball: TBA

Swim, Boys: Matt Roberto mroberto@siprep.org Swim, Girls: Matt Roberto mroberto@siprep.org

Tennis, Boys: Craig Law claw@sbcglobal.net Tennis, Girls: William Haardt whaardt@siprep.org

Track, Boys: Peter DeMartini demar00@aol.com Track, Girls: Rob Hickox rhickox@siprep.org

Volleyball: Boys: TBA Volleyball, Girls: Lisa Becerra lisa.d.becerra@gmail.com

Water Polo, Boys: Daniel Figoni daniel.l.figoni@lmco.com Water Polo, Girls: Paul Felton pfelton@siprep.org

Wrestling : no program

St. Lawrence Academy

2000 Lawrence Court, Santa Clara, 95051
408 296-3013 FAX: 408 296-3794 Athletic FAX:

Website: www.saintlawrence.org

League: PSAL 2010-11 Enrollment: 246
Mascot: Celtics School Colors: Green/gold

Principal: Christie Filios 408 296-3013 cfilios@saintlawrence.org
Co-Administrator: Anne Eubanks 408 296-3013 aebanks@saintlawrence.org
Athletic Director(s): Joe Endaya 408 869-8681 jendaya@saintlawrence.org
Trainer: Laurie Endaya lendaya@saintlawrence.org

Badminton: no program

Baseball: Tony Medina tmedina@saintlawrence.org

Basketball, Boys: Joe Endaya jendaya@saintlawrence.org

Basketball, Girls: Michael Byers mbyers@saintlawrence.org

X-Country, Boys: Ryan Olein rolein@saintlawrence.org

X-Country, Girls: Ryan Olein rolein@saintlawrence.org

Field Hockey: no program

Football: no program

Golf, Boys: John Bennett jbennett@saintlawrence.org

Golf, Girls: TBA

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Tim Newsome tnewsome@saintlawrence.org

Soccer, Girls: no program

Softball: no program

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: Andy Ward award@saintlawrence.org

Tennis, Girls: Andy Ward award@saintlawrence.org

Track, Boys: Ryan Olein rolein@saintlawrence.org

Track, Girls: Ryan Olein rolein@saintlawrence.org

Volleyball, Boys: Jila Malek jmalek@saintlawrence.org

Volleyball, Girls: Jila Malek jmalek@saintlawrence.org

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Stevenson School

3152 Forest Lake Road, Pebble Beach, 93953
831 625-8300 FAX: 831 625-5208 Athletic FAX: 831 625-8391

Website: www.stevensonschool.org

League: MTAL 2010-11 Enrollment: 532
Mascot: Pirates School Colors: Green/white

Principal: Michele Grogan 831 625-8316 mgrogan@stevensonschool.org

Co-Administrator:

Athletic Director(s): Jeff Young 831 625-8355 jyoung@stevensonschool.org

Trainer: no trainer indicated

Badminton: no program

Baseball: Paul Wilcox baseballwife3@att.net

Basketball, Boys: Matt Arruda marruda@stevensonschool.org

Basketball, Girls: Michelle Taylor

mtaylor@stevensonschool.org

X-Country, Boys: Cleve Thayer cthayer@stevensonschool.org

X-Country, Girls: Cleve Thayer

cthayer@stevensonschool.org

Field Hockey: Kelly Burnett kburnett@stevensonschool.org

Football: Bruce Dini bdini@stevensonschool.org

Golf, Boys: Bill Hankison bhankison@stevensonschool.org

Golf, Girls: Jason Gilbert jgilbert@mpccpb.org

Gymnastics : no program

Lax, Boys: Jeff Young jyoung@stevensonschool.org

Lax, Girls: Kelly Burnett kburnett@stevensonschool.org

Soccer, Boys: Justin Bates jbates@stevensonschool.org

Soccer, Girls: Hillel Rom rom48us@yahoo.com

Softball: Thomas Main coachmain@msn.com

Swim, Boys: Jon Kemmerer jkemmerer@stevensonschool.org

Swim, Girls: Jim Fannin jfannin@stevensonschool.org

Tennis, Boys: Sevon Zenopian szenopian@hotmail.com

Tennis, Girls: Wendy Grover wendyaylaiangrover@gmail.com

Track, Boys: Cleve Thayer cthayer@stevensonschool.org

Track, Girls: Cleve Thayer cthayer@stevensonschool.org

Volleyball, Boys: no program Volleyball, Girls: Michelle Taylor mtaylor@stevensonschool.org

Water Polo, Boys: Jim Fannin jfannin@stevensonschool.org

Water Polo, Girls: Kevin Schroedter

kschroedter@stevensonschool.org

Wrestling : no program

Summit Prep

890 Broadway Street, Redwood City, 94063
650 556-1110 FAX: 650 556-1121 Athletic FAX:
Website: <http://www.summitprep.net>
League: PSAL 2010-11 Enrollment: 415
Mascot: Huskies School Colors: Royal/white

Principal: Todd Dickson tdickson@summitprep.net
Co-Administrator:
Athletic Director(s): Roger Zamora 650-556-1110 ext 2001 rzamora@summitprep.net
Trainer: no trainer indicated

Badminton: no program
Baseball: Andrew Soler andrewsoler@yahoo.com
Basketball, Boys: Kieran McMillen kmcmillen@summitprep.net Basketball, Girls: Itan Jordan itan.jordan@gmail.com
X-Country, Boys: no program X-Country, Girls: no program
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Steve McCreddin macsoccer@sbcglobal.net Soccer, Girls: Andy Lichtblau alichtblau@summitprep.net
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Matt Piazza matt.piazza@gmail.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Summit Public Schools-Rainier

14271 Story Road, San Jose, 95127
408 926-2038 FAX: 408 729-3853 Athletic FAX:
Website: <http://summitsanjose.org>
League: Associate 2010-11 Enrollment: 0
Mascot: - School Colors: -

Principal: Diego Arambula darambula@spsrainier.org
Co-Administrator:
Athletic Director(s): Steve Hares 408 657-6215 steve@haresfamily.com
Trainer: no trainer indicated

Badminton: TBD - JV only
Baseball: no program
Basketball, Boys: no program Basketball, Girls: no program
X-Country, Boys: TBD - JV only X-Country, Girls: TBD - JV only
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBD - JV only Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: TBD - JV only Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Phil Rich - JV only philwrich@gmail.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : TBD - JV only

Summit Public Schools-Tahoma

14271 Story Road, San Jose, 95127
408 926-2038 FAX: 408 729-3853 Athletic FAX:
Website: <http://summitsanjose.org>
League: Associate 2010-11 Enrollment: 0
Mascot: - School Colors: -

Principal: David Richards drichards@spstahoma.org
Co-Administrator:
Athletic Director(s): Steve Hares 408 657-6215 steve@haresfamily.com
Trainer: no trainer indicated

Badminton: TBD - JV only
Baseball: no program
Basketball, Boys: TBD - JV only Basketball, Girls: TBD - JV only
X-Country, Boys: TBD - JV only X-Country, Girls: TBD - JV only
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: TBD - JV only Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Phil Rich - JV only philwrich@gmail.com
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : TBD - JV only

Terra Nova

1450 Terra Nova Blvd., Pacifica, 94044
650 550-7600 FAX: 650 550-7690 Athletic FAX: 750 550-7616
Website: <http://terranova-highschool.com>
League: PAL 2010-11 Enrollment: 1252
Mascot: Tigers School Colors: Black/gold

Principal: Jonathan Ferrer 650 550-7670 jferrer@juhsd.net
Co-Administrator: Philip Morales 650 550-7672 pmorales@juhsd.net
Athletic Director(s): Bill Gray 650 550-7643 wgray@juhsd.net
Trainer: no trainer indicated

Badminton: Peita Ramos pramos@juhsd.net
Baseball: Joey Gentile renegades2727@yahoo.com
Basketball, Boys: Kenny Milch kmilch@sbcglobal.net Basketball, Girls: Kareem Summerville
kareemsummerville@yahoo.com
X-Country, Boys: Michelle Bokamper mnoeth@juhsd.net X-Country, Girls: Michelle Bokamper mnoeth@juhsd.net
Field Hockey: no program
Football: Bill Gray wgray@juhsd.net
Golf, Boys: Tom Petithomme tpetit@juhsd.net Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Stefino Cadoppi scadop@juhsd.net Soccer, Girls: Jared Green jgreen@juhsd.net
Softball: Donna Tolero terranovasoftball@pacbell.net
Swim, Boys: Brad Pence bradswim@aol.com Swim, Girls: Brad Pence bradswim@aol.com
Tennis, Boys: no program Tennis, Girls: Janice O'Brien janiceobrien@mindspring.com
Track, Boys: Michelle Noeth noeth@juhsd.net Track, Girls: Michelle Noeth noeth@juhsd.net
Volleyball: Boys: no program Volleyball, Girls: Joe Seavey coach.seavey@gmail.com
Water Polo, Boys: Bruce Crossfield ruce2323@yahoo.com Water Polo, Girls: Jennifer Stuart jstuart@juhsd.net
Wrestling : Bill Armstrong billarmstrong34@yahoo.com

Trinity Christian

601 E. Franklin Street, Monterey, 93940
831 656-9434 FAX: 831 656-9670 Athletic FAX:
Website: <http://www.trinityhigh.org>
League: MTAL 2010-11 Enrollment: 68
Mascot: Warriors School Colors:

Principal: Tim Wong twong@trinityhigh.org
Co-Administrator:
Athletic Director(s): Rick Fitzgerald rfitzgerald@trinityhigh.org
Trainer: no trainer indicated

Badminton: no program
Baseball: TBA
Basketball, Boys: Chirs Hill basketball@trinityhigh.org Basketball, Girls: Chris Hill
X-Country, Boys: Rick Fitzgerald rfitz@trinityhigh.org X-Country, Girls: Rick Fitzgerald rfitz@trinityhigh.org
Field Hockey: no program
Football: Harold Lusk (8-man)
Golf, Boys: TBA Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: TBA bsoccer@trinityhigh.org Soccer, Girls: TBA gsoccer@trinityhigh.org
Softball: Rick Fitzgerald rfitz@trinityhigh.org
Swim, Boys: Mr. Cripe swimming@trinityhigh.org Swim, Girls: Mr. Cripe swimming@trinityhigh.org
Tennis, Boys: TBA Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: no program Volleyball, Girls: Jason Companion volleyball@trinityhigh.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

University Prep Academy

2315 Canoas Garden Avenue, San Jose, 95125
408 723-1839 FAX: 408 723-1839 Athletic FAX:
Website: www.upasv.org
League: Associate Member 2010-11 Enrollment: 228
Mascot: Golden Eagles School Colors: Navy/White/Orange

Principal: Phil Hophan 408 771-8729 Phophan@UPAToday.com
Co-Administrator: dan_ordaz 408 568-0704 dan_ordaz@yahoo.com
Athletic Director(s): Bill Fowler 408 723-1839 Bfowler@UPAToday.com
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: TBA Basketball, Girls: TBA
X-Country, Boys: no program X-Country, Girls: no program
Field Hockey: no program
Football: no program
Golf, Boys: no program Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: no program Soccer, Girls: no program
Softball: no program
Swim, Boys: no program Swim, Girls: no program
Tennis, Boys: no program Tennis, Girls: no program
Track, Boys: no program Track, Girls: no program
Volleyball: Boys: TBA Volleyball, Girls: no program
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program

Valley Christian

100 Skyway Dr, San Jose, 95111
408 513-2455 FAX: 408 513-2424 Athletic FAX: 408 513-2457

Website: www.vcs.net

League: WCAL 2010-11 Enrollment: 1258

Mascot: Warriors School Colors: Navy/white/columbia/silver

Principal: Mark Lodewyk 408 513-2408 mlodewyk@vcs.net
Co-Administrator: Eric Scharrenberg 408 513-2456 eric@vcs.net
Athletic Director(s): Jolene Fugate 408 513-2459 jfugate@vcs.net
Ryan Realini 408 513-2524 rrealini@vcs.net
Trainer: Denise Narlesky dnarlesky@vcs.net

Badminton: no program

Baseball: John Diate jdiatte@vcs.net

Basketball, Boys: Marcus Martinez mmartinez@vcs.net Basketball, Girls: Drew Snelgrove asnelgrove@vcs.net

X-Country, Boys: Josh Small jsmall@vcs.net X-Country, Girls: Josh Small jsmall@vcs.net

Field Hockey: no program

Football: Mike Machado mmachado@vcs.net

Golf, Boys: Ken Shamanski kshamanski@vcs.net Golf, Girls: Ken Shamanski kshamanski@vcs.net

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Bill Stryker bill@plaque.com Soccer, Girls: Jolene Fugate jfugate@vcs.net

Softball: Alex Sanguinetti alexsanguinetti@aol.com

Swim, Boys: Cathy Manthey cmanthey@vcs.net Swim, Girls: Cathy Manthey cmanthey@vcs.net

Tennis, Boys: Cuong Duong cc_duong@yahoo.com Tennis, Girls: Cuong Duong cc_duong@yahoo.com

Track, Boys: Tammie Marshall tmarshall@vcs.net Track, Girls: Tammie Marshall tmarshall@vcs.net

Volleyball: Boys: TBA Volleyball, Girls: Sheri Hess shess@vcs.net

Water Polo, Boys: Caleb Carlson caleb.waterpolo@gmail.com Water Polo, Girls: Ross Morrill turtle101300@yahoo.com

Wrestling : Braumon Creighton bcreighton@pausd.org

Waldorff High School of the Peninsula

180 N. Rensgstorff Avenue, Mountain View, 94043
650 948-8433 FAX: Athletic FAX:

Website: <http://highschool.waldorffpeninsula.org/>

League: Associate Member 2010-11 Enrollment: 39

Mascot: School Colors:

Principal: Stephanie Rynas srynas@waldorffpeninsula.org

Co-Administrator:

Athletic Director(s): John Martin 408 691-9453 ja_martindc@yahoo.com

Trainer: no trainer indicated

Badminton: no program

Baseball: no program

Basketball, Boys: TBA Basketball, Girls: TBA

X-Country, Boys: John Martin ja_martindc@yahoo.com X-Country, Girls: John Martin ja_martindc@yahoo.com

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: no program Soccer, Girls: no program

Softball: no program

Swim, Boys: no program Swim, Girls: no program

Tennis, Boys: no program Tennis, Girls: no program

Track, Boys: TBA Track, Girls: TBA

Volleyball: Boys: no program Volleyball, Girls: no program

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Watsonville

250 E. Beach Street, Watsonville, 95076
831 728-6390 FAX: 831 761-6013 Athletic FAX:

Website: www.watsonvillehs.net

League: MBL 2010-11 Enrollment: 2093

Mascot: Wildcatz School Colors: Black/gold

Principal: Elaine Legorreta 831 728-6390 x 6475 elaine_legorreta@pvusd.net

Co-Administrator: Neil Aratin 831 728-6390 x 6476 neil_aratin@pvusd.net

Athletic Director(s): Brad Hubbard 831 728-6390 x 6463 brad_hubbard@pvusd.net

Trainer: Jerry Iannaerli

Badminton: no program

Baseball: James Gomez jgomez@davidlyng.com

Basketball, Boys: Mike Blum michael_blum@pvusd.net Basketball, Girls: Dennis Ikegami ikegami@ucsc.edu

X-Country, Boys: Alex Siqueiros asiqueiros@ci.watsonville.ca.us X-Country, Girls: Tony Roman

troman@ci.watsonville.ca.us

Field Hockey: no program

Football: Tommy Sullivan wildcatzfootball@gmail.com

Golf, Boys: Gerardo Loyola gerardo_loyola@pvusd.net Golf, Girls: Gerardo Loyola gerardo_loyola@pvusd.net

Gymnastics : no program

Lax, Boys: Mike Blum michael_blum@PVUSD.net Lax, Girls: no program

Soccer, Boys: Roland Hedgpeth rolandhedgpeth@aol.com Soccer, Girls: Gladys Mondaragon gmm.16@hotmail.com

Softball: Art Doten

Swim, Boys: TBA Swim, Girls: TBA

Tennis, Boys: Tony Navarro wannabelos@aol.com Tennis, Girls: Tony Navarro wannabelos@aol.com

Track, Boys: Rob Cornett robert_cornett@pvusd.net Track, Girls: Rob Cornett robert_cornett@pvusd.net

Volleyball: Boys: Derrick Moore Jr. derrickmoorej@hotmaill.com Volleyball, Girls: Ron Benavente

cruzsilkscreen@yahoo.com

Water Polo, Boys: Ricky Moore Water Polo, Girls: Sunny Castro soleada.c5@gmail.com

Wrestling : Gary Garcia gary_garcia@pvusd.net

Westmont

4805 Westmont Avenue, Campbell, 95008
408 626-3406 FAX: 408 626-3625 Athletic FAX:

Website: <http://westmont.cuhsd.org>

League: BVAL 2010-11 Enrollment: 1651

Mascot: Warriors School Colors: Black/red/white

Principal: Mike Posey mposey@cuhsd.org

Co-Administrator:

Athletic Director(s): Brett Peterson 408 626-3406 bpetersenad@yahoo.com

Trainer: Meghan Powell keeperangel_15@hotmail.com

Badminton: Taka Sugimoto

Baseball: Tony Pianto apfd555@pacbell.net

Basketball, Boys: Jeff Jones jjones@chsd.org Basketball, Girls: Brent Duren bduren1414@yahoo.com

X-Country, Boys: Kirk Mansfield captaink1@earthlink.net X-Country, Girls: Kirk Mansfield captaink1@earthlink.net

Field Hockey: Allison Takart atakaki@cuhsd.org

Football: Eric Buran eburan@cuhsd.org

Golf, Boys: Kelly Cross kcross@cuhsd.org Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Scott Murch scooterscarpetcleaning@yahoo.com Soccer, Girls: Heather Murch

scooterscarpetcleaning@yahoo.com

Softball: John Hennig Jacquehennig@hotmail.com

Swim, Boys: Craig Robertson craigwpolo@aol.com Swim, Girls: Craig Robertson craigwpolo@aol.com

Tennis, Boys: Paul Slaviero pslaviero@comcast.net Tennis, Girls: Paul Slaviero pslaviero@comcast.net

Track, Boys: Kirk Mansfield captaink1@earthlink.net Track, Girls: Kirk Mansfield captaink1@earthlink.net

Volleyball: Boys: Jeff Poppinga jpoppinga@cuhsd.org Volleyball, Girls: Bill Pignanello pacesettervolleyball@yahoo.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : Dean Antolin dantolin@earthlink.net

Westmoor

131 Westmoor Avenue, Daly City, 94015
650 550-7400 FAX: 650 550-7490 Athletic FAX: 650 550-7543

Website: <http://whs.juhsd.net/>

League: PAL 2010-11 Enrollment: 1729

Mascot: Rams School Colors: Gold/green/white

Principal: Allan Reyes 650 550-7470 areyes@juhsd.net

Co-Administrator:

Athletic Director(s): Tony Matelli 650 550-7544 AMatel@juhsd.net

Trainer: no trainer indicated

Badminton: Erica Ng eng5257@gmail.com

Baseball: Kevin Brady kbrady@juhsd.net

Basketball, Boys: Herb Yaptinchay htyaptinchay@yahoo.com Basketball, Girls: Jorge Gama hollywoodiota@yahoo.com

X-Country, Boys: Ron DiMaggio chariff@sbcglobal.net X-Country, Girls: Steve Pofahl spofahl@gmail.com

Field Hockey: no program

Football: no program

Golf, Boys: no program Golf, Girls: no program

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Omar Rashid orashi@juhsd.net Soccer, Girls: Robert Farinas robert-farinas@sbcglobal.net

Softball: no program

Swim, Boys: Jason Vergara jayverg01@yahoo.com Swim, Girls: Jason Vergara jayverg01@yahoo.com

Tennis, Boys: Ryan Vargas rv2000@att.net Tennis, Girls: Lyman Lee lymanl@sbcglobal.net

Track, Boys: Ron DiMaggio chariff@sbcglobal.net Track, Girls: Steve Pofahl spofahl@gmail.com

Volleyball: Boys: no program Volleyball, Girls: Rex Mauga westmoorvolleyball@gmail.com

Water Polo, Boys: no program Water Polo, Girls: no program

Wrestling : no program

Wilcox

3250 Monroe Street, Santa Clara, 95051
408 423-2400 FAX: 408 423-2480 Athletic FAX: 408 423-2485

Website: <http://wilcox.schoolloop.com/>

League: SCVAL 2010-11 Enrollment: 1881

Mascot: Chargers School Colors: Black/white/gold

Principal: Bonnie Billings 408 423-2401 bbillings@scusd.net

Co-Administrator: Julie Eastburn 408 423-2426 jeastburn@scusd.net

Athletic Director(s): Woody Freitas 408 423-2493 wfreitas@scusd.net

Dave Currie 408 423-2452 dcurrie@scusd.net

Trainer: no trainer indicated

Badminton: Long Phung lkphung@gmail.com

Baseball: Paul Rosa prosa@scusd.net

Basketball, Boys: TBA Basketball, Girls: Creighton Lane clane@scusd.net

X-Country, Boys: Walt Van Zant waltvz@aol.com X-Country, Girls: Walt Van Zant waltvz@aol.com

Field Hockey: no program

Football: Dan Brown djbrown@scusd.net

Golf, Boys: Bill Haughney bhaughney@scusd.net Golf, Girls: Bill Haughney bhaughney@scusd.net

Gymnastics : no program

Lax, Boys: no program Lax, Girls: no program

Soccer, Boys: Chad Jenkins cjenkins@scusd.net Soccer, Girls: Javier Rodriguez javrodri@avaya.com

Softball: Laura Stott lstott@scusd.net

Swim, Boys: Rich Cruzen coachcruzen@gmail.com Swim, Girls: Rich Cruzen coachcruzen@gmail.com

Tennis, Boys: Jeff Muralt jmuralt@scusd.net Tennis, Girls: Lisa Johnson LJ2_@hotmail.com

Track, Boys: Mike Buncic mbuncic@scusd.net Track, Girls: Mike Buncic mbuncic@scusd.net

Volleyball: Boys: Ululani Pomeroy upomroystanford.edu Volleyball, Girls: Ululani Pomeroy upomroystanford.edu

Water Polo, Boys: Rich Cruzen coachcruzen@gmail.com Water Polo, Girls: April Lujan alujan@scusd.net

Wrestling : Ted Pettigrew ted.pettigrew@headway.com

Willow Glen

2001 Cottle Avenue, San Jose, 95125
408 535-6330 FAX: 408 535-2353 Athletic FAX:
Website: <http://www.sjUSD.org/sites/high/WillowGlenHigh>
League: BVAL 2010-11 Enrollment: 1538
Mascot: Rams School Colors: Red/gold

Principal: Kaia Hamilton Kaia_Hamilton@sjUSD.org
Co-Administrator:
Athletic Director(s): Peggy Booth 408 535-6330 peggy_booth@sjUSD.org
Trainer: no trainer indicated

Badminton: Nadia Conroy conroynadia@yahoo.com
Baseball: Mike Riley Mike_Riley@sjUSD.org
Basketball, Boys: Todd Meeker Todd_Meeker@sjUSD.org Basketball, Girls: Amy Gannon Amy_Gannon@sjUSD.org
X-Country, Boys: Victor Santamaria Victor_Santamaria@sjUSD.org X-Country, Girls: Victor Santamaria
Victor_Santamaria@sjUSD.org
Field Hockey: Lindsey Rovai Lindsey_Rovai@sjUSD.org
Football: Oscar Caballero Oscar_Caballero@sjUSD.org
Golf, Boys: Bob Parker clparker47@yahoo.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: John Llamas john_llamas@att.net Soccer, Girls: Clint Copeland socaman@pacbell.net
Softball: TBD
Swim, Boys: TBD Swim, Girls: TBD
Tennis, Boys: Gene Fortino gfor438949@aol.com Tennis, Girls: Bruce Brinkman bruce.brinkman@sbcglobal.net
Track, Boys: John Owens johnsport408@yahoo.com Track, Girls: Victor Santamaria Victor_Santamaria@sjUSD.org
Volleyball, Boys: Jill Addington littleas04e@yahoo.com Volleyball, Girls: Scott London scottlondon16@gmail.com
Water Polo, Boys: Trevor Weins trevwiens@hotmail.com Water Polo, Girls: Robbie Boronda RobbieBoronda@gmail.com
Wrestling : Luis Vargas lvargas145@yahoo.com

Woodside

199 Churchill Avenue, Woodside, 94062
650 367-9750 FAX: 650 306-1745/650 367-7263 Athletic FAX:
Website: www.woodsidehs.org
League: PAL 2010-11 Enrollment: 1766
Mascot: Wildcats School Colors: Orange/white

Principal: Dave Reilly 650 367-9750 x 4303 dreilly@seq.org
Co-Administrator: Alvaro Calderon 650 367-9750 x 4308 acalderon@seq.org
Athletic Director(s): Wendy Porter 650 367-9750 x 4298 wporter@seq.org
Trainer: Nancy Staves nstaves@seq.org

Badminton: Nancy Staves nstaves@seq.org
Baseball: Tim Faulkner tfaulkner@rcsd.k12.ca.us
Basketball, Boys: Phillip White pwhite3431@yahoo.com Basketball, Girls: Haley Grossman haleyg@comcast.net
X-Country, Boys: Chris Harmon coachharmon@gmail.com X-Country, Girls: Chris Harmon coachharmon@gmail.com
Field Hockey: no program
Football: Steve Nicolopoulos snicolop@seq.org
Golf, Boys: Matt Lacues mlacues@golfpla.com Golf, Girls: no program
Gymnastics : no program
Lax, Boys: Chris Roth croth@brfinc.com Lax, Girls: Looking for new coach
Soccer, Boys: Darrell Ringman daring@yahoo.com Soccer, Girls: Jose Navarette exilesocp@aol.com
Softball: Mike King kingfun@pacbell.net
Swim, Boys: Nick Lera nicklera@sbcglobal.net Swim, Girls: Mike Moses mmoses@seq.org
Tennis, Boys: Stan Cartwright tennisstan@netzero.net Tennis, Girls: Stan Cartwright tennisstan@netzero.net
Track, Boys: Nick Carr carn@smccd.net Track, Girls: Nick Carr carn@smccd.net
Volleyball, Boys: no program Volleyball, Girls: Kyle Mashima kylemashima@gmail.com
Water Polo, Boys: Nick Lera nicklera@sbcglobal.net Water Polo, Girls: Laura Reynolds laura.l.reynolds@att.net
Wrestling : Steve Nicolopoulos snicolop@seq.org

Yerba Buena

1855 Lucretia Avenue, San Jose, 95122
408 347-4700 FAX: 408 347-4715 Athletic FAX:
Website: <http://ybhs.ca.campusgrid.net>
League: BVAL 2010-11 Enrollment: 1677
Mascot: Aztec Warriors School Colors: Red/green

Principal: Tom Huynh 408 347-4711 huynhtom@esuhsd.org
Co-Administrator:
Athletic Director(s): Joey Marquez 408 347-4793 marquezj@esuhsd.org
Beth Kilduff 408 347-4790 kilduffe@esuhsd.org
Trainer: no trainer indicated

Badminton: TBA
Baseball: TBA
Basketball, Boys: Anthony Bendter tonyb5108@yahoo.com Basketball, Girls: Jeff Blevins
X-Country, Boys: Jesus Pineda ybdistance@aol.com X-Country, Girls: Omar Urena urena@esuhsd.org
Field Hockey: no program
Football: Carlos Valenzuela c.los009@yahoo.com
Golf, Boys: Albert Amezcuita amezcuitaa@esuhsd.org Golf, Girls: no program
Gymnastics : no program
Lax, Boys: no program Lax, Girls: no program
Soccer, Boys: Adelaido Solis solisa@esuhsd.org Soccer, Girls: Laura Diaz lcdiaz2006@yahoo.com
Softball: Marco Asuna osunav@esuhsd.org
Swim, Boys: Beth Kilduff kilduffe@esuhsd.org Swim, Girls: Jeff Love lovej@esuhsd.org
Tennis, Boys: TBA Tennis, Girls: Daniel Huynh dhuyh8701@gmail.com
Track, Boys: Jesus Pineda ybdistance@aol.com Track, Girls: Dane Robinson dane64@gmail.com
Volleyball: Boys: no program Volleyball, Girls: Victor Banda bandav@esuhad.org
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : Mark Mukoyama mmukoyama@gmail.com

The York School

9501 York Road, Monterey, 93940-6599
831 372-7338 FAX: 831 372-8055 Athletic FAX:
Website: www.york.org
League: MTAL 2010-11 Enrollment: 209
Mascot: Falcons School Colors: Re/black/gold

Principal: Chuck Harmon chuck@york.org
Co-Administrator:
Athletic Director(s): Steve Peters 831 372-7338 speters@york.org
Trainer: no trainer indicated

Badminton: no program
Baseball: no program
Basketball, Boys: Tim Kirkland tkirkland@york.org Basketball, Girls: Tim Kirkland tkirkland@york.org
X-Country, Boys: Steve Peters X-Country, Girls: Steve Peters
Field Hockey: Tim Kirkland/Katie Mundle
Football: no program
Golf, Boys: Andrew Dalhamer Golf, Girls: no program
Gymnastics : no program
Lax, Boys: Gerard Martin gerardmartin@redshift.com Lax, Girls: no program
Soccer, Boys: Jason Dal Porto Soccer, Girls: Aaron Besav
Softball: Tom Murray
Swim, Boys: Sean Raymond Swim, Girls: Sean Raymond
Tennis, Boys: Roy Gessford Tennis, Girls: Roy Gessford
Track, Boys: Steve Peters Track, Girls: Steve Peters
Volleyball: Boys: no program Volleyball, Girls: Amand Mundle
Water Polo, Boys: no program Water Polo, Girls: no program
Wrestling : no program